

At Home Come in & Chat Awhile

—Ruth Raeburn.

Dear Ruth Raeburn:

Once before I came to you for help and received it. This time I would like some suggestions for hot dishes for supper. We do like a warm dish for first course on cool evenings.

—PAULINE

Dear Pauline:

Here are a few recipes for appetizing dishes on cold nights

Baked Peas

Take one can medium size peas, heat them in their own liquor, drain and pour into a shallow baking dish. Add salt and pepper, then break four eggs over peas, dot with bits of butter and bake ten minutes in hot oven.

Creamed Eggs with Sardines

Four tablespoons butter, quarter cup soft, stale bread crumbs, one cup milk, two hard-cooked eggs, one box sardines, half-teaspoon salt and a little pepper. Melt butter, add bread crumbs and milk and bring to the boiling point. Then add finely chopped eggs, sardines freed from bones and chopped, and the seasonings. Again bring to boiling point and serve on toast.

Fried Apples

Core three or four tart, perfect apples, and cut them into slices barely a quarter of an inch in thickness, leaving on the edge of each slice the rim of skin. Fry these rings in hot bacon fat, salting the slices generously as you turn them. They will be soft and brown when ready to take up and will add something new to tempt the appetite.

Potato and Cheese Balls

Use left-over mashed potatoes and add grated cheese, a little milk, salt and pepper. Roll into balls and put into a hot oven twenty minutes before supper.

Scalloped Corn

One can of corn, 1 egg, 2/3 cups milk, pinch of salt and dash of pepper, one tablespoon butter, eight soda biscuits rolled. Mix all together and bake half an hour.

Eggs and Tomatoes
Fry or poach eggs, lay them on toast, and pour over them tomatoes, thickened with a little flour and brought to boiling point.

English Monkey

One cup stale bread-crumbs, 1 cup milk, 1/2 cup cheese cut in small pieces, 1 tablespoon butter, 1 egg, salt, pepper. Soak bread crumbs 15 minutes in the milk. Melt the butter and add cheese. When cheese has melted add the soaked crumbs and egg lightly beaten, cook three minutes and pour over toasted crackers. Serve at once.

Cheese Fondue

One tablespoon butter, 1 cup milk, 1 cup fine bread crumbs, 1 cup grated cheese, quarter teaspoon mustard, pinch of pepper, 2 eggs. Put butter in dish and when melted add milk, bread crumbs, cheese and mustard and pepper. Stir until thick. Just before serving add the two eggs beaten light.

Cheese Muff

Butter three or four slices of bread and place in baking dish; between the slices put salt and pepper and grated cheese. Beat two eggs thoroughly, mix with two cups of milk and pour over the bread. Sprinkle grated cheese on top and put in oven one-half hour.

Apple Pan Cakes

2 dessert spoons sugar, 2 dessert spoons butter, 2 eggs, 1 1/2 cups flour, 1 teaspoon baking powder, 1 cup peeled and finely chopped apples, pinch salt, a sprinkle of cinnamon or nutmeg, milk. Cream the butter and sugar, add the eggs, which have been well beaten, and the flour, salt and cinnamon. Add the chopped apples and then gradually add enough milk to make a medium batter. Bake on a griddle and serve at once with crisp bacon.

Cream of Tomato Soup

Two cups of canned tomatoes boiled for five minutes, one cup milk heated to boiling point and into which stir one tablespoon flour, one-eighth teaspoon soda and one-eighth teaspoon mustard mixed with a little milk. Add seasoning to taste, pepper, salt and celery leaves. Then pour the milk into the tomatoes, stir, and serve immediately. Potato and vegetable soups, hot vegetables, macaroni with tomato, or egg custard, or left over chopped meat, and well boiled rice with chopped meat and gravy all make dishes that tempt the appetite.

BURIED TEETH HARM HEALTH

Among the many services that X-rays have performed in medicine, the examination of teeth is one of the most important, says Dr. M. S. Strock in "Hygia" (Chicago). He says, in substance:

"This use of the X-ray has brought to light the fact that numerous persons carry in their mouths teeth that never came through the surface of the gums. Such teeth may be borne in the mouth for years without one's ever suspecting their presence, or through infection or through pressure they may make trouble. A common cause of disturbance is in unerupted wisdom teeth. Such teeth often cause severe pains in the head, and may even affect the eyesight. Lying as they do in a remote corner of the mouth where the brush does not reach them, and where the cleansing effect of masticating food is lost, the pockets which enfold these teeth are often a source of infection. The damage that may be done to the entire system by buried teeth is comparable to that caused by infected teeth or by pyorrhea, and when there is infection of long standing, it is no less poisonous."

OTHER PAPERS' OPINIONS

One More Chance?

The old plea of "one more chance" seems to have been the turning point in allowing a dance hall to stay open in Hamilton after it had been proved to the hilt that the place was a bowel of corruption. The reports from Hamilton also say that several of those who are trustees of the premises are prominent temperance and churchmen in that city. Apparently neither their convictions nor their religion are of the sort that is going to stand in the way of their revenue growing from the dance hall receipts, no matter how rotten conditions may be there.—Stratford Beacon Herald.

U. S. Criminals in Canada

Recent mail and bank robberies in Ontario and major crimes of other kinds in Ontario and Quebec have been traced to American gangsters. Canada cannot afford to be regarded as a safe refuge for gentry of this kind. The only way to make this country unpopular with criminals is to impose sentences with maximum severity whenever they are found guilty. It is not a time for maudlin sentiment. When American criminals are caught and found guilty, the occasion is offered to show the world that Canadian justice is a thorough-going affair. It will serve to keep outside criminals away.—Calgary Herald.

Paid to Kill

About the year 1500 B. C. Moses issued a command, "Thou Shalt Not Kill," but in this twentieth century things have changed and we were startled to read a report from Detroit that the Police Commissioner had announced that policemen would be paid \$10 as a bonus for every criminal they killed in the act of committing a crime. The first two men to claim the \$10 were policemen Undermen and McAuley. Probably the negro these patrolmen killed might have been responsible for several deaths if he had not been dispatched, so there may be arguments in favor of this killing, but we cannot get over this commandment, Thou Shalt Not Kill.—Teeswater News.

Legal Slaughter Bonused

Our neighboring nation to the south seems to be wandering in a bloody wilderness of crime from which there is no escape. Things are getting worse, in spite of all efforts. It has now been announced by Police Commissioner Rutledge, of Detroit, that every policeman who slays a criminal caught in the commission of a crime will promptly receive a bonus of \$10. It is almost unbelievable that in this day and age these should be such retrogression to medieval barbarism. Such an offer of "blood money" is merely an invitation to policemen to shoot on the slightest pretense; it offers excellent camouflage for officers to settle old scores; it provides cover under which legally to commit a multitude of sins, and it has been demonstrated in court recently that law enforcement in Detroit is shot through with graft and corruption and rottenness.—London Free Press.

An Appreciated Service

We have heard some comment as to whether it was just the proper thing to invite travelling entertainers to assist in a Sunday service in a church. Some would hold up their hands in holy horror and protest. But why? There are men and women on the stage that live just as Christian and conscientious lives as those who follow other occupations. In the United Church on Sunday evening Messrs. Ross Hamilton, Jack Challis and Sid Jackson of the Dumbells, contributed of their talent. Who are these men? They are some of the men who took part in the holocaust from 1914 to 1918. They have seen death in all its horrors. They were some of the Canadian boys who returned. Clean-cut, gentlemanly and men who did their bit for the empire. We do not know or any reason why they should not be as welcome in a church choir as any other talented singer. They have records that will live after them and they showed the kind of men they were by service to their country. They are worth-while fellows.—Kincardine Review-Reporter.

Fifty Years of Service
The Ontario Agricultural and Experimental Union held its fiftieth annual convention at the Ontario Agricultural College this week. That is rather a ripe old age for an organization in Canada, whose history, in comparison with other countries is brief indeed.

The annual meeting of the Experimental Union is not an exciting affair. It is not the convention that keeps the organization alive. The secret of long life, in this case, is the service the Experimental Union has rendered to the Province of Ontario, and, in fact, to the whole of Canada. Small samples of seeds of new and improved varieties have been sent out each year. All over the Province growers have experimented with them and reported their findings. As an outcome of this experimental work, the whole province has been seeded to the best varieties and the best strains of all the leading farm crops. That in itself has meant millions of dollars to agriculture.

Usually an organization does not last long after its annual meeting becomes tame and publicity begins to wane; but the service rendered by the Experimental Union these fifty years has carried it on and on. There

Argosies of Magic Sails



"Bug" Bear was the first shipment to be handled by the Canadian Pacific Express Company over the Montreal-New York Airway. The general view is of the St. Hubert airport, Montreal, showing some of the planes engaged in air transport. Inset is a close up of one of the cabin monoplanes more generally used.

"For I dilt into the future, far as human eye could see,
Saw the vision of the world, and all the wonder that would be;
Saw the heavens filled with commerce, argosies of magic sails,
Pilots of the purple twilight, dropping down with costly bales;"

As he watched the very recent departure of the first airplane to take off on the regular daily express service between Toronto, Montreal and New York, T. E. McDonnell, president and general manager of the Canadian Pacific Express Company thought that in these times, Tennyson had envisioned the present age, when "winged messengers of peace and commerce cross the imaginary line unchallenged". T. E. McDonnell himself has a vision of the future when the "air mindedness" will have developed into an economic factor of tremendous proportions. To just what proportions the air express service will be developed immediately Mr. McDonnell would not commit himself, but "air transportation must be seriously taken into account if one would keep abreast of the times" he said. At present regular air express service is maintained by the Canadian Pacific between Rimouski, Quebec, Montreal, New York, Ottawa and Toronto in the east and Winnipeg and Calgary in the west, and these routes are very much appreciated and patronized.

The views of the president of the Canadian Pacific

at a time when air events and features are filling the columns of the daily press are not without interest. "Aviation as a factor in commercial transportation has arrived and henceforth must be reckoned with on that basis" Mr. Beatty recently stated. "We have watched its development with keen interest, and while it is not possible clearly to see just in what direction or how far progress may be effected in the near future, it has already taken its place as one of the major transport agencies. Whatever may happen in the distant future, it seems to me that at the present time there is little or no prospect of aviation assuming a serious competitive attitude towards present day modes of transport. It is rather as an auxiliary to function for some time to come. The Canadian Pacific has added has already-recognized this fact by the establishment in conjunction with the Government Mail service, of an air express service and upon the success of this service will hang future developments as far as this Company is concerned. In this connection, as throughout its history, the Canadian Pacific is doing a pioneer work in Canada. We are closely watching the development of aviation in the belief that Canada with its widely scattered centres of population offers a particularly promising field for its employment."

Air transport is, of course, faster than any other and although the dare deviltry of some reckless, stunting pilot resulting in injury and loss of life has earned front page prominence on occasion, it is safer than automobile transport.

"Argosies of magic sails" is not a distant vision.

is a lesson here for organizations everywhere. Service is the secret of long life and success. May the Agricultural and Experimental Union long continue.—Farmers' Advocate.

Mail Order Business Is on Decline

Mail Order houses are still a factor, but a diminishing factor in merchandising in this country. They are by no means the force they were five years ago. As a matter of fact most of the mail order houses of today are doing a lot more worrying about business than the average independent retail merchant. One large mail-order concern is only issuing one catalogue this year, where in previous years they have issued at least two catalogues. Their expenditures and operations in connection with these catalogues are being cut down to a very considerable extent.

With the improvement in retail stores throughout the country; with

good roads which enable the farmers to get into smaller towns and cities more often; with the more general use of the motor car, which enables the farmers, their wives and daughters to shop in the towns more frequently, the mail-order houses with their many disadvantages are feeling much keener competition. This is not alone the case in Canada, but in the United States.

There is another factor: A man from the country stated just a week or so ago that, as far as style goods are concerned, there seems to be a certain stigma connected with mail-order house goods. His point was that the average farmer's wife and daughter does not want her friends to know that she bought her hat, shoes, clothes, etc., from the mail-order house. They seem to take pride in going to some store with a reputation in the nearby village or town rather than to have their friends and neighbors say that their clothes, etc., have been purchased by mail. Very few of the women but what like to pick and choose what she is going to wear from actual stock rather than pictures in a mail-order catalogue, and she does not want her friends to know just what she paid for her articles of apparel. With articles of clothing and everyday necessities such as groceries eliminated from the field the mail-order company's prospects for business have materially lessened.—Canadian Grocer.

The aged negro clergyman announced solemnly from the pulpit: "Next Sabbath, dar will be a baptism in dis church, at half-pas' ten in de mornin'. Dis baptism will be of two adults an' six adulteresses."

South Grey Agricultural Society

ANNUAL MEETING

will be held in the
I.O.D.E. Rooms, Durham
West of Bank of Commerce

Fri., Jan. 18, at 2 P.M.

All are cordially invited

JAMES MATHER, Secy.

Rexall

STORE NEWS

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