For The Quiet Hour

HE WHO SERVES

He has not served who gathers gold Nor has he served whose life is told In selfish battles he has won, Or deeds of skill that he has done, But he has served who now and then Has helped along his fellow men.

The world needs men today; Red-blooded men along life's way, With cheerful smiles and helping hands And with the faith that understands The beauty of the simple deed Which serves another's hour of need.

Strong men to stand beside the weak, Kind men to hear what others speak, True men to keep our country's laws And guard its honor and its cause; Men who will bravely play life's game Nor ask rewards of gold or fame.

Teach me to do the best I can To help and cheer our fellow man Teach me to lose my selfish need And glory in the larger deed Which smooths the road and lights the day For all who chance to come my way. -Edward A. Guest.

IT WAS A SIMPLE CHALK TALK TO AN INTERESTED

Korean audience. The missionary depicted a Korean going to sleep on the railroad track and talked of the danger, at the same time drawing a mental picture of the danger of going to sleep spiritually on this highway of life. With a few touches of his chalk, he depicted a train coming in the dstance. The excitement was great. He asked what would happen if the sleeping man did not awake and get off the track. Several shouted that he would get killed.

"Then," asked the speaker, "when shall he get off the track, now or tomorrow?"

"Now!" shouted a man near the front row. The speaker then turned to that man and showed him just what spiritual danger he was in by not waking up. "Will you accept Jesus now and be saved?"

"Yes," said the man, "I will!" Turning to the audience, the speaker asked how many others would join this brother in his great decision, and all over the house men and women and children arose till they numbered more than a hundred.

ETHEL, AGED THREE, HAD BEEN TO VISIT HER COUsins, two fun-loving and romping boys. She climbed upon her father's knee and was telling him of her visit.

"Papa, every night John and George say their prayers! They ask God to make them good boys," she said. "That is nice," said papa.

Then thinking soberly for a few minutes, she said: "He ain't done it yet!"

IN A SMALL TOWN OF GUATEMALA A WOMAN NAMED Mercedes Morales operated a saloon with a flourishing trade. Four years ago she was going through a bunch of old papers and came upon a sheet nearly destroyed by rats-it was a page her son had torn out of a Gospel song book some years before. She read it, thought it must refer to angels in heaven and spoke to her son about it. He answered, "No Mother, those are the believers in Jesus." "But where are they," said she, "in heaven?" "No, right here on earth, those who believe in Jesus. I want joy like that. But see here, boy, is there anyone here in the village who can tell me more about Jesus?" The son replied that there was one woman in the town who had what she called a Bible. That very day Mercedes found this other woman, borrowed her Bible and sat up all night reading it. Then and there her life was changed. The following day when customers came for drinks they were told, "You can't get any more liquor here because the woman who used to sell it does not live here. Today a Jesus believer lives here." She poured out the barrels of liquor and now she keeps a little store where she sells needles, buttons and dress goods. No one comes into her store without receiving a tract. When a missionary passing through the town not long ago held a meeting, seven men and a woman accepted Christ.-Guatemala News.

SIXTY-FOUR HYMNS, EACH IN THE ORIGINAL AND with translations into two other languages, make up the first international Christian hymnal published by the World's Student Chrisian Federation from its headquarters in Geneva, Switzerland.

Most of the hymns, 56, were given in English, with 55 in German, 49 in French and 32 in other languages, such as Norwegian, Esthonian, Finnish, Russian, Polish, Chinese and Japanese. Two of the hymns are "When I Survey the Wondrous Cross" and the spiritual "Were You There When They Crucified My Lord?"

The hymnal is called "Cantate Domino."

Pure as the light that pours from yonder sun, Pure as the day-dawn when 'tis just begun, Pure as the breeze that sweeps o'er ocean's breast, Pure as the limpid stream from mountain's crest, Pure as the sigh that's born of mother love, Pure as the lips of seraphim above, Pure as the Chirst, yes, absolutely free, In thought and life, from every stain I'd be!

IT HAS BEEN WELL SAID THAT IF CHRIST HAS really taken up his abode in a human heart, often he will be seen looking out of the windows. Again it will become true as of old, "he could not be hid." And that exactly bears out what we have often claimed for the converts, that you can generally tell the Christians by the shine on their faces. For it is blessedly possible for the indwelling Spirit to shine right through the thin veil of the flesh. And so, from being often forbidding and repulsive, and most animal in thought and mind, these spiritual children do indeed become brothers beloved, whom it is a joy to know and love, and for whom humbly we count it a privilege in some small measure to "travail in birth" until Christ be formed in them .- Dr. Northcote Deck, South Sea Evangelical Mission.

WE MAY DIFFER AS TO THE PRACTICAL VALUE OF Leo Tolstoi's teachings, but the following sensible words must

appeal to our reason: "The greatest modern sin is the abstract love of humanity, impersonal love for those who are somewhere, out of

"To live those we do not know, those whom we shall never meet, is so easy a thing! There is no need to sacrifice anything, and at the same time, we are so pleased with ourselves! The conscience is fooled."

Ruth loved her mother-in-law, with whom she had lived and whom she knew intimately, with sacrifice of self. Is that the way we love our own?

In Other Communities

Taken From Our Exchanges About People of Your Acquaintance

livan. Within a year this female tended the injury. member of the bovine species, as Manfred Denvil designated the milk and the hand saved is still someproducers, gave birth to four calves. thing to be thankful for. of Quebec where raising big fam- of the Citizens' Band as clarinet it had been without food or drink of Quebec where raising big families is a specialty. William's whitefaced bossy, for Bill Mair like Jack
McKinnon wouldn't have anything
McKinnon wouldn't have anything
in the future. Feeding a buzz-saw
in the future. Feeding a buzz-saw
in the future. Feeding a buzz-saw
in the future of the municipal building, but so
of the municipal building, but so but Herefords on his farm, will like- is a very dangerous occupation. ly be placed with her progeny on Dundalk Herald. exhibition at Desboro Fair, for William Mair takes such an active interest in live stock that he was elected President of the Sullivan Ag- and sustain injury was the fate of ricultural Society at the annual meeting. Agnes Macphail, M.P., should make mention from her place in the House of Commons of what the cow of one of her constituents ter's home in Carrick. It appears just arrieve at the scene when he is doing to produce wealth while that Mrs. Lambertus tripped on the members of Parliament are doing cellar tseps at the home of her son, their utmost to dissipate it. That Simon, in Brant. Her arm was brok-Hereford is better entitled to an en and other injuries sustained .old age pension in due process of Walkerton Telescope, time than a whole lot of old geezers over 70 who have wasted their substance in riotous living. There are

Two Injured in Train Wreck is thought to a defective rail, the morning freight jumped the track about two miles and a half this side of Ripley. Although this accident caused considerable damage to the cars and the freight, it was not comparable to what happened a few hours later.

Word was sent through from Ripley of the freight having left the track and asking that an engine be sent out to assist in getting it back It was laid by a leghorn hen. on. In some manner or other, it Mildmay Gazette. is stated, the crew that went out on the auxiliary engine understood that the freight was stalled two miles the other side of Ripley and is generally admitted that this halfpushed on steam to get there.

The first thing they knew they were on top of the freight, and although the brakes were applied im- ber at nine, but there seems to mediately, the engine smashed into be no accurate scientific data availthe rear of the caboose, breaking able. However, a cat can go a long it like matchwood, jumped the track time without anything to eat as and rolled over and over down a will be seen by the following item sixty-foot embankment beside a which was clipped from the Fergus

at the time.

The engine that went over the embankment, the caboose and one of the freight cars were badly smashed up. Considerable damage was done to a car of grain and one of furniture. It is reported that \$50,000 will not cover the damage. -Kincardine Review-Reporter.

R. J. McMillen of Bethel met with a very unfortunate accident while at work with a buzz-saw gang at John A. McMillen's Monday evening. The saw took off two fingers from the right hand (small finger and third). He was taken to Dundalk, but both doctors were out of town.

Royal Household Flour, per

Majestic Flour, per bag 4.80 O Canada Flour, per bag 4.90

King Edward Flour, bag 4.70

Pastry Flour, 24 lb. bag 1.10

Feed Flour, per bag..... 2.10

Chopped Oats, cwt..... 1.60

Crimped Oats, cwt..... 1.60

wheat to ship.

The People's Mills

Gunn's Big 60 Beef Scrap and Poultry Foods

bag\$ 5.00

Mr. McMillen, who was a member it could not get out. For ten days,

Suffered Broken Hip To fall while visiting her son

Horses Received Ducking Mr. William Breadner, Heathcote, but as he stepped forth to put over so many useless chaps in this coun- and his team of horses went through his ambitious program, there was try who make no provision for the an experience on Tuesday of last a splash, and some bubbles in the future that we want to see this week they hope will not happen water showed where he had gone again. While driving in a sleigh down. Expectant eyes were now across the Beaver river, which focused on the spot, and a cheer heathen who regard the cow as passes through his farm, the horses from the fans went up as they saw sacred, and there's a class of home struck a thin spot in the ice and a form emerge from the deep and ____ heathen who regard not the work sank in about six feet of water. grab the block of ice that he had that the inventor claims for it. This of the Lord neither consider the With necessary quickness, Mr. sought. Instead of shouldering it operation of His hands. There's a Breadner unhitched the sleigh from however, he was using the frozen lot of lessons to be learned from the horses. Meanwhile neighbors chunk as a stepping stone to raise that useful cow of Bill Mair's. If and friends had come to the call for himself, as it were, in life. When he brings the Hereford to Desboro help, but it was over an hour be- he felt sufficiently risen, he clam-Fair next September, The Enter- fore another team of horses pulled ored out, and the rapidity with prise man will give his famous pro- their "brethren" from their pre- which his coat-tail disappeared over ducer of lacteal food a free adver- carious situation. Mr. Breadner's the scenery showed that he cared = tisement. Trot bossy and her fam- horses suffered slight damage, and less whether there was an ice family out, William!-Chesley Enter- that was due to the ice, as the ine in Walkerton next summer than horses floundered around. Other that the home-fires might be burnplaces nearby showed ice to be 13 ing for a heart that was returning. inches thick but this place hap- so to speak.-Walkerton Times. Last Wednesday morning, due it pened, by ill luck, to be a thin spot. -Thornbury Review-Herald.

> Freak Egg cession near Mildmay, brought an dous demand and be the means of egg to this office that is exceeding- saving thousands of dollars of fire ly freakish in its shape and con- losses. It is known as a "Stove struction. It is shaped more like Pipe and Chimney Safety Fire a blass stopper than anything else Check." and after many demonwe know of, and its diameter at any strations under varied circumplace is not much over half an inch. stances, the contrivance is doing all

Feline Fasted for Ten Days How many lives has a cat? wild domesticated animal has at least more than its share. Some people goeso far as to fix the num-News-Record: "Readers of the News-The marvellous part is that both Record may have noticed last week the engineer and the fireman, John an advertisement for a cat lost. That Ward and John Walton, took the is unusual. Generally speaking, the drop but escaped with their lives. loser of a cat is afraid to advertise Mr. Ward suffered a fracture of the for fear he will be deluged with leg and arm, the former being broken stray cats. But this case was rain two places. He was later removed ther different. It was a Persian and to his home in Palmerston, where therefore rather valuable, and it behe is reported as doing well. Mr. longed to the editor. Moreover, it Walton escaped with a cut on the had been missing ten days. Cats head and a general shaking up. It are all known to like a few nights was indeed lucky that none of the out once in a while, but this was freight crew were in the caboose unusual. It was feared that some

WATER

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Strong Chop, cwt......\$ 1.60

Crimped Oats, ton..... 30.00

Chopped Oats, ton..... 30.00

Strong Chop, ton...... 30.00

Bran, per ton..... 32.00

Shorts, per ton...... 34.00

Gunn's Tankage, per cwt. 3.00

Prairie Pride Four, bag 4.75

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JOHN McGOWAN

hunter might have mistaken him for a young black fox. Hunters have been known to make worse mistakes than that.

"About the same time, Mr. J. Calder was doing some plumbing in the new municipal building, and he discovered that there was something in one of the partitions. Taking off a board, he saw a black and furry William's Prolific Cow
William Mair has the most prolific cow in the Township of Sullife cow in tail, and after considerable coaxing That the accident was no worse parently got into the building in some unknown manner and had found its way into the floor where far, the editor's cat probably holds the record."

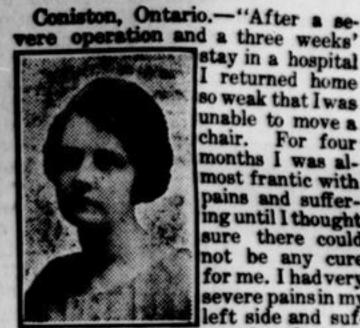
A Cold Dip

Answering an S. O. S. call from Ed. Schmidt on Tuesday afternoon to help him get out some ice from the dam, Art McCartney, Jr., had to get a block ashore. As the water was covered with slush, which the new arrival mistook for ice, Art who has made many a hit with the hockev fans, undertook to stage another triumph by walking over and

A Valuable Invention Mr. Arthur Sovereign of this village has applied for a patent for an Mr. Theo. Loos of the 14th con- invention that should find a tremen-

> The Spirella Parlors THE HOME OF GOOD Corsets, Girdles, Brassieres Brassiere-Girdles, Hosiery and Lingerie We also carry a line of Stamped Goods MRS. J. C. NICHOL Durham,

Letter Tells of Wonderful Relief After Taking Lydia E. Pinkham's Vegetable Compound



stay in a hospital I returned home so weak that I was unable to move a chair. For four months I was almost frantic with pains and suffering until I thought sure there could not be any cure for me. I hadvery severe pains in my left side and suf-

fered agony every month. One day when I was not able to get up my mother begged me to try your medicine. My husband got me a bottle of Vegetable Compound at once and I took it. I started a second bottle, and to my surprise and joy the pains in my side left me completely and I am able to do all my work without help. I am a farmer's wife, so you see I can't be idle long. In all, I have taken six bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of the Compound Tablets, two bottles of Lydia E. Pinkham's Blood Medicine, and have also used the San-Box 103, Coniston, Ontario.

device is placed in a section of stove pipe, and is in short, a damper which closes tight when it contacts with a flame or excessive heat, such as is caused by a chimney fire.

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Silk Hosiery (all the newest shades) 4-ply sole and heel, @ per pair \$1.50

54-inch Tweed for Coats and Knickers, @ per yard.....\$1.75 C. L. GRANT - DURHAM

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GEORGE S. BURNETT

Gent's Furnisher

Durham, Ontario

Thursday, February

Note: Dr. Scholes columns as will b public print. .. Per Dr. W. J. Scholes,

One evening a theater. This the was located in a and was rather cr some of those wh plight and went t into a sitting posi his head. As the was decided that air. So an attemp and drag him to t

About this time, a to the rescue. She to young man down on the she sent someone to g cold water. But the w necessary in this case, man soon recovered aft on the floor. While this happened

town moving picture III just as well have ha church, in a street house party. No mat happens, attempts to a faint often begin about in this case. For it rather rare if some person does not think duty to raise up the person who has fainte happens to be just the

To Restore Blood

When one faints, enough blood in the anemia of the brain temporary weakness of the heart. The obje treatment is to restor tion and particularly (Copyright, 1924

A. J. M. writes:

ago. I had what is co

should occasionally b

examined. As I am

a little country town

know where the net

where I can have

made, I would like to

go about getting it d

appreciate any help

HEAL

Blood Te

Chevrolet A. NOBLE, Prop.

> give me. Have the doctor in tain a specimen of bi and send it to some I

> Has Swollen . Mrs. M. C. asks: " person's ankles swell

OLD MR. CARTE BY SIMPLE

"After taking Adleri is ideal-so differe medicines," (signed) thorn bark, glycerin feeling. Brings out ter you never though system. Excellent for stipation. McFadden

A Good Re "Cohen, I've lost n Have you looked in "Sure! All but der pocket," "Vell, vy in dot," "Because i I'll drop dead,"

THE F.

SOME, O HOUSE ROUND WE NEE MAN -