E TO BED

She Could Not stored to Health E. Pinkham's le Compound

tario. - "I am a pracd I recommend Lydia egetable Compound to en. For three months elpless and could not long enough to drink Many a time my husne to bed, I would be he read in the paper ffering as I did who taking the Vegetable e went and got it for d taken three bottles e a new woman and did health ever since. v bearing-down pains it; sometimes a half ver I need. It is my nd I have told many a Any one wanting to t Lydia E. Pinkham's pound, I will gladly do all I can to rec-I feel I owe my life o it." - Mrs. NEAL. Minesing, Ontario. oken-down, nervous, times? Do you have g of fear which somevomen when they are a E. Pinkham's Vegd is excellent to take It always helps, and rly and persistently

FUL HEART

nothing more than rt, careful to per-What parent is of to see his child limits of a filial Illham, in "Re-

ed Ads. on Page 7

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MAKING CHILDREN EAT

By DR. ARTHUR L. FORSTER

Note: Dr. Forster will answer such health questions in these columns as will be of interest to others and permissible in public print, Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. Arthur L. Forster in care of The Durham Chronicle.

Years back, children who exhibited a finicky appetite had a rough gastronomic road to hoe. It was a case of in 1600. For twenty-one years he -no soup, no pie. And in order to get the pie, they ate was minitser of Anworth in Gallothe soup, however distasteful it may have been.

The Problem of Feeding

Making children eat what is good sauces. dren eat.

First of all, however, the parent should learn the reason behind the child's capricious appetite. There may be a physical cause at the bottom, and this should be corrected. But generally it is all a matter of training, as the normal child will eat whenever his stomach is empty.

Sometimes the fault lies with the parent, who does not use proper discipline with the result that the child is willful, irritable or stubborn instead of being poised, good-natured and tractable.

self into his glass. Sometimes his appetite is stimulated by only half dren have individual tastes, just the appetite is stimulated by only half filling his glass. Often the milk can same as adults, and, like their eld- I shall live and adore Him. Oh, for chicken as they have been painted; be disguised by incorporating it in ers, they want to gratify them. There arms to embrace Him. Oh, for a when chicken killing is fastened on cocoa, soups, eggnogs, custards, ce- is a happy medium between the well-tuned harp! Glory, Glory dwellreal, chowders, puddings, junket. over-disciplined child in this as in eth in Immanuel's land."

teggnogs, crange whips and cream his own house in Aberdeen, During

butter is helpful.

clined, they may be made more apbananas, berries, peaches. Half illness, His turbulent career, a youngster for showing a dislike tions, came to an end in 1661.

may be put in custards, puddings, happy. (Copywright, 1926, by The Bonnet-Brown Corporation, Chicago.)

Tea Irritates Kidneys

I. G. writes:

- tea good for the kidnevs? "(2) If so, what effect has it on exert-irritation.

the kidneys?

HEALTH QUESTIONS AND ANSWERS Reply

> (1) No. (2) It has the same effect on the kidneys that tea, coffee and alcohol

(3) If you have kidney trouble. "(3) What quantity should be determine its cause and nature and employ appropriate treatment.

OUTDOOR WINTERING

coming very popular and is consid- ies are then fed, if necessary. Any Dark, dark hath been the midnight, ered highly successful, there still ten-frame Langstroth hive without come in reports of losses which, at least 75 pounds, should be fed 1 however, are usually the result of pound of sugar for every pound inadequate preparations being made lacking in a syrup composed of two for the winter, says A. H. W. Birch, parts best granulated sugar to one Apiarist, Central Experimental Farm, part water. For straight wintering,

than merely placing one's colonies for to honey, in that sugar breaks in their winter cases and leaving down into gas and water, whereas them there to pass the winter. It honey leaves a residue-honey, howmeans preparing the bees in the ever, is necessary for brood rearhest way possible that they may ing in the spring. come out strong in the spring, for The bees being fed the required the strong colonies are the profit- amount of syrup or as much as they

With this in view, preparations put in place. should be started about the end of Natural windbreaks should be July by seeing that the colonies are used if available; otherwise woodheaded by young queens or at least en fences similar to the snow fences I'll fall asleep in Jesus, vigorous ones, in order that a large of the railroad should be provided force of young bees may be pro- to break the piercing winds that duced. Should there be no fall flow would strike and chill the colonies. to stimulate brood rearing, it may be The above requirements for good The King of kings in Zion

according to one's own design or to til spring. drawings which may be had by Experimental Farm, Ottawa, about hymn, daughter? the end of September the colonies. Daughter: The one you chased To lean on Thee as guide. after being weighed, are placed in over the wall last night.

the cases, and four inches of packing is placed underneath and about Though outdoor wintering is be- the sides of the hives. The colonits outer cover that does not weigh And glory, glory dwelleth sugar which contains no residue to Wintering outdoors means more clog the bees' intestines is super-

will take down, the top packing is

wintering being satisfied, no fur-Winter cases having been made ther attention will be required un-

writing to the Bee Division, Central Father: What is your favorite

THE SANDS OF TIME ARE SINKING'

Mrs. Annie Ross Cousin, author of this striking hymn, was born in 1824. Her husband, Rev. William Cousin, was minister of the Free Church at Melrose in Scotland. Mrs. Cousin read two hundred and twenty letters written by that stern covenanter, Samuel Rutherford, during a two years' imprisonment for fidelity to the Christian faith, as he understood it. She so closely studied. Rutherford's views and understood his spirit that the hymn is in a large measure biographical. Hezekiah Butterworth in "The Story of the Hymns," writes: "She so studied his history and experience that her soul took his soul's place and she felt what he felt. Her piece of nineteen stanzas is the voice of Rutherford the Covenanter. The hymn has often been called 'Rutherford's Hymn,' for it breathes the spirit and even quotes word for word the utterances of the great

Rutherford was born in Scotland way, until in 1651, King Charles I, irritated by his writings, sentenced him to remain within the walls of this imprisonment, he was permitfor them always has been, is, and Breads-A child who objects to ted to write letters to his congrealways will be one of the biggest bread will generally eat in the form gation at Arnworth, and indeed to problems connecting with their up- of a dainty sandwich, French toast, He escaped to Edinburgh during the all the non-conformists in Scotland. bringing. Acting on the principle etc. Or the kind of bread may be troublous times which followed and that there are tricks in every trade, varied each day-graham, rye, Swe- was one of those who signed the To hail the glory dawning we submit some methods that have dish, whole wheat, bran. Spreading covenant there. He was made rec- In Emmanuel's land. been found effective in making chil- the bread with jam, jelly or peanut tor of the college at St. Andrew, but thirteen years later—during the Cereals-When cereals are de- reign of King Charles II-he was indicted for treason, and no doubt petizing by the addition of fruits— he not been stricken with his last that liked the shells of peanuts just cream and milk with plenty of su- which he revealed great courage and I did not infer from that evidence cut my doggie's hair?" gar generally helps. You can't blame unflinchingly adhered to his convic- that the majority of peanut-eaters

for a pasty mess of oatmeal with a Mrs. Cousin, who has been called negative amount of sugar and some the Scottish Christina Rossetti, wrote houses is no proof that all foxes position." sky-blue milk over it. A different her hymn in 1857. In 1876 she pubkind of cereal every day in the lished a number of poems of exweek insures variety-the spice of traordinary intensity and pathos. Just as much a fact as it is among scraper." words of Rutherford uttered just the average animal is more of a spe-Vegetables-If vegetables are ob- before his death. He said, "Oh, cialist than the average man is; one Some Ways to Solve the Problem | jected to, the fault probably lies | that all my brethren in the land fox will eat mice by preference; an-Assuming that a child is physi- with their mode of preparation. may know what a Master I have other, muskrats; and there may not cally and mentally normal, but just There certainly is nothing appetiz- served, and what peace I have this be but one chicken-thief in a locallacks interest in his food, the fol- ing, for example, about a dish of day. I shall sleep in Christ, and lowing measures will be found help- boiled, sandy, lukewarm spinach, when I awake I shall be satisfied But this and any other vegetable with his likeness. This night shall Milk-Let the child take it through can be made so appetizing that the close the door, and put my anchor a straw. Allow him to pour it him- child will ask for a "second helping." within the evil, and I shall go away As a class, foxes will never be-dan-

Eggs-In cases where a dislike for all other phases affecting their rear- Rutherford knew that he was sumeggs is exhibited, they (the eggs) ing. Find it, and everybody will be moned to appear before a tribunal which would order his execution, but one of the stanzas—not sung in the hymn-expresses his scorn of realy rather have. earthly tribunals, and his knowledge that death was near:

They've summoned me before them But there I may not come;

My Lord says, "Come up Hither, My Lord says, "Welcome home; My King at His white throne My presence doth command, Where glory, glory dwelleth, In Emmanuel's land."

THE SANDS OF TIME ARE SINKING

The sands of time are sinking, The dawn of heaven breaks, The fair sweet morn awakes, In Emmanuel's land.

O Christ He is the Fountain. The deep sweet well of love! The streams on earth I've tasted More deep_I'll drink above: There, to an ocean fullnes, His mercy doth expand. And glory, glory dwelleth In Emmanuel's land.

With Mercy and with judgment My web of time He wove: And ave the dews of sorrow Were lustred with His love: I'll bless the hand that guided, I'll bless the heart that planned, When throned where glory dwelleth

Filled with His likeness rise To live and to adore Him. To see Him with these eyes. My presence doth command. Where glory, glory dwelleth In Emmanuel's land.

In Emmanuel's land.

I've wrestled on towards heaven, Gainst storm and wind and tide; Lord, grant Thy weary traveller And 'mid the shades of evening.



RT. HON. F. O. ROBERTS Mr. Roberts, who was Minister of Pensions in the Ramsay McDonald Government and still represents West Bromwich in the Imperial parliament, is now in Canada as representative of the British Trade Union Congress to the Canadian Trades Union Congress which opens in Montreal September 20.

While sinks life's lingering sand

ANIMALS ARE INDIVIDUALS

(L. E. Eubanks)

in as well as he did the kernels. But Skyeterrier. "Mr. Barber, can you are just one hundred and forty-two."

ate the shells. Because some foxes visit chicken self pretty high for one in your any objection if your mother were do. Individuality among animals is This hymn is based on the last people. When it comes to eating,

> one of these animals, the culprit is usually an old fellow with poor teeth, or one who has been maimed by a trap in some way that prevents his success with prey that he would

> If there were some way of ascertaining, I would wager that a heavy percentage of the few mink that do annoy the farmers' fowls have been taught to like chicken. It is a very common practice to bait mink traps with a chicken or some part of it. and quite common on farms to leave a bloody chicken-head near the wood-pile when the fowl is killed. for dinner.

The weasel, too, is falsely accused in most cases. One farmer trapped a number of weasels, but continued The summer morn I've sighed for, to lose an occasional chicken, until a neighbor suggested that he direct

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his suspicion elsewhere. The result; was the capture of a giant rat, and among hawks the individual offender has to be dealt with; not all hawks molest the hen yard.

The most loyal defender of those animals commonly called chicken thieves does not claim that they are all guiltless; but we do assert were slain, and if man would avoid what became of that cherry pie that the creation of the appetite he dep- was on the second shelf of the panrecates, there would be little cause try?" left for complaint. Unless you are sufficiently uninformed and unjust it. But I had to." to say that your neighbor's dog sucks "You had to!" exclaimed his asthen do not say that all the mem- mean, child?"

Lady enters barber shop with

"No, I can't; or rather, I won't." "Indeed! You seem to hold your-

A Willing Martyr

School teachers sometimes ask that ended the chicken killing. Even their pupils queer questions, if one may believe a story told by the youngest member of the Willington

> His mother one morning discovered a shortage in her supply of pies, baked the day before, and her

suspicions fell upon Johnny. that if only the guilty individuals "Johnny," she said, "do you know

"Yes, ma'am," he replied, "I ate

eggs just because your own does, tonished mother. "What do you

bers of any species are necessarily "The teacher asked us yesterday guilty of the offence, you have fas- if any of us could tell her how many stones there are in a cherry pie, and I couldn't find out without eat-

The Young Man: Would you have

to become my mother-in-law? "Perhaps I do, but I'm no skye- The Young Lady: None at allif I had a sister.

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