For The Quiet Hour

GOD UNDERSTANDS

O hearts that bleed and give no sign, Save whitening cheeks and pallid lips that press! Against the bars of circumstance, Know this:

God understands. He feels the heartache and the pain That pierce thy lonely soul again, Because He, too, was slain.

He will go with you down the years That look so full of toil and tears, And turn my grief to deep content-For this His love was sent: God understands.

-Selected.

WHEN ANY NEW PROJECT IS BEING UNDERTAKEN in any business concern, not one of the employees would dream of going ahead and doing it without consulting the president of the company. It is his business; he is the chief owner, and it would be a piece of impertinence to attempt any project without his advice.

Yet is not God the chief owner of the world, our work and our very selves, yet how many of us undertake projects without consulting Him in prayer! Sometimes we wonder why things go wrong; why they don't work out to our expectations. Is it any wonder! Who are we that we should go boldly ahead making plans for the year, without individual and sincere prayer that each of us may be given strength and inspiration to carry out our share in the great work.-Lerine

DR. FRANCIS E. CLARK, FAMILIARLY KNOWN AS "Father Endeavor" Clark, founder and for the last forty-four years the president of the United States Society of Christian Endeavor, retired from the presidency at the 30th national Convention held at Poreland, Ore. He will retain the presidency of the World's Christian Endeavor Union.

Dr. Clark reviewed the growth of the Christian Endeavor movement from its inception at Portland, Me., in 1881, to its present stage of development. Some of the more serious questions confronting the con-

vention were: Is it necessary to be a Fundamentalist to be a Christian? Can the church supply enough recreation for the average

young man or woman of today? Does dancing indicate a serious defect in moral fiber?

Is it immodest for a young girl to appear in public in a one-piece bathing suit? Should golf and other sports be engaged in on Sunday? How can the enforcement of prohibition best be aided? Can a Christian Endeavor girl wear rolled stockings and

use a lipstick? Must all races mingle on an equaliy?

THE TEN COMMANDMENTS HAVE BEEN CALLED the thundering conscience of the Israelites.

"I have noticed," said the farmer, "when driving my mowing machine, that when there's something wrong with it, there's pretty sure to be a warning. If the gear is getting dry or out of place, and doesn't run right, it gives a hard, squeaky crunch that lets me know there's trouble coming; and if I am wise, I stop and investgate."

It seems to me conscience is like that. It is the crunch my spiritual nature gievs me to warn me. The Ten Commandments instruct the conscience, with the added meaning given in the sermon on the Mount.

THANK GOD THERE IS NO SEX DISCRIMINATION IN God's commandments and their application!

We have saved the soul of the man who killed, We have turned to shrive the thief, We restored the pride of the man who lied, And gave him our belief; But for her that fell have we fashioned hell, With a faith all stern and just. It was so of old, and no man has told What our Lord wrote in the dust.

For the men who thieved and who killed and lied, Who have slain the woman's soul, We have worked and prayed and have seen them made All clean and pure and whole; But we drive her out with a righteous shout In our Pharisaic trust. So the man goes free, but we did not see What our Lord wrote in the dust. -Wilbur D. Nesbit.

"THE BIG WORD IN WAR OR PEACE," A REGULAR army colonel said some time ago, "is not courage but fortitude. The average human in any nation has courage enough. Fortitude is much scarcer. There are ten men with courage to one with fortitude. It is hard to find a man who will tackle his share of necessary drudgery without complaint, and give it his best."

What is the difference? Here are dictionary definitions: Courage-That quality of mind which meets danger or opposition with intrepidity, calmness and firmness.

FORTITUDE-Strength of mind to meet or endure unfalteringly pain, adversity or peril. Constant courage.-New York Tribune.

THE FINISHED PRODUCT OF THE DIFFERENT FAITHS might be stated as follows:

Greece said, "Be moderate-know thyself!" Rome said, "Be strong-order thyself!" Confucianism says, "Be superior-correct thyself!" Buddhism says, "Be disillusioned -annihilate thyself!" Hinduism says, "Be separatedmerge thyself!" Mohammedanism says, "Be submissivebend thyself!" Modern materialism says, "Be industrious -enjoy theyself!" Modern dilettantism says, "Be broad -cultivate thyself!" Christianity says, "Be Christlikegive thyself!"-E. Stanley Jones.

"THE OTHER NIGHT," WROTE SOMEONE, "A COUPLE of yowling cats were making sleep impossible in our neighborhood. Vigorous, explosive 'Scats!' failing to affect them in the least, and distance making the hurling of furniture and shoes of no avail, I was at a loss what to do. Suddenly I remembered my big flashlight, and producing it, I turned it on the feline offenders. Instantly the fighting ceased, and as I continued my silent 'pitiless publicity,' they finally slunk away, and for three months have troubled our neighborhood

no more." This dimly illustrates the pitiless publicity the Ten Commandments searchlight has been turning on human life for all the centuries.

I HAVE SEEN MANY SORRY FAILURES, BUT I HAVE yet to see one moral collapse which was not preceded by a misuse of money.-Charles A. Cook.

In Other Communities

Taken From Our Exchanges About People of Your Acquaintance

resentative.

Gasoline Explosion-Nearly a Fire On Tuesday forenoon, Mrs. H. S. but this was soon extinguished by ball, and in some manner, Franklin Mr. Tebbutt. The curtains on the stepped on the gall and fell in such window were burned, a door and a way as to break his left leg. He a cabinet were scorched before the was rushed to the hospital, where and Frank Noonan who rushed in. -Listowel Banner. The damage amounted to about \$30, cannot be too strongly impressed on people that gasoline vapor and fire mix too readily with disastrous results.-Mount Forest Confederate and Representative.

Kids Received Real Surprise

in their early teens hied themselves concession, was very fortunate Fri- medical witness.

The Chief had received complaint top, in some manner missed her that the place was being used as footing and fell to the bottom of And these are valuable visitors to \$14.00. The other case was adjaurned a rendezvous and was waiting when the stairs. the kids arrived. One of them had The lamp was broken, but the oil of course, places that have no ation. dicsussed the matter.

leader was the holder of the flash- ger of fire, Mrs. Buttery was indeed light. He claimed a short time ago very fortunate.-Atwood Bee. to have "found" the articles stolen from Johnston & Brown's garage and returned them to the owners .-Meaford Mirror.

New Industry for Hanover

to state that the matter will go have meant death. through. Probably about 25 men will be employed.—Hanover Post.

C.S.E.T. Bond Selling Results In the recent Bond Selling Campaign in South and Centre Grey, a total of \$174 was raised: Hanover \$134, Flesherton \$20 and Dundalk Mayor Foster of Toronto thinks so. In the recent Bond Selling Cam-\$20. The money will be used by There are many who think differthe Ontario Boys' Work Board to promote boys' work in Ontario.-Dundalk Herald.

Markdale Business Changed Hands A business deal of considerable A business deal of considerable importance was put through the of tourist contribute sufficient to end of last week by which Mr. H. the community to make it advisable H. Dennison will become the pro-prietor of Mr. R. S. Cumming's barprietor of Mr. R. S. Cumming's bar-ber shop. Mr. Dennison will move from his present stand about the middle of March, and as a result, there will be but two barber shops there will be but two barber shops here in the future. We understand that Mr. Cumming will go into busiite announcement has been made. vy expense of an hotel can not es-Mr. Cumming has been a resident which they stay overnight. They and in his younger days was one of must have food, if nothing else. the speediest players on the local lacrosse team. He was a member freely prefer "camping" for a change to the most luxurious hotel of years and is one of the good citizens of the town. Many friends will wish Mr. and Mrs. Cumming the best of everything in the future. Mr. Cumming has not sold the building in which the barber shop is located.-Markdale Standard.

Lad Suffered Serious Injury While playing on the rink on Saturday, John Stewart, 16 years of age, had his foot so badly cut with a skate that he nearly bled to death, and six stitches were required to close the wound.-Mount Forest Confederate & Representatives.

Loses Sight in Accident William S. McKee of Goderich

WATER

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In the death of Charlotte Cum- tim of a most serious accident last known that three young lads about ming, widow of the late John White, Wednesday. He was employed on 13 years of age had mysteriously which occurred at the home of her a snowplow on the Canadian Pacific disappeared. Inquiries revealed the daughter near Thornbury on Sunday, February 14, Grey County loses its oldest resident at the age of 97 years. She had been in good received the full character fact that they had not attended school in the afternoon, and it was school in the agree of 97 years. She had been in good the full character fact that they had not attended school in the afternoon, and it was school in the agree of the process of the full character fact that they had not attended school in the afternoon, and it was school in the agree of the process of the full character fact that they had not attended school in the afternoon, and it was school in the agree of the process of the full character fact that they had not attended school in the afternoon of the full character fact that they had not attended school in the agree of the full character fact that they had not attended school in the afternoon of the full character fact that they had boardof 97 years. She had been in good received the full charge of air in ed the afternoon C. P. R. train gohealth until three weeks before her death. The late Mrs. White was pletely blind for a time. An idea keeper informed inquirers that three keeper informed inquirers that three one of the early pioneers of On- of the force of the air may be as- lads had been there shortly before tario. She was born in the Town- certained from the fact that there train time, and the Corbetton sta-

ship of Toronto in 1829, and thus was 160 pounds pressure to the tion agent stated that he had sold lived under five British sovereigns. square inch, and the cylinder head three boys single tickets to North Her parents came to this country was 12 inches across. First aid was Toronto. from Londonderry, Ireland. Her fa- rendered and the injured man taken It was learned later that they ther was a close friend of William to his home that night. As soon as had walked to Corbetton, a distance Lyon McKenzie, who headed the re- the inflammation subsides, he will of four miles, and boarded the train bellion of Upper Canada in 1837. She go to Toronto for an examination, there rather than run the risk of was married 74 years ago. Mrs. N. Some hopes are entertained for the their errand being suspected by D. Lawrence of Monticello, former-ly of Robb, is a granddaughter.— of the other is doubtful. Mr. Mc- train arrived at North Toronto be-Mount Forest Confederate and Rep- Kee's host of friends sinceerly re- fore a message could be got to the

blaze could be extinguished by the injury was attended and where Messrs, W. S. Smith, John Duffield he will be confined for a few weeks.

> Often a very slight fall or accident Friday night. results in serious injury to people, while in other cases, persons have been known to fall considerable dis- "Where did the car hit him?" in Markdale before M. Armstrong. tance and escape injury. Mrs. Wil- asked the coroner. liam Buttery, who resides with her "At the junction of the dorsal proved conclusively that the prislighted lamp, and when near the heered o' the place."

advanced age of seventy-seven years It appears as though the ring- the distance of her fall and the dan-

Narrow Escape From Death

Asleep in each others' arms, with their hand's tucked under their heads, Joseph Kushener and William Lebachuk, 12 years of age, were A company is being formed in found just in time to save them Hanover with local and outside from death on the open expanse of capital to manufacture radios and Thunder Bay ice, a mile and a half electrical apparatus. The former from the shore at Port Arthur last Fisher Foundry building has been week. They had been skating, and leased from the Canada Cement after going quite a distance, became Company. As negotiations are still exhaused and could not reach land. in progress, it is inadvisable to pub- The boys' hands escaped freezing lish facts in the issue, but the pro-position is sufficiently under way a few hours longer would certainly

> Taking Care of Gypsy Motorists Is a city or town justified in spending the taxpayers' money proently. The mayor states there are a lot of motorists who will not visit Toronto if obliged to patronize an

Well, what of it? Are they any

Of course, even the tourist who cannot-or will not-afford the hea-

And it must not be forgotten that some tourists who can easily spend change to the most luxurious hotel.

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DUNDALK LADS ON JAUNT TO FLORIDA

Three Got only as Far as Toronto on Thursday Afternoon and Evening.-Walked to Corbetton and Boarded Train for Toronto There

Somewhat of a sensation was caused in Dundalk on Thursday formerly of Fordwich, was the vic- night of last week when it became

gret to learn of his great misfor- conductor to deter the youthful pastune and trust that his sight may sengers, but he remembered that be restored to normal.—Fordwich three lads had got off the train at West Toronto. By this time, their people at home

in the kitchen to the rear of Mr. Little Lad Has Unfortunate Accident were very much worired, and rela-Tebbutt's tailor shop and poured While playing about the house tives in Toronto were communicatsome gasoline into a pan three or with a playmate on Sunday after- ed with in the hope that the adfour feet from a hot stove. There noon last, Franklin, two-year-old It was not until 11 o'clock, how-was presently an explosion. Mrs. son of Mr. and Mrs. M. F. Zubrige was presently an explosion. Mrs. son of Mr. and Mrs. M. F. Zubrigg, Tebbutt received a great shock and fright, and her apron caught fire, The two lads were playing with a by the police at Mount Dennis and taken care of.

It has since been learned that the youngsters were figuring on taking a little jaunt as far as Flor- RAYMOND BRIDGET ida, but as far as could be ascertained, there was not much cash in the pockets of the trio. One of the Markdale Man Convicted of Bootleglads had a little more than \$10, while but it might have been \$3,000. It Uninjured After Fall Down Stairs the others were penniless. They Some people are indeed fortunate, were brought back to Dundalk on

A Puzzled Juror

When a select group of young lads daughter, Mrs. Russell Riddell, 14th and cervical vertebrae," replied the oner was guilty of selling liquor to the "Club House," an old stable day evening last when she met with The foreman of the jury rose from imprisonment and fine of \$200 with behind Johnston & Brown's garage an accident which might indeed his seat. "Man and boy, I've lived costs was imposed. on Tuesday night, they found Chief have resulted very seriously. Mrs. in these parts for fifty years," he Clarke installed as a reception com- Buttery was going upstairs with a protested ponderously, "an' I niver two O. T. A. charges were laid

a flash light, and when he saw the did not ignite, and Mrs. Buttery es- hotel, or only one of an unattracuniform, he fled in disorder, but the caped serious injury only suffer-tive character, can only derive ben-tive character, can only derive ben-tive character, can only derive ben-tive character, can only derive ben-things there are in the world until them to the goosegow where they through the fall. Considering her with an attractive camping ground, you see what a balloon tire has -Midland Argus.

PAINS ALL OVER BODY

Two More Cases of Feminine III. ness Relieved by Lydia E. Pinkham's Vegetable Compound

Barrington, N. S. -"I had terrible feelings, headaches, back and side aches and pains all over my body. would have to go to bed every month and nothing would do me good. Me husband and my father did my wor for me as I have two children and we have quite a big place. I read in the paper about Lydia E. Pinkham's Vegetable Compound, and then got a little book about it through the mail, and my husband sent to Eaton's and got me a bottle, and then we got more from the store. I am feeling fine now and do all my work and am able to go out around more. I tell my friends it is Lydia E. Pinkham's Veg. etable Compound that makes me feel so well."—Mrs. VICTOR RICHARDSON. Barrington, Nova Scotia.

Dull Pains in Back

St. Thomas, Ont. - "I took four bottles of Lydia E. Pinkham's Vegetable Compound and found great re-lief from the dull, heavy pains in the small of my back and the weakness from which I suffered for five years after my boy was born. After taking the Vegetable Compound and using Lydia E. Pinkham's Sanative Wash am feeling better than I have for the past seven years, and advise my friends to take it."- Mrs. F. JOHNSON 49 Moore Street, St. Thomas, Ont. c

GETS ONE MONTH

ging and Is Jailed and Fined Raymond Bridget of Markdale was

arrested by Provincial Constable Denton and Inspector Beckett on Friday morning. The case was tried J. P. Evidence was taken which contrary to the O. T. A. One month's

In conection with the Bridgel case against younhful offenders, Magistrate Armstrong fined one of them for a week pending further inform-

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THE EXI

BY DR.

Note: Dr. Scholes will columns as will be of public print. .. Personal accompanied by self-ad Dr. W. J. Scholes, in ca

Bearing children, siological process, just piration. Any intellig mother during her con The lower animals be an obstetrician, and t But conditions may not t

mal-in fact, very often are reverse. And this despite ou er intelligence and the adv we have over other memithe animal kingdom, Cu enough, it is these very fac our modern civilization that tended to make child-bearing hazardous for the human However, much can be prevent or modify many of the

gers attending birth-giving, per care and precaution a pleyed. Many an unfortuna ther who died bringing he into the world would be lix day, had she demanded and a the care that is her due due months of her expectancy. In the home, the mother receive every care, every

every consideration within of those who surround her she is casting her life in the and facing the very refined agony in the ordeal she is Happily, in our modern A homes, the mother is a qui not a vassal, and is accorhonor and courtesy that are Hidden Dangers

Often, however, through

information on the subject. neglect to do those things contribute to their well-be during and after pregnance though child-bearing is a process, it is fraught with dangers-complications and -of which the expectan knows nothing and agains she accordingly cannot pro self.

Hence, every expectant (Copyright, 1924, by

HEALTH Q Some Good Question on l N. T. writes:

"(1) What should be th of a boy six feet tall an years of age? "(2) What should be the

the room in which two "(3) What should be the

ature of the room? "(4) If a stove is use bedroom, should water be vessel on the stove?

"(5) When there is a fire in the stove, does it oxygen than one sleepin "(6) Does the stove use oxygen as a sleeping per

"(7) How often should a complete change of a

(1) 160 pounds. (2) The average sized quires 1000 cubic feet (3) 60° F. (4) A stove should not

in a bedroom, but if the

room?

unescapable reason for there, a vessel contain should be a part of the so that the necessary r midity may be maintain when consuming an aven of fuel, use more oxyge sleeping person. Of c

will depend upon the stove and the nature (7) Each adult requir 3000 cubic feet of free THE FAN

YEAH

TIME . AND