

At Home

Come in & Chat Awhile

—Ruth Raeburn.

Dear Lucy:

This time I am giving you a few thoughts on "Remembering" and "Forgetfulness" and possibly you and the club members will be able to add some more ideas to these. First, let us take a glimpse at the two viewpoints in the habit of

Remembering

To each and all of us is given a memory but it is left to us to cultivate this faculty or just drift along and let memory collect its own impressions. The garden of memory may be beautiful with all kinds of flowers or it may be left uncultivated and have only an occasional flower and many, many weeds. Events make strong impressions on our minds and here is one place that sometimes needs vigorous cultivating, for it is just as well to weed out the unpleasant impressions by making ourselves cease from thinking on unpleasant things.

Some people remember dates of events while others never try to remember them. Many dates of events in our lives are worth remembering, therefore it is wise to watch that these flowers of usefulness are well cultivated in memory's garden.

Then there are so many humorous things happening all along life's pathway that we will indeed miss much of the beauty of the journey if we fail to cultivate a sense of humour. Humour that leaves no sting behind brings a great deal of sunshine into life. To some people this is a natural gift but to every one there is the possibility of developing this virtue by putting others first and self second. When we see something funny that is not hurtful, it is possible to cultivate memory to carry it to another.

Some people remember all the nice things they hear about people and pass them on, while others hear these things and keep them to themselves. Again there is a class of people who pass on all the nasty gossip they hear, and the good they hear is so dissected that it is unrecognizable. We might well ask ourselves which of these classes we represent.

There are those who remember all the beauty spots seen on a journey, whether that journey may only be around the block or around the world. This is one place in memory's garden that needs cultivation every hour of our lives. This world is so full of beautiful things, and it is the easiest thing in the world to drift along and see little or nothing of beauty. The idea is expressed by Mrs. Browning more beautifully than I can express it:

"Earth's crammed with heaven,
And every common bush affire with God
But only he that sees takes of his shoes,
The rest sit round and pick blackberries."
—Mrs. Browning.

Forgetfulness

Forgetting is both a good and bad habit. Everyone develops one or the other and usually both. It is a beautiful trait in character that has learned to forget the harsh tone, the unkind or cross word, the poisonous slander, little discourtesies of any kind, the faults we see in others and the mistakes we have made ourselves. Mona H. Purser has said: "If you are tempted to nurse a grievance don't yield." It is a wise plan to aim to forget all about our daily tasks when out for a change of scene—the mind needs the change just as much as the eyes. It is a fine thing to learn to forget all worries when we partake of food—digestion is more active when worries are forgotten. Just a little earnest thought on our part will give us wisdom in deciding what to forget and what to remember.

Forget It

Has a friend or a neighbor been strangely unkind
And your asking to make him forget it?
Don't give him in anger a piece of your mind
Just hold your tongue and forget it.
Has luck been against you in ventures you've made
Has fortune frowned grim when you met it?
Don't give way to senseless, unseemly tirade
Keep pegging away and forget it.
Does the honor you sought your rival adorn?
Just wind up your hope and reset it.
There are honors untaken and glories unborn—
So turn loose your grouch and forget it.

—John L. Maynard.

Remember every kindness done,
To you, what'er its measure
Remember praise by others won
And pass it on with pleasure.
—Priscilla Leonard.

The straightforward young woman believed in telling the truth. She married a very sentimental young man. "My darling," he said, "surely I can not be worthy of you?" "Oh, of course not," she answered. "But when a girl's been twenty-three for six years she would be silly to be too particular, wouldn't she?"

Robert's Syrup

of the Extract of Cod Liver Oil
for COUGHS, COLDS
and BRONCHITIS

BEST HE PLAYS

Wise is the man who asks for health
To brighten his lifelong way,
For this is a treasure beyond the wealth
Or the splendors of famed Cathay;
A treasure that hints of the alchemy
Which sought in days of old
From the bondage of time to set men free
And to change the dross into gold.

Wise, too, is he who asks for love,
That its sun on his path may shine
With a rarer gold than the orb above
To make earthly ways divine;
For love has the hue of heavenly things
And a spell it alone can lend,
A glory over the spirit flings
When its rays, like light, descend.

But some there are who count as dregs
All the blessings life can impart,
And blest of all he prays who begs
For the gift of a grateful heart!

Fashion Fancies



A-Skating She Must Go

Not alone because she loves the sport does she yearn to don her skates, but because she has the most adorable skating outfit you have even seen! And she knows she looks irresistible in it and it is warm and comfortable, so ho! for the glistening expanse of the frozen pond or rink.

The turtle neck sweater is yellow, with a design of black and white, and it fastens on the left side with the patent fastener which gives such a sense of security and keeps out the chill wind. The swaggar trouser skirt is of heavy black jersey. The sweater is a tuck-in confined at the waist with a wide suede belt. With a black tricot cap and matching gloves and socks she knows she'll attract attention and be able to have so much fun. And—it's a practical outfit which makes for comfort and ease.



All Aboard for the Sunny South

At last comes the great day when she leaves the frozen North for the sunny South! And what a picture she makes in her latest-from-Paris travelling suit.

Tomato red cheviot is used as the medium of development for the jacket, which boasts a black galyak bow-tie collar and buttons down the side front. The normal waistline is indicated by a black patent leather belt.

The skirt is of black cheviot and the silk crepe blouse matches the lining of the jacket. Of course the skirt conforms to the new fashion note in its uneven length, being slightly longer in back. A fetching hat of black and red completes a most attractive travelling suit.

PUNISHING THE GUILTY

There was pawky humor—or was it ready wit?—in the remark of a boy, who coming home on Sunday afternoon with a string of trout, was suddenly confronted by the minister. There was no way of escape; but the boy rose to the occasion: "Minister," he exclaimed, "d'ye see what these trouts got for nabbin' worms on a Sunday?"

Social Service Council

PUBLIC HEALTH AND GOOD HOUSING

Only a few years over 50,000 people lived adjacent to the City of Toronto without any sewerage system, and in the urban communities around Winnipeg, hardly one half of the dwellings are connected with any sewer system. The Medical Health Officer of Saskatoon reports approximately 3,000 dwellings in that city without water or sewers. What prospects are there of children acquiring the regular habits so essential to the best health, when sanitary conveniences are in a rude box outside, and where for many days in the winter zero temperatures prevail? Sickness causes poverty, and poverty causes sickness; sickness shortens life, and the shortened life of a worker may place an entire family in the care of the community. Education has reached such a stage that few will dispute how vital the effect of proper housing is on the health of the people, even if there is little difference in their social status. A convincing proof of this is contained in the 42nd Annual Report of the former Local Government Board of Great Britain, (1912-1913). It is there stated that in Liverpool, in one of the slum areas which had been the subject of clearance schemes, and where displaced tenants have been rehoused upon the same areas, a death rate ranging from 40 to 60 per 1000 (with a death rate from tuberculosis of the lungs of 4 per 1000) has by the improved sanitary conditions brought about by the rehousing of people of just the same class, resulted in reducing both the death rate, and the deaths from tuberculosis of the lungs, by more than one half.

What fine prospects there are for hospital patients when there are housing conditions such as those reported by the Health Department of the City of

Winnipeg as existing in 1918. Here is one of several such cases reported:

Building: Brick building. Two storeys and attic. 21 rooms in all.

Rental: Rent of building, \$125 per month or practically \$6 a room.

Occupants: 14 families occupied the 21 rooms, consisting of 9 men, 14 women and 4 children. One family had 3 rooms. Three families had 2 rooms, and ten families one room each. Two families had the exclusive use of a water closet and bath. The other twelve families used one common water-closet and shared two baths. No one tenant had the exclusive use of a sink. Thirteen gas stoves were fixed without ventilators; 9 in bedrooms.

Rental Charged Tenants: The rental charged these tenants averaged \$15.50 per room per month, which included heat, water and light.

It should be stated that these are not conditions as found amongst the foreign born population of Winnipeg, but amongst the English speaking people outwardly respectable.

—The Social Service Council of Canada

THE OTHER MAN

Perhaps he sometimes slipped a bit—
Well, so have you.

Perhaps sometimes he ought to quit,
Well, so should you.

Perhaps he may have faltered—why
You must admit, unless you lie,

That all men do, and so have I,
And so have you.

Perhaps if we would stop and think,
Both I and you.

When painting someone black as ink
As some folks do;

Perhaps, if we would recollect,
Perfection we would not expect,

But just a man half-way correct,
Like me and you.

I've done some things I never should,
Perhaps like you.

I'm just a man who's fairly good,
I'm just like you;

But, thank the Lord, I've sense to see
The rest of men with charity;

They're good enough if good as me—
Say men like you.

Read The Chronicle ads on page 7.

SAYS TARIFF IS NEEDED BY GREAT BRITAIN

Lord Rothermere Would Place Import Levy On All Cut Foodstuffs—He Suggests Latter A Canadian As the Conservative Leader and Eventually Premier.

Lord Rothermere substantially but not completely indorses Lord Beaverbrook's empire trade policy. But he is opposed to any more imposed duties on agricultural products and does not believe the empire can be made an economic unit at one jump.

This will have to come, if it does, by stages. At present he is concentrating on securing a high protective tariff in Great Britain on manufactured goods, with no suggestion of an impost on foodstuffs.

The English magnate arrived in New York for what he termed a brief holiday. His name has recently been linked with that of Lord Beaverbrook—the other great British newspaper owner, who was born in Canada—because of their agreement on some political issues. He had little to say himself, but authorized one of his party to explain his views on British politics to the Canadian Press.

The old political battle cry of cheap food, on which all British protectionists' policies have founded in the past, is still powerful, he feels. For this reason his tariff proposals are confined to manufactured goods and he expressly stipulates that agricultural products must be admitted free from all countries. Arrangements might be worked out, he thinks, by which the dominions might receive a rebate of duties paid on manufactured goods in return for concessions accorded British trade. But the essential point of his fiscal policy is a universal tariff on manufactures.

This is necessary, he maintains, because foreign competitors are now making inroads not only on Great Britain's foreign trade, but are successfully invading the domestic market. He instanced the cotton industry and named Belgium, Japan and Czechoslovakia as the chief rivals of British industry.

Lord Rothermere believes there should be another Canadian prime

minister of Great Britain. His names Lord Beaverbrook for the leadership of the Conservative party and believes he could gain power on a protectionist policy.

His support of the Canadian-born peer comes from dissatisfaction with what he considers the vacillating leadership of the Conservative party in recent years and from his confidence in the ability of his rival publisher, Lord Beaverbrook's spectacular financial career in Canada and his rapid rise to power in the British publishing field, he considers, prove him capable of political leadership.

The Labor Government, Lord Rothermere feels, deserves a great deal of credit for what they have done in connection with naval disarmament.

FRANCE HAS SEAT OF HONOR AT NAVAL CONFERENCE

British officials in charge of the ceremonial side of the London naval conference have been careful not to repeat the tactical error made at the opening plenary session of the Washington Arms conference, when, much to their disgust, the French delegates, on the basis of an alphabetical seating arrangement, were placed around a corner at the end of the main table.

King George opened the conference in the Royal Gallery of the House of Lords at 11 o'clock Tuesday morning, the French sat at his right, then the Canadian and Australian representatives, and on the extreme right the American delegation.

On the left of the King sat the delegates of Great Britain, then the high commissioner for India, the representatives of the Irish Free State, Italy, Japan, New Zealand and South Africa. French, Italian, Japanese, American and British delegates, all expert linguists, will be on duty during the conference to keep away undesirable persons of all nations, and generally to watch over the safety of the delegates.

Why Girls Stay At Home

"Alice could have married anybody she pleased."
"Then why is she still single?"
"She never pleased anybody."—Tid-Bits.

THROUGH our exclusive franchise for the MEYER BOTH GENERAL NEWS-PAPER SERVICE, all advertisers in

The Chronicle

are provided with the very finest art—lay-outs—copy and merchandise plans available. No charge whatever is made for this Service.

We will be glad to give you any further information. Write us or

Phone 37

62-SEP-20