At Home

Come in & Chat Awhile -Ruth Raeburn.

Adventures in Solitude (Published by Doubleday, Doran and

Company, Inc., New York) David Grayson says: "Solitude is not more in periods of illness or of sor- there, the voyages of discovery,

he is miserable indeed."

David Grayson spent several months within the walls of a sick room. This was indeed a new experience to him. After days of misery which he claims "is not physical-pain can be borne, hopelessness somehow endured-misery is always mental." This mood of utter wretchedness made him ask himself had he come to such a pass that he had no resources of the spirit? He his own mind and his own thoughts, his own inner life even if "everything that constituted a pleasant, satisfying life-robust physical health, habitual and interesting work, books, letters and friends all had been stripped away." Then a couplet that had long lain concealed in his memory came to him with power:

"Still to ourselves in every place consigned Our own felicity we make or find."

slipped away. There was no need to tainly a treasure store. hurry, time was nothing to him. "It was a delight in itself to recover out of the mustiness of things, forgotten thoughts, impressions, beauties that had once interested or thrilled me."

Then he found himself thinking of

McKechnie Mills

STANDARD RECLEANED

Sacked, per ton

\$ 23.00

Choice FLAX and choice BUCK-

Try DIAMALT for your dairy

cows-nothing be ter

\$1.10 per cwt

Good stock of Pig and other

Fertilizers

Molasses by the barrel or gallon.

CHOPPING & OAT CRUSHING

J. W. EWEN

ax Seed

Oyster Shell

Durham.

WHEAT for seed.

feeds on har

Beef Scrap

Oil Cake

Calf Meal

Phone 114.

Screenings

the books he had read, especially those read in early life and he tried to recall the names of characters and places and make the incidents live again.

This was followed by meditations on men of the past who had profited by solitude-Bunyan, Robert Louis Stevenson and many others who have given of the fruits of solitude to the public and thousands having been helped by them. There were indeed triumphs. "The doctors and nurses, with all their daily tests, their elaborate recthe exceptional state of man: it is the ords, never once probed the real senormal. Every man spends most of his cret of my life, what I had going on time alone with himself; how much deep down within me-the struggles row. A whole world, invisible without, rich treasures I was now finding in a man creates within his own person- forgotten caverns. Neither did the ality. There he lives! There he adven- doctors or nurses know anything of men who stand around at "the corner" tures! There he is happy, if he is hap- the "Adventures abroad in bed! I was yapping about the hard times have of the singles have flowers five to sevpy, there he suffers. If he cannot in reality often abroad among my own weeds a foot high around their homes, en inches in diameter, while the woncommand this world of his own making hills, or in my garden, or walking the It makes one wonder if they would derful doubles, many of them resemblittle town I love best of all. I was there to complete absorption, so that of the gabled room where I lay, nor

but all who love looking into problems and happiness in the home. significance and extraordinary that confront mankind will turn with pleasure the pages for their contents.

worth studying.

Then he began searching his mem- to David Grayson that he kept a little hedges carefully trimmed. But those ory for other passages tucked away and book in the drawer of the desk that boulevards! There they are with the was surprised how much came back to stood near his bed and was able and ugly gravel, or long grass and weeds. him once he had fixed his mind upon willing to scrawl a few thoughts a day But owners or tenants do not seem to it, and surprised, too, how the hours in it. "Adventures in Solitude" is cer-

TIE UP THE CATS TOO

The dogs are conspicuous by their absence from the streets. All the faithful friends of homes and children are supposed to be tied up. It is painful to some people to see the wistful expression in the eyes of a tethered dog. There are citizens who declare, with a good deal of justification, that a curb should be put on cats that wander at will in town. In the west end there is a plethora of these mauraders and the nesting season of birds has been made difficult by the depredations of cats. For these animals there is nothing like a .22 rifle in the hands of anyone with a true aim.-Alliston Herald.



How Much Are You Paying For Your Insurance?

The motoring season is here, and you should protect yourself against accidents.

Do you buy your Motor Car Insurance on the "How much is it going to cost me" plan?

Motor Car Insurance is like any other commodity-you get what you pay for. A cheap company gives you cheap protection.

See us before you invest in Casualty Insurance. We do not sell the cheapest insurance, but we DO sell you insurance that is 100 per cent. protection against loss from accident—the only kind of insurance that is of any use to you when you need it.

FRANK IRWIN, Durham FIRE and CASUALTY INSURANCE

A Walk Through Durham

(By RAMBLER)

Well, things are looking some better -in some places. I see where some of the long grass has been cut. It looks cleaner and more civilized at least and is a start in the right direction. But what really should be done is some ploughing and re-seeding. How some people can sit contentedly in the midst of a jungle-like piece of land is more than I can see. It cannot be for lack of time, because all one hears on all sides is unemployment. Yet these same pleasant elm-shaded streets of the really like to work. It is queer, but a man's property reflects his character or. and disposition. It shows either his in-I was not conscious for the time being itiative or his entire lack of interest and ambition. For instance, there are two of the hospital, nor of my own ill- houses on a street just off Lambton where one can see what a little at-We follow with interest the path the tention will do. One is a large, brick author trod in making or finding his house, with weeds and grass galore, own felicity and how he learned that no flowers of any account; a few per-"it is only as man comes of his own ennials, but not cultivated; altogether had to own up that he still possessed spirit that he is able to cast out all it is a sorry looking home. Next door is a small house, but which looks like a Every chapter has its own interest- mansion in comparison to its neighing story. There isn't a dull moment bor. The grass is carefully mowed; for the reader from beginning to end. there are climbers over the veranda, True, this book will most likely appeal and shrubs, and flowers and a wellmore deeply to those who have spent kept vegetable garden. THAT looks like many days confined to a sick room, a home. It clearly reflects harmony

> However, I do not want to criticize too much. There are many properties The book is illustrated by David in the town which would be a credit Hendrickson and the sketches are all to any city. Bruce street is, perhaps, be kept at least a foot from any structhe prettiest. Flowers are not so pro-The reading world is indeed grateful fuse, but the lawns are clean and the notice these eyesores. They clash with the beauty of their property and yet are not attended to. I hope this gets a "rise" out of some of our citizens.

> > I was going to give a "rub" about a certain rectory in town, but after the daily ramble on Monday, see that the grass has been cut. It is quite an improvement. That is a very conspicuous corner, which could be such a beautiful spot. And then there's the place right on the "main drag" where there is enough pasture for a herd of cows.

> > But I must say that the tennis courts are splendid. The bowling green also looks well. While we're down in that section, some time take notice of the High School property. I think it looks a little rough. There are pretty shrubs along the sidewalk but they need some cleaning and trimming and the grass needs cutting. That would be good exercise for the Students when in training for softball playing.

Do you see what I mean? We al know that the majority of the people cannot afford to spend much in improvements, but there are so many things that can be done without expense. Most town people have lawn mowers. If you haven't one, I'm sure John next door will loan you his, And then do not mow your lawn like a school boy washes his face-leaving a "high water mark."

FLOWERS MUCH ADMIRED (Dundalk Herald)

Tulip beds planted by the local Horticultural Society and by private individuals have been much admired of late, these flowers making a splendid showing this year. The two new beds planted by the Society at the corner opposite the Queen's Hotel and at the highway corner will be decided acquisitions, and the Society is to be heartily commended for this work of beautification.

BASKET BEGONIAS

There is a lovely strain of Tuberous Begonias, which, having pendulous stems and branches, are ideally adapted to grow in hanging baskets on the north or east side of the residence or other shaded positions, and also in window and verandah boxes with the same aspect. They have a considerable range in color and the flowers are more numerous (though not so large) as those of the commonly-known kinds. Where used they impart a beauty all their own and are becoming popular. They may also, like the common ones, be grown in pots and in the same way.

TOO WELL ADVERTISED

ficiency Magazine, says this depression large tubers are to be produced. Mainhas stayed around a good while "be- tain a humid atmosphere by dampencause it is so well advertised." He es- ing the floors and benches on warm timates that newspapers have given it days if in the grenhouse or by placabout \$50,000,000 worth of space for ing bans of water for evaporation purnothing.

ly dangerous?" He-"Yes, it often brings on mar-

THE TUBEROUS ROOTED Propagation of Tubers

BEGONIA (By Henry J. Moore in Mail & Empire)

The Tuberous Rooted Begonia of our gardens is a tender tuberous perennial. For the many beautiful varieties we are indebted to the Andaen species of South America, such as B. Pearcei, Veitchii and probably B. Davisii These were the first tuberous species introduced and as they cross (hybridie) readily became the progenitors of our magnificent garden types.

Who would not grow the Tuberous Begonia? The flowers are gorgeous and range in color through all the shades from white to intense crimson, some ling roses, are equally as varied in col-

Culture

The most important essentials to of light texture; these are as necessary as air and light to human beings. Tuberous begonias will not do well tures prevail and where the atmoswhere is abnormally dry as under these conditions the leaves and flowers become scorched. In shade they do mod- especially effective when the singles large enough to prick off during Spring erately well. In localities, however, and doubles are separated, each are they should be placed singly in small where the average temperature is then distinctively beautiful. Effective around 75 degrees such as happily pre- even to a greater degree are they when vail in the northern United States and arranged in beds of separate colors, the Canada, and also on the west coast merits of each variety being thus readand where the atmosphere is humid ily seen. Also when so planted and they grow well in shade, and are splen- isolated there is little danger of crossdidly adapted for planting on the north ing with other kinds and thus possible or east side of the residence but should to obtain seeds which will reproduce house and during August or Septemture. They also do well in light shade cast by trees, but in beds removed from the influence of their roots.

Tuberous Begonias grow splendidly in a light, well-drained soil enriched preferably with manure from the cattle stalls or well-decayed leaf soil, coarse undecayed strawy manure will prove harmful. Heavy clay soils are not satisfactory, but if unfortunately they exist may be so improved by the addition of the organic matter previously mentioned and quantities of sand and finely-broken charcoal as to produce fine plants. Good drainage is, however, essential. It is best to prepare such a soil in late Autumn and to dig it fairly deep, and in Spring prior to planting, fork it lightly and level the surface with the rake.

The Tuberous Begonia is usually raised from seeds sown in the warm greenhouse or sunroom during late Winter and Spring. It is also possible to raise them during early Summer in a shaded garden frame. If seeds are sown during January or early February plants should be produced to set out during early June, and should flower in the Autumn. If sown later in March or April the seedlings may be grown in pots the first year or where large numbers are raised in flats.

When preparing the seed pans, place crocks in the bottom and on these a layer of fibrous material and fill to within an inch of the top with a soil mixture composed of leaf soil with a little sand, two parts, and loam, one part, somewhat finely screened. the mixture, may to advantage be added a small quantity of finely broken and screened crocks and charcoal, the latter tending to keep the soll sweet. Press the layer down lightly and upon it, to the depth of about one half inch, screen the soil mixture through a very fine screen and have the surface slightly convex so that superfluous moisture will run to the sides and so preclude the "damping off" of the seedlings. Begonias are especially susceptible to the attacks of the fungus which causes this-Pythium.

Prior to sowing the seed immerse the pans in water and sow evenly and thinly upon the moistened surface of the soil. Do not cover with soil. Place the pans in a temperature of 65 degrees F. and cover them with a pane of glass, and shade them from sunlight. Subsequent waterings before and after germination takes place should not be applied overhead. By the partial immersion of the pans the water will readily be absorbed and the seedlings remain undisturbed.

After germination afford light (not direct sunlight), until the plants strengthen and are large enough to transfer singly one-half inch apart into larger pans, when about to crowd each other, pot them singly into two inch pots and finally ere flower buds show, shift into four or five inch pots. Afford liquid or other fertilizer as occa-"Herbert N. Casson, editor of the Ef- sion demands which is necessary if poses if in the window or sunroom; moisture in the air tends to check the She-"Do you believe kissing is real- attacks of Red Spider an especial enemy. Shade the plants from intense sunlight and spray them occasionally with pure water, but never in sunlight

or scorching may result.

The subject may also be propagated by division during the first week in April. Select large tubers which possess at least two crowns. A sharp knife is essential to sever the tubers directly between these, each portion will thus

Arrangement in Beds

tions fifteen inches apart.

Tuberous Begonias when massed are! however, beautiful and no one should hesitate to so plant if harmonizing colors are chosen. Pretty beds can also be arranged by using the Tuberous Begonia in combination with other flowers, blood red singles or doubles have as Certain old kinds such as B. Bertiniianna, B. Count Zeppelin, and B. Lafayette are more greatly admired when is likely to be made. so planted. These kinds are not well known to amateurs and not so robust as the ordinary Tuberous Begonias, apart with the Alyssum between.

During extremely dry weather the outdoor grown plants. soil in which the Begonias grow should be thoroughly watered as soon as it becomes so dry that the plants are likely to wilt. A light cultivation should, three or four times during the season, be given, and should any leaves fall,

they should be removed. Under some conditions it may be necessary to stake the plants to prevent breakage of the stems, but this is not usually neces-

Storing the Tubers

When the stems commence to decay or when they are cut down by frost, bear buds without which they are use- lift the tubers with the remaining folless. Expose the cut surfaces to air for lage, and if possible with a quantity of some time until they cease to bleed, soil adhering to them. Pack them in after which dip them into slacked or shallow boxes, stems upward, place powdered lime, this will act as an an- them on a greenhouse bench or in a tiseptic, and also check the attacks of shed near a window, so that light, but slugs, grubs and other insects which not sunlight, may have access to them may prey upon them. Place the tub- until the growth entirely decays. Reers on finely screened soil in flats, keep move all decayed stems to facilitate the soil moderately moist, spray them the drying of the tuber, otherwise, they occasionally to encourage growth, and may likewise decay. Carefully remove maintain a temperature of at least 60 all soil and spread the tubers on a degrees. When two or three inches of shelf for a day or so, and finally store growth has been made pot off into them in shallow boxes containing dry four or five inch pots, and when well sand, an inch of sand or so between rooted remove to a cold frame until each layer of tubers. Place the boxes inured to out of doors conditions, air away for the Winter in a dry place well during warm days, but close the where the temperature hovers around frames on cold nights. By the first of 50. Do not allow it to fall for any successful cultivation of our subject. June the plants will be sufficiently length of time below 40 degrees or to outdoor are shade, moisture, and a soil hardened to allow of the sashes being rise to 60 degrees. These extremes are removed, and after a week's exposure deleterious inasmuch as the former to outdoor temperature, shaded, of will chill and cause the tubers to decourse, from direct sunlight, they may cay, while the latter will influence excessively high Summer tempera- be planted in their permanent posi- growth to start at an unnatural and undesirable time.

Culture Indoors

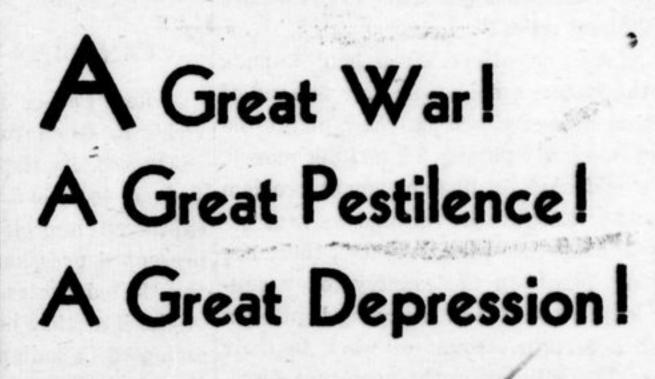
When the seedling Begonias are pots and kept in the greenhouse or warm window. By May they should be ready to transfer to pots of the three or four-inch size and later be potted into the six-inch flowering size. They may be grown during Summer in a shaded garden frame or cool greentrue to type. Beds of mixed colors are, ber, according to their stage of growth, be removed where to flower indoors. During Summer ventilation must be afforded and water be properly applied, and the plants be partly or wholly obviated It may be necessary as an example, one in which dark to stake the growths of the plants indoors, but this may be partly or whola ground work dwarf Sweet Alyssum. ly obviated if they are placed near the window or roof of the greenhouse where short jointed and stocky growth

After flowering the plants, water should be gradually withheld and finally the pots be laid on their sides as and may be planted as little as a foot the tubers go to rest after which they may be stored away as advised for the

> "If I had three peaches and ate one I'd have two peaches left, wouldn't I?" "No."

"Well, what would I have left?"

"A pair, of course."



ALL within twenty years. Could there be a more gruelling test?

Yet life insurance stands in vincible. During that whole period it paid every obligation promptly and fully - as it has ever since the Dominion was formed.

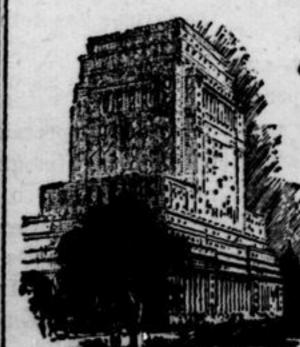
The Sun Life Assurance Company of Canada itself paid to policyholders and beneficiaries in cash during these periods -

The War (1914-1918)

The 'Flu (1919)

The Depression (1930-1931)

- over \$226,000,000. It has paid to its policyholders and beneficiaries since formation nearly \$600,000,000.



In prosperity, life insurance is valuable; in adversity it is indispensable. The protection of your home, the security of your business, the comfort of your old age, depend first on adequate life insurance.

Have you enough? Consult a Sun Life man

Sun Life Assurance Company of Canada