

THE CO-OPERATIVE IDEA.

BRITISH WORKING PEOPLE
REVOLUTIONIZE TRADE.

It Was Humble at the Start, But
the Plan Has Become a National One.

Frenchmen were wont to say, with a sneer, that England was a nation of shop-keepers. There was much truth in that, and the average Briton was rather proud than ashamed of it. But now Great Britain's independent shop-keeping class seems surely doomed to extinction, and through this extinction a practical shape something resembling the first steps in Bellamy's more or less fantastic "Looking Backward."

The revolution—for revolution it is mind you, despite its peaceful—almost imperceptible development—is being achieved through the medium of co-operative associations, which exist now in all the industrial centres of Great Britain.

These associations were not organized by dreamers or theorists, nor are the people flocking to their standards conscious of helping or participating in a movement heading toward practical socialism. They have not bothered and are not bothering about such things, and there are a few who even now realize the inevitable result they are keeping strangely and wonderfully silent.

The beginnings of the associations were simple and humble enough. Here and there a few workmen banded together and exhorted their neighbors to join in establishing a grocery store. Without exception, so far as is known, these ventures were and are successful.

LIMIT UPON CREDIT.
The associations are stock concerns, with a fixed price of £1 a share, fully paid up in advance. No member may get credit for an amount exceeding his stock, so that there are no bad debts. The shareholders, or members, as they are called, elect officers, and these in turn appoint practical men to run the store or stores.

Gradually the scope of these stores has been extended until to-day they undertake to furnish anything in the way of household furnishings, wearing apparel, food. In some of the large towns, where there is a large central co-operative association, with many branches, the association itself makes many of the articles sold. In Glasgow, for instance, the local association has shoe factories, jam and preserve works and bakeries. In Dundee they have not yet got beyond the establishment of a mammoth bakery.

At first nearly all the other store-keepers stubbornly antagonized the "Sosh" as the organization is known among its members. A boycott, more or less organized was attempted against all who countenanced or had dealings with the "Sosh." But that boycott is now little more than a lifeless corpse, and most clothiers, milliners and shoemakers are glad to enroll themselves among the merchants willing to honor "Sosh" itself gets from the seller as cash purchases.

For instance, if a man wants a suit of clothes or his wife a new dress, an order, good up to the specified amount, is given by the association's manager and this may be taken to any of the stores on the printed list of enrolled merchants. The "Sosh" members gets his or her article at the regular price and the "Sosh" itself gets from the seller a percentage on the order.

MAY COVER ALL SCOTLAND.
Nothing of more than local concern in such transactions? Maybe not, but the indications, taken with the progress of recent years, invest them with an importance exceedingly far reaching. Indeed, nothing but local jealousies and narrow-mindedness can prevent the ultimate absorption of the country's industries by these associations or their successors or successor.

Glasgow has been making a brave effort to federate all the associations in Scotland under its wing with the avowed purpose of manufacturing or producing everything needed. The insurmountable obstacle so far has been that it was intended to establish the needed factories in or near Glasgow, whereas each town wants to have a chance to employ some labor.

GROWS IN POPULARITY.
The co-operative idea is growing steadily and with considerable rapidity and that its disciples are not likely to remain content after abolishing one class of middlemen. Their financial resources are growing greater year by year, and it is not inconceivable that ere this century is much older we shall see them running farms, raising wool, spinning it and making garments, and conducting stores, foundries, planing mills, carpenter shops, and so forth.

COSTLY DINNERS.
M. Jules Huret has been collecting some interesting information in connection with costly dinners. Ancient Romans were, after all, not more extravagant than some modern Parisians, Englishmen, and Americans. M. Huret records the pleasant evening of the Grand Prix the pleased owner of the winning horse, Cheri, gave a dinner of eleven covers, the bill of which amounted to over \$1,000. Choice wines, beautiful flowers, and peaches costing thirteen francs each were chiefly responsible for the high figures; but "Monsieur Emile," who managed the Amphitryon Club in London, has told M. Huret that on the opening day of the club a dinner for twelve persons was served, of whom King Edward (then Prince of Wales) was one, which cost \$1,075. At the same club a wealthy lawyer who had won a great lawsuit gave to thirty-seven friends a dinner the cost of which was \$5,000. The late King of Milan, in his palmy days in Paris, was also famous for his hospitality. One of his feasts, at which there were only five guests, cost \$2,000.



Farmer Watt—"Rastus, I am very much surprised!"
Rastus—"Deed, Boss, so am I."

BADLY RUN DOWN.

SYMPTOMS THAT MAY LEAD TO SERIOUS RESULTS.

The Experience of Thomas Cada, of Essex Co.—Nerves Seemed Shattered, and He Felt Unable to Stand Hard Work.

From the Review, Windsor, Ont.
Mr. Thomas Cada, of Pike Creek, a small village in Essex County, is known to almost everyone in that section. He is a son of Mr. John Cada, mill owner, and a prominent politician in his locality. A representative of the Windsor Review, who had known that some time previously Mr. Cada was in poor health, recently met him looking anything but an invalid, and naturally asked what had restored him to health. "Dr. Williams' Pink Pills," promptly replied Mr. Cada. When asked if he would give the particulars for publication, Mr. Cada said "certainly, if you think it worth while; but there is nothing very wonderful about my case. I was simply badly run down; my nerves seemed to be all shattered, and I was unable to stand hard work. In fact work of any kind—left me badly used up. There did not seem to be any organic trouble, it was just a case of being run down and worn out. I felt myself gradually getting worse, however, and I began taking medicine. I tried several advertised remedies, but they did not help me, indeed some of them did me more harm than good. Just then I read of a case which like mine cured by the use of Dr. Williams' Pink Pills, and I purchased a few boxes. Very soon I noticed a decided improvement in my condition and in the course of a few weeks I was feeling my old-time self. I can now eat heartily, do a good day's work with no unusual fatigue, and in fact feel thoroughly renewed in health and strength. Naturally I think Dr. Williams' Pink Pills a great medicine for those who are weak or ailing.

If you are feeling run down, and easily tired, you need a tonic to put you right—to make you feel bright, active and strong, and the only reliable tonic is Dr. Williams' Pink Pills for Pale People. Give these pills a fair trial and you will find that their curative powers have not been over-praised. Sold by all dealers in medicine, or sent post paid at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

WELL-MANNERED.
A good story is going the rounds at Harvard college concerning a last year's graduate, a dutiful son and an industrious student, yet withal a somewhat ingenious youth. At the beginning of his concluding year his father, who was just setting out for Europe, said to him, "Now Harry, you get your degree, and I'll send for you to come over and travel all the summer."

Harry was delighted. He studied faithfully all the college year, and in June went through with flying colors. Then he cabled his father "Yes." But the father, alas! had forgotten his impulsive offer. He mused over the message, wondered, and then cabled back, "Yes; what?"

The son was in turn perplexed, but being a well trained lad he did not remain long in the dark, and fired by dutiful zeal, cabled back, "Yes, sir. Letters of explanation followed, and he is now making the "grand tour."

BIBLES AS WATCH-CHARMS.
Miniature Bibles are worn as watch-charms in Russia. They are each one inch long, three-fourths of an inch wide, and three eighths of an inch thick, and contain the first five books of the Old Testament. The text is in Hebrew, and can be read with the aid of a magnifying glass.

ROLLED OAT BREAD RECIPES.
Turn 1 qt boiling water over 2 cups rolled oats. When cool add 1 scant cup molasses, 1 tablespoon butter or lard, a little salt, and when cool, a yeast cake or liquid yeast, and flour to make a stiff batter. Bake when light. This makes three loaves.

Another recipe, slightly different:

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SOZODONT
for the TEETH and BREATH

Now Size SOZODONT LIQUID . . . 25c
New Patent Box SOZODONT POWDER . . . 25c
Large LIQUID and POWDER . . . 75c

A Dentist's Opinion: "As an antiseptic and hygienic mouthwash, and for the care and preservation of the teeth and gums, I cordially recommend SOZODONT. I consider it the ideal dentifrice for children's use." [Name of writer upon application.]
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Resembles Japan in flavor, but is never impure—while infinitely superior in quality. It is making rapid strides in public favor because of the above facts. Drinkers of Japan teas should give it a trial.

Ceylon Teas are sold in Sealed Lead Packets only. Black, Mixed, Uncolored Ceylon Green. Free samples sent. Address "SALADA," Toronto.

SALADA

HOUSEHOLD.

JUST ABOUT HOME AFFAIRS.
A delicious chafing-dish compound is made with eggs prepared in the Italian way. A cup of milk is heated in the upper pan of the chafing-dish, and when it is hot half a cupful of boiled chopped spaghetti and half a cupful of peeled and diced or sliced mushrooms are added, together with a tablespoonful of butter. Season well with salt and pepper, cook for two minutes and add four well-beaten eggs. When the mixture begins to thicken, add a tablespoonful of chopped parsley, reduce the flame and serve at once.

A Welsh rarebit that is made without liquor has a tablespoonful of cornstarch stirred smooth in a tablespoonful of melted butter. Stir in a half cupful of this cream, and, as the sauce thickens, add half a pound of cheese cut fine, a quarter of a teaspoonful each of salt and mustard, and a little cayenne.

At last an advocate of authority has arisen in behalf of fresh bread. In a medical journal recently it was set forth with professional indorsement that the real harm of old bread was its softness, which permitted it to slip down the throat and into the stomach without mastication, and consequently without the proper amount of saliva needed for the preliminary digestive process. The dryness of old bread, for which chewing was necessary before it could be swallowed, is the reason that it is more easily digested. The conclusions reached, from a considerable elaboration of this view of the matter, was that devotees of hot bread may take their portion with an easy conscience, and, what is still better under the circumstances, an active digestion, if they will care to use the teeth freely before the morsel is swallowed.

An excellent chili sauce is made of eight quarts tomatoes, two cups green peppers, two cups onions; chop all fine; three cups sugar; one cup salt, three pints vinegar, three tablespoonfuls ground cloves, three teaspoonfuls ground cinnamon, two teaspoonfuls ground ginger, two teaspoonfuls ground nutmeg. Boil all together slowly for three hours. Then bottle it while hot.

For French pickle peel and slice one peck of green tomatoes and six large onions. Let them stand overnight. Spread in alternate layers with one teaspoonful of salt, sprinkled over them. In the morning draw off the liquid. Boil twenty minutes in one quart of vinegar and two quarts of water. Drain through a sieve and add three quarts of vinegar, two pounds of brown sugar, one-half pound of white mustard seed, two even tablespoonfuls of ground cloves, allspice, ginger, ground mustard and one-half tablespoonful of cayenne pepper. Boil twenty minutes. It will keep in glass or stone jar.

To open windows easily brush over the inside of the frames with ordinary black lead, when they will slide without difficulty.

A delightful ball for a baby can be made by a little sifter. Find a pill box—a tin one is best—and put in a dozen shot to make a noise. Make a bag of white muslin or cambric the size of a big ball and fill with cotton wool, putting the pill box in the middle before sewing the end up. For the outside choose very gay-colored wools in five colors. On the ordinary steel knitting needles cast on 18 stitches and knit 30 rows. Sew the strips together and slip the muslin ball inside, drawing each end close and fastening it securely. The rattling noise it makes will be much enjoyed by the youngster.

DOMESTIC RECIPES.
Monday Cookies.—One cup of sugar; two eggs beaten together; two thirds cup of shortening rubbed into three cups of sifted flour; half teaspoonful soda stirred into quarter cup of either sour milk or butter-milk. Add a pinch of salt, nutmeg, and mix all together.

Washing Fluid.—One can potash of lye; one ounce each of carbonate of ammonia and salts of tartar. Dissolve lye and salts of tartar in one gallon of ammonia and cork up. Add one teaspoonful to the boiling water. Have the clothes soaked in clear water; put in white cold with plenty of soap, stir often and boil ten or fifteen minutes. Suds and rinse thoroughly.

Steamed Rice with Peaches.—Cook a coffee-cup of rice in a little water till half tender; line a pudding dish with half of it, add a thick layer of pared and halved peaches, cover with the remainder of the rice, cover with pudding dish and steam an hour. Serve with cream and sugar or with any liquid sauce.

Sweet Pickled Cucumbers.—Choose small cucumbers of even size. Pour boiling water over them. Leave in this brine 24 hours, then drain and cover with cold brine made in the same proportion as the hot. Change this brine every morning for a week, then put into fresh cold water. Dissolve a teaspoonful of alum to a quart of cold water, using as much water as for the brine. Drain the cucumbers, put in a preserving kettle in alternate layers with water-vine-leaves; pour the alum-water over them and bring to the scalding point. Let stand in the scalding water on the back of the stove for two hours. Drain and put in very cold water—ice water if possible. For the vinegar pickle, for every quart of vinegar, take two teaspoonfuls of cinnamon, two of cloves, one of mace, one of nutmeg, a few pieces of sage-

radish, one ounce of mustard seed, one saltspoonful (½ teaspoonful) of black pepper, pinch of red pepper, and one cupful of sugar. Mix the spices together dry, wet to a paste with a little vinegar, tie in a muslin cloth. Heat the vinegar to boiling point, put in the spices and sugar, and boil for fifteen minutes; drain the pickles, put in the jar and pour the boiling hot vinegar over them. This will preserve the color and brittleness of the cucumbers.

Walnut Wafers.—One cup brown sugar, yolks of two eggs, one-third teaspoonful salt, mix well. To half a cup of sifted flour add half a teaspoonful of baking powder. Stir into the eggs and sugar, then add one and a half cups of broken walnut meats. Beat well and add the beaten whites of the two eggs; cut and fold them into the mixture but do not beat. Bake on a piece of oiled paper, or on an inverted tin. Cut in squares when cold.

TIMID CHILDREN.

Many children, especially highly strung children, are troubled with their nerves. Night terrors are very common among imaginative children. The little one will be tucked up quite comfortably perhaps and seem sleeping and then begin to imagine that there is a bear or wolf in the room.

One bright youngster used to lie in mortal terror that an earwig would come out of a hole in the wall near his cot and bore a hole into his brain. There he used to lie, the clothes tightly held over his little head, shaking with fear, wet with perspiration, ashamed to tell his fears. Some children, however, can not contain themselves after a certain time, but give vent to piercing screams and yells or, having fallen asleep, wake sobbing.

THE LONDON OF TO-DAY.

JOSEPH HATTON WRITES ABOUT THE METROPOLIS.

Our Empire's Capital Was Never So Prosperous and Happy as It Is Now.

It is the Englishman's privilege to abuse his climate. But one is inclined to protest when an American cousin abuses it, writes Joseph Hatton. I have been reading in a Transatlantic journal an account of our fogs from which, if you do not know better, you might gather that London is under a perpetual cloud. It seems to be the metier of certain American newspaper correspondents to invent London mysteries and miseries. The other day we were told that the latest craze of society was tattooing. The writer professed to describe a studio in which experts in flesh engraving were engaged from morning till night adorning the limbs of the highest aristocracy. In one of the great months of the States we are warned that the young men of London are being decimated by practices of the worst forms of immorality; and out West some of our pen-and-ink kodakers see in the great city a languid and unhappy people, depressed by the South African War, and engaged in little else than mourning the loss of their martyred troops. The truth is that the tattooing business is the merest fable, the immorality indictment groundless, the languid and unhappy people, depressed by the South African War, and engaged in little else than mourning the loss of their martyred troops. The truth is that the tattooing business is the merest fable, the immorality indictment groundless, the languid and unhappy people, depressed by the South African War, and engaged in little else than mourning the loss of their martyred troops.

A PLEASANT SUMMER.
Flowers in the parks and in the window-boxes of the West-end houses, the leafy planes along the embankment, the show of roses in the Temple Gardens, the gay colors of the horticultural beds in the squares, the bright baskets at the circuses, the glory of Kew and Hampton Court, the gaiety of Henley and Ranelagh, have rarely been excelled in any other season. It is true enough, and sad enough, that the shadow of the war falls across the path of fashion, and that the symbol of crape is common among the middle classes, but London makes a brave stand against the inevitable. As for the young men of London, you will find them in the cricket field, at tennis, playing golf, boating on the river, and soldiering. At a Saturday inspection of Volunteers you may see eight or ten hundred of them on parade, as well-set and likely fellows as you could meet anywhere. War is a terrible thing, but the Boer war, which the Brussels De Wet boasts a good thing because, in his opinion, "it has united the Boers and the Hollanders forever," they similarly be called a good thing for us, seeing that it has united Great Britain in the sacred bonds of a blood brotherhood, and taught us a lesson in modern warfare, the value of which cannot be over-rated.

There is only one thing that troubles me about London, and it is the fear that its present prosperity may not continue, though I see no reason

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Mrs. Winslow's Soothing Syrup has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, always cures colic, and is the best remedy for diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Pure and safe. Ask for Mrs. Winslow's Soothing Syrup.

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BROTHER'S KEEPER.
GEORGE S. McLAUGHLIN LIVES TO REJOICE THAT HE TOOK HIS BROTHER'S ADVICE.
For Twenty-five Years Crippled with Backache—Finally Advised with Backache—Finally Advised to Take Dodd's Kidney Pills—What He Says About His Cure.
Economy Point, N.S., Sept. 9.—Mr. G. S. McLaughlin lives in this quiet little Nova Scotia village. His brother keeps the grocery store here. But for this seemingly unimportant fact, unless death had mercifully relieved him of his sufferings, Mr. McLaughlin would in all probability have been a helpless cripple to-day. For it was through his brother's frequent requests, began to retail at his store. There is no drug-gist in the place, and Mr. McLaughlin's grocery is looked to for medicines as well as groceries. Hearing the terms of unqualified praise with which his customers spoke of Dodd's Kidney Pills, the brother recommended them to Mr. McLaughlin. "They might help your back," said he.

That is the story of Mr. McLaughlin's cure—or all of it that varies to any extent from that of thousands of others. He followed his brother's advice. "I will try them, anyway," he said. That's all Dodd's Kidney Pills want a trial. After the first trial there is no more hesitation. Mr. McLaughlin says it was wonderful the way his pain left him and his back strengthened. He was a free man ever since.

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He—It might if I hadn't just paid my hotel bill.

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