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Durham



PLANT POISONING

By DR. ARTHUR L. FORSTER

Note: Dr. Forster will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. Arthur L. Forster in care of The Durham Chronicle.

There are four plants which exude a substance that is poisonous to man—Primrose, Ivy, Oak and Sumac. The first is not usually recognized, passing off for acute eczema. The juices of the latter three are chemically alike, while that of Primrose is unlike any other.

Primrose Poisoning

This is more common than most people think. The dermatitis (inflammation of the skin) seen on the hands of milkers is probably often due to the poison of Primrose that has been deposited on the udders of the cows.

The hands and arms are usually affected. The parts that have been exposed to the poison itch and burn, are red and swollen, and sometimes covered with tiny blisters.

Ivy, Oak and Sumac Poisoning

The violent toxicity of these plants is shown by the fact that 1/65000 grain will produce irritation of the skin. Despite this some people seem proof against this poison, being able to handle poison ivy without any ill effect.

How susceptible persons can be poisoned by merely passing by these plants is still a mystery, as the poison is not volatile. Neither are the pollen or hairs of these plants poisonous. The poisonous effects remain confined to the spot that is

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HEALTH QUESTIONS AND ANSWERS

Cause of Catarrh

Mr. F. E. E. writes: "For some years I have suffered from catarrh of the nose and throat. My general health was always good, and I live mostly out of doors, being a farmer.

"I have used _____'s tablets and used a quart of salt water daily as a nose wash and gargle, for a year without relief. My throat has a raw feeling. Am very susceptible to colds, especially in winter.

"I would like a remedy if possible. I take cod liver oil every winter and like it. Age 55 years."

Reply

There are few conditions that are as resistant and obstinate as a catarrhal state of the nose and throat.

exposed, as the toxin is not distributed by the blood.

Treatment of Plant Poisoning

When one has been in contact with a poisonous plant, he can prevent its effects by immediately scrubbing the parts with soap and water. If a certain part only—for example, the right hand—has been exposed, painting with tincture of iodine will often abort it.

One can also secure some degree of protection if, before going into a region where these plants abound, the skin is anointed with an oil.

Following exposure a full hot bath should be taken, and all clothing should be brushed and sunned before it is again worn.

If despite these precautions, the typical dermatitis develops, a saturated solution of Epsom salts will prove the best application. It relieves the itching and burning, and limits the spread of the inflammatory reaction. When the inflammation has subsided, the skin should be dusted with talcum or cornstarch powder.

Patients with this trouble have to exercise as much patience as Job did with his eczema.

But there are two fundamental causes of catarrh which you have not yet attacked, and I believe they are at the seat of your ailment. First, the catarrh of the nose and throat may be simply part of a general catarrhal inflammation of the whole gastro-intestinal tract. Or, second, you may have a hidden infection that has not yet been brought to the surface.

My guess is that the first is the more likely of these two suppositions. Go to some one who will look beyond your nose and throat and find the basic disorder of which your catarrh is the most evident and annoying part.

R. T. EDWARDS DURHAM MEETING WELL ATTENDED

(Continued from page 2)

trade balance; every dollar spent on Canadian products was used to pay Canadian workmen, kept them in Canada, assisted in maintaining our balance of trade, and indirectly was returned to those who spent it for food and other products of the farm.

The four hundred million dollar trade balance being told of by Mr. Robb and Mr. Dumont might be all right, but how do they know? asked the speaker. There was a way of checking what was shipped out of the country, but none of telling how much came in. The President of the Garment Manufacturers' Association had gone on record as saying that one-third of the wearing apparel coming into Canada was smuggled, and the Jewellers' Association President had stated that 33 per cent of all jewellery coming into Canada was smuggled. It was also estimated that fully one billion cigarettes were smuggled into Canada each twelvemonth.

Mr. Foster closed his address with an appeal to the electors to give their support to Mr. Edwards, the Conservative candidate, and said that in his opinion a reasonable protective policy and a clean-up of things at Ottawa were the things most needed to spell prosperity for Canada and a return to the times of a job for every workingman. Give us this, he said, and Canada's sons in the United States will soon return.

The chair during the evening was occupied by Reeve Bell, and following the address of Mr. Foster, Hon. Dr. Jamieson also addressed the gathering, but as the hour was late, he confined his remarks to a very few minutes.

Five Per Cent

"I have spent nearly \$25,000 on that girl's education," complained the aggrieved father, "and here she goes and marries a young fellow with an income of only \$1,250 a year."

"Well," said the friend of the family, "that's five per cent on your investment. What more can you expect in these times?"



ISAAC PITBLADO, K.C.

Who will represent the railroad companies on the Board of Conciliation to examine into the differences between the C.P.R. and C. N. R., and their conductors, trainmen and yardmen, concerning

ELECTION CARD

To the Electors of South-East Grey:

I treasure the support and friendship you have in the past given me. Few constituencies have stood so loyally by their member. I have always worked in the interests of the common people and against special privilege. I appeal again to you for support on the following principles:

- 1. The right of the common people to take independent political action.
2. The need of a change in the form of Government to allow groups to function efficiently, questions to be debated and decided on their merits, and the Cabinet to be a committee of Parliament—not of one party chosen by and responsible to Parliament. In brief the substitution of Co-operative Government for Party Warfare.
3. Goodwill, Peace Education and Arbitration to replace Militarism and War.

- 4. Democratic Control of Credit. By that I mean that the Treasury Board only should issue notes against the resources of Canada. This privilege is now enjoyed by the chartered banks. The Government—through the Treasury Board—should at least endeavor to control inflation and deflation of currency.
5. Good social laws.
6. Low tariff.
7. Economy in public business.

- 8. Complete clean up of the customs scandal by whichever Government is returned on September 14.
9. Dominion-wide prohibition of the manufacture and sale of intoxicating liquors for beverage purposes.
10. Asserting the producers' right to market their products co-operatively, and the removal of laws that make co-operation difficult.

- 11. Election Reform. The single transferable vote and proportional representation. Election machinery to be controlled by the chief electoral officer—absolutely outside party politics.
12. The right of women to retain their British citizenship, though married to an alien, if they so desire.
13. Upholding Canada's nationhood within the commonwealth of British nations.

- 14. The equalization of freight rates, and the establishment of a committee to closely study the whole transportation problem and strive to lift the burden of high rates where they weigh most heavily.
15. The abolition of the Senate.
16. The closest possible harmony between member and constituency: the member the servant, the people the master, in proof of which I have signed the recall.

Yours sincerely and gratefully, AGNES C. MACPHAIL.

'Twas Always Thus

Veteran of World War: And that's how the terrific battle was won. She (adoringly): Wonderful, wonderful! And how mean it was for the rest of them not to give you any help!

MISS MACPHAIL CHIDES CHRONICLE

(Continued from page 1)

have to wait until further symptoms develop.

Miss Macphail during her speech read an extract from her opponent's advertisement, the one, apparently which has been appearing in both The Review and The Chronicle, and asked: "I wonder who pays for this page?" The obvious answer, of course, was "The Conservative party," which would be quite correct. Miss Macphail's expenses are, or should be, paid by the South Grey United Farmers' Political Association; in fact, we have been told by members of this party that this is the case, and no one can find any fault with it.

Town and Country Should Co-operate

Miss Macphail in her address said there should be no hard feeling between town and country, thus trying to heal the breach that she is generally credited with having caused. She qualified her remarks by adding, however, "but, as I said five years ago, not until they could meet on equality." Continuing, she said, "Look back five years, and you will remember that this could not be done. Today the farmer needs no longer to apologize for his existence, because he has asserted himself and I, too, at that time was asserting myself. The farmer has learned that he must be able to market his stuff himself in open world competition and must know his markets."

Referring to the Conservative talk of protection, Miss Macphail said that it is impossible to protect the farmer, and she said she didn't care who said it, it couldn't be done. She said that there was a misunderstanding about her views on defence and that she had never at any time tried in any way to oppose a standing army for police purposes. She had always voted for the supply for this and never tried to interfere with it in any way. The speaker, however, was entirely opposed to the movements that had in their program the training of children in military tactics.

Miss Macphail denied the insinuation of some that she opposed the old parties because they were old. She said she revered age, but the old party system is worn out and dead and there was no use in trying to function at Ottawa with something that was obsolete. The government at Ottawa was referred to as a compromise between monarchy and the people. The Senate, too, came in for some little attention, because in that body there were 53 Conservatives and upwards of 40 Liberals who were all directors of big companies. The elevation of Jacques Bureau, the recent minister of customs, to the Senate was dealt with for a few minutes, the speaker saying, that, following the disclosures in the customs scandal that "Jacques Bureau should not be there or else he is in the right place."

R. T. Edwards, the Conservative candidate, had only two planks in his platform, "the one that I am a woman, and the other that it is time for a change in government."

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He is going to pay off the national debt if he goes to Ottawa. He amuses me."

The People Will Lose

Miss Macphail issued a warning to her audience and said that the people do not elect governments, they only elected members of parliament. "The senate pays the piper, the cabinet calls the tune, the members dance to it, and you, the people, are the audience looking on, applauding or otherwise as the case may be." Interrogating her audience, Miss Macphail asked, "How do you like it?"

That the people, and not herself, would be the losers if she were not returned to Ottawa, Miss Macphail said: "Remember also, that, in the

dying hours of September 14, if I go down to defeat, it will be worse for you than for me. I can go back to private life again and not suffer perhaps the hardships you do, but if I do, we will have lost the great step forward that it has taken us a long time to gain."

Considerably different was her speech in Durham as compared with that in Hanover and Pricerville, especially as it affected her utterances regarding Lord Byng. In Hanover and Pricerville she was quite fiery in her denunciation of the Governor-General for refusing dissolution to Mackenzie King and allowing it to Arthur Meighen. In Durham she said that she "thought Lord Byng had done what he really thought

(Continued on page 6)

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