For The Quiet Hour

MY CREED

My creed is work; to follow duty's call However far it leads across the plains-Through trackless woods, or ringing on the hills; To seek for pleasure in the realms of toil-Still ever striving for a larger self With which to do a service for the rest.

To lay a new path through the unknown way, And leave some heritage e'en though so small No other hand would love or care to leave. Rejoicing ever in my brother's craft, To follow system and the perfect law-Be what I am, and do my very best To lead a life which towers above the hills, And points the way across the plains to God.

-R. H. WILSON in Sunlit Days.

THE MISSIONARY WHO OPENED THE DOOR INTO Japan, by birth a Hungarian Jew, by naturalization a British subject, by marriage the husband of an English wife, by profession physician, and by conversion a believer in Jesus Christ, Bernard Jean Bettelheim, was a layman sent out by a group of laymen, pious British naval officers, to take up his residence in the Loc Choo Islands in 1846. "Perched on a curious overhanding rock" in the temple called "The Protecting Temple," he lived for seven years, then welcomed Commodore M. C. Perry and the officers of his expedition, and was happy to act as interpreter and medical officer as

This Christian Jew, who was master of thirteen different languages, found Loo Choo, as did the Commodore, to be his doorway into Japan. The light which this early pioneer set burning there has been burning constantly ever since, but at times very dimly.

HIGH SCHOOL BOYS AND GIRLS NAME THEATRE-GOing as their principal form of recreation, according to the results of a study of the leisure time interests of 1076 students made by Professor T. Earl Sullenger of the University of Omaha, and published by the Playground and Recreation Association of America in The Playground Magazine. Hiking proves the next popular form of recreation, and reading follows. Forty-four per cent of the boys and girls are playing baseball, and 34 per cent tennis.

Dancing was named their favorite recreation by 224 girls and 109 boys, 31 per cent in all. All the recreation is not non-productive, as 21 per cent named gardening, and 81 boys find recreation in automobile repairing. Twelve per cent of the boys spend most of their leisure time with the radio. Only four per cent play pool as a means of recreation.

STATISTICS SHOW THAT FIVE PER CENT OF ALL church members do not exist, 10 per cent of them cannot be found, 25 per cent never go to church, 50 per cent never contribute a cent for the kingdom of God, 75 per cent never go to a mid-week religious service, 90 per cent do not have fainily altars in their homes, and 95 per cent never attempt to win a new recruit to Christ.

THE VALUE OF PLAY IS THAT IN MOST OF ITS EXpressions, quite apart from the physical value of the exercise, it is teaching honesty, courage, fairness, quickness of decision, self-control, resourcefulness, loyalty. It teaches us to play the game of life honorably, bravely .- John H. Finley.

ONE MORNING AT THE SUNDAY MORNING PUBLIC service, after I had been speaking about forgiveness, and the necessity for us to forgive our enemies if we expected divine forgiveness, a man came into my office, bringing his little girl whom I had examined just before church. This sixteenyear-old child had been struck in the eye a short time before by a fifteen-year-old neighbor boy, and her vision was entirely destroyed. The father said to me:

"What shall I do to this boy who deliberately blinded my girl, following a petty dispute? I had decided that unless he paid me a large sum of money, I would destroy his sight, as I have a right to under the law. However, I have been thinking more about it, and I think the way that Jesus Christ demands is much better, so I will try to stop the hurt in my heart, and the hatred of this boy, and sincerely forgive him. -H. A. LICHTWARDT, M. D., Meshed, Persia.

WHILE THE JEWS IN EUROPE ARE VERY ANTAGONistic to everything Christian, and it is very hard to approach them, the Jews of America, who live in close relation with their Gentile neighbors, belonging to the same clubs, lodges and societies and whose children go to the same schools with the Gentile children, feel less the differences between them and other people, and are more apt to listen to a Christian's argumnts. This is especially true of the Jews in the South, where they are entirely on an equal footing with their hospitable, liberal and white Gentile neighbors. Here also, not emulataing their brethren of the North, who are in a continual rush and hurry, they find time and patience to listen to a missionary talk and read the literature which he may present to them. And if so few Jews are to be found in church, we must blame ourselves for failing to grasp the opportunity that has been offered to us. I often hear a Christian brother tell me that he would like to speak to a Jew about his salvation and invite him to the church, but he refrains from doing so out of fear of offending him or hurting his religious feelings. To this I may say that the average Jew is not only not offended, but he would think it an honor if a Christian should think so much of him as to invite him to his church; and as for hurting his religious feelngs. I may say that the average Jew has no religious feelings. Oh, if we only see the opportunities and heed the command of our Master!-Rev. Jaacob Gartenhaus.

LONG BEFORE THE GREAT WAR, ARCHDUKE; FRANZ Ferdinand (whose murder at Sarajevo set the match to the world conflagration,) paid a visit to Sir William Macgregor, governor in New Guinea. After several days up country, the archduke said:

"Sir William, I don't understand it. Where's your army?"

"We've got none." "But how do you keep order?"

"The people keep it themselves." He was perplexed. "Well, what about hunting for the next few days?

"Of course there will be no hunt on Sunday."

"The natives won't go." "Won't they, if you bid them?"

"Let us ask them!"

So Sir William asked his natives what they were going to do next day, Saturday.

we are going home.

"For worship on Sunday."

In telling it all, Sir William added this significant word: "I wonder if the archduke saw any connection between these two. A sabbath-keeping people does not require an army to keep it in order."

ENTRANCE RESULTS DURHAM DISTRICT

Durham Centre

(H) Honors, 75 per cent and over. Ila Allan, Durham; Evelyn Baird, Durham; Norman Becker (H), Durham; Audrey Bell (H), Durham; McLean, Durham; Lolita Mighton, ness career. Armetta McKechnie; Dorothy Pick- Mount Forest Confederate. lering (H). Durham: Lenore Reay, INo. 3. Bentinck, Pearl Wilson: Esther Riddell, Welbeck, E. M. Moore; Harold Wilson, Durham.

Passed under Regulation 11 (3) 01 1924:

Esther Petty; Edna Biemann, Mulock, guilty party.—Tara Leader. Violet Watson: Elizabeth McGillivray, Bunessan, Allan McInnis: Thomas Melosh, Latona, Jessie B. Aitcheson.

Thirty-seven tried and 37 passed.

Dromore Centre

Lane; Margaret Leith (H); Jean Mc- sulting in Mrs. McGowan receiving from a Jealous Spaniard, played by Cannel; Anna C. McEachern; Annie a fractured skull. She was removed McKinnon; Beatrice McMillan; Isa- to the Palmerston hospital, where bel McMillan; Archie J. McPhail, no hopes are entertained for her re-Top Cliff, E. McCuaig; Florence Mc- covery. Mr. McGowan escaped with Phail; Robert Myers; Alice C. Proud- a few scratches.-Walkerton Times. ley, Top Cliff, E. McCuaig; Robert Renwick; Mavis Snell; Rosea Switzer: Alexander Taylor, Dromore, Esther McLean; Roy Tucker; Hazel new steel bridge over the Beaver Wilson, John Wilson. Thirty-four tried; 21 passed.

Holstein Centre

Jessie Anderson, William Arnill, preparatory to drawing up a plan, Wilfrid Bowman, Isabel Hastie, Cath-Tenders for the structure will be erine Heaney, Elmer Holliday, Wal- asked for as soon as plans are comlace Holliday, Arnetta Maes, Eliza- pleted. beth McKenzie, Margaret E. Mc-Phaden. Robert Miller, John Nichol- ing under the bridge, two butments son. Carman Stephens, Gertrude will be necessary to bear the super

Passed under Regulation 11 (3)

Twenty-seven tried; 18 passed. IS SERIOUSLY INJURED

IN RUNAWAY ACCIDENT Miss Myrtle Halpenny, Arthur

Township, an employee at the Su- inck, his brother. John, of New Lisperior Knitting Company's plant at keard, and Miss Ella McFarlane set Mount Forest, was seriously injured sail by steamer Montnaiarn from on Friday while returning from a Quebec for their native heath in football game at Holstein when the Bonnie Scotland. They will have a buggy in which she was riding with family reunion at Tarbert on Lock when the horse bolted. She was taken to the Mount Forest Hospital. The accident occurred when the horse became frightened when a dog ran in front of it.



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In Other Communities

Taken From Our Exchanges About People of Your Acquaintance

Drowned at Mount Forest

Durham; Norman Blair, Durham; curred on Thursday afternoon last. Chesley Enterprise.

Ned Burnett (H), Durham; Ada Kenneth McEachern, a son of Mr. Chapman, Aberdeen, Mr. D. McCor- Martin McEachern, of the 4th of mick; Bernard Clarke (H), Durham; Minto, who has been attending the Mrs. F. W. Cutting of this place Marguerite Corlett, Welbeck, Miss Mount Forest Business College, had has received a letter from her par-M. E. Moore; Dorothy Douglas (H), been writing off his second last pa- ents, Mr. and Mrs. P. Loucks, who Durham; William Erwin, Durham; per on his final examinations and are visiting with their son, Mr. Wal-Daniel Firth, Edge Hill, Miss Armet- went down to the river to bathe. ter Loucks, and family at Cormorant ta McKechnie; Gertrude Glass, Dur- He went in at a sand beach on the Lake, Man. Mr. Loucks, Jr., conham; Irene Grasby, Varney, Marjorie north side of Murphy's dam, which ducts a fox farm in the far north Caldwell; George Hahn, Durham; is about 200 yards wide at this point. and is making a success of it. He Elizabeth Harding (H), Durham; He had got got about half way has an acre of potatoes this year Roy Hargrave, no 9, Glenelg, E. M. across, or according to another ver- which were in blossom when the Park; George Hay (H), Durham; Vic- sion, had crossed and was half way letter was written. Fresh vegetator Hind, Durham; Ada Holmes, back, when he disappeared, presum- bles are being used daily from the Durham; Orval Hopkins, No. 9, ably from cramps or exhaustion, as garden, which fact reminds us that Glenelg, E. M. Park; Louise Jacques, the water was quite cold. A num- the season in the West is in ad-No. 9, Glenelg, E. M. Park; Nelson ber of young people were about, and vance of what we have had in On-Lowe (H). Durham; Leonard Mc- the alarm was given, but efforts to tario.-Markdale Standard. Comb, Durham; Gordon McCrae (H), find the body were unavailing until Durham; Moore McFadden, Durham; the next morning about 9.30 when it Norman McIntyre (H), Durham; was brought up by grappling hooks. Blanche McKechnie, Edge Hill, Ar- Deceased was a fine young lad, village streets will have to be metta McKechnie; Catherine E. Mc- aged 17 years, of good principles and stopped. The Herald learned of a Lean. Rocky, Kathleen Firth; Violet gave promise of a successful busi- lady riding in an auto being struck

der, Durham; Caroline Mitchell, Dur- home at Cotswold on Monday after- The catapult is a dangerous weapon ham; Mary Moffat, (H), Durham; noon, with interment at the Harris- in the hands of a reckless boy .-Albert Nicholson, Durham; George ton cemetery. Rev. R. H. Ledingham Dundalk Herald. Noble, Durham; Marjorie Noble, conducted the services, and the Rev. Durham: Grace Paylor, Edge Hill, Dr. McRae assisted at the grave .-

A Gruesome Discovery

Anna Ritchie, Durham; Daniel E. were shocked on Tuesday to hear to be good at figuring. Ritchie, Edge Hill, Armetta McKech- that the remains of a new born nie; Vera Robins, Zion, Glenelg, Reta naked baby had been discovered Raymond Griffith was called upon Barbour; Dorothy Robinson, Edge floating in the river above the In-Hill, Armetta McKechnie; Carman vermay bridge. The gruesome find Roseborough, Hutton Hill, Esther was made by Mrs. Elijah Palmer Petty, Clen A, Rowe (H), Durham; when looking for her cow along the Harry Ryan, Durham; Walter Scha- river bank. The authorities were fer, Latona, Jessie B. Aitcheson; at once notified and took charge of Wilma Smith, Durham; Clara Tray- the remains, and they were taken nor, Durham; Lawrence Whitmore, to Scarrow's undertaking parlors, Durham; Roy Wiggins, Durham; On Tuesday evening a jury was empanelled with Dr. Rannie, Coroner, of Chesley, in charge, and the re- speed or the momentum of the car. mains were viewed. The Provincial he probably would have been run authorities have the case in hand over. Directors Paul Iribe and Frank Mayple Armstrong, Hutton Hill, and are endeavoring to locate the Urson let him make the estimations

> Fatally Hurt in Auto Mishap While Rev. Mr. McGowan, Union-

Alice M. Eckhardt, Top Cliff, Eliza- out, broke off the railing and was just a few feet behind him.

To Start Work Soon

Actual construction work of the River at Thornbury is expected to be started in two or three weeks' time. County Engineer, R. C. Mc-Knight was in town on Monday and secured the various measurements,

On account of the two flumes passsteel structure. The flooring of the bridge will be of cement and will be raised two feet at the west end which will materially reduce the Maggie E. Holliday, Harry Pinder, small grade on that side. The sidewalk, which is built by the town, will be several feet nearer the dam when completed, - Thornbury Review-Herald.

> To Bonnie Scotland Today Alex. McFarlane of Bent-

Fyne which is some 40 miles north Lena Bell, Edge Hill, Miss Armetta It is not often that we have a of Glasgow. They will be absent McKechnie; Mae Bell, Edge Hill, Miss drowning accident in Mount Forest, about two months. Their many Armetta McKechnie; Thelma Bell, but a sad evenet of that kind oc- friends wish them bon voyage.—

Open Season in North

Catapult Does Damage

Stone throwing by boys on the on the face by a stone thrown by Mulock, Violet Watson; Eddie Mil- The funeral took place from his a young boy, and an eye blackened.

GRIFFITH KEPT HOPPING MAKING "NIGHT CLUB"

It often behooves a motion picture The citizens of Tara and Invermay actor to know his own strength and

to estimate exactly his own speed Griffith didn't have a thing to do in and how fast a run-away automo- The Night Club"-not a thing. bile would back downhill. Griffith was to walk up behind a machine of which Vera Reynolds had lost control and to flee in its path as Louise Fazenda are featured with it came hurtling backward down a Griffith in the leading roles. long flight of steps.

If he had misjudged either his own himself. As it was, he had everything figured out nicely and distanced the car by several feet.

In another scene, when Miss Reyist minister of Mildmay, was motor- nolds' car was about to run him ing with his wife on Tuesday even- down, he had to leap up and catch ing to his new charge at Alma, he a street lamp which was suspended met a large truck on a small bridge from an archway several feet above near Palmerston, and in turning his head. The speeding machine beth McCuaig; Ethel Hill, Boothville, plunged over the side of the struc- Besides the above mentioned lit-Helen Christie; Jean Lamont; Ethel ture, the car turning turtle and re- tle incidents and fleeing for his life

She Escaped It by Taking Lydia E. Pinkham's Vegetable Compound

Windsor, Ont. - "After the birth of my first baby I was very much rundown in health and the doctor said I must have an operation as I was suffering from a displacement. A friend wanted me to try your medi-cine—Lydia E. Pinkham's Vegetable Compound—and I took it steadily for a year. During this time I was carrying my second baby and I felt real well all the time and did not have a hard confinement. I feel sure the Vegetable Compound did me a lot of good, and all my people do, too. One sister in Leamington, Ontario, takes it, and both sisters praise it as a good medicine. I am more than pleased with the result." - Mrs. W. PENN, Windsor, Ontario.

Mrs. Corbin Relieved from Pain Stewiacke, N. S. - "I had pains across my back and in my side for two years after my first baby was born. My mother had taken Lydia E. Pinkham's Vegetable Compound and I read about it in the papers, so I tried it and the pains all left me. I have a family of three children now, and the medicine helped me during the months before they were born. I recommend it to my friends."-Mrs. CARY W. CORBIN, Main Street. Stewiacke, Nova Scotia.

Wallace Beery, who had just carelessly tossed a wicked looking knife at his head and a few other little stunts that would make the average vaudeville acrobatic act look tame, The picture is based on the Wil-

liam de Mille stage play, "After Five." Miss Reynolds, Beery and

WATER

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each \$1.25 Ladies' Summer Weight Bloomers in pink and mauve 50c

Ladies' Cotton Hose in brown and black, excellent quality, 9, 9½ and 10, per pair......25c

John McKechnie,

Durham



Neighbor-How come? My old roofs on its last legs, while yours looks good as ever. Fermer -- Easy! I got hold of some stuff * that puts new life into a roof."

* Barrett Liquid Elastigum

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HAY By DR. ART

Note: Dr. Forster will ans columns as will be of inte public print. Personal que accompanied by self-address dress Dr. Arthur L. Forster

Years ago we though nothing but timothy hay, asthma from which so m mer. We now know that may cause the disease would be a better name, I to those who have the dis would smell just as sweet a sneeze.

Hay Fever Cures

Whenever there are fifty-sev know none of them is any good. the other fifty-six would quiel pass into innocuous desuctude, A that is precisely te situation in h fever-there is no cure!

True, many persons have used of remedy or another with benefit results. But said remedy did if cure the hay fever-it cured t patient's mind. And there is the key to the whole problem. I a not saving the pollen has nothing do with it. However, I do mainta that its position is a secondary of Else why does not everyone who if hales pollen have hav fever? That the patient's mental attitu

of hav fever can not be denied. Me of my hay fever patients know rig A. for example, knows that on Thur day, the twelfth of August, his hi fever will be upon him. Not on tat, but he knows it will hit hi are looking for it, preparing for -inviting it. Is it any wonder the get it? I sometimes think they would be terribly disappointed if the un

welcome guest failed to arrive. case of coryza ("code id tha hed during August. If the idea that was hay fever had taken up t abode in his cranium, and he ha looked for the same thing the fo lowing year, I verily believe I would soon become a full-blown ha fever victim. And I just as firm believe that many hay fever pr tients contract the disease in ju that way. Certainly they are a

(Copywright, 1926, by The B HEALTH QUEST

Stop Swallowing Air

Mrs. G. writes: "I came acroticle so you will know what I at

THE FAMILY

