

At Home

Come in & Chat Awhile

—Ruth Raeburn.

Dear Lucy: It was nice to hear again from you and know my few notes have been of interest to you.

No doubt some of the members of your club will have a radio in their homes and all will likely have listened in some time or another. You remember that beautiful hymn "Songs in the Night". I wonder if the author of those words ever thought of a time when we would get all sorts of songs in the night? So many are there given to us by radio that it is necessary for us to make a choice as to quality and quantity. The better our choice the more quickly are our thoughts lifted from self to a higher plane and though unable to put this feeling into words, one is happier, stronger and better for the helpful harmonious "songs in the night".

There are many kinds of nights in each life—the night of doubt, the night of perplexity, the night of fear, the night of temptation, the night of despair, the night of remorse, the night of mourning. For each of these nights there is a song of promise that is most helpful provided we are earnest and serious in making the choice. Just as with the radio, much depends on choice. In the night of perplexity we might choose the song, "Thou art my rock and my fortress, therefore for Thy Name's sake, lead me and guide me." The weight of perplexity gradually eases as we trust a Higher Source for leadership and guidance.

In the night of fear if we choose the "Station of promises" we will hear this triumphant strain "What time I am afraid I will trust in Thee".

In the night of temptation would it be possible to find a more encouraging song than the words Paul wrote to the Corinthians? Listen! "There hath no temptation taken you but such as is common to man; but God is faithful, who will not suffer you to be tempted above that ye are able, but will with the temptation also make a way to escape, that ye may be able to bear it."

Songs in the Night

When the clouds of affliction have gathered,
And hidden each star from my sight,
I know if I turn to my Saviour,
I know if I turn to my Saviour,
Sweetest songs
Sweetest songs
Sweetest songs He will give in the night

Chorus

Songs in the night
Oh how precious the songs in the night
My heart runneth over
For the songs He doth send in the night.

Oh how dear are those messages to me
No need then to cry in afflict,
My heart groweth strong as I listen
To the songs He doth send in the night.

And when morn breaks at last in its splendor,
And sorrow is changed to delight,
Oh, still would I ever remember
All the songs that were sent in the night.

In the night of despair and the night of remorse we may hear this encouraging strain, "He shall not be utterly cast down for the Lord upholdeth him with His hand."

In the night of mourning we hear the message of comfort, "When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee; when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee."

These are only a few of the messages we may hear if we tune into the Divine Library for songs of encouragement in the nights that come to us in life. We can go on and find these songs in the books from many authors and in the words and music of composers.

If we aim to bring these messages to others in their need we will be a messenger for the King of Kings and a living "song in the night" for those in need.

I hope, Lucy, this line of thought may contain suggestions for your club and that you will find a way to enlarge on them for your profit and encouragement.

Sincerely yours,
—Ruth Raeburn.

When History Was Young

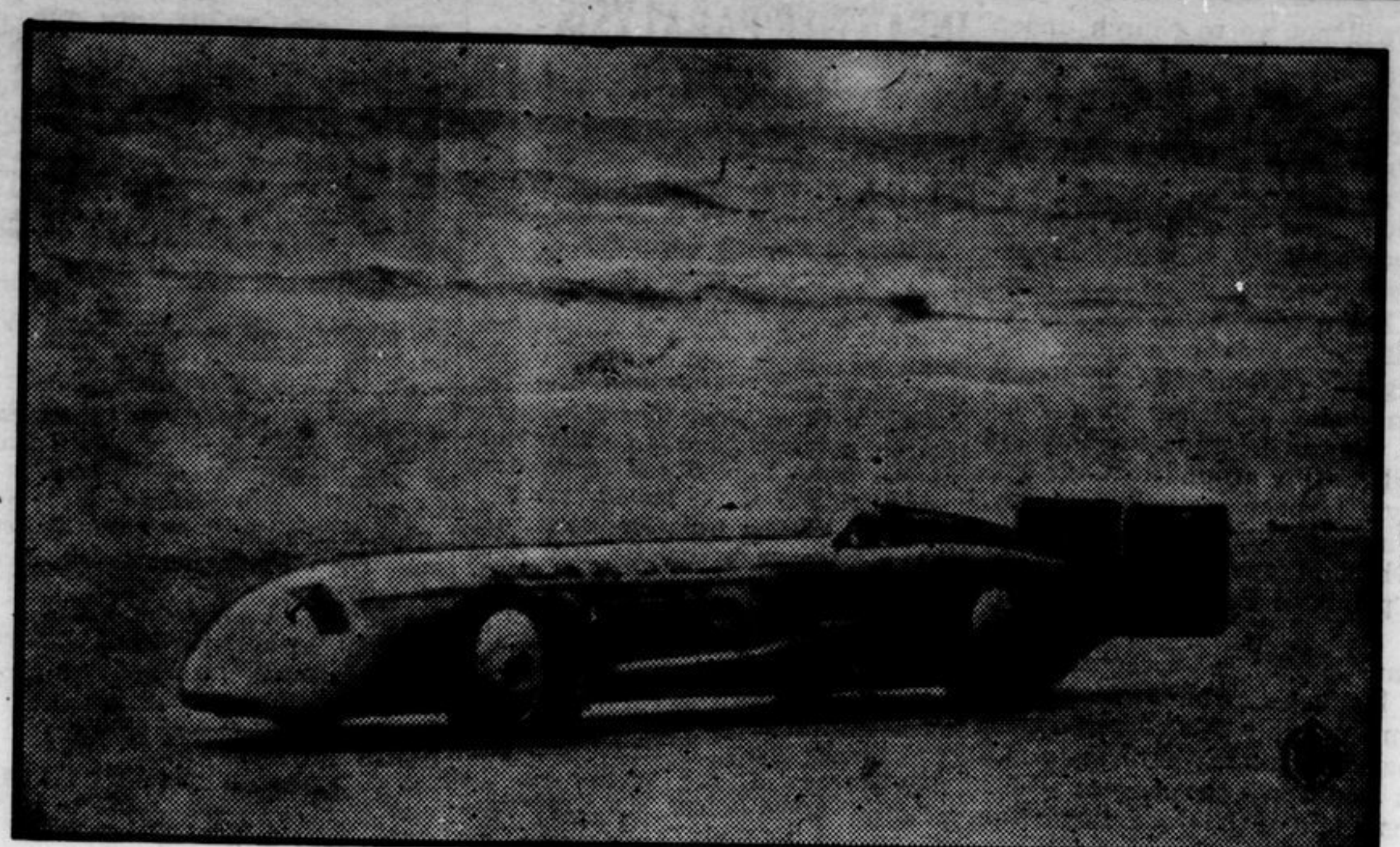
"Willie", said the teacher, "do you mean to tell me you can't name all the prime ministers of Canada since Confederation. Why, when I was your age I could name every one of them."

"Well", replied Willie, "there was only two or three of them then."

Keeps Your Skin YOUNGER LOVELIER



Keep Young!



FIRST TRIAL RUN OF THE SILVER BULLET

Above is pictured the first photo of the "Silver Bullet" as it flew along the beach at Daytona, Florida at a speed of nearly two hundred miles an hour. This was the first trial run of the Sunbeam motor car, in which Kaye Don hopes to break the world's record of 231 miles an hour.

Fashion Fancies

The World at the Water's Edge



Going down to the sea is a more alluring adventure this season than ever before. One never can be quite sure just what one will find on the silvery sands, for there are literally as many different kinds of beach costumes to be seen as there were animals in Noah's Ark. The far places of the earth are represented. There is the coolie costume with mandarin jacket and full denim trousers, the pajama suit with a gay bolero and flaring trousers that suggest sunny Spain, the wrap around skirt and brilliant cape scarf reminiscent of the Hungarian dancing girl. One will not have to travel far this summer to see the world. Even the sartorial genius of Paris has its place in a novel costume that intrigues investigation, as illustrated in the sketch above.

There's more here than the eye would at first see. At first one thinks it is just a very good looking bolero jacket suit of chartreuse jersey, but a glance at the open-work at centre front on the neatly tailored skirt gives a hint of something else. And sure enough, when the bolero and skirt are removed—behold a bathing suit of navy blue jersey. There are shorts of the plain blue jersey and a jumper of the same color polka dotted in chartreuse. A beret of the same blue jersey with a saucy bow on the yellow green puts a smart top on the ensemble.

The Flora and Fauna of Spring Crepes



Getting close to nature is the Spring move that silks are making. The flora and fauna of many climes are the inspiration of the patterns which are stamping both heavy crepes and diaphanous silks as popular fabrics. While one designer shows enthusiasm for a garden of roses, another may pre-

Miss Macphail's Letter

Ottawa, March 24, 1930

Two things have happened this week that are new in my experience in Parliament. First, Parliament voted by a majority of 17 to re-instate on the order paper Bill No 20, an Act to provide in the Province of Ontario for the dissolution and annulment of marriage, the very same bill which it had by a majority of one rejected the week before.

The government party carried what was really a want of confidence motion in itself. It came about this way. The Conservatives moved an amendment to the motion to go into supply which was virtually a want of confidence motion based on the New Zealand Treaty; then by a new rule which had never been used before the government moved an amendment to the Conservative amendment which carried. The Hon. Ernest Lapointe, in answering the gibe of the Hon. R. B. Bennett that the government had voted a want of confidence in itself, replied that the Liberal sub-amendment had purified the Conservative amendment of its want of confidence taint. Now that both parties had voted to say that the Speaker does not leave the chair, and since to go into supply he had to be gotten out of the chair, an amazing number of things had to be done by the House to accomplish it.

During this vote our group kept their seats. I believe that is the first time in Canadian history that a considerable number of members refrained from voting and were not challenged. Since neither the amendment or sub-amendment expressed our opinion, we had nothing to vote on. Mr. Gardiner in moving this week an amendment which expresses our opinion in regard to the Australian Treaty and with that I will deal in a later article.

Early in the week we had a lengthy debate on eggs. Mr. Malcolm, Minister of Trade and Commerce, stated that the production from poultry had grown from 40 million to 87 million in the last seven years. He referred to the speech made by Mr. Garland of Carleton County in which he said that Canada had reached a place second to none in the world in the raising of poultry, and with that Mr. Malcolm agreed. He believed that the grading system had been an assistance. He continued: "In 1928, our total importation of eggs, even putting it at three million which includes in dozens all the eggs which we import in cans, was only one per cent of our total production or total consumption, whichever way you like to put it. Taking off the importation list the eggs which we import in cans we had in 1929 a very much smaller importation in eggs and a substantial exportation at the same time." He said, too, that the price of eggs in Canada is substantially higher than the price of eggs in the United States and Great Britain. Mr. Earl Rowe of Dufferin County stated that British Columbia eggs are welcome, but imported eggs come in car loads to Toronto and break the price I am not sure that their welcome is very warm.

Dr. Donnelly of Saskatchewan moved "that in the opinion of this house the time has arrived when the federal government of the Dominion of Canada should no longer assist any immigrants to this country in any financial way, except in so far as financial assistance is at present being extended to female domestics." This position we took in the house as early as 1922 and we did not make an exception of domestics. The debate expressed well the great change of opinion on this matter. There was not one speech made on the need of speeding up immigration. Mr. Stewart, Acting Minister of Immigration, stated that a change in regard to immigration was being made. The responsibility of recruiting the immigrants will rest with the federal government, but the responsibility of say-

ing what numbers are to be brought in will rest with the provincial governments. Six o'clock arrived before the matter was disposed of, but there seemed no doubt the opinion of the house is against state-aided immigration.

His Excellency, the Governor General, addressed the League of Nations societies for Canada at a luncheon in the Chateau on Wednesday. He made a very able speech. It showed a grasp of international questions and was delivered with the fervor that carried conviction. His reliance on public opinion as the great lever force in the world he stated thus: "No very close agreement for world peace will be reached through conference: until you get the people forcing their will for peace upon the administration of their country." "Memories are short," he said, "and one is inclined to forget. Let us never forget the horrors, tragedies, and sorrows of the Great War, and let us realize that if war came, so great has been the development in the scientific field that it would mean irreparable disaster to both victor and vanquished alike. Let youth never know the horrors of war, so that the gallant heroes of the Great War will not have been sacrificed in vain." At the head table were representatives of France, the Argentine, China, Belgium and Cuba. The Hon. Ernest Lapointe represented the government. I was elected as an honorary vice-president. I hope I will be able through the year sometime to interest the Canadian people further in the great work being done by the League of Nations.

Friday I attended a luncheon in the King Edward hotel in honor of Kathleen Courtney of Great Britain. She is a close friend of Dr. Hilda Clarke whose guest I was in London, and I came to know her quite well this summer. Miss Courtney has devoted her splendid energies to popularizing unpopular causes since her graduation from Oxford. It was a pleasure and a privilege to hear her in Toronto.

—Agnes C. Macphail.

Why Men Leave Home

By Bruce Barton

One hot summer evening I dropped into a club and discovered a well known play wright and an equally well known composer. Knowing that each of them has a cool and beautiful place in the country, I expressed surprise.

"You wonder why I'm here," said the dramatist. "So does my wife. She thinks I'm crazy to leave a lovely home for a hot little cell in this club. Moreover she resents my absence as an implied criticism of her own charm and power to keep me happy."

"The truth is that when I'm working on a play I can stand the pleasure of home life just about so long, and then I simply have to go. No matter how lovely the children are they do interrupt. And widely attention and the ministrations of friends are nothing but a nuisance when you're driving your mind as hard as it will go. I can get more done in this little bare room than I can ever do in my beautiful home."

The composer said, "Me too," and I myself had to confess that I was in town for much the same reason.

In a magazine I read some very interesting reminiscences of the philosopher William James, set down by Mrs. Evans, a long-time friend.

"With the happiest and most harmonious family life to be imagined, William James was nevertheless a perpetually restless and unsatisfied soul," said Mrs. Evans. "Now and again he would rebel, and exclaim, 'I am going away for a fortnight to be alone with God, after so much family immersion and unfulfilled household responsibility.'"

On one occasion, when a large party was being entertained in his home, he bounced suddenly out of the parlor, seized an unsuspecting undergraduate by the shoulders, and cried: "This place is hell. This is the way out!" And he hurried the dazed youngster through the back door.

Man is a strange animal, carrying beneath his civilized surface all of the instincts of his savage days. One of these instincts is the powerful yearning to be at home with the woman and children he loves. Another, equally powerful, is the urge to go away by himself, as his savage ancestor went away into the deep woods.

Foolish wives feel hurt and resentful when this second instinct asserts itself. They protest, break into tears, and are generally unpleasant.

The wise wife smiles and says, "Go, my darling." And knows that the quicker he goes the more glad he'll be to come back.

MOVIES

MIRTH, MELODRAMA, AND MYSTERY IN FILM

Mirth, mystery and melodrama are a hilarious trio in providing entertainment in "Noisy Neighbors", a Pathe picture which is coming to the Star theatre on Friday and Saturday nights.

This Pathe farce comedy features Eddie Quillan, Alberta Vaughan and Theodore Roberts. Occupying places next in prominence are Eddie's father "Dad" Quillan, three other Quillan sons John, Buster and Joe, and two daughters, Marie and Isabelle. Quite fittingly the clever performers play the "Marvelous Monarchs", stars of the split-week time into whose act a new part is written each time they meet members of the family grows old enough to toddle on the stage.

Fresh adventures come the way of the Quillans when they inherit a Southern estate. Romance enters Eddie's life when he meets the daughter of a neighboring Southern family, played by winsome Alberta Vaughan, only to discover that their respective clans are sworn enemies. From then on the story becomes a melodrama spiced with irresistible buffoonery. To outwit their enemies the Monarch wage a new kind of warfare by employing the tricks of magic they had performed on the vaudeville stage. Some of the most novel of fun provoking situations ever filmed result.

WHY SO MANY GIRLS ARE TUBERCULAR

Late hours, poor food habits scarcity of clothing and dieting fads are reasons given by Dr. Gordon P. Jackson, medical officer of health, before a home and school club in Toronto, for the death rate from tuberculosis among girls between the ages of 10 and 19 being twice as high as that among boys of the same age. The statement is one which must cause girls and parents to pause and consider The Stratford Beacon-Herald very properly comments upon it as follows: "Any one of these things we imagine is sufficient to undermine a constitution and to decrease powers of resistance when sickness comes. When the doctor touched on late hours he hit a very common condition. It seems to be impossible for young people to stay home or go home early; there is that growing desire to 'be

Announcing our removal to our New Premises

at the foot of Durham Hill, corner George and Garafraxa Sts. where we will open for business on

Tuesday, April 1

We solicit the business of our old customers, with any new ones who may need our services, and can promise first-class workmanship at reasonable prices.

Noble's Garage
ALBERT NOBLE, Proprietor.
Durham - - Ontario

NERVES ALL SHOT

NOW FEEL FINE

Truth-a-lives' didn't say Mr. Allen Glasgow. Thousands write me weakness, heart flutter, dizziness, constipation, indigestion and other ailments. Send money at once. O Truth-a-lives' from drug store.

out" and it is more marked now than ever. Dieting fads are indulged in a good many girls because they feel they may put on a few pounds weight. Nature may have intended them to be robust people, well rounded out, but the foolish custom of the diet calls for stiffness. A couple pounds of extra fat is looked upon as a calamity. Hence, they diet skimp in order to keep down the weight, and by that process they are weakening the system. Sooner later they must pay the price. The tragic part of it so often is that girls and others of all ages, either neglect themselves or do not realize the state into which they are drifting until it is too late. Some have advanced so far that a lengthy period of treatment may only partially restore their form health or they are past the stage where rest and anything a physician could do can retard the inevitable. Any one run down in health, or with a cough which persists in hanging on, should not lose even one day in consulting a doctor, who, if he thinks desirable, will probably refer the patient to a physician who has had special training that branch of the profession.

The return to long skirts may be right for some people, but it sure may be tough on a poor artist that draws hosiery ads.—Life.

Auction Sale of HORSES



A carload of choice, well-broken quiet horses weighing up to 1,600 lbs., broken to double harness and in good condition, will be offered for sale at

P. J. McLean's Stables
Durham

Saturday, March 29 commencing at 1 o'clock

The undersigned has sold different loads of horses in Dundall vicinity and refers prospective purchasers to these former customers for information as to the class of stock he handles.

TERMS.—Six months' credit on approved joint notes bearing interest at 7 per cent per annum

D. B. Grant, Geo. E. Duncan
Proprietors. Auctioneers

BURNS-SCRATCHES-SCALDS-

DR. THOMAS' ECLECTIC OIL

DR. THOMAS' ECLECTIC OIL

THOMAS' TESTIMONY TO THE PROFOUND QUALITY OF THIS REMEDY: "I HAVE USED IT FREQUENTLY WHEN APPLIED TO CUTS, SCALDS AND OTHER ABRASIONS OF THE SKIN AND MY DEARER FOR DR. THOMAS' ECLECTIC OIL."

After School Hours

Children love CROWN BRAND Syrup on bread—give it to them every day, it's delicious and wholesome.

Write for our New Edwardsburg Recipe Book free.

THE CANADA STARCH CO., LIMITED, MONTREAL

EDWARDSBURG CROWN BRAND CORN SYRUP

A Friend of the Family