By Charles H. Chesley

ARTICLE X

Canning Drying and Storing of

Vegetables

Much of the actual value of the

home garden lies in the fact that

we are able to can, dry and store

vegetables for winter use, and thus

prolong the period when we are

allowed to enjoy these products.

The good garden, and that is the

kind we are talking about, should

supply something for the table

practically every day in the year.

This is made possible through can-

ning and drying. Cellar or pit-

stored roots will keep through the

First we will consider the ques-

tion of canning. Our grandmothers

knew something about the various

methods but it has remained for

the present generation to perfect

the idea of preserving vegetables

by the cold-pack method. Everyone

who has a garden should get a

bulletin, the Government offers

them for free distribution, and

learn how to can by this method.

Briefly, it consists of packing the

fresh vegetables in the cans and

cooking or processing them for

various periods of time. It is im-

practical to mention here the times

required for the many products

which may be canned. The bulletin

from the Government will tell you

all about that. It may be stated

that green peas, beans, both snap

dreds of cans of delicious canned

and preserved vegetables on the

goods, all products should be ga-

growth and should be fresh from

the garden. It is not generally

through a chemical change, shortly

after being gathered, which sub-

tracts a good deal from its table

value. When you are compelled to

naturally you will not be able to

get it before this change takes

place. When you get ready to

from the stalks and put them up at

once. Fresh products of all kinds

are better than those that have

been off the vines for some time.

The usual method of canning veg-

etables for home use is by the use

of glass jars. Tin cans may be

average man and woman. Drying

may be done in the sunshine or by

artificial heat. It is not difficult to

construct a drying rack, to be plac-

ed upon, or hung above the kitchen

range. Small quantities of products

may be dried in this way. All

kinds of vegetable products may

be dried, but sweet corn and sliced

root crops are two that should be

especially considered. Before cut-

ting the corn from the ears, it

should be processed in boiling wa-

carrets, beets, cabbages and other

A cool cellar, such as is found

under many farm houses and homes

from softening. Firm products are

desirable. Another way to keep

and the hole filled with earth.

Where large quantities of products

used if prefered.

and shell varieties, sweet corn, all

winter and well into spring.

These Two Found Relief by

Taking Lydia E. Pinkham's

Vegetable Compound

been teaching for three years, and

and I heard many women telling how

good it was so I thought it would help

me. And it did. Now I take six

bottles every year and recommend it to others." — DONALDA FANTEUX,

"Unable to Work"

regular periods and great suffering

at those times, the pains causing

vomiting and fainting. I was teach-

ing school and often for some hours

I would be unable to attend to my

work. Through an advertisement in

the papers I knew of Lydia E. Pink-

ham's Vegetable Compound, and it

has been of great benefit to me, the

troubles being completely relieved."

-LAURA J. EATON, Canning, King's

Little May had been listening to

some conversation between her entomologist father and mother. The

Canning, Nova Scotia.-"I had ir-

Ayer's Cliff, Quebec.

County, Nova Scotia.

Ayer's Cliff, Quebec. - "I have

at the end of the

year I always feel

tired and have no

appetite. I was

awful sick each

month.too.having

pains in my back

until sometimes l

was oblged to stop

working. A friend

recommended

Lydia E. Pink-

ham's Vegetable

Compound to me

me 2, 1927

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Have er or milk with

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well worthy of powers that RSON CHARGE f Mono Centre, attempting to

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temperature but not let them actu- boy, you can't see it!" remains about fifty degrees F. A there?" furnace-heated house is excellent

The Canadian Gardener

English Print Makes a Delightful One-Piece Frock



tically everything grown in the for the frock shown above.

tomatoes, cucumbers and other streamers at the front, is smartly trait more evident than his dip- bright future. garden products. For recipes of matched by the inset belt, which lomatic winning of Howe, by offer This land was first discovered by

this kind, look in the home and follows the same treatment. farm papers during the summer With this is worn a slightly sionist agitation in the Maritimes. | tinguished Captain taking possesand fall. I know of farm wives and scoopy leghorn hat, banded in ivory home gardeners who have hun- and red grosgrain ribbon.

can this year, get the ears right box.

HOUSEHOLD HINTS

MENU HINT

This is the most delightful time of all the year to entertain. There The older people knew how to are so many garden flowers with dry vegetables in ways that would which to decorate, and so many good cause them to keep for long per- things to eat in the markets, that a iods. Considerable experimentation menu may be easily planned. Eggs in drying has been done, but this are cheap so the hostess feels she is not a method which the average may use a good many in making home gardener will care to use ex- her cake, and strawberries and tensively. However, it may be fresh pineapple are ideal in fruit stated that a number of products cup or dessert. Suppose instead of may be kept by this method for use having a meat and potato dish we for a few months immediately fol- have chili con carne on toast for vision, that knew how to build well important spheres of activity. In lowing the season of green veget- the heavy part of the meal, and arables. If kept longer the product range the menu around it.

> in Fruit Cup Chili Con Carne on Toast Radish Roses Creamed Green Peas Head Lettuce with Thousand Island Dressing Strawberries and Cream

Angel Food

Today's Recipes duct in retaining its color. Turnips, toast.

vegetables may be dried and kept | Angel Food Cake-Whites of nine for some time. They should be large fresh eggs, one and one-half sliced or stripped into thin pieces cups sugar, one cup flour, one-half to assist in drying. After drying, teaspoon cream of tartar, pinch of heat to a high temperature, as high salt, added to eggs before beating. as they will stand without scorch- Measure, sift the flour and sugar ing, for the purpose of destroying and set aside. Beat whites about insect eggs which may have been one-half, then add cream of tartar laid by flying creatures. Store the and beat stiff, then add gradually dried products in waxed paper bags the flour, vanilla and a very little or in tin and glass jars that are almond extract. Bake fifty minreasonably tight. Dried vegetables utes, put basin of hot water in oven are particularly useful for soups while cake is baking. The oven and stews. Celery stalks and sprays must be very slow. Frost when of parsley may be dried for winter cold.

SUGGESTIONS

Prevents Mold will be found useful for storing the To prevent cut ham from becomroot crops. In order to keep them ing moldy, hang in a cool place in in the best possible condition, they a washable bag. Wipe off the cut should be packed in dry or slightly part with a cloth wrung from vinemoist sand. This prevents them gar.

Paper Back

roots is by storing them in a pit. In framing pictures at home, a This is done by making an excava- good weight of wrapping paper tion in the side of a sandy hill and should be tightly glued to the back dumping in the roots. A covering of the frame. This keeps out the of straw is then placed over them moisture and dust from the picture.

Very Pertinent

are raised and kept for stock An American gentleman in dear feeding or winter sale, they may be old London was bragging about stored in a trench, and supplies taken from one end when needed. declaring: "It runs so smoothly you Cabbage may also be kept in this can't feel it; so quietly you can't way. The idea is to keep the pro- hear it; has such perfect ignition ducts near the freezing point in you can't smell it— and as for speed

"But, my word, old dear," inter-Squashes and pumpkins keep best rupted the Briton, anxiously, "how in a room where the temperature do you know the bally thing is

and an upstairs room serves the Read the Classified Ads. on Page 7

Fashion Fancies | Confederation and After-

CANADA'S FIRST PREMIER

architect" of Confederation, is properly admired for his shrewdness,

opened the prairies for settlement, tions of modern lfe.

sions to divergent elements and pulp and paper. Textile industry is minorities that might otherwise next. of better terms, quelled the seces- Jacques Cartier, in 1534, this dis-

at Kingston. He was educated at on the shores of the Bay of Gaspe. cellar shelves every fall. Surely purpose. These products may also the Royal Grammar School, which Until 1763, this part of the country such a collection detracts from the be dried and will keep in excellent he left at the age of fifteen to enter was known under the name of New but now it is an abbreviation. cost of high living very materially. condition and flavor. Onions should a law office; and was called to the France; from 1841 to 1867, it was For the best quality of canned be kept in a dry room where the bar at the age of twenty-one. After called Lower Canada, and since temperature does not fall below eight years of practice, he was Confederation, in 1867, its name is get together the louder they talk. cept in self-defence. thered at exactly the right stage of freezing. Cabbage will keep in a elected to the Legislative Assembly Quebec. cool cellar, even though the outer- of Canada in 1844, and continued to On hundreds and hundreds of most leaves of the head rot. The in- represent Kingston in parliament miles, north, south, east, and west side remains suitable for food until his death in 1891. His first the Quebec country shows with until rot reaches the center. Celery term of office was in 1847-48 as pride the "habitant", everywhere should be set in boxes of earth and Receiver-General in the Draper ad- recognized by certain essential kept in a cool dark place, where ministration. By 1857 he had be- characteristics, practising the same the stalks will blanch to edible come Prime Minister in the Mac- farming methods, possessing about whitness. Plants of lettuce and donald-Cartier ministry. On the the same amount of wealth, the buy this product in the market, parsley may be kept for some time defeat of the Tache-Macdonald same independence, the same large after cold weather comes on by administration in 1864, he was a families, the same cordiality and taking them up and setting in a prime mover in the formation of gayety, the same spirit of hospitalcold frame, or even in a window the "Great Coalition" designed to ity, speaking the same language of federation; and after the resigna- his Roman Catholic belief. tion of George Brown in 1865, Mac- Quebec is the province of histordonald was the chief figure in the ical monuments; its annals are full discussions and bringing into force of great deeds which have a great of the British North America Act, appeal for visitors of every country Therefore, at the inauguration of ected to be the first premier; and Dominion. by force of his genius he held the position, with the exception of Mackenzie's five years of office,

acquires a taste not palatable to the Pineapple, Orange and Grapefruit gether in the embryo nation, until upon her. natural fusion imght take place.

THE STORY OF QUEBEC

Chili Con Carne-Use in the pro- admire its landscapes, this portion 1927 it will handle more than 200,portions following: One pound ham- of Canada will make a strong appeal | 000,000 bushels of grain involving burg steak, one onion chopped fine. to your imagination; at the econom \$275,000,000. If it is recalled that ter from three to five minutes to Brown in skillet and add one can ic point of view, its natural re- the gross income of the Canadian set the milk. In vegetables, two red kidney beans, one pint tomatoes, sources are immense and offer Pacific Railway in 1925 was less minutes of processing is sufficient. salt, pepper and paprika. Cook great advantages to industries; its than \$200,000,000 and that of the This is done to help the dried pro- slowly for one hour and serve on trade ranks near the top; its har- Canadian National Railway less

amongst the most frequented in Am- magnitude of the new venture may

Sixty Years of Progress area, of 351,780 square miles, belong- ers, it has been thrust up through Quebec is more than three times the a volcano. The effects of the erup-

his broad vision, and his marvellous account the influence of the char- not yet been felt to the full. capacity for leadership. He was acteristics of a country on its civi- Few people in eastern Canada loved for his wit, his generosity, lization. The physical aspect of realize the importance of the westand all his warmly human charac- this province is very diversified; ern crop in the business life of the teristics. He stood for a united mountains, hills, valleys, prairies, Dominion. Every harvest brings a Canada,, the British connection, and lakes and rivers abound in every wheat crop varying from 350,000,000 a respect for law that ensued order direction. There are more than 185 bushels to 475,000,000 of which less at a stage of the country's develop- rivers, the St. Lawrence and its tri- than 35,000,000 bushels are producment when lawlessness might easily butaries forming a mass of running ed in eastern Canada. The crop in have been the rule. Though he had water almost unique in the world. 1926 was 409,000,000 bushels. Home

great ability for affairs, he served The St. Lawrence river is 2,339 market requirements for food and the land he loved through a long miles long, most of it being in the seed do not exceed 80,000,000 bushlife with so little thought of per- Province of Quebec. This province els, leaving a vast surplus for exsonal profit that in old age he was is also very wealthy in mineral port. The year the United States, and forestry products, but it is al- China and Japan, and European Ready in compromise, nimble in so proud of its past and of its countries, will pay us \$500,000,000 political strategy, our first premier French origin, remaining at the for our grain. was far more than an able parlia- same time very cordial towards all This enormous amount of money mentarian; he was a statesman to the different races. Its population will fall-like a golden Niagarawhose foresight Canada owes such guard jealously the memory of their into the business reservoir of Canenduring benefits such as the pur- discoverers, the founders of their ada, to flow out through countless chase of the West from the Hud- cities. their pioneers, their irrigation channels and renew the son's Bay Company; the building of martyrs, their heroes and maintain vitality of a thousand industries. the Canadian Pacific Railway that their traditions under the condi- The idea of co-operative grain

tariff policy which all succeeding touched, about half its population governments have continued, with is rural; industries expand very slump of 1921. The object was to Above all, his career illustrates the importance in the interests of general harmony of making concessions to divergent elements. Quebec is the second profile industry, together with before the close of 1924, pools had been organized in all three profiles. necessary modifications, to this day, rapidly. Quebec is the second pro-

English print, with gay greens become insurgent. Thus early he The area and variety of fertile the root crops, the vegetables used and blues and yellows on an ivory learned that "you cannot rule Can- lands, prosperous cities, natural for boiling greens, and in fact prac- background, is the material shown ada without the French," and wealth, forests, water-powers just the response that by the close of though an Orangeman he always in the process of being tamed and 1926 more than one-half of the complete garden, can be preserved. The simplicity and youthfulness considered. Quebec's needs to representing millions of potential by this method. There are also of the design is eminently suited the extent that he always had supmany kinds of pickles and pre- to the material used. The yoke, port from there, and sometimes his advantages constitute, for the Proserves which may be made from which extends into a bow with chief support. Never was this vince of Quebec, the promise of a

Born in Glasgow in 1815 he mi- sion of the country in the name of the Canadian grain crop. grated with his family in 1820 to France, in erecting a cross bearing Upper Canada, where they settled the coat-of-arms of his own country other excuses for making mistakes.

carry through the plans for Con- France and remaining faithful to

Therefore, at the inauguration of the world, and as for the populathis Dominion in 1867, he was seltion of all the other provinces of the

WHEAT POOLS

Canadians should enter the Diamond Jubilee year of Confederation While his opportunism and his conscious that after sixty years of conviviality have been held against effort, and although as far as popuhim, impartial historians agree that lation is concerned, a comparatively Canada could not have been happier insignificant people, they have won in her first premier, since Sir John the crown of leadership in many vision, that knew how to build well several fields of human endeavour for the future, with a strong hand, Canada today is making history and that held discordant elements to- the eyes of the civilized world are

This is particualrly true of cooperative marketing. In the prairie provinces there is now being work-Quebec is the oldest, the most ed out the greatest co-operatve expicturesque and the largest of all periment that has ever been atthe provinces of the Canadian Con- tempted. One hundred thousand federation, the sixtieth anniversary farmers have pledged their allof which will be celebrated in a for that is what it amounts to-in few days. Here Nature spent la- order to create a giant co-operative vishly its treasures. If you come to grain marketing organization. In bours are well equipped and than \$250,000,000 something of the

be imagined.

Quebec's area covers 703,653 Impelled by the discontent and square miles. About half of this dissatisfaction of the prairie farmed to the Ungava Territory annex- the strata of the business world ed in 1912. The actual area of Old with the uncontrollable force of Sir John A. Macdonald, the "chief also three times the area of France and of Germany and tion upon organized business, paralso three times the area of Spain. | ticularly the grain business, al-Modern physiography takes into ready have been profound and have

marketing germinated on the the Union; and the adoption of a lits vast territory has hardly been prairies during the years of agrigain for the producers the profits provinces. A central selling agency was formed so that the pools would function in foreign markets without competing. So great has been

These co-operative organizations have received marked assistance from the Federal Parliament and are now fighting it out with private enterprise for soverign control of

To err is human but there are

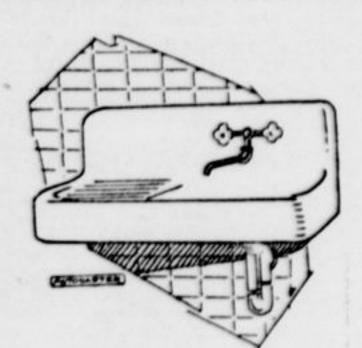
Skirt used to be a common noun,

subject was black fleas. "What about the white fleas, daddy?" she asked. "White fleas? I don't think there

are any in this country. "Oh yes, there are white fleas," insisted May, "Don't you remember 'Mary had a little lamb, its fleece were white as snow.'9

"Sir," wrote the indignant father to the schoolmaster, "you mustn't whack my Tommy. He isn't used The more dollars or women you to it. I never hit him at home ex-

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