

For The Quiet Hour

THE GREAT CLOCK

The clock of life is wound but once,
And no man has the power
To tell just when the hand will stop,
At late or early hour.

Now is the only time you own;
Live, love, toil with a will;
Place no faith in tomorrow,
The clock may then be still.

—Tit-Bits.

WE SEE THE TRUTH IN CLEAR LIGHT, BUT WHEN IT comes to thinking of a German or a Frenchman, a Russian or an Indian, or any other foreigner as we think of a brother,—speaking of him, acting towards him, individually or in the mass, as we should do to brothers,—that is not the same thing. The light has to get further than our mind, revealing to us the truth; it has to get into our heart as a fire, burning away the dross of prejudice and suspicion and all kinds of ill-feeling.—H. C. Carter, in HUMAN RELATIONS.

SO FAR AS I CAN MAKE OUT, THE Y. M. C. A. TODAY stands higher in the regard of China than any other form of Christianity. This is because the association has learned how to turn responsibilities over to the Chinese themselves, and to reflect the decisions of the Chinese.—Bishop J. F. McConnell.

THE CONFSSIONAL IS PUT ON A NEW BASIS BY the latest suggestions of psychology. Psycho-Analysis is simply the method of confession to a doctor. In the case of children, the mother is the natural confessor, and it is shown that the troubles and fears of childhood, many of them groundless but none the less real and harmful, have been dissipated upon confession to a wise, tactful mother-confessor.

"PLEASE DO NOT COME HERE FOR TWO WEEKS. WE like to have you come, but you see the next two weeks is our special time for praying, and your Jesus message makes us desire to be honest. If you come, we shall not have the courage or desire to steal." This was the tribute paid to the Gospel teaching by some Ahir people of Ballia, India, of robber tendencies.

THE BIBLE IS NOT LIKE ANY OTHER BOOK, AND cannot be taught like any other book. It must be taught with reverence. You cannot get anything out of a human being until you trust him, and you cannot appropriate the truths of this Book unless you have confidence in it. A man vague in his faith can do a lot of harm,—he is no teacher of the Bible.—Dr. Howard A. Kelly.

I HAVE NO WORD TO SAY AGAINST EDUCATION, against refinement, against culture, against the uplifting of men in all these ways; but I want to say this to you, that out of the deep darkness of true materialism nothing will lift a man, a nation, a race, but the cross of the world's Redeemer. Wherever the cross comes, and men come to it and to him who there hung, they find the dynamic that lifts, the healing for wounds, liberty for slavery.—G. Campbell Morgan.

THE ONE GREAT WORD FOR THE PRISONER IS REDEMPTION, and that is a word of religion. Prisoners can be stopped in their career of evil. The churches must unite their teaching to substitute the idea of redemption for retribution in dealing with delinquents. Loss of liberty is not only necessary for the protection of society, but is a part of the redemptive process. The time will come when the first reaction of a church, or of a community, or of a state, towards those who go wrong will be, How can they be saved? Especially should the churches receive back into their redeeming fellowship prisoners who have been paroled and come back with the intention of making a new start in life.—Rev. Carl H. Barnett.

BISHOP RYLE, DEAN OF WESTMINSTER ABBEY, REFUSED to permit the erection of a memorial tablet to Lord Byron in the Abbey. In giving his reasons for his decision, the dean said, in part: "Byron, partly by his openly dissolute life and partly by the influence of licentious verse, earned a worldwide reputation for immorality. Among English-speaking people, Westminster Abbey primarily stands to witness for Jesus Christ. A man who outraged the laws of our divine Lord and whose treatment of women violated Christian principles of purity and honor should not be commemorated in Westminster Abbey. . . . I believe that I shall have behind me the support of the great mass of Christian opinion throughout the whole British Empire."

AN ELABORATE PROSPECTUS OF THIS NEWLY formed league reaches us. The league has grown out of a united effort of the laymen of five churches in Roxborough, Philadelphia, during a union evangelistic effort conducted there last March by Rev. Milton S. Rees.

The program of the League proposes a large number of activities. These are classified under three heads, as follows:

- (1) More religion in the home, including the returning of thanks at meals; more extensive Bible reading, memorizing of Scripture, hymns, etc.; broader reading of Christian literature; singing of sacred music by all the family at stated times; the placing of good copies of masterpieces of Christian art on the walls of the home; and a family altar in every home, with family prayers at least once a week.
- (2) Closer friendly relations among members of the church, and of other churches, by infusing a spirit of courtesy, cordiality, warm hospitality, fellowship and friendship into meetings at church or visitations.
- (3) Personal and group work for the salvation of souls and the moral and spiritual redemption of the community.

IF THE CHURCH IS TO BE A CHURCH FOR DEMOCRACY, it must show itself democratic. Its invitation must be to all sorts and conditions of men; it must know no high and no low, and it cannot be indifferent to anything that concerns humanity. Its Master was a lover of men, and he went about doing good. He exhorted men to seek first the kingdom of God and his righteousness, and the church that is to be his interpreter to men must have his passion and his yearning to bless and serve. It is this thought which is behind this whole movement to bring the people under the influence of a gospel that is atroph with human interest and spiritual power. It will not stop with a "Go to Church Sunday," it will go one for Tuesday and Wednesday and every other day of the week and of the month, a great movement which shall reach its culmination on Easter Day and still go forward to deepening convictions of spiritual things, marking, please God, a new day in the history of his church!—Charles L. Goodell.

AN ITALIAN PASTOR OF A NEW YORK CHURCH in the Bok Peace Plan contest, is said to have sent the Bible to Mr. Bok as containing the best peace plan. Ys, IRnd aaCWAa SHRDLU ETAOIN CMFW VBG KJ QJA

In Other Communities

Taken From Our Exchanges About People of Your Acquaintance

Calcium Chloride at Fiesherston
Calcium chloride was laid this Tuesday on the connecting link of the Provincial Highway through Fiesherston by the Department of Public Highways. This is not the usual practice of the department, but has been done as an experiment as to the dust-laying qualities of this mineral. The department had practically declined to do the work as the connecting link had not been taken over, but Dr. Jamieson, M.L.A., on being appealed to, interceded on behalf of Fiesherston and secured the distribution. It is claimed that with the application of calcium chloride, the dust on the streets will be laid permanently for the remainder of the summer. The thanks of the village of Fiesherston is extended to Dr. Jamieson for this act of mercy on his part, and for his interest in village affairs. When the department consented to lay the dust on the main highway, the local Council met in the town hall on Friday evening last and decided to expend \$100 by applying the same on Collingwood and Durham streets at once, the application to be made by W. J. Moore, provincial road foreman in this district.—Fiesherston Advance.

Boy Badly Burned

Malcolm Duncan, the 15-year-old son of Mr. and Mrs. James Duncan, tenth line East Garafraxa, was severely burned last week in a most unusual accident. The lad left his overalls lying under a Ford car over night. When he put them on in the morning, he found that they were quite wet, and thinking they had been wet with the rain, stood beside the kitchen fire to allow them to dry. Suddenly they burst into flames, and in a moment the lad was enveloped in fire. Fortunately the mother, who was in the kitchen, had the presence of mind to pick up a heavy blanket and throw it around the boy, thereby helping to smother the flames. Instead of water, the overalls had been saturated with gasoline from a leaking gas tank. The boy is in a serious condition, his body being badly burned. Fortunately he was not injured about the face.—Orangeville Banner.

Forehead Badly Gashed

Mrs. Con. Hossford, while standing in the barn on her farm near Otter Creek on Thursday morning last during haying operations, was struck on the forehead by the hayfork, which fell backward while the timothy was being hoisted into the mow. A nasty gash that required four stitches was inflicted over the left eye.—Walkerton Times.

Arm Burned

A peculiar accident occurred a little east of the village on Thursday of last week when Albert Bier, an employe of the Law Construction Company, the road contractors on the Provincial Highway, was quite severely burned on the hand and arm.

It appears that he had a slight injury to his arm a couple of weeks ago through working. He had been using some oil and got some on his hands. In washing his hands with gasoline, some of the liquid got into the bandage. Unluckily he struck a match to light a cigarette. In an instant, a flame burst forth. With some difficulty, it was extinguished. The hand and arm were badly burned. Dr. Carter attended to the injuries. The patient suffered severely at first. He will be off duty for some weeks or longer.—Dundas Herald.

Hanover Man Hurt at Potr Elgin
Clayton Haase, son of Mr. Amos Haase of Bentinck, was injured at Port Elgin on Tuesday of this week. He was engaged with Contractor J. W. Faerber of Hanover in building a church at Potr Elgin. It appears that a scaffold broke, and Mr. Haase, who was on the ground, was struck on the neck by a piece of falling timber. The injured man was brought to the Hanover hospital. While it is not considered at present that he is dangerously hurt, his injuries are very painful.—Hanover Post.

Seriously Burned

On Saturday morning last during the heavy electrical storm, troubles developed on the hydro lines between Stratford and Listowel, and the power was off for several hours. Mr. R. B. Hanna, local superintendent, started to trail the wire and try to ascertain where the trouble was. While at Pegers he was using the hydro telephone line communicating with Stratford. In some unknown way, the hydro feed wires touched the telephone wires giving Mr. Hanna a very heavy shock. He was thrown to the ground and was unconscious for nearly two hours. One side of his face was badly bruised which was caused by falling on a stone. His leg, arm and hand were badly burned. He was given first aid at Pegers but was unable to return home. He was taken to the hospital at Listowel, and although still confined to the hospital, he is making a satisfactory recovery. While his injuries are very painful, it is fortunate that they were not fatal. It is sincerely hoped that he will have an early and complete recovery.—Listowel Standard.

Tidal Wave at Killarney

Villagers and visitors at the little north channel village of Killarney were suddenly challenged as to whether they were "seeing things" on Saturday morning. With a mad rush, a current being created to the extent of between seven and

eight miles an hour, the water came tumbling in from the bay, and before it was realized had risen 26 inches. With the rush was brought large quantities of driftwood which filled into crevices in the rocks. Some small docks were carried away, but no damage was done to the boats. In fifteen minutes the waters had subsided, but while the excitement raged and could not make her way to the dock owing to the racing waters. About the same time, five large motor boats from Detroit and one from New York entered the channel, but as the waters were normal, they had no difficulty in docking. In the evening, the visitors were entertained by a display of fire works and movies.—Collingwood Bulletin.

Kill Those Dirty Small Town Rumors

On Saturday last a big-hearted, good-natured resident of this town came to our office with a subscription list for worthy persons in straightened circumstances. After hearing the particulars, the principals of this paper were pleased to add their names to the list. During this week certain rumors have been circulated about the district to the effect that he big-hearted gentleman referred to above was acting solely in his own interests and for ulterior motives.

Before giving voice to their thoughts, people should first of all enquire the true facts of such a situation. Evil minded persons and scandal mongers have no place in the decent life of a community. If the persons who started the rumor had paused and inquired, they would have discovered that the gentleman whose good reputation has been slandered was acting for and in co-operation with two of the most outstanding and respected citizens of the town. If the cap fits, wear it.—Shelburne Free Press.

Now It's a White Groundhog

Mr. J. J. Huber has in his possession a very interesting curiosity in the shape of a live white groundhog. His son, William, noticed this animal out in the country the other day and gave it such a rapid chase that he captured it before it reached its den.—Mildmay Gazette.

Hay Island Sold

Mr. Gideon Kastner, through his agent, Mr. S. B. Cameron, last week sold Hay Island to Mr. E. J. Tallmadge of Detroit. We understand the price was around \$12,500. Just what the new purchaser plans to do with it has not been divulged, but it is presumed it is for summer resort purposes, as an aeroplane is expected up this week to take general observations and photographs of the district so that it can be properly mapped out. This would lead us to infer that we may expect real estate developments being put on to boom the Bruce Peninsula district. Mr. Kastner purchased the Island a number of years ago and timbered it over. There are about 2,400 acres on the Island.—Warton Canadian Echo.

A Big Catch

Mr. John Lobsinger and two sons, David of Detroit and Irwin of town, returned Friday from their annual fishing trip to the Bruce Peninsula, where they pressed their motor boat into service in their war on the flimy tribe, and from the back of which launch they did some effective trolling. Included in the catch which they brought home were six fine pike and two salmon trout, the larger trout tipping the scale at 14 pounds.—Walkerton Times.

Good Business All Around

Two motors collided at a cross-road north of Exeter on Saturday, and when the dust had cleared off, it was found that a constable, a doctor, an insurance agent, a gravedigger and an undertaker had formed

a group about the scene of the wreck. The insurance agent wrote two more policies, the doctor got his fee for medical attention, and the constable took the numbers of the two cars and will be a witness at a court inquiry.—Drayton Advocate.

Twins Celebrate 80th Birthday

A unique event was celebrated at the home of Mr. and Mrs. John Richardson of town on Sunday July 11, the occasion being the 80th birthday of Mrs. Richardson and her twin sister, Mrs. Henessy of Trenton, who is visiting her here after an absence of twenty-five years. Relatives of Mrs. Richardson were present from Underwood, Kitchener, Trenton, Toronto and Regina, and she was made the recipient of many gifts and good wishes as was also her sister. During the day, many town friends called with good wishes.—Port Elgin Times.

THREE MILLION ACRES A YEAR

Our forests will continue to be burned at the rate of three million acres a year until the people, the owners of the forests, evince something of the same interest in them as they do in smuggling, in the tariff and in who is to be the next Prime Minister, says Dr. C. D. Howe, Dean, Faculty of Forestry, University of Toronto. My readers, the Canadian Forestry Association, the Canadian Society of Forest Engineers, the Dominion and Provincial Forest Services are appealing to you for help in bringing salvation to our forests, salvation from oft-occurring, but, we hope, not eternal, fire. The interests of this country and the development of morally are well served by the avoidance of fire in this life. I gather from reading the newspapers that protection is an important issue in politics. Why spend so much time and energy in discussing tariffs when the second largest foundation of our industries is burning beneath them? Does it matter much who is the prime minister, so long as we continue to lay waste our forest wealth at the rate of three million acres a year? No one man under such conditions can prevent the paralysis of industry and the depopulation of lumbering communities that inevitably follow in the wake of forest devastation. There will be no adequate forest protection in this country until our political leaders are actually seized with its importance in terms of industrial life and act accordingly. The manifestation of this seizure will express itself in better organization of our forest protection forces and greater appropriations of money to carry out their work.

A bull market doesn't refer to the money paid an after dinner orator.

YOUNG WOMEN SUFFER MOST

These Two Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Ayer's Cliff, Quebec.—"I have been teaching for three years, and at the end of the year I always feel tired and have no appetite. I was a awful sick each month, too, having pains in my back until sometimes I was obliged to stop working. A friend recommended Lydia E. Pinkham's Vegetable Compound to me and I heard many women telling how good it was so I thought it would help me. And it did. Now I take six bottles every year and recommend it to others."—DONALDA FANTEUX, Ayer's Cliff, Quebec.

"Unable to Work"
Canning, Nova Scotia.—"I had irregular periods and great suffering at those times, the pains causing vomiting and fainting. I was teaching school and often for some hours I would be unable to attend to my work. Through an advertisement in the papers I knew of Lydia E. Pinkham's Vegetable Compound, and it has been of great benefit to me, the troubles being completely relieved."—LAURA J. EATON, Canning, King's County, Nova Scotia. C

She Knew

"Excuse me for kissing you, the hall was dark, and I thought you were my wife."
"How long have you been married?"
"Fifteen years."
"You dog! Take that and that and that. Next time you'll think up a more feasible alibi."

WATER

Iron Pumps of All Kinds
Renfrew Ranges and Separators
Brantford Windmills
Gould, Shapley and Muir
Gas Engines
Schutz Pump & Tile Co.
Phone 15 Durham, Ont.

Suits at Reduce Prices

Men's and Boys' Ready-Made Suits go on sale this week at prices you cannot afford to miss.

- Men's Plain Grey Serge, good weight and quality, @ \$16.50
- Men's Plain Blue Serge @ \$14.95
- Young Men's Fancy Grey Tweeds, Double Breasted, @ \$17.50
- Men's Light Grey Tweeds, Single and Double Breasted, @ \$16.50
- Boys' Tweed Suits with one or two pair of Bloomers, from \$5.95 to \$10.50

Drop in and have a look at these SUITS. They are all new goods and guaranteed in every way.

D. M. Saunders

One Door South of D. C. Town, Jeweller, Durham

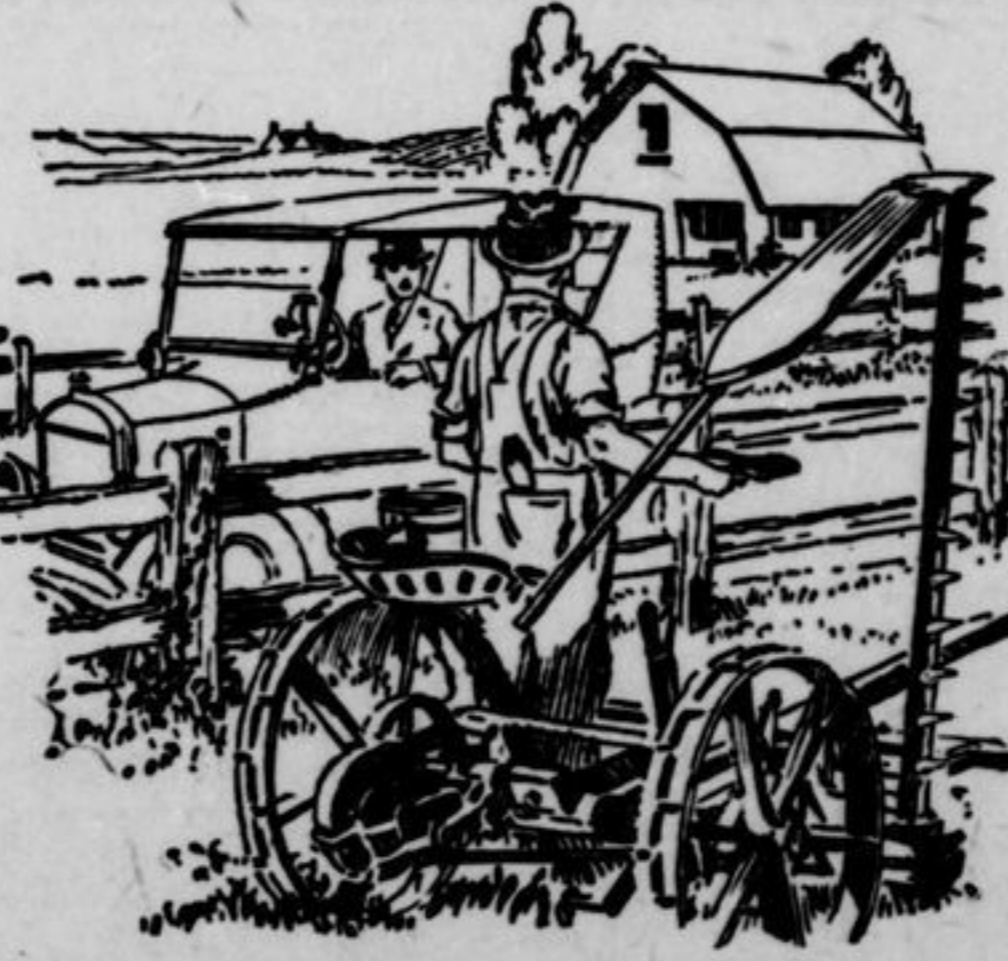
Metal doesn't wear out—

If Rust gets its chance, your expensive farm implements will never get theirs! For metal doesn't wear out—it rusts out. But here's a way to stop Rust! Use Barrett Everjet Paint.

We've learned what a sure protection Everjet is. Its elastic film-coat is 100% weatherproof and waterproof. It won't peel or crack. It's easy to apply and low in price.

Come in. Ask about Everjet.

We endorse
Barrett Everjet Paint



A. (Sarcastically): "Looks almost too pretty!"
B. (Tolerantly): "Maybe, maybe. But I'm after something else. This stuff stops rust."

Cross & Sutherland Hardware Co., Limited
Durham, Ontario



TREATMENT
By DR. FORSTER

Note: Dr. Forster will not write columns as will be of no public print. Personal cases accompanied by self-adopted dress Dr. Arthur L. Forster.

There are two forms and heat fever—and as the in each, a careful distinct.

Heat Prostration
The first symptoms of heat prostration are dizziness, a throbbing headache, nausea and sometimes diarrhea. As these disturbances increase in severity, the patient's skin becomes pale, cold and clammy, he is restless and profoundly aching. The temperature is subnormal and the pulse feeble. This condition may become unconscious.

The first thing to do is place the patient in the shade, and as soon as possible in a cool, well-ventilated room. The clothing should be removed and hot applications placed around the extremities to restore the circulation, and make the patient warm. If unconscious, the patient should be made to inhale aromatic spirits of ammonia. A mustard paste should be applied to the base of the neck and along the spine, as soon as he is able to swallow, it should be given; hot coffee and spirits of camphor.

Heat Fever
In cases of heat fever, the picture is entirely different. The patient is exceedingly hot, the temperature running from 105° to 110°. I have seen one case in which the fever was 112°. The skin is dry, the face congested, and the vessels are throbbing. The patient is very restless, breathes heavily, and his pulse is rapid. He may specially become unconscious.

As in the case of heat prostration the first step is to call a physician. The patient should be placed in the shade and then taken into the house. The clothing should be removed and the subject placed in a tepid water at a temperature of 80°. Ice should also be placed on his head. During at this time, he should be conscious.

HEALTH QUESTION
Cut Them Out
Mrs. B. W. writes: "I have three small lumps on my head which I think they are called. I have been trying a certain remedy with no noticeable effect. What would you recommend?"

HYMENEAL
JAMES—SWALLOW
A pretty wedding took place at Yale Avenue United Church, Toronto, on Wednesday afternoon, July 7, when Miss Elizabeth, only daughter of Mrs. E. Swallow, and the late Thomas Swallow, of Durham, Ont., was united in marriage to George Glenn James, second son to Mr. David James, South Toronto, Manitoba.

The bride, who was given in marriage by her brother, Thomas, attended the church to the strains of Lohengrin's wedding march, and by Miss Vera Newstrom of Toronto. The Rev. W. T. Wolff officiated.

The bride wore a charming gown of apricot georgette and sateen lace, with hat to match, and carried a bouquet of orchids roses, Miss Grace Wright, who was bridesmaid, wore a dress of apple green tulle, crepe and tulle, and carried a bouquet of French flowers, and a bouquet of columbine roses.

The groom was attended by his brother, Herbert C. James, of Detroit, Mich.

During the signing of the registers, Miss Myrietta Meisner, of Wingham, sang, "I Love You Truly."

After the ceremony, a reception was held at the bride's home, Regent.

THE FAMILY NE

