

PA

For The Quiet Hour

DEAR LORD!

Dear Lord, whose brow was pierced
With thorns for love of me,
O let Thy blessing ever be upon my brow,
That I may think for Thee!

Dear Lord, whose hands were pierced
With nails for love of me,
O let Thy blessing ever be upon my hands
That I may work for Thee!

Dear Lord, whose feet were pierced
With nails for love of me,
O let Thy blessing ever be upon my feet,
That I may follow Thee!

Dear Lord, whose heart was pierced
With spear for love of me,
O let Thy blessing ever be upon my heart,
That I may live for Thee!

—Woman's Magazine.

EASTER SUGGESTS: E-TERNAL YOUTH,
A—home above,
S—etting our hearts aglow with the prospect of further service for our dear Lord Jesus,
T—riumphant dying can be gained alone by triumphant living.
E—ternal life can become real to us all before we awake in his likeness.
R—adiant joy, radiant love and radiant life are to be the possession of all those who put their trust in the Easter message.

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AT THE CLOSE OF THE LATE WAR, THERE APPEARED a picture in a newspaper showing Canadian veterans in Paris on Bastille Day, when France and her allies were celebrating the victory, marching under the Arch of Triumph, through which only victors could pass.

Easter suggests victory over death, and the great blessedness the Easter story tells in a wondrous word picture is how all that on earth do dwell can have the privilege of marching under the resurrection arch.

When we become Christ's soldiers, his destiny and victory are our destiny and victory.

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AS AN OLD NORSE KING SAT ONE NIGHT IN HIS hall before a fire, surrounded by his counsellors, while the tempest raged and roared and whistled outside, a little bird flew in, passed over their heads and out an open window. "Such," said the king, "is the life of man: out of darkness into light, and then lost in the darkness and storm again!"

"Yes, your majesty," cried a courtier, "but the bird has its nest beyond!"

Let us who have a "nest beyond," in heaven, make it a great purpose of our lives to live that nest with loving deeds to our fellow men: for nesting in love in heaven means living in love on earth.

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WE HAVE READ THAT NO MAN EVER STOOD IN worse fear and dread of death than Alfred Krupp of Prussia, the great cannon king, who was literally a manufacturer of death. He never forgave anyone who spoke to him of dying. Every employee was strictly forbidden to refer to the subject of death.

Upon the death of a relative, when his wife remonstrated with him, he became so enraged that a separation from her followed.

At his last sickness he offered his physician a million dollars to prolong his life ten years. Thus he died, hating and fearing death.

All the money in the universe cannot buy the blessed assurance of "Though I walk through the valley of the shadow of death, I shall fear no evil." Each Easter morn holds out this assurance. Have you accepted it?

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A CHURCH PLANNED EXCLUSIVELY FOR CHILDREN is being completed in London by the West Ham Central Mission, one of the most successful Baptist enterprises in that city. An old tabernacle is being transformed to accommodate a children's congregation of approximately 500. With the exception of the minister, Rev. C. G. Hutchison, the organization of the church will be composed entirely of boys and girls. The roof has been painted to represent an eastern night sky, with twinkling golden stars, and famous artists have contributed pictures which will be hung on the walls. The children will elect their own church officers. As most of them will come from homes of the poor, a special envelope has been devised, in which those who feel that they are unable to give money are asked to enclose a note of thanks for some benefit or joy received during the week. A day nursery will be conducted, and it is hoped to add a playground and welfare center. About £60,000 has been expended on the enterprise.

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A MINISTER ON HIS WAY TO CHURCH MET A LAD' with his fishing pole on his way to the river. The former said:

"My boy, the Sabbath day was given you to rest!"

The boy answered: "Oh, I ain't tired!"

"Sunday amusements," says one, "are claimed in the name of the 'tired people,' but are really desired and used by those who could rest and amuse themselves any time during the week." However, since the Sabbath cannot be built up by rule, neither can it be undermined if we do the things Jesus would do on that day if He were in our places.

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THE DUTCH CALL THE SABBATH "GOD'S DYKE." They know what their sea walls have done for their nation in rolling back the encroaching ocean, hungry to swallow up their low-lying land.

Voltaire said that as long as the Sabbath remains, the Christian religion could not be destroyed.

Almost countless instances could be given in personal experience, testifying how this great rampart, the Sabbath, has stood like a dyke between themselves and the things "hungry to swallow them up."

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BEHOLD, I SHEW YOU A MYSTERY: WE SHALL NOT all sleep, but we shall all be changed, in a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed. I Corinthians 15:51, 52.

On the resurrection morning,
Soul and body meet again:
No more sorrow, no more weeping.
No more pain!

Soul and body reunited,
Henceforth nothing shall divide,
Waking up in Christ's own likeness,
Satisfied!

—S. Baring Gould.

RAZ-MAH
HEAD and
BRONCHIAL
COLDS
No Smoke—No Sprays—No Snuff
Just Swallow a RAZ-MAH Capsule
Restores normal breathing. Quickly
stops all choking, gasping and mucus
gatherings in bronchial tubes. Gives
long nights of restful sleep. Contains
no injurious or habit-forming drugs.
\$1.00 per box at drug stores. Send 5c for
guaranteed relief. Templetons, Toronto.

In Other Communities

Taken From Our Exchanges About People
of Your Acquaintance

A Freak Calf—Two-in-One

A cow belonging to Lewis O. Moore of Badgeros gave that neighborhood a surprise when she gave birth to a calf with two heads and two spines reaching back to the hips. There were but four legs. The freak died a few hours after birth. Both heads died about the same time.—Dundalk Herald.

Kicked in Face by Horse

Mr. Wes. Felsing, who sustained many serious wounds in the war that he was confined for three years in the hospital, and who has since been in a more or less disabled state, was the victim of a most distressing accident at Mr. Norman Brocklebank's farm at Maple Hill, Brant, about noon on Thursday last, when in curving the hind legs of a heavy colt, the animal suddenly and unexpectedly dealt him a most vicious kick in the face. Felsing was knocked unconscious to the floor, and when Mr. Brocklebank, who witnessed the mishap and rushed to his aid, bent over the prostrate, bleeding form, he was convinced that the young man was dead. Carrying him into the house, he hurriedly summoned a Walkerton doctor who, after a time, succeeded in reviving him. Two gaping wounds, one above and one below the right eye, which laid the bone bare, had been inflicted, and were it not that the ex-warrior had already lost the sight from his right orb in battle and was wearing an artificial eye on this side at the time, it is certain that he would have been blinded at this point anyway by the kick. As the unfortunate man had already been gassed, in the war and had a more or less affected heart, it was considered unsafe to administer an anesthetic, and so without anything to deaden the pain, the ex-soldier went through with Spartan nerve the excruciating ordeal of having some twenty stitches inserted in his face to close the wounds. He is convalescing at the home of Mr. Brocklebank, but it will be several weeks before he will be able to be about. The victim of this mishap is a son of Mr. and Mrs. Conrad Felsing of Hanover, formerly of Brant, and a brother of Mr. John Felsing, east of town.—Walkerton Times.

1,500,000 Feet Lumber Shipped This Winter to Durham Factory

About 1,500,000 board feet of timber has been transported during the past four months from the Durham Furniture Company mill at Rock

CHURCH PROPERTY COMMISSION WORK ALMOST DONE

Brief Summary of Work So Far of Interest to Many Readers and Published for That Purpose.

Many applications have been dealt with by the Commission under Section 10 of the Act relating to cases of extreme hardship, and the dispositions made may be divided into several classes:

(a) Where partial use of a church has been given to the non-concurring minority.

(b) Where exclusive use of a church has been given to the minority.

(c) Where assistance in money or land has been given to the minority.

(d) Where the ownership of church property has been given to the minority.

(e) Where a church building has been made available for purchase by a minority on easy terms.

In many cases coming within class (a), voluntary offers by congregations of the United church were made and approved by the Commission. In other cases recommendations have been made and accepted by congregations of the United church. Partial use of churches has been given or offered in Mimico, Rutherford, Fort Francis, St. Helens, Belmore, Heathcote, Bala, Burlington, Manotick, Sutton, Burk's Falls, Dunwich, Laurel, Grafton, Martintown, South Lancaster, Paisley, Melburne and Russell.

Under class (b) arrangements were made or offered for leases for the entire use of United churches in the following places: Bookton, Bondhead, Stouffville, St. George, Laird, Brougham, Priceville, Gorme, Pakemham and Ventnor.

In a few cases the applications were refused because of the minority not being strong enough to function and not having met regularly for worship. These were South Gloucester, Arnow and Merivale.

Applications have been refused by the Commission in the following cases: Agincourt, Orangeville, Waterloo, Durham, Blenheim, Ottawa, Bowmanville, Sudbury, Port Arthur, Almonte, Meaford, Port Elgin, Parkhill, Alliston, Beachburg, Laurel, Delhi, Bluevale and Ventnor.

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Read the Classified Ads. on Page 7. It will pay you.

Mills to Ceylon, where it has been loaded into cars and taken to the factory at Durham. This is a huge amount of lumber to come out of this country, and the end is not yet in sight. The mill has been in operation for a great number of years, and each season the mill yard is well filled with logs to be manufactured into lumber. Mr. James Dargavel, manager of the Rock Mills plant, informs us that at present there are approximately 1,200,000 board feet of logs in the yard there to be cut this year. All winter in fact, from about December 1 last, seven teams have been drawing steadily from Rock Mills, and the last pile was finished on Friday afternoon last. It was one of the best years for drawing lumber for some time, lay-offs only taking place a couple of times through storms, and not more than three or four days were lost from this cause.—Flesherton Advance.

A Prosperous Farmer

A farmer who lives less than seven miles from Mount Forest came the other day to renew his subscription to the *Farmer*. The number of auction sales came up in conversation. The farmer said that if any man failed in farming here, it was his own fault. Hard work, fair thrift and good judgment make for success in this business as well as others. He himself had begun farming on very little. Now he has a 200-acre farm, well equipped with buildings, stock and implements, all free of debt and \$3,000 to the good besides. And he had run a car for eight years, too. And he is not an old man, either. He put the emphasis on work. There are many others such as he around here.—Mount Forest Confederate and Representative.

Cattle Tie Up Railway

A pair of wild cattle tied up traffic temporarily on the G. P. R. on Saturday when they broke from the local stock yards at the station and started up the track towards Kenilworth, the opposite direction to which it had been intended to convey them by first-class freight accommodation. The westbound freight took no chances on a collision with the excited bovines and waited until it was assured that they had left the track a couple of miles or so from Arthur. The passenger train had then to wait until the freight could get safely out of the way.—Arthur Enterprise.

that spider webs have a thickness before the strands are separated of only two or three ten-thousandths of an inch. It has been calculated that a pound of web, as used in the telescope diaphragms, would stretch around the earth—some 25,000 miles—and 500,000 tons would reach to the nearest fixed star.

that spider webs are inserted at the correct spacing and proper tension. Afterwards the distances between them are accurately measured under the microscope, and with special testing apparatus, the instrument is again placed in perfect adjustment ready for field use.

The web as produced by the spider is ordinarily a number of strands spun together somewhat in the form of a rope. Single strands separate from the freshly spun web give the best results, though some prefer to take the web directly from the spider's cocoon. Grains of dust sometimes collect on the spider lines, which detract from their use when viewed in the telescope. In the laboratory the webs are dusted off and the single strands separated. An idea of the delicacy of touch required may be formed when it is stated

HOW THE SPIDER ASSISTS

The lowly spider, as he spins his web to entrap the unwary fly, is exercising a faculty that has been made use of for years in the construction of certain kinds of scientific instruments. Included in this category is the surveyor's transit-theodolite.

If you look through the telescope of such an instrument, a number of fine, straight lines will be seen cutting across the field of view. These lines are arranged in one of several different ways and may be of any number up to a dozen or so. They are used to enable the surveyor to make the intricate measurements necessary in the practise of his profession.

On Canadian topographical surveys, these lines are ordinarily of spider web, and are stretched across an annular ring within the telescope itself. For emergency use, when this spider web becomes accidentally broken, some other device carried as a spare part, such as glass diaphragm on which the lines are etched, is generally substituted. The spider web, however, is much more satisfactory. The lines must be very fine and black, and no artificial product which has yet been tried has the requisite combination of fineness, strength and elasticity.

Owing to the superiority of the spider web, the surveyor may endeavor to replace a broken web with a new one. This is an extremely delicate operation and one that is very difficult to perform in camp, particularly as the lines require to be accurately spaced. Sometimes they are only about one-sixteenth of an inch apart.

The operation is so difficult to perform in camp is quite readily performed in a properly equipped laboratory. Thus, in the Physical Testing Laboratory of the Topographical Survey, Department of Interior, where instruments used in topographic mapping are regularly inspected and tested and other work in connection therewith is carried on, the spider lines are handled with ease and assurance. New spider lines are inserted at the correct spacing and proper tension.

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THIS WOMAN NOW WELL

Her Suffering Relieved and Health Restored by Lydia E. Pinkham's Vegetable Compound

Toronto, Ontario.—"I am certainly very grateful for the benefit I have received from Lydia E. Pinkham's Vegetable Compound, also the Sanative Wash and the Liver Pills. In the early spring I was suffering so much from loss of blood that I thought I would never be any better as doctor's medicine relieved me only for the time being. I saw the Vegetable Compound advertised in the 'Toronto Star,' and I find the Vegetable Compound tablets the best for me. I have been taking them since Spring, and I intend keeping them by me all the time. After reading your Private Text-Book I saw it was necessary to use Lydia E. Pinkham's Sanative Wash, and I can safely say I feel a different woman. My friends remark how well I look. I am a very busy woman, but I am ready at all times to boost your medicines."

Mrs. CHARLES GIFFIN, 949 Lansdowne Avenue, Toronto, Ontario.

You may be having an experience similar to Mrs. Giffin and will be interested to know what she did.

Every sick woman can feel confident that Lydia E. Pinkham's Vegetable Compound will help her, since it is known that it does help 98 out of every 100 women who take it.

Sold by druggists everywhere. c



PREV

Note: Dr. Forster's columns as will be public print. Per

accompanied by Dr. Arthur

Research work

past two years would

method for the pre

has finally developed

it means another e

ventive medicine.

During the first three

the present decade, the

round figures 350,000 cas

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of the United States.

In the general mortality

14 per cent, it may be

the disease killed nearly

one thousand

scarlet fever cases.