OPERATION LEFT HER VERY WEAK

Letter Tells of Wonderful Relief After Taking Lydia E. Pinkham's Vegetable Compound

Coniston, Ontario.—"After a severe operation and a three weeks' stay in a hospital I returned home so weak that I was unable to move a chair. For four months I was almost frantic with pains and suffering until I thought sure there could not be any cure for me. I had very severe pains in my left side and suffered agony every month. One day when I was not able to get up my mother begged me to try your medicine. My husband got me a bottle of Vegetable Compound at once and I took it. I started a second bottle, and to my surprise and joy the pains in my side left me completely and I am able to do all my work without help. I am a farmer's wife, so you see I can't be idle long. In all, I have taken six bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of the Compound Tablets, two bottles of Lydia E. Pinkham's Blood Medicine, and have also used the Sanative Wash."—Mrs. L. LAJEUNESSE, Box 103, Coniston, Ontario. C

FAINTING

By DR. W. J. SCHOLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. ..Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

One evening a young man fainted in a moving picture theater. This theater happened to be a small one, and was located in a small town. It was poorly ventilated and was rather crowded. When the young man fainted, some of those who were sitting nearby discovered his plight and went to his assistance. They lifted him up into a sitting position and were very careful to support his head. As the patient did not recover immediately, it was decided that he should be taken out into the fresh air. So an attempt was made to stand him up on his feet and drag him to the door.

About this time, a woman came to the rescue. She told the well-meaning first-aid crew that the proper thing to do was to lay the young man down on the floor. Then she sent someone to get a glass of cold water. But the water was unnecessary in this case, as the young man soon recovered after being laid on the floor.

While this happened in a small town moving picture theater, it may just as well have happened in a church, in a street car, or at a house party. No matter where it happens, attempts to aid those who faint often begin about the same as in this case. For it is, perhaps, rather rare if some well-meaning person does not think it his or her duty to raise up the head of the person who has fainted. Now this happens to be just the wrong thing to do.

To Restore Blood Circulation

When one faints, there is not enough blood in the brain. The anemia of the brain is caused by temporary weakness of the action of the heart. The object of first-aid treatment is to restore the circulation and particularly to restore the circulation of blood to the brain. This is best done by laying the patient down so that the head is on a level with, or a little lower than, the rest of the body. If the head is a little lower than the rest of the body, gravity aids the supply of blood to the brain.

Giving the patient plenty of fresh air and sprinkling cold water on the face may, with advantage, be added to the postural treatment.

Smelling salts, or a dose of aromatic spirits of ammonia in water when the patient is able to swallow, are time-honored remedies. But these are usually unnecessary.

The pallor and the almost imperceptible pulse make fainting unlikely to be confused with other conditions causing loss of consciousness. If consciousness does not soon return following the above outlined first-aid treatment, the services of a physician should be obtained.

Emotion is quite often the immediate cause of fainting. When the tendency to faint is more or less frequent, a careful search should be made for the cause. Fainting may be a sign of heart-disease, anemia or some other disturbance which requires attention.

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HEALTH QUESTIONS AND ANSWERS

Blood Test

A. J. M. writes: "Several years ago, I had what is commonly called a blood disease. I was told after I had a course of treatment that I should occasionally have my blood examined. As I am now living in a little country town and do not know where the nearest place is where I can have the blood test made, I would like to know how to go about getting it done. I would appreciate any help that you can give me."

Reply

Have the doctor in your town obtain a specimen of blood from you and send it to some laboratory.

Has Swollen Ankles

Mrs. M. C. asks: "What makes a person's ankles swell? What can be done for it?"

Reply

1. Heart disease, Bright's disease, anemia, disease of the liver, and tumors which interfere with the circulation in the legs, are some of the causes.

2. Have an examination to find the cause, then have the cause treated.

Whooping Cough

Mrs. G. S. asks: "1. How long after exposure does it take for whooping cough to develop if it is going to develop?

"2. Can a person have it more than once?

"3. Is it ever dangerous?"

Reply

1. Usually from two to ten days.
2. More than one attack is rare.
3. Yes, on account of its complications.

OLD MR. CARTER HELPED BY SIMPLE MIXTURE

"After taking Adlerika, I feel better than for years. At my age (60), it is ideal—so different from other medicines." (signed) W. W. Carter. Adlerika is a simple mixture of buckthorn bark, glycerine, etc., which removes GAS in ten minutes and often brings surprising relief to the stomach. Stops that full, bloated feeling. Brings out old waste-matter you never thought was in your system. Excellent for chronic constipation. McFadden's Drug Store.

A Good Reason

"Cohen, I've lost my pockebook." "Have you looked in your pocket?" "Sure! All but der left-hand hip pocket." "Vell, vy don't you look in dot." "Because if it ain't dere, I'll drop dead."

A Chicken-Playing Bishop

Clergymen who enter into general athletic sports always run the risk of encouraging familiar and impertinent relations on the part of those with whom they play. As an instance of the way in which this may take place, a story told of the late Bishop of Rochester by an English paper, may be quoted.

This good bishop was so fond of cricket that he used to play the game with an expert local team. One day when he was batting in a match, the bowler pitched very wide, and the bishop exclaimed very sharply:

"Please keep the ball in the parish!"

The next ball which the bowler sent knocked out the bishop's "middle stump," whereupon the bowler remarked loud, enough for some of the spectators to hear:

"I think that's somewhere aboot the diocese, mu lud!"

IN OTHER COMMUNITIES

(Continued from page 2)

This closed off and prevents all draft, and the fire simply smothers out in a few moments. Perusal of the reports of fire losses by insurance companies reveals that a big percentage of the losses are caused by chimney fires, and this new safety device will undoubtedly fill a long felt want in this regard. The inventor has made arrangements with Leisemer & Kalbfleisch, local hardware merchants, to assist in the manufacture and sale of this invention, and it is expected that the price of it will be about $3.50.—Mildmay Gazette.

A Strenuous Hen

The grittiest hen we know of belongs to a thresher in Erin. Her right to be called brave has been tested. She is not only a brave hen but a "strenuous" hen.

She belonged to one of the Hayden brothers. They also own a threshing outfit, which was taken out of the shed for the first time last fall, and a small field of grain was threshed to see that the machine was in good running order.

After the job was finished, the machine was returned to the shed, when, to the amazement of all, there in the corner of the separator sat the strenuous hen.

Under her was a nest of eggs that she was endeavoring to hatch. She had been on the nest when the machine was taken out.

She was there when the belts and pulleys began to whiz, when the fan began to sing and when the riddlers began to shake and rattle. The wind from the fan ruffled her feathers and almost took her breath, but like the boy on the burning deck, she stayed at her post. What her thoughts were when the swift cylinder began to chew up the straw cannot be guessed.

When found, she was uninjured. There was dust in her mouth and a somewhat frightened look in her eye, but she was on her nest. Of the eggs, all were safe save one.—Acton Free Press.

Swiping Radiator Caps

How quickly the average motorist of today takes to the auto fads and decorations that appear on both the low and high-priced cars. Last year it was the bathing girl figure that became such a craze, and pretty soon every Ford, Chevrolet or Star to be seen had a bathing girl on the windshield or rear window. Swapping radiator caps of the cheaper cars for those of the more expensive variety seems to be in vogue this year. It is no uncommon sight to see a Ford or a Chevrolet bearing a Chrysler or Packard radiator cap. The Pontiac car comes equipped with a bronze Indian head radiator cap which makes a very attractive emblem for a desk weight or other purposes. The Pontiac Company has lost hundreds of radiator caps from cars shipped by freight to its dealers, and the avidity of the people with pilfering proclivities has become so great, say The Wall Street Journal, that the company now ships its cars without radiator caps, and subsequently expresses them to the dealer, to insure safe delivery.

Child Crushed by Tree

Getting in the way of a tree that was being felled on the farm of his father Thursday afternoon, the little son of Harvey McLagan, seventh concession of Logan township, was crushed to death. The men who were at work in the bush had apparently not noticed the lad, who, in some unaccountable manner, had got in the way of the falling tree, until too late. The boy was in his fifth year, and the fatality has created general sorrow in the community.—Listowel Banner.

"Fry's" Dog Helped

Last week McGaw Bros. were cutting and storing their season's supply of ice. They have an ice cutter that is run by a gasoline engine and which is quite a heavy contraption. On Thursday a heavy northeast wind came up and began to blow the ice out on to the lake. George McGaw, on noticing this, thought of the ice cutter sitting out where they had been using it and rushed to get it in, and his collie dog bounded after him. When "Fry" grasped the rope to pull the machine in, he could already feel the ice quivering under him, but tug as he might, he could hardly move the machine, and for a moment, it looked as if the ice cutter was about to take a trip on an ice-flow. But the collie showed great intelligence. As if he understood the whole thing, he caught hold of the rope in his mouth and began to pull. This added strength was just what was required, and with the ice just commencing to shove out, George and his dog hauled the machine to safety.—Kincardine Review-Reporter.

Shooting Mishap Results Fatally

Kenneth Rock, 12-yearlold son of Mrs. John Rock of Logan township near Mitchell, died about 3.30 last Wednesday morning as a result of a tragic shooting accident the previous afternoon. The lad was shot through the abdomen when a 22-calibre rifle in the hands of an elder brother was accidentally discharged just as Kenneth, who was on his way home from school, stepped in front of the rifle. The gun was being loaded by the elder brother when the hammer slipped. — Listowel Standard.

A Doctor's Guarantee

"Are you sure," an anxious patient once asked a physician, "are you sure that I shall recover? I have heard that doctors sometimes give the wrong diagnosis and have treated patients for pneumonia who afterward died of typhoid fever."

"You've been woefully misinformed," replied the medico, indignantly. "If I treat a man for pneumonia, he dies of pneumonia."

Your Grocer Sells "SALADA" GREEN TEA

Have you tried it? The tiny rich-flavored leaves and tips are sealed air-tight. Finer than any Japan or Gunpowder. Insist upon SALADA.

Normanby Council

The Municipal Council of the Township of Normanby met in the Clerk's office, Ayton, on Tuesday, February 9, at 10 a.m. The Reeve in the chair, all the other members present.

Filsinger—Seim: That the minutes of last regular meeting as read be adopted. Carried.

Filsinger—Seim: That the auditors' report, as presented by the auditors to the council be accepted as correct and that the Clerk be instructed to have 200 copies printed for use of the ratepayers. Carried.

Filsinger—Seim: That the Clerk notify Nellie McPhee re taxes on lot 45, concession 2, Normanby, being in arrears since 1922. Carried.

Filsinger—Seim: That By-Law No. 3 of 1926 re appointment of an assessor be given first and second readings. Carried.

Widmeyer—Ovens: That By-law No. 3 of 1926 be given third reading, signed by the Reeve and Clerk, the corporation seal attached and engrossed in the by-law book. Carried.

Noah A. Schenk is the assessor.

Ovens—Widmeyer: That By-Law No. 4 of 1926 re wire fence by-law be given first and second readings. Carried.

Filsinger—Seim: That By-Law No. 4 of 1926 be given third reading, signed by Reeve and Clerk and engrossed in the by-law book. Carried.

Filsinger—Seim: That the Reeve and Treasurer be appointed a committee to make a settlement with the Minto Council re work done on Town Line, Minto and Normanby up to date. Carried.

The Clerk was instructed to write the Sawyer-Massey Company and the Canada Ingot Iron Company for prices on the road graders.

Ovens—Seim: That the following accounts be paid: Messrs. Forbes and Murray, salary as auditors $30; Council meeting at date $17; Hanover Post, balance printing, 1925, $70.34; Miss Ada B. Fortune, fee registering births, marriages, deaths, 1925, $29.25.

The Council adjourned to meet in the Clerk's office, Ayton, on Monday, March 29, at 10 a.m. to appoint pathmasters, poundkeepers, fence viewers and for general business.

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Yes, made-to-measure suits as tailored by DRESSWELL

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