

For The Quiet Hour

"Our father's God, to Thee we lift our hearts In gratitude for all Thy grace imparts.

"Thy hand thus far hath steered our Ship of State O'er sea tempestuous and through billows great.

"May Christ's religion be our beacon light, To guide us on our course in paths of right;

"And when we reach the port of righteousness, A harbor safe for all who Thee confess.

THE LIFE OF MARY LYON, THE FOUNDER OF MOUNT Holyoke College, has no parallel in history where purpose, decision, conscientiousness, courage, faith, perseverance, industry, self-reliance and self-sacrifice have been more strongly evinced.

Would you know her secret? The Bible had first place in her life and school. So far as she knew, she literally practised its principles and required her pupils to do the same.

ONE HUNDRED THOUSAND JAPANESE ARE NOW living in the United States; all but five thousand in the Rocky Mountain and Pacific Coast districts, and nearly a hundred thousand more in Hawaii.

One-Sixth of the Japanese here are native-born Americans. Many of those who come from Japan would welcome the opportunity to be naturalized.

Hard-working, ambitious, progressive, they are rapidly adapting themselves to the social and moral standards of America. More than half of them are farmers and farm laborers.

There are seventy-eight Japanese Christian churches in the United States, with fifty-two hundred members; also a strong interdenominational missionary organization, largely supported by Japanese themselves, for supporting and extending the work of their churches on the Pacific Coast.

IN A LITTLE SPOT NEAR THE WALL OF MUDKEN, the old capital of China in Manchuria, is a grave, and nearby a tablet placed on the wall of the new medical school and hospital. Four years ago I stood in front of that tablet to the memory of young Arthur Jackson, who led his school at Liverpool, and who was one of the best known athletes and scholars of his day in Cambridge University and who had gone out in the fall of 1910 as a medical missionary to Manchuria.

GRACE IS INSEPARABLE FROM TRUTH, AND THE ONE dies with the other. When we have once allowed ourselves to deny the Scriptures, and are deliberately resolved so to do, something snaps in the brain, the main sinew of grace is fused, and the fortress of truth crumbles in the soul.

AN APPLICANT FOR CHURCH MEMBERSHIP IN THE Congo must commit to memory the first, twenty-third, thirty-second, thirty-seventh and fifty-first Psalms; the entire Sermon on the Mount; the third and fourteenth chapters of John; the twelfth chapter of Romans and the thirteenth chapter of first Corinthians.

CHRISTIANITY IS NOT THE "CROSS ROADS," FOR Christianity is Christ, and he has never been at the cross roads.

It is not that "Christianity is at the cross roads," but rather that some so-called Christians are off the Cross road. Let those who claim to be Christians get back to the Cross road. All signposts point to the cross throughout the Scriptures.

Get on the cross road, and there will be no talking about "Christianity at the cross roads!"—Leon Tucker.

FOR ALL THE DAYS OF ALL THE YEARS

To keep my health! To do my work! To live! To see to it I grow and gain and give!

—Charlotte Perkins Gilman.

In Other Communities

Taken From Our Exchanges About People of Your Acquaintance

Maitland Cheese Factory Burned

Fire almost totally destroyed the Maitland Cheese Factory, the owner's residence, furniture and equipment last Monday evening about ten o'clock.

Tramped on by Horse

Not knowing that his two-year-old son, Wallace, had followed him into the stable, Deputy Reeve Ed. Threndyle of Brant led loose some colts from the stalls on Wednesday evening of last week, and in rushing towards the door, one animal knocked over the child and stepped on him.

Old Log House Burned

The log house occupied by Messrs. Martin and Gabriel Thompson at lot 27, concession 3, West Mono, was totally destroyed by fire last Friday.

Owl Attacks Woman's Hat

Believing that a yellow rosette on a lady's hat was none other than a toothsome baby chick, a near-sighted owl at twilight hopped off a tree skirting the sidewalk leading to the C. P. R. station and landed viciously on a railwayman's wife's millinery and began to peck and claw in an effort to rend things asunder.

Anglers Were Acquitted

A nice point in law was raised before Magistrate McCartney on Friday last when Clarence Kunkel and Otto Lanz of Midway appeared in the police court on the charge of illegally fishing in John Hamel's mill pond in Midway on Sunday, May 9.

Arrested and Escaped

Chief of Police Ferguson received a call on Sunday from Sarnia to be on the lookout for an Indian driver of a Ford car with a certain license number. Twenty minutes after the call, the chief had landed his man in front of the livery barn where he was negotiating for a supply of gasoline.

265 Licenses Issued for Fishing in Eugenia Lake

From May 15 to May 31, 265 fishing licenses were issued by Mr. W. E. Morgan of Eugenia, for fishing in the Eugenia basin. Large numbers of tourists have been taking part in the sport, and so far the catches have not been up to the expectations so far as quantity, but the size of the fish has been un-

questionable. Speckled trout of two and a half pounds weight have been fairly numerous, but there is a noted absence of smaller fish being caught, which makes one think that the large fellows are exterminating their brethren.

Normanby Council

The Municipal Council of the Township of Normanby met in the Township Hall, Ayton, on Monday, May 31. The Reeve in the chair, all the other members present.

There were seven appeals against the assessment roll for the township, and nine against the assessment of the Police Village of Ayton.

The following assessments were reduced: John Mulqueen, \$100 on buildings; Charles Schlegel, \$200; the Louis Kreller Estate, \$300 on buildings; and there was no reduction in the assessment of the Police Village of Ayton.

Filsinger—Seim: That Clerk make some minor changes in the odd numbers in the assessment roll of the Police Village of Ayton, as per a list prepared and presented to the Council, leaving no odd numbers. Carried.

There was one dog added to the assessment roll, and no dogs were struck off.

Filsinger—Seim: That the assessment roll, as corrected by the Court of Revision, be accepted as correct, less palpable errors. Carried.

Commissioners Seim and Widmeyer changed road divisions, being numbers 2 and 3. The Council changed John Smith to John Henry, pathmaster, and John Forbes to Thomas Ryan, and Henry Werner to Herbert Werner.

Widmeyer—Ovens: That the following accounts be paid: Dr. Easton expenses to Toronto, M. O. H. convention, \$15; Council meeting at date \$16.30; Board of Health meeting at date \$8.70; Alex. Sharp, 8 hours grading, lot 20, concession 17-18, \$3.20; George Seim, to pay parties repairing road, lot 21, concessions 9-10, \$16.75; Jacob Schnell, repairing road grader \$12.50; Jacob Fischeer, repairing road \$16.00; Commissioner Filsinger, to pay parties repairing road and to pay for axle grease \$4.80; Rev. Brackebusch, marriage register \$4.80.

The Council adjourned to meet in the Township Hall, Monday, July 5, at 10 a.m. for general business.

—R. H. FORTUNE, Clerk.

Terrific Speed

A bold sportsman, says Youths Companion, who lived in England a hundred years ago, when the railway was new, accepted an invitation to go with a house party for a run of five miles by rail.

In a letter written in 1829, he gives this account of his experience: "The quickest motion is to me frightful, it is really flying, and it is impossible to divest yourself of the notion of instant death to all upon the least accident's happening. It gave me a headache that has not left me yet."

SOFTBALL SCHEDULE

No. 1 District

June 17—Militia at A. Y. P. A. 22—High School at Clerks. 25—Public School at A. Y. P. A. July 1—Clerks at Militia. 6—A. Y. P. A. at High School. 9—Militia at Public School. 15—Clerks at A. Y. P. A. 20—Militia at High School. 23—Public School at D. H. S. 29—A. Y. P. A. at Militia. Aug. 3—Clerks at High School. 6—A. Y. P. A. at Public School. 12—Militia at Clerks. 17—D. H. S. at Public School. 20—Public School at Clerks.

No. 2 District

June 10—Band at I. O. O. F. 15—Merchants at Furniture Co. 18—Stone Plant at I. O. O. F. 24—Furniture Co. at Band. 29—I. O. O. F. at Stone Plant. July 2—Band at Merchants. 8—Stone Plant at I. O. O. F. 13—Merchants at F. O. O. F. 16—Band at Stone Plant. 22—Furniture Co. at Merchants. 27—Band at Furniture Co. 30—Stone Plant at Merchants. Aug. 5—I. O. O. F. at Band. 10—Merchants at Stone Plant. 13—I. O. O. F. at Furniture Co. 19—Furniture Co. at I. O. O. F. 24—Merchants at Band.

WATCH DAD STREET

When he wears his new tie A gift from the family ON FATHER'S DAY, JUNE 20

D. M. SAUNDERS

CARE OF SHADE TREES

Clean culture is an important factor in the protection of shade trees from the insect enemies that attack them, according to a new bulletin of the Entomological Branch of the Department of Agriculture at Ottawa, on the shade tree insects of Eastern Canada. All dying and dead branches and trees should be removed and burned, as they are the breeding places of many insects and root-causing fungi.

Can He Prove It?

"That fellow who just went out in a queer old duffer," remarked the barber at the first chair. "Nuts, eh?" enquired the man next

THIS MOTHER GLAD DAUGHTER IS WELL

Mrs. Parks Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Daughter's Health

Toronto, Ontario.—"My daughter is 16 now and has been an invalid ever since she was six months old and has been compelled to remain out of school the greater part of the time. We have tried different kinds of medicine, but none helped her much. I had taken Lydia E. Pinkham's Vegetable Compound a dependable medicine for young women's troubles. For sale by druggists everywhere. c



when I was run-down, and it had helped me so much that I thought it might help her at this time. She has gained ever since she began taking it. She attends school every day now and goes skating, and does other out-of-door sports. I recommend this medicine to any one who is run-down and nervous and weak." Mrs. PARKS, 106 Bond Street, Toronto, Ontario. Lydia E. Pinkham's Vegetable Compound is a dependable medicine for young women's troubles.

Swimming probably comes of popularity, and there is a healthy sport, provided the frisks from diving into two or three fathoms of water. From the "old salt hole" of the past generation, the marine pools of today, swimmers have been the great summer joy. There is nothing more inviting and rejuvenating than a good swim, and it is a good effect, ever, by going into the water soon after eating, staying long and other indiscretions.

WATER Iron Pumps of All Kinds Renfrew Ranges and Separators Brantford Windmills Gould, Shapley and Muir Gas Engines Schutz Pump & Tile Co. Phone 15 Durham, Ont.

The Store That Sets The Pace Look At Your Hat-- Everyone Else Does Come in and be fitted for a New STRAW HAT. WE ALSO HAVE Men's Borsalino Felt Hats Men's and Boys' Hatchway Underwear Men's and Boys' Khaki Pants Men's and Boys' Khaki Shirts The Newest in Men's Fine Shirts Remember that June the 20th is FATHER'S DAY. Loosen up and Give Dad a Tie D. M. Saunders One Door South of D. C. Town, Jeweller, Durham



Mrs. B: "You got through quicker than I thought you would, Mr. Moore" Mr. M: "Yes ma'am, and that roof will last" We endorse Barrett Roofings

Your garage deserves a good roof-- Of Barrett Roll Roofing Cross & Sutherland Hardware Co., Limited Durham, Ontario

The Baseball Season OUTD Note: Dr. Forster writes columns as well as a public print. Personally accompanied by self in dress Dr. Arthur L. Forster Of all nations the most devoted to sports and all it offers above others has paid big dividends in physical vigor they possess. Among the outdoor sports rapidly moving into first place popular favor, and in the super-sede baseball and our national games. There are a few years ago were, bicyclers, are now on the And there is a reason why door sport can appeal to the training of mind and affords. Swimming probably comes of popularity, and there is a healthy sport, provided the frisks from diving into two or three fathoms of water. From the "old salt hole" of the past generation, the marine pools of today, swimmers have been the great summer joy. There is nothing more inviting and rejuvenating than a good swim, and it is a good effect, ever, by going into the water soon after eating, staying long and other indiscretions. Next in order comes tennis, vigorous for older people in many young persons as well. nis puts almost a great strain on the heart as the "clatter" It has a further disadvantage that it is played in the sun. If you want an A-1 case of imbibing two or three cold ones leaving the court, 000 tennis is an ideal outdoor sport. Baseball Always Enjoyable No discussion of summer is complete without including the most popular of all games--baseball. There is nothing more diverting exhilarating than a sunny baseball game. It is full of action and one ever gets too old to play. I am speaking of course of the increasing use of "indoor" ball tributes something toward the game less hazardous-- have been killed by a blow to the head with the official bat. But the percentage is so small, be negligible. Some people go in strong for ing. Personally I have seen much at home on a horse, and the steeds I have ridden. (Copyright, 1926, by The Foot and Mouth Disease Mrs. G. C. writes: (1) Can you give me any for yawning except sleeping lack of oxygen in the lungs? to me I have enough of all but I yawn more or less all the (2) Have I discovered piles the legs which have been due as "varicose capillaries"? They are tender and at times severely. Have been bothered neuralgia in head and con the pains in legs were not Would they be due to any cause? Reply (1) Your yawning is a habit. You may be able to come it by going with your held open for several months time a dozen or so times a (2) The diagnosis is very correct, as it doesn't take to recognize varicose veins pains are due to the pressure the nerve-endings. There connection between the veins legs and the head. Keep off your feet as much sible, and when seated, he legs elevated, get some s tape and wrap about the vated in the morning. I keep the veins empty and ing with most of the pressure.

THE FAMILY OH YOU? NOW I HEAR I SHOULD MEAS