recurs at certain intervals, runs its compare his conscience when he was

course and disappears, to come back a boy with his conscience as it is to-

COMMON SENSE RULES

Science may tell us, and does with a

good deal of positiveness that our

every 300,000,000 years, no more, and

ing us in matters of greater urgency

again after a certain period. About day.

every five years on this continent there

is an epidemic of flu, and every sixth

epidemic is a major calamity which

kills people by the thousand. In 1923

there was a flu epidemic, but the last

pandemic occurred in 1918. So those

of us who live through the compara-

cal science at the end of that period.

Infection Inevitable

can communicate flu germs to some-

Science Not Much Help

FOR FIGHTING FLU

In Other Communities

Taken From Our Exchanges About People of Your Acquaintance

Palmerston's Popular Penpusher

The editor has, particularly from one quarter, heard the charge levelled to propose in leap year? Here is the against him, that he thought it quite answer as given in a contemporary funny to publish a story at some one "It appears that in the year 1288 a else's expense, but never at the ex- statute was published by the Scotch pense of himself. The editor does not Parliament containing that during the believe this is fair criticism, for, up till reign of "Her Maist Blessit Majestic the present, he never thought any Margaret" every maiden of high and joke on himself worth while publish- low estate should have the liberty to

Today it is different, his name was fused to take her to be his wife she proposed at the nomination meeting should have the privilege of fining him on Monday night but there was no 100 pounds or less, according to his seconder. Apparently out of all those estate, unless he could make it appear present at the meeting, no one was that he was bethrothed to another wowilling to have his name associated man, in which case he would be free with this particular nomination. So to refuse. After the death of Margaret the editor can henceforth consider the women of Scotland became clamhimself the most unpopular man in orous for their privileges, and to appease them, another Act of Parlia-Palmerston.—Palmerston Spectator.

Jack Cannuck Comes Home

Jack Cannuck. "The Iron Pacer." after a long and successful track career has returned to his native farm on concession 16. Peel township. Nine and when released at the stable door ing caused this year. walked directly into his old stall and In Artemesia Township there is commenced eating the timothy hay slight reduction in sheep losses from just as though he had been away for \$1055.10 in 1927 to \$985.35 this year only a little exercise. He has been but the valuing fees were greatly regoing on the Dufferin Track, Toronto, duced from \$166.50 last year to \$62.75. until very recently.

While in Toronto Mr. Morrison sold in the sheep account of the Township. to Mr. C. Sandrelli of Sturgeon Falls | The sheep losses sustained from the pacer Charlie Cannuck and a full dogs running at large, is termendbrother Teddie, rising three years old. our and if dog owners would co-oper-Both are promising performers and ate and keep their wandering dogs at brought handsome figures.— Arthur home (or shoot them) the ratepayer Enterprise.

Car Hit Hydro Pole

Sammy Steinberg, of Chesley, was Flesherton Advance. badly shaken up and suffered a badly gashed head which required several stitches to close when he figured as week. The Hebrew fur buyer Chesley Enterprise.

Left For Sudbury

new duties at Sudbury. Dr. Lively has Telegram. enjoyed an excellent practice here for the past year and was a very capable doctor. He was also an athlete of no mean ability and a member of the trial. Flesherton Hockey Club and his valuable services will be much missed by the team this winter. Dr. Lively has out a word shot Mr. Rathburg?" sold his practice to Dr. J. E. Milne of Priceville, who has taken over his new duties and will move his family into town this week end .- Flesherton Ad- when the first shot was fired?" vance.

On his honeymoon: "Larry, my wife was fired?" and I have both noticed that the townspeople stare at us very hard. I hope you haven't been telling anybody that we are newly married?" Larry: "Me tell 'em, sir? Is it likely

o'id go agin your orders? Why, whinever anybody thryed to pump me, sir, o'ive told 'em you wasn't married at

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no less, but when it comes to inform-Why is it that ladies are permitted like influenza our science is dumb. speak to the man she liked. If he re-

The Dog Problem

fourth year.—Paisley Advocate.

ment allowed them to propose every

The menace of sheep being killed by dogs has not been abated to any great years ago he left Wellington County, extent in the township of Osprey and after being sold by Mr. J. Justin Mor- Artemesia. According to the financial rison. He had then a favorable re- statement used at the nominations on cord as a fast going pacer which he Monday the Township of Osprey acthas since greatly enhanced. He be- ually paid out in money to sheep owncame one of the best known racers in ers the sum of \$699 for sheep killed by the province. Mr. Morrison was in dogs, while \$49 was expended for the Toronto last week and again purchased valuing of the same, making a total his old favorite and had him shipped of \$748. In 1927 Osprey expended in to Arthur. Jack walked contentedly the same way \$228 for sheep and from Arthur over the old familiar \$27.25 for valuing same, slightly more road to the home of his "colthood" than three times the depredations be-

a total reduction this year of \$173.50

would have considerably more money in his pocket. A wandering dog is of no use to its owner or anyone else.-

The Duty of Jurors

The statement of the foreman of a the principal in a car accident last jury that he would never have brought may be noted more certainly than if with peanut butter or cheese also was in a verdict of murder had he known careening along at a good rate on the that the prisoner would be sentenced about the streets. Chesley-Hanover highway but after to be hanged indicates that the funccrossing the C. N. R. tracks about tion of a jury is not appreciated by the three miles north of Hanover, his car foreman or that he is not fit for jury evidently skidded in a rut and duty. At trials, jurors are sworn to Sammy's Ford coach hiked for the "a true verdict given according to the in street cars and are directly exposed, impart a flavor all its own. In almost ditch and crashed sideways into a evidence". The prisoner is charged and in theatres, movies, hotels, res- any recipe that calls for the use of hydro pole with sufficient force to with an offence. The evidence either taurants and other places where sugar, honey may be wholly or partialknock the latter slightly loose from substantiates the accusation to the people congregate it is almost impos- ly substituted and the palatability and its moorings. The driver was taken to satisfaction of the jury or fails to do sible to escape the germs when an food value of the produce increased by Hanover hospital where he is at present so. If the evidence substantiates the epidemic is on. It is quite probable so doing. a patient but expects to be brought charge, the jury is bound by its oath that a person who feels well today out any day now. The car was to return a verdict of guilty. With the brought back to Chesley for repairs .- consequences of the verdict, the jury is body else without knowing that he is not concerned. The penalty is a a source of distribution. The disease Dr. F. M. Lively has received an true verdict according to the evidence germs, therefore, is idle. It is best to member of the home. This is a very appointment to the Mond Nickle Co., is false to his oath and a menace to assume that our throats contain flu wide order, as tastes and requirements and left on Monday to take over his the administration of justice.—Toronto germs as well as some millions of other differ, and change continually from

Some Speed

Lawyer: "You say Mr. Anderson when death occurs it is as a rule the the home life. walked into the barber shop and, with- result of pneumonia or some other The home library that is most cher-

Jest like dat." Lawyer: "Rastus, where were you

Rastus: "Shinin' Rathburg's shoes." Lawyer: "And when the second shot Rastus: "Ovah cross de railroad, sneezing or snuffling.

undah a pile of cross-ties."

Teacher: "It made me very happy to mark G on your paper." Pupil: "Why didn't you give yourself a real treat by marking it E?"

The Chronicle.

Durham

OF STRATFORD

It will pay you to advertise in

eral rules:

to work when possible.

2. Take advantage of sunshine.

3. Sleep with windows open.

cups unless they are clean.

inside and outside. Eat wholesome food. Sleep at least seven hours.

Colds are Dangerous

a general recognition of the tremend- zines that contain reviews of books ous monetary losses created by what is worth having. Publishers are glad to called the common cold, but it is not send their catalogues to interested generally realized that the common people; through these you may locate cold is in itself a weakening ailment books that are worth while, books that and may easily reduce the system to a seem like old friends, as you go back point where germs of the flu and to them from time to time. other diseases can find easy ingress. In this way the farm library will Therefore it is the course of wisdom grow up with the family and contain to treat a common cold with some story books, biographies, poetry, histcare, if not apprehension. The best ory, books on religion, travel, invenway to cope with it is not to fight it tion and science. Among the books off on one's feet under the very com- on science those on agriculture will mon delusion that something plucky is have a convenient shelf by thembeing done. The place for a man with selves, for they are the invisible tools a troublesome cold is in bed. Only that lighten our every task in the there can the needful rest be obtained great workshop of farm life. and the bodily temperature maintained at the proper point. Of course, to give this advice may be like advising a man, waiting eagerly for a job at snow shovelling, to go to a warmer

climate for the sake of his delicate

Don't Worry

Most people are more or less tied to their jobs, and a feeling of self-interest, if not loyalty to their employers or associates, may make them reluctant to stay away from their work if it will have to be done by others. universe makes a complete rotation Nevertheless we suppose that most men would prefer to work double time rather than work beside an associate who is distributing some millious of flu germs about him every hour of the day, and we do not supis true that doctors treat cases of fin pose that many jobs, at least in peace successfully for it is not an incurable time, are worth more than the disease, but they are mostly fighting in health of the men who are toiling at the dark for nobody knows what the them. Worry is an invitation to the flu is. The germ has never been flu for it lowers the general power of identified. We do not know exactly resistance. It is quite possible to dehow it is spread nor do we know how velop the habit of not worrying and to stop it. Apparently the disease any adult who doubts it need only

HOW HONEY MAY BE USED

(Experimental Farms Note) Honey, once the world's only source major epidemic, which was indeed a of sugar, is still the best and purest of Nature's sweets. Not only is honey a sweet, but it is also a valuable tively mild invasions of the next twen- energy producing food, and as such, ty years may expect to see another deserves a place on the daily menu real battle between the flu and medi- of every Canadian home. It is especially good for children because it satisfies their natural craving for Perhaps by that time science may sweets and also supplies the necessary have won out, though the prospect is energy for their play or work.

not hopeful unless the discovery of Honey is the nectar of flowers, gathe bug comes by accident. After the thered and modified by the honey bee. scourge of 1918, commissions were ap- Approximately it consists of 85 per pointed and doctors pondered long and cent invert sugars, 18 per cent water. And he scorns all assistance but brings learnedly on the problem, consuming small quantities of mineral matter and in the process a good many hundreds volatile oils. Honey varies in color of thousands of dollars. It was ex- and flavor, according to its source, but pected that as other diseases had been all is of equal value as a sweet or conquered by science the flu, which in food. All Canadian honey granulates itself is not a fatal disease, could be sooner or later, depending upon the checked, but there has been no pro- proportions of the invert sugars pregress reported. All that doctors can sent. Unfortunately, granulation is do is to issue sound rules for avoiding often taken as a sign of adulteration; the germs, which after all are merely this, however, is not the case, as gransound rules for the general mainten- ulation indicates purity and does not ance of health, and when the epidemic in any way affect the quality of the comes treat it as best they can. Every- honey.

body knows that the disease is highly Honey may be used in many ways. infectious, and therefore the advisa- the most common way being as a bility of keeping away from the vic- spread or for dessert. Tons of honey tim is manifest. This explains the are now being used in the manufactwarnings against public meetings, and ure of bread, cakes, cookies, etc., and why in some parts of the United many a housewife has found that States, theatres and schools have been when honey is used instead of sugar closed. There are objections voiced to in the making of such articles, a better closing schools for it is argued that in flavor is produced, and that the prothe schools the children are under duct will keep fresh and moist for a strict supervision and incipient cases much longer period. Honey mixed the victims were at home or playing makes an excellent filling for sandwiches, and as a sweetener for cereals, fruit drinks, ice cream, etc., it is un-In large communities contact with surpassed. Honey can also be used other people who are carriers or vic- instead of sugar for preserving fruit tims is almost inescapable. We ride and in the making of candies, and will

THE FARM LIBRARY

(Experimental Farms Note) The farm library should provide inmatter for parliament, not for the develops two days after contact with a spiration, recreation and instruction to jury. A juror who refuses to give a carrier. To talk of avoiding the meet the growing needs of each germs, all waiting for a chance to childhood to maturity. The books that become active when the general health find a permanent place in the farm is lowered. Influenza itself is a weak- library should be individually owned Rastus was testifying in a murder ening rather than a fatal disease. It and treasured because they have supreduces resistance to other germs and plied some need in the development of

disease that has seized upon an im- ished is the one that is slowly built up Rastus: "Yas, suh. Bang, bang! paired vitality. Here are some gen- by getting a book at a time that really fills a need in life. We all know 1. Avoid needless crowding. Walk the place that a few treasured books have taken in our own lives. The characters in these formed our ideals they taught us how others have 4. Avoid people who are coughing, lived, loved, toiled, striven against odds that formed character, and de-5. Wash your hands before eating, veloped men and women honored not and do not put your fingers in your only in their day and generation but throughout all time. We know from 6. Do not use napkins, towels, the biographies of great men how spoons, forks, knives and drinking books helped turn their lives into paths that led to honor and distinc-7. Use plenty of clean water, both tion.

Librarians, who live among books can give you a great deal of assist-8. Keep away from houses with in- ance. Make friends of them, tell them your requirements, get them to 9. Avoid undue chilling of the body. give you the names and addresses of 10. Avoid dust and overheated reliable booksellers and publishers. Get them to show you how to make 11. In case you do contract the dis- the best use of the great loaning libease, go to bed as soon as symptoms raries, civic, provincial and federal. In develop and remain there until thor- this way you can frequently have a oughly recovered. Call a physician at chance to read a book before buying it. This is a great aid in choosing the right one for the farm library. It is only lately that there has come Librarians can, as well, suggest maga-

"Why is it that you have broken off your engagement, Alice?"

"Oh, my dear! He told me he was connected with the movies, and the very next day I saw him driving a furniture van."

And its flavour is the finest in the world.

ONLY A NEWSPAPER GUY

hall.

Take a seat 'mid the speakers and chat with them all, "Is this Murphy?" I ask, "that the crowd he defies?" 'No," says someone, "he's one of them

see a man pushing his way through "Morgan? Shucks! It's just one of Of the cops, where a fire brightly glitters and shines. 'Chief Kenlon?" I ask, but a fireman

newspaper guys.

"Oh, no, why, that's one of those newspaper guys."

crook, him to book.

Mr. Burns?" I enquire, someone scornfully cries-Burns' Naw, he's just one of them newspaper guys."

Where great throngs are blocked by a court ceremonial.

the sign S. R. O. "Is this Goodwin himself that no ticket

he buys?" "Well, hardly, he's one of the newspaper guys."

I see a man knock on a President's And the sign, No Admittance, completely ignore;

"Is this Morgan, that privacy's right he denies?" those newspaper guys."

And some day I'll walk by the great streets of gold And see a man enter unquestioned and bold.

"A saint?" I'll enquire, and old Peter'll see a man start on the trail of a "Well, I should say not, he's a news-

paper guy."

A KINGLY NOSE OF WAX

Basil I of Russia had a wax nose, his own having been severed by a sword. Unaware of this, the German ambassee a man walk through the doors of sador and his suite were once terrified at seeing Basil's nose drop off during

Clearance

A great many broken lines to clear at Greatly Reduced Prices

Pure Linen Table Cloths, regular price \$1.50 for\$1.29 Pure Silk Hose, regular price pair \$1.50 for \$1.25 Handkerchiefs to clear at 20% off regular price. Ladies' Underwear, several lines, regular

price \$1.00 and \$1.10 per garment, to clear at\$.75 Flannelette Blankets, per pair 1.89 Striped Flannelette, regular 25c. per yard on sale, 5 yards for 1.00 Men's Caps, regular up to \$1.25, to clear at .89

Our entire stock of Rubbers to clear at greatly reduced prices. These include 12- and 15-inch leather tops; one and four buckle overshies low laced rubbers and over rubbers.

COME IN AND SEE FOR YOURSELF

We must clear these goods out to make room for new Spring goods which will arrive shortly.

A. A. ALJOE

Durham



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CLIGHT colds are not, generally, dangerous in themselves but most often are signals of more serious illness not to be lightly regarded. We have many very highly endorsed cures, cold tablets and cough medicines that will stop that cold NOW and avert further sickness.

When recovering from "Flu" take WAMPOLE'S TASTELESS COD LIVER EXTRACT

We have it in several sizes.

MacBeth's Drug Store

Come in Dear Olita:

At

Your letter I of appreciation thanks. I am that will be of interests.

This time I sis of a story of a man who i Canada and w CANADA' Dr. Se When we sper

those in honore thority. When Wheeler as Can think of a far mented and wo taken many pri ternational. In obtained from D the Dominion Ottawa five p Marquis wheat his farm at north of Saskat From that plant of 250 pounds sheaves which kept for exhibiti should contain grain each. Th Mr. Wheeler ob land 155 feet lor A bushel of wh York Land Show ed the prize of then he has wor Marquis wheat

of the wheats of Mr. Wheeler I failure, but was and 1916. Good age are two thir success. After work on the land is now a celebr plain, unassumin edly devoted to t agriculture produ ever to learn. of observation ar tinction.

On Mr. Wheele three hundred va in his nursery p of which original

> South (Agricul Society

ANNUAL

will be h I.O.D.E. Ra West of Ban

All are cord

JAMES

VAPUR Kills Flu

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50c. WAMPOL KOLD-EA

Inhalen

IODIZE THROAT TA

> Sore Thre 50 for 2 GARGI

McF PHO Every