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100 Acres Near Listowel, one of the best farms in Perth. Extra goood buildings, orchard, water in stable. phone. Snap at \$7,000. Lot 30, Con. 10. Bentinck, 100 acres, 80 cleared, 20 timber. Fine Stone House. Cheap 125 Acres Scotch Block, near Hampden, good soil, little bit hilly

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200 Acres near Louise, Good Farm extra good buildings, timber worth nearly price asked, Land for nothing beats the west all hollow.

150 Acres Bentinck, North of Durham, good buildings, about \$4,000. 300 Acres Glenelg, near Dornoch, Mr. Geo. Twamley's Farm, owner in West, bound to sell, will not stick for a dollar in the price. Get busy.

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Trains will arrive and depart as fo lows, until further notice:--

3.00 6 20 Lv. Walkerton Ar. 1.00 10.30 3.14 6.34 " Maple Hill " 12.43 10.13 3.24 6.43 " Hanover " 12.35 10.05 3,33 6,52 " Allan Park " 12,25 9,55 3.48 7.07 " Durham " 12.11 9.41 7.18 " McWilliams" 11.59 9.2" " 11.56 4.11 7.31 " Priceville " 11.46 9.16 4.25 7.45 " Saugeen J. " 11.35 9.05 7.55 11.20 Ar Toronto Lv. 7.45 5.05

Grand Trunk Railway TIME-TABLE

R. MACFARLANE, - Town Agent

Trains leave Durham at 7 i5 a m., and Trains arrive at Durham at 10.30 a,m. 1.50 p.m., and 8.50 p.m. EVERY DAY EXCEPT SUNDAY

A. E. Duff; D. P. Agent.

J. TOWNER Depot Agent JAMES R. GUN Town Agent

SHAW'S BUSINESS SCHOOLS Toronto, Canada, include the Central Business College with Five City Branch Schools. Graduates are miversally successful. Enter any time. Write for catalogue. W. H. Shaw, Pres. Head Offices, 391 Yonge St.

Fred. Thompson, postmaster at Woodford, near Owen Sound, died suddenly in his wife' sarms.

Lesson III.—Second Quarter, For April 19, 1914.

THE INTERNATIONAL SERIES.

Text of the Lesson, Luke xiv, 25-35. Memory Verses, 26, 27-Golden Text, Matt. xvi, 25-Commentary Prepared by Fev. D M. Stearns.

The topic of this lesson, "The Cost of Discipleship," is an all important one, inasmuch as few seem to see the difference between being a Christian and being a disciple. One great point of difference is that the cost of our salvation fell wholly upon the Lord Jesus, while the cost of discipleship falls upon us. In our last lesson in this chapter we saw salvation represented as a prepared feast to which all were invited. In Isa. Iv, 1, the invitation is, "Ho, every one that thirsteth, come * * * without money and without price." This is in accord with the record of the coats of skins provided for Adam and Eve in Gen. iii, 21, in which the Lord did all, and they had only to accept the clothing which He provided by the shedding of the blood of the substitute. In the passover record in Ex. xii safety depended wholly upon their being under the shelter of the blood of the Lamb.

In the sacrifices, if the offering was perfect, it was accepted for the offerer, and the priest did all (Lev. i, 1-4; iv, 27-31). Our Lord Jesus Christ. who was both priest and sacrifice, having offered Himself without spot to God, has by His own blood obtained eternal redemption for us (Heb. ix, 11-14), and therefore eternal life is the free gift of God since He has paid such a price for it (Rom. iii, 24; vi, 23; John iv, 10). "I will give unto him that is athirst of the fountain of the water of life freely." "Whosoever will let him take the water of life freely" (Rev. xxi, 6; xxii, 17). Since our Lord Jesus has finished the work of providing eternal redemption the only thing for the sinner to do is to plead guilty, receive Him as his own personal Saviour and then take Him at His word concerning his acceptance in Christ, the forgiveness of sins and the possession of eternal life (Rom. iii, 19; John i, 12; iii, 16-18; v. 24; vi, 37; x, 27, 28; Eph. i, 6, 7; I John ii, 12). He who would put anything as necessary to salvation between the sinner and the Saviour, such as reform, good works, a changed life, money or aught him a satisfactory number of again. else, does not understand the grace of God and frustrates the same, according to Gal. ii, 21.

With this made plain we are now ready to consider the matter of discipleship and its difficulties or what it costs to be a whole hearted follower of the Lord Jesus Christ. The privilege is as open to all as is the gift of eternal life to any penitent sinner. This is indicated by the words, "If any man come to me" (verse 26). Whether for salvation or discipleship, it must be according to Lev. i, 3, "of his own voluntary will." Notice the three times repeated "Cannot be my disciple" of our lesson (verses 26, 27, 33) and the conditions, preferring Christ to father, mother, wife, children, brothers, sisters or one's own life; bearing the cross and forsaking all that we have. Well may we say, Who is sufficient for these things? I said preferring Christ to our dearest loved ones, because in Matt. x, 37, it is written, "He that loveth father or mother, * * * son or daughter more than me is not worthy of me." The greatest lover should have the greatest love and be in all things pre-eminent. There is a way today of making religion (so called) easy and alluring to ordinary people. Even cards and the dance and the theater are not prohibited if only people can be persuaded to join a church. This is as far below our Lord's method as earth or hell is below heaven. It is unthinkable that He would at such infinite cost to Himself deliver us from the wrath to come that we might live as we please here and yet expect to share His glory.

Is it not also almost as unthinkable that one who has been delivered by such a sacrifice should be unwilling to follow fully such a deliverer no matter how great the cost? Paul saw it correctly when he said, "I even reckon, all things as pure loss because of the priceless privilege of knowing Christ Jesus my Lord, for the sake of whom I have suffered the loss of everything and reckon it all as mere refuse" (Phil. iii. 8. Weymouth). "God forbid that I should glory save in the cross of our Lord Jesus Christ, by whom the world is crucified unto me and I unto the world" (Gal. vi. 14). Our I ard said to His Father in His prayer that last night, "i am no more in the world, but these are in the world," and He also said to His disciples that evening, "The world seeth me no more, but ye see me" (John xvii, 11; xiv, 19), implying that we are here in His stead and that He expects the world to see Him in us. He never pleased Himself nor sought His own will or His own glory (Rom. xv. 3; John v. 30; viii, 50, and we are here to mani-

The life that does not savor of Christ is good for nothing in the light of His kingdom and glory (verses 34. 35); Matt. v. 13). This life of discipleship is spoken of as "serving the living and true God," "denying ungodliness and wordly lusts," and while it car only be by the love of Christ con straining us the attitude that controls is always waiting for our Lord's re turn (I Thess. 1, 9, 10; Tit. 11, 11-13).

fest His life in these mortal bodies.

GLENELG CENTRE.

Dear Eidtor and Staff,-In perusing the columns of your bright and newsy paper, we have not seen any news from the Centre for some little time, so with your permission we will endeavor to drop in with a few lines occasionally, that is, if we feel equal to the occasion.

Mr. John McKeown and Elmer Richardsor from the Durham! Road dicreed in for a chat one evening last week. We did not quizz them as to their mission on our part of the earth by moonlight but made many guesses. Perhaps in a future budget we may get matters straightened out.

· Mr. Geo McRae and his two hard-working boys, .Thos. and Finlay, are preparing material to erect a kitchen during the coming summer. Mr. Ross, miller, at Traverston, comes in for much praise for lending them trucks to draw logs on when the sleighing got too skinny.

Mr. D. Black has returned safe and sound, and did not mysteriously disappear from off this mundane sphere as reported recently. We'll admit that the hills of Bachelor's Corners and vicinity are nerve-racking and trying on the muscles of the calves, but being true Scotch, he has stamina enough left to tide him over a little trouble like that.

Mr. J. McVicar, one of our most progressive farmers had one of those old-fashioned, but successful wood bees one day last week, and of course, where a crowd is gathered, a joke-cracker is always appreciated. So it fell to the lot of Mr. I. Anderson to spin off few good broad Scotch ones. Ask Hugh if he was not equal to the occasion.

Mrs. Hugh McInnis, who was under the weather, and quite ill the last week or two, is slowly recovering, under the medical treatment of Dr. R.D. Lane of Priceville, assisted by kind and atten-

tive neighbors. Miss N. Laviolette, teacher in Separate S.S. No. 7, Glenelg Centre, returned to Virginia, to spend the Easter vacation at her parental home, while Miss A.C. McMillan returned home to Scotchtown from her school at Laurel, Ont.

Mr. Angus McVicar, and his uncle, Wm. Wilson, of Toronto, spent a few of the Easter holidays at the former's home here.

Mr. P. J. Haley is a lover of a good horse, and knows how care for his equine friend. He recently purchased their spring supply of medicine. We are always pleased to meet Mr. H., as he is as chuck full of mischief as an egg is of meat, speaking in ancient securely that he could not find her pupils, two of whom she is not, we fancy he may be like the school here, deserves much credit is a welcome visitor in the town the session will close on or about little boy who hid the eggs so for the pains she is taking with to the south of us.

SIGNS of SPRING OPRING is Nature's painting time. She tints the trees with soft green leaves. She colors the fields with glowing flowers. And sets us the example of brightness and cheerfulness which we should follow in putting our homes in keeping with Nature's glorious outdoors. Spring time is painting time - and good painting always suggests Martin-Senour's "100% Pure" Paint We have a full line of Martin-Senour's Paints, Stains, Varnishes and Finishes, for re-painting the buildings-freshening up the porch-finishing the walls - staining or varnishing the floors - and making the whole house spic and span. If you are ready to paint, we have the right kind of Paint all ready for use. Come in and see "Spic and Span". A. S. HUNTER & SON

terms. We did not ask Mr. Haley them himself. We fancy we hear endeavoring to quality to pass the assembles this Wednesday morning whether his good wife had cooked him crow when he locates them Entrance, namely, S. J. Arrowsmith sittings will begin almost at once. and J. Dunbar. eggs on Easter Sunday or not; if Miss Laviolette, teacher in the Mr. P. Graham of the Queen City

When the House of Commons re-The general expectation is that

HIS simple rule of health is daily called attention to by every doctor in the land, whose first question to the patient almost invariably is, "Are your bowels regular?" Yet there's not one person in fifty who takes proper care of the bowels. And the result of this foolish neglect is nine-tenths of all ill-health. If today you are unable to free your body of waste matter at the usual time, or if the act causes straining, pains and discomfort, don't let that condition occur again tomorrow. Unless your bowels can carry away the waste materials left after food is digested, decay sets in, the poisons of which, taken up by the blood, increase the risk of Typhoid Fever, Appendicitis, and many other serious diseases.

In treating constipation, there is a right way and a wrong way. The wrong way is to take harsh purgatives which even though they do clear the bowels, cause griping and nausea, injure the delicate tissues, and so disturb the normal functions as to cause the return of constipation. The right way is to help Nature to produce natural movement, without pain or discomfort, by using

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-a gentle laxative in the form of a chocolate-tasting tablet. One of these tablets eaten just before going to bed will help to restore your bowels to normal activity at a time when, your body being at rest, the medicine can do its best work. As a result of taking that tablet (or say two, if your case is obstinate), your bowels will move easily and naturally in the morning. The use of Rexall Orderlies for a few days afterward will restore nor-

mal regularity. Even chronic constipation is benefited by them, and it is not necessary to continue the treatment for a long time, because, instead of driving Nature, they simply help her to help herself.

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tell us and get your money back.

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