

The Canadian Gardener

By Charles H. Chesley
ARTICLE X

Canning Drying and Storing of Vegetables

Much of the actual value of the home garden lies in the fact that we are able to can, dry and store vegetables for winter use, and thus prolong the period when we are allowed to enjoy these products.

First we will consider the question of canning. Our grandmothers knew something about the various methods but it has remained for the present generation to perfect the idea of preserving vegetables by the cold-pack method.

For the best quality of canned goods, all products should be gathered at exactly the right stage of growth and should be fresh from the garden. It is not generally known that sweet corn passes through a chemical change, shortly after being gathered, which subtracts a good deal from its table value.

The older people knew how to dry vegetables in ways that would cause them to keep for long periods. Considerable experimentation in drying has been done, but this is not a method which the average home gardener will care to use extensively.

Angel Food Cake—Whites of nine large fresh eggs, one and one-half cups sugar, one cup flour, one-half teaspoon cream of tartar, pinch of salt, added to eggs before beating.

Today's Recipes
Chili Con Carne—Use in the proportions following: One pound hamburger steak, one onion chopped fine.

Angel Food Cake—Whites of nine large fresh eggs, one and one-half cups sugar, one cup flour, one-half teaspoon cream of tartar, pinch of salt, added to eggs before beating.

SUGGESTIONS
Prevents Mold
To prevent cut ham from becoming moldy, hang in a cool place in a washable bag.

Paper Back
In framing pictures at home, a good weight of wrapping paper should be tightly glued to the back of the frame.

Very Pertinent
An American gentleman in dear old London was bragging about his car.

Squashes and pumpkins keep best in a room where the temperature remains about fifty degrees F.

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Fashion Fancies

English Print Makes a Delightful One-Piece Frock



English print, with gay greens and blues and yellows on an ivory background, is the material shown for the frock shown above.

The simplicity and youthfulness of the design is eminently suited to the material used. The yoke, which extends into a bow with streamers at the front, is smartly matched by the inset belt, which follows the same treatment.

With this is worn a slightly scooped leghorn hat, banded in ivory and red grosgrain ribbon.

purpose. These products may also be dried and will keep in excellent condition and flavor.

Onions should be kept in a dry room where the temperature does not fall below freezing. Cabbage will keep in a cool cellar, even though the outermost leaves of the head rot.

HOUSEHOLD HINTS

MENU HINT

This is the most delightful time of all the year to entertain. There are so many garden flowers with which to decorate, and so many good things to eat in the markets, that a menu may be easily planned.

Chili Con Carne on Toast
Radish Roses
Creamed Green Peas

Head Lettuce with Thousand Island Dressing
Strawberries and Cream
Angel Food Coffee

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Confederation and After—Sixty Years of Progress

CANADA'S FIRST PREMIER

Sir John A. Macdonald, the "chief architect" of Confederation, is properly admired for his shrewdness, his broad vision, and his marvellous capacity for leadership.

Ready in compromise, nimble in political strategy, our first premier was far more than an able parliamentarian; he was a statesman to whose foresight Canada owes such enduring benefits such as the purchase of the West from the Hudson's Bay Company; the building of the Canadian Pacific Railway that opened the prairies for settlement, and brought British Columbia into the Union; and the adoption of a tariff policy which all succeeding governments have continued, with necessary modifications, to this day.

Above all, his career illustrates the importance in the interests of general harmony of making concessions to divergent elements and minorities that might otherwise become insurgent.

Born in Glasgow in 1815 he migrated with his family in 1820 to Upper Canada where they settled at Kingston. He was educated at the Royal Grammar School, which he left at the age of fifteen to enter a law office; and was called to the bar at the age of twenty-one.

On hundreds and hundreds of miles, north, south, east, and west, the Quebec country shows with pride the "habitant", everywhere recognized by certain essential characteristics, practising the same farming methods, possessing about the same amount of wealth, the same independence, the same large families, the same cordiality and gaiety, the same spirit of hospitality, speaking the same language of France and remaining faithful to his Roman Catholic belief.

Quebec is the oldest, the most picturesque and the largest of all the provinces of the Canadian Confederation, the sixtieth anniversary of which will be celebrated in a few days. Here Nature spent lavishly its treasures.

WHEAT POOLS
Canadians should enter the Diamond Jubilee year of Confederation conscious that after sixty years of effort, and although as far as population is concerned, a comparatively insignificant people, they have won the crown of leadership in many important spheres of activity.

This is particularly true of co-operative marketing. In the prairie provinces there is now being worked out the greatest co-operative experiment that has ever been attempted.

While his opportunism and his conviviality have been held against him, impartial historians agree that Canada could not have been happier in her first premier, since Sir John A. Macdonald combined the wise vision, that knew how to build well for the future, with a strong hand, that held discordant elements together in the embryonic nation, until natural fusion might take place.

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PRICILLA CLOTH

In Ten Patterns

This is a new cloth and a real bargain at per yard 25c.

Boys' and Men's Oxfords in Black and Tan.

A full line of Kiddies' Shoes just in.

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Men's Khaki Pants Men's Cottonade Pants

Peabody's Overalls and Smocks in all sizes.

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(Successor to C. L. Grant)

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Durham, Ontario

amongst the most frequented in America.

Quebec's area covers 703,653 square miles. About half of this area, of 351,780 square miles, belonged to the Ungava Territory annexed in 1912.

Modern physiography takes into account the influence of the characteristics of a country on its civilization. The physical aspect of this province is very diversified; mountains, hills, valleys, prairies, lakes and rivers abound in every direction.

The St. Lawrence river is 2,339 miles long, most of it being in the Province of Quebec. This province is also very wealthy in mineral and forestry products, but it is also proud of its past and of its French origin, remaining at the same time very cordial towards all the different races.

Its vast territory has hardly been touched, about half its population is rural; industries expand very rapidly. Quebec is the second province of the Dominion from the manufacturing viewpoint; lumber is its main industry, together with pulp and paper. Textile industry is next.

The area and variety of fertile lands, prosperous cities, natural wealth, forests, water-powers just in the process of being tamed and representing millions of potential horse-powers, all these exceptional advantages constitute, for the Province of Quebec, the promise of a bright future.

This land was first discovered by Jacques Cartier, in 1534, this distinguished Captain taking possession of the country in the name of France, in erecting a cross bearing the coat-of-arms of his own country on the shores of the Bay of Gaspé.

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Quebec is the province of historical monuments; its annals are full of great deeds which have a great appeal for visitors of every country in the world, and as for the population of all the other provinces of the Dominion.

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YOUNG WOMEN SUFFER MOST

These Two Found Relief by Taking Lydia E. Pinkham's Vegetable Compound



Ayer's Cliff, Quebec. "I have been teaching for three years, and at the end of the year I always feel tired and have no appetite. I was a wful sick each month, too, having pains in my back until sometimes I was obliged to stop working. A friend recommended Lydia E. Pinkham's Vegetable Compound to me and I heard many women telling how good it was so I thought it would help me. And it did. Now I take six bottles every year and recommend it to others." — DONALDA FANTEUX, Ayer's Cliff, Quebec.

"Unable to Work"

Canning, Nova Scotia. "I had irregular periods and great suffering at those times, the pains causing vomiting and fainting. I was teaching school and often for some hours I would be unable to attend to my work. Through an advertisement in the papers I knew of Lydia E. Pinkham's Vegetable Compound, and it has been of great benefit to me, the troubles being completely relieved." — LAURA J. EATON, Canning, King's County, Nova Scotia.

Little May had been listening to some conversation between her anatomologist father and mother. The subject was black fleas.

"What about the white fleas, daddy?" she asked.

"White fleas? I don't think there are any in this country."

"Oh yes, there are white fleas," insisted May. "Don't you remember Mary had a little lamb, its fleece were white as snow?"

"Sir," wrote the indignant father to the schoolmaster, "you mustn't whack my Tommy. He isn't used to it. I never hit him at home except in self-defence."

magnitude of the new venture may be imagined.

Impelled by the discontent and dissatisfaction of the prairie farmers, it has been thrust up through the strata of the business world with the uncontrollable force of a volcano. The effects of the eruption upon organized business, particularly the grain business, already have been profound and have not yet been felt to the full.

Few people in eastern Canada realize the importance of the western crop in the business life of the Dominion. Every harvest brings a wheat crop varying from 350,000,000 bushels to 475,000,000 of which less than 35,000,000 bushels are produced in eastern Canada. The crop in 1926 was 409,000,000 bushels. Home market requirements for food and seed do not exceed 80,000,000 bushels, leaving a vast surplus for export. The year the United States, China and Japan, and European countries, will pay us \$500,000,000 for our grain.

This enormous amount of money will fall—like a golden Niagara—into the business reservoir of Canada, to flow out through countless irrigation channels and renew the vitality of a thousand industries.

The idea of co-operative grain marketing germinated on the prairies during the years of agricultural depression following the slump of 1921. The object was to gain for the producers the profits now reaped by the middlemen. The first pool was formed in 1923 and before the close of 1924, pools had been organized in all three prairie provinces. A central selling agency was formed so that the pools would function in foreign markets without competing. So great has been the response that by the close of 1926 more than one-half of the prairie grain crop was under control of the pools.

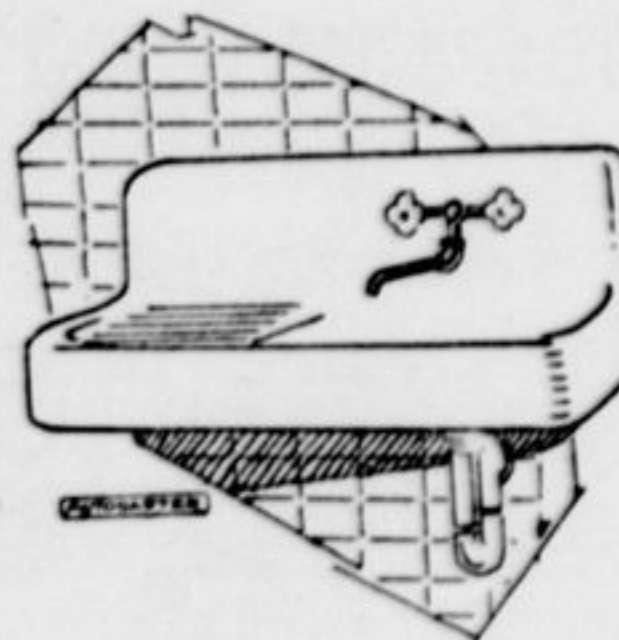
These co-operative organizations have received marked assistance from the Federal Parliament and are now fighting it out with private enterprise for sovereign control of the Canadian grain crop.

To err is human but there are other excuses for making mistakes.

Skirt used to be a common noun, but now it is an abbreviation.

The more dollars or women you get together the louder they talk.

A Step Saver



"Step-Savers" is the name our customers have given this new hot-cold one-faucet kitchen sink with one piece drain board and bowl in best grade white enamel. Running water to the kitchen reduces woman's work at least one-half—and every husband owes it to his wife to give her this now accepted necessity.

Our prices on equipment are low and cost of installation is purely on a time basis which amounts to very little. Step into our shop some day soon and allow us to estimate on a job for you.

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Durham, Ont.