

For The Quiet Hour

O for a closer walk with God,
A calm and heavenly frame,
A light to shine upon the road
That leads me to the Lamb!

—William Cowper.

'Tis the weakness in strength, that I cry for! my flesh that I seek
In the Godhead! I seek and I find it. O Saul, it shall be
A Face like my face that receives thee, a Man like to me,
Thou shalt love and be loved by, forever; a Hand like this hand
Shall throw open the gates of new life to thee! See the Christ
stand!

—Browning's Saul.

HOW CAN THAT BE CHRIST? THOUGHT I. SO SIMPLE,
so very simple a man! It is impossible! I turned; but
I had hardly turned my gaze from this plain man than it
seemed again as though Christ stood beside me. Once more
I forced myself. I saw the same face, like all human faces,
the same common, though unknown features. Suddenly my
heart sank, and I came to myself. Now I realized that just
such a face—a face like all human faces—is the face of
Christ!—TURGENEF, Poems in Prose.

THE VALUE WHICH PRAYER MAY HAVE IN MY LIFE
rests with me. If I wish my friend in New York to talk with
me over the telephone, I must take down the receiver, put
it to my ear, and listen. He may be ever so willing and ready
to talk, but he cannot talk to me until I do my part. In prayer
we not only want God to hear from us; we want to hear from
him. Prayer is the act of taking down the receiver.

I believe in prayer for three reasons.
First, because I believe in God.
He can hear. He can make reply. His character is such
that he will want to help those who appeal to him. A cold,
selfish, indifferent God would not be God. He works within
me, helping me to help myself and to help others.

I believe in prayer because I believe in the testimony of
the best people I have ever known.
My personal life, my home and the various activities in
which I have engaged, have been so blessed and enriched as
the result of prayer that I count it the highest asset of my
life.

I believe in prayer because Jesus Christ believed in
prayer.
If he were not the Son of God, but simply the best man
that ever lived, it would still be significant that he prayed.
Humanity at its best prays. He saw life steadily, and saw it
whole. He was too sane and too sincere to do anything foolish
or futile. He had more to say about prayer than any one
whose records are recorded in the Bible. He left one prayer
so beautiful, so comprehensive, so satisfying, that it has been
taken up all over the world.—Dean Charles R. Brown.

ALL MY LIFE I HAVE BEEN AFTER BIG SINNERS. I
find them in the Gospels. When Lazarus was raised from the
dead, the people came not to see Jesus, but Lazarus. I am
going for a Lazarus if God will give him to me. Who is the
worst man in this place? That is the first man I am going
for.

A friend was telling me that once he said to his people:
"Shall we all next week go to the worst man or woman
we can find, and tell them about Jesus?"
Half a dozen of them agreed, but the others had not pluck
enough. When the parson got home, he said:
"I'll have to take this thing up myself. I don't know the
bad people. I'll have to go out and enquire."
He saw a man at a street corner, and said to him: "Are
you the worst man in this district?"
"No, I'm not!"
"Would you mind telling me who is?"
"I don't mind. You'll find him at No. 7, down that street."
He went to No. 7, knocked at the door and went in, and
said: "I'm looking for the worst man in my district. They
tell me you're about the worst man."
"Whoever told you that? Fetch him here, and I'll show
him who's the worst man!"
"Then you do not think you are the worst man?"
"No, there are lots worse than me."
"Who is the worst man you know? I'm after the worst
man. I've got something to tell him."
"Everybody knows him; he is living in that court; he's the
worst man."
My friend knocked at the door and a surly voice said
"Come in!"
They were busy finishing a meal. The wife cleared the
things up. My friend said:
"I hope you'll excuse me, but I'm minister of the chapel
up there. I'm looking for the worst man in my parish, because
I've got something to tell him. Are you the worst man? If
not I don't want you, but if so I've got something to say to you."
The man turned to his wife and said: "Lass, tell him
what I said only five minutes before he came in!"
No, tell him yourself!"
"What were you saying?"
"I've been drinking for twelve weeks. I've had the D.T.'s,
and have got rid of everything in my house worth parting with,
and I said to my wife not five minutes before you came in,
I'm the very worst man. What have you got to say to me?"
"I'm here to tell you that if you are the worst man Jesus
Christ is the greatest Saviour and he can make out of the worst
man one of the best. That I know, because he did it for me?"
D'you think he can do it for me?"
I'm sure he can. Jesus will save you. Now get down on
your knees."
They prayed, and the man got gloriously saved, and he is
shining radiantly and bringing other drunken people to the
Lord Jesus Christ.
The minister took up his cross and found that the Holy
Ghost had been ahead of him. You will always find that.

South Grey Prize List

- Field Grains
Fall Wheat, white—J. McGirr, J.C. Hamilton, W.J. Ritchie, Red—D. Robinson, G. Ritchie, Spring Wheat—R. Ramage, Oats, short white—W. G. Blyth, G. Ritchie, Long White—J. & W. Mather, W.J. Ritchie, R. Ramage, Barley, 6-rowed—W.J. Ritchie, J. McGirr, T. Bell, Peas—R. Ramage, Ensilage Corn—Mrs. S. Patterson, White Beans—Mrs. T. Petty, Coll. Fd. Grains—R. Ramage, Sheaf Oats, from prize winning fields—J.W. Mather, A. Grierson, M. Barber, Stalks Ensilage Corn—J.C. Hamilton, Mrs. S. Patterson, Sorghum—A. Herd, R. Ramage.
—Judges—J. McGowan, J. Moffat.
Field Roots
Potatoes, white—Mrs. Paterson, Mrs. Petty, A. Park, Swede Turnips—Mrs. Paterson, J.W. Mather, Turnips, any other—Mrs. Patterson, Mangold, int.—Mrs. Patterson, J. & W. Mather, Any other—Mrs. Patterson, J.W. Mather, Field Carrots—Mrs. Patterson, G. Ritchie, Sugar Mangolds—Mrs. Patterson, J.W. Mather, Garden Vegetables—Collection—Mrs. Petty, A. Herd, Salsify—Mrs. Patterson, Mrs. Petty, Cauliflower—Miss Banks, Mrs. Petty, Cabbage, early—Mrs. T. Davis, Mrs. Petty, Cabbage, winter—Mrs. Patterson, A. McDonald, Cabbage, red—Mrs. Patterson, Mrs. Davis, Table Carrots—Mrs. Patterson, Mrs. Petty, Short-horn Carrots—R. Ramage, A. Park, Intermediate carrots—Mrs. Patterson, A. Park, Parsnips—Mrs. Patterson, Mrs. Petty, Celery—Mrs. Patterson, Radishes, winter—Mrs. Patterson, Radishes, summer—Mrs. Knechtel, Mrs. Patterson, Red Tomatoes—G. Binnie, Mrs. Patterson, Long blood beets—Mrs. Patterson, Turnip beets—A. McDonald, T. Young, Onions from seed—Mrs. Petty, Mrs. Patterson, Potato onions—Mrs. Petty, Mrs. Banks, English Mul.—Mrs. Patterson, Mrs. Davis, Onions from dutch sets, T. Bell, Mrs. Petty, Table Squash, winter—Mrs. Patterson, Squash, winter—Mrs. Patterson, Bush—Mrs. Petty, Mrs. Patterson, Vegetable Marrow—Mrs. Tobin, Mrs. Patterson, Yellow pumpkin—Mrs. Davis, Dr. Smith, Sweet corn—A. Park, Golden bantam—T. Young, Mrs. Patterson, Flesh melons—Mrs. Patterson, Citrons—Mrs. Tobin, W. Bogle.
Dairy Products
20 lb. crock butter—E. Lindsay, W.J. Ritchie, 10 lb. crock—W. Bogle, A. Herd, T. Bell, 5 lbs. in prints—Mrs. A. Anderson, 2 lbs. moderately salted—Mrs. Anderson, A. Herd, E. Lindsay, 20 lb. box—W. Bogle.
Domestic Science
Home-made bread—G. Ritchie, D. Robinson, Home-made brown—G. Ritchie, T. Bell, From Pine Tree flour—Mrs. Wolfe, Mrs. Bourne, White loaf, nut or fruit—T. Bell, Mrs. Tobin, Brown loaf, nut or fruit—Mrs. Davis, Mrs. Wolfe, Fancy buns—A. Herd, Mrs. Bourne, Tea biscuits—G. Binnie, Mrs. Bourne, Graham gems—Mrs. Davis, Mrs. Wolfe, Cornmeal muffins—Mrs. Davis, Mrs. W. J. McGirr, Tarts, John McGirr, Mrs. T. Davis, Tarts, jelly—Mrs. Tobin, T. Bell, Sponge cake—T. Young, Mrs. McLraith, Angle cake—Mrs. Anderson, Mrs. McLraith, Light Layer—Mrs. McGirr, Mrs. Clark, Dark Layer—Mrs. McGirr, Mrs. Clark, Dark fruit—Mrs. McGirr, Mrs. Wolfe, Light fruit—Mrs. Wolfe, Macaroons—Mrs. McLraith, Mrs. Patterson, Shortbread—G. Binnie, Mrs. Wolfe, Drop cakes—Mrs. McGirr, Mrs. Davis, Oatmeal jam-jams—Mrs. Davis, Mrs. Clark, Plain Cookies—Mrs. Wolfe, J. McGirr, Fruit cookies—Mrs. Wolfe, Mrs. Tobin, Apple pie—Mrs. J. Nichol, J. McGirr, Pumpkin—Mrs. Clark, Mrs. Wolfe, Lemon—Mrs. T. McGirr, Mrs. Wolfe, Raisin—Mrs. Clark, Mrs. Anderson, School lunch—Mrs. Wolfe, Mrs. Patterson, Meat Loaf—Mrs. McLraith, Mrs. McGirr, Home-made candy—Mrs. Patterson, Mrs. Tobin, Canned rhubarb—Mrs. Anderson, Mrs. Knechtel, Strawberries—Mrs. Tobin, Mrs. Knechtel, Raspberries—Mrs. McLraith, Mrs. Wolfe, Cherries—Mrs. Patterson, Mrs. McLraith, Peas—Mrs. Knechtel, Plums—Mrs. Knechtel, Mrs. Davis, Peaches—Mrs. Tobin, Citrons—Mrs. McLraith, Mrs. Davis, Raspberry Jam—Mrs. Davis, Mrs. Wolfe, Jam or Conserve—Mrs. Davis, Mrs. McLraith, Orange or Grape Fruit Marmalade—Mrs. Wolfe, Mrs. Davis, Native fruit marmalade—Mrs. Tobin, Mrs. Wolfe, Black currant jelly—Mrs. McGirr, Mrs. McLraith, Red Currant Jelly—Mrs. McLraith, Mrs. Clarke, Apple jelly—J. C. Hamilton, A. McLean, Raspberry—Mrs. Anderson, Mrs. McLraith, Combined Fruit Jelly—Mrs. McLraith, Mrs. Anderson, Tomatoes—Mrs.

pin cushion—Miss Ball, Mrs. Maurer. Vanity set—Mrs. Tobin, Mrs. Maurer. Table runner, emb.—Mrs. Maurer, Miss Ball. Table runner, lace trimmed—Mrs. Knechtel, Miss Marshall. Sofa Pillow, fancy—Miss Banks, Mrs. Maurer. Sofa pillow, washable—Mrs. Maurer. Ladies' Whitewear, em. Mrs. McGirr, Mrs. Nichol. Thread trimmed—Miss Marshall, Mrs. Tobin. Boudoir slippers—Mrs. Wolfe, Mrs. Maurer. Handkerchiefs, hand trimmed—Mrs. Davis, Mrs. McGirr. Fancy knitting—Mrs. McGirr Miss Ball. Fancy crochet—Miss Ball Miss Marshall. Infant's jacket crochet—Mrs. Davis, Mrs. Maurer, Bonnet, tatted work—Mrs. Davis, Mrs. Maurer. Bonnet any other—Mrs. Davis, Miss Ball. Fancy aprons—Mrs. Pickering, Mrs. Wolfe. —Miss I. Jackson, Troy, Judge.

Fine Arts
Water Colors, scene from nature—Miss Ball. Crayon sketch, light and shade copy—Mrs. McCormick. Single piece of Art Work, not listed—Mrs. McLraith, Mrs. Maurer. Hand Decorated China—Mrs. Patterson, Mrs. McCormick.
Educational
Map of Grey County—Grace Hopkins, No. 9 Glenelg; Margaret Dunsmoor, Durham, Best Handwriting—Alix Tobin, Durham, Northern Business College Medal—Helen Young, Durham. Bird House—Billy Firth, Durham; George Hay, Durham.
Fruit
Coll. Fall Apples—R. Ramage, W.J. Ritchie, Coll. Winter—R. Ramage, W. J. Ritchie, Alexander—W. G. Blyth, R. Ramage, Pewaukee—R. Ramage, G. Binnie, Duchess of Oldenburg—A. McLean, R. Ramage, Golden Russet—Mrs. Tobin, Northern Spy—T. Bell, W.G. Blyth, Ribston Pippin—W. Bogle, Rhode Island Greening—T. Bell, Snow—T. Bell, Mrs. Patterson, St. Lawrence—W. Bogle, Wealthy—T. Bell, G. Binnie, Ben Davis—Mrs. Patterson, Talman Sweet—A. McLean, R. Ramage, Standard—R. Ramage, T. Bell, Crab—W.G. Blyth, T. Bell, Plum, Lombard—R. Ramage, Mrs. Patterson, Yellow Egg—W.J. Ritchie, Pond's Seedling—Mrs. Patterson, Collection—Mrs. Patterson, Winter Peas—Mrs. Patterson, Fall Peas—Mrs. Petty, Mrs. Patterson.
Plants
Coll. 12 varieties—Mrs. McLraith, Mrs. Petty, 20 varieties—Mrs. Clark, Hugh McDonald, 6 varieties—Howard McDonald, Double Geranium—A. McDonald, Mrs. Clark, Single—Mrs. Bourne, Mrs. Clark, Scented—Mrs. McLraith, Hugh McDonald, Col. Begonias, fibrous—A. McDonald, Mrs. McLraith, Tuberosus—Mrs. McLraith, Coleus—Mrs. Petty, Cacti—Mrs. McLraith, Mrs. Petty, Coll. Foliage—Mrs. Petty, Balsams—T. Young, Mrs. Petty, Double Geranium, white—H. McDonald, A. McDonald, Geranium.

THIS MOTHER GLAD DAUGHTER IS WELL

Mrs. Parks Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Daughter's Health



Toronto, Ontario.—"My daughter is 16 now and has been an invalid ever since she was six months old and has been compelled to remain out of school the greater part of the time. We have tried different kinds of medicine, but none helped her much. I had taken Lydia E. Pinkham's Vegetable Compound when I was run-down, and it had helped me so much that I thought it might help her at this time. She has gained ever since she began taking it. She attends school every day now and goes skating, and does other out-of-door sports. I recommend this medicine to any one who is run-down and nervous and weak."—Mrs. PARKS, 106 Bond Street, Toronto, Ontario.

any other—A. McDonald, Mrs. Petty, Single, white—Mrs. Petty, A. McDonald, Hugh McDonald, Howard McDonald, Ivy—Mrs. Patterson, Mrs. McLraith, German Porter Ivy—Hugh McDonald Mrs. Petty, Amaryllis—Mrs. Clark J. (Continued on page 3)

School Opening Supplies

Text Books, High and Public School, Loose Leaf Note Books, Scribbles, Drawing Books, Pencils, Crayons, Book Bags, Paints, Fountain Pens (Par-ker's), Fountain Pens (Par-ker's).
FREE
SPECIAL: A 5c Lead Pencil FREE with every 10c Scribbler or 10c Exercise Book.

Peptonized Iron Tonic
Puts Iron in the Blood; builds up the nerve system and gives you PEP.
McFadden's Drug Store

Specials for This Week

- Men's Sweater Coats with heavy collar, at \$1.75
Men's Sweater Coats, all-wool, without collar \$2.50
Men's Police Braces, at 35c.
Men's All-wool Work Socks at 39c.
Men's good weight Khaki Shirts, at 1.00
Men's Silk and Wool Socks, at 60c.
When in need of a good Overcoat, give us a call. We guarantee to please you.
D. M. Saunders
MEN'S AND BOYS' READY-TO-WEAR
"MORE FOR LESS"
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Iron Pumps of All Kinds
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A Good Piano for Over Half-a-Century

AFTER you have been the fortunate owner of a Gerhard Heintzman for a few months, you will find a new admiration—a real affection for its sweet, mellow, inspiring tone. An admiration which, as the years roll by, will grow into a realization that you have made one of the most satisfactory investments of your life. The editor of The Durham Chronicle will be glad to forward any enquiries regarding the Gerhard Heintzman Piano to Mr. Frank Babcock, district superintendent for Gerhard Heintzman Limited. Telephone or write The Chronicle office.



Stedman's Medical
"bands of more or less of out on the surface of a the opposing surfaces."
Now that you now exactly they are let us go into a little regarding them.
The Peritonium
The abdominal cavity is lined a serous membrane called the tonum. This membrane also the covering of all organs in the down. Its area is equal to two-thirds that of the skin. It creates a clear watery fluid in which keeps the membrane moist.

So smooth is this membrane the intestines slip away from sharpest object, surgeons often try their knife with one sweep the abdominal cavity without in the bowel, so delicate a coating of the membrane the slightest touch abrades it, in same way that the film on a graphic plate would be affected.
Peritonitis
When the peritonium is inflamed its surface becomes eroded and more or less dry, fluid loses its watery character becomes thick and glue-like. In chronic inflammation of the retic cells causes them to be over-active and an over-supply serum is secreted. If there an appreciable amount of dropsy.

How Adhesions Are Formed
Adhesions are always a result damage to the peritonium from inflammation, handling during surgery.
HEALTH QUEST
Reply
"Aluminum salts are the basis all lotions and ointments used prevent excessive perspiration. They are expensive and the ingredient will do the work just as effectively. Your druggist can set up a solution for you, if you'd wish.

Why Are You Nervous?
A. H. S. writes:
"1. Will you please tell me to do for being nervous? I feel and eat and sleep well but am nervous and at times am very nervous.
"2. My hands are usually with sweat. Is this caused by nerves?"
Accommodating
A candidate for political office while making a campaign sought to discover the denominational sympathies of his audience in order that he might turn the formation to advantage.
"My great-grandfather," he blurted "was an Episcopalian (stony silence) but my great-grandmother belonged to the Presbyterian church (stony silence). My grandfather—a Baptist (more silence). But

THE FAMILY

