

# MAN COULD HARDLY WALK

Woman Tells how Lydia E. Pinkham's Vegetable Compound Restored Her Health

London, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and would not be without it now. I had a female trouble so badly I could hardly walk and I was all run-down and could hardly get around to do my house-work. I would be in bed three or four days at a time. I was told by a friend to try Lydia E. Pinkham's Vegetable Compound. I did, and in a few days I was able to get around again. I took it in all, and now I am all grown-up and doing my own work. I also used Lydia E. Pinkham's Sanative Wash, and I feel good. But I owe my health to Lydia E. Pinkham's Vegetable Compound, and I would not be without it if it cost much more."

—MILLIE HORN, 28 St. Matthews St., Hamilton, Ontario. You feel broken down, nervous or sick sometimes? Lydia E. Pinkham's Vegetable Compound is excellent at such a time. It always and if taken regularly and properly, will relieve this condition. C

destroyed. The fire attracted a large crowd from town and but nothing could be done the building. How the fire is a mystery.—List-wet

Man Badly Scared  
Leading financier, Mr. Wil- and got the scare of his life Friday night. About twelve

Continued on page 3

# BLE'S GARAGE SERVICE

Headquarters for  
Oils Gas  
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WHY YOU SHOULD  
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## The Road To Better Health

DIPHTHERIA ANTITOXIN

By DR. W. J. SCHOLLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

Some of the germs which cause disease produce certain poisonous substances called toxins. Among the more common of these germs is the bacillus which causes diphtheria. Many of the symptoms, complications and after-effects of this disease result from the damage wrought by the toxin of the diphtheria bacillus.

The effort of the system to resist invasion by the germs of diphtheria results in certain protective reactions on the part of the tissues of the body. One result of these protective reactions is the formation of a visible false membrane. The place where the false membrane forms is the place where the germs of the disease have attacked the body. Hence, the ordinary attack of diphtheria is characterized by the formation of patches, or a false membrane, on the tissue which lines the inside of the throat.

But the sore throat, and the formation of a false membrane, is only a part of an attack of diphtheria. The germs that are present in the throat give off their soluble poison, or toxin, which is absorbed into the system. And the possible damage that may be done by this toxin after it is absorbed is, perhaps, the most serious danger of an attack of diphtheria. So the tissues of the body make an effort to protect themselves against the harmful effects of the toxin. They produce a substance which neutralizes the toxin and renders it harmless.

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### HEALTH QUESTIONS AND ANSWERS

**Diabetes in Children**  
Mrs. M. R. asks: "I. Do children as young as 11 years old ever develop diabetes? 2. Is insulin used in the treatment of diabetes in children?"

**Reply**  
1. Yes.  
2. Yes. Diabetes was formerly very fatal among young people. Insulin has apparently saved the lives of many.

**Pain in the Side**  
Mrs. K. A. writes: "I have pains in the right side of the abdomen about two inches above the hip bone. Otherwise I am feeling well. I do not have the pains all of the time, they come and go. It does seem, though, that I am getting these pains more often than I used to. Could this be appendicitis? What can I do for it?"

**Reply**  
While appendicitis is, perhaps, the most common cause of the pain in that region, it is not the only cause. A careful examination by a physician may enable him to determine just what the trouble is. It would be advisable to have your doctor examine you. The proper treatment would be suggested by the nature of the trouble when this is

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### SIMPLE MIXTURE MAKES STOMACH FEEL FINE

Simple buckthorn bark, glycerine, etc., as mixed in Adlerika, often helps stomach trouble in TEN minutes by removing Gas. Brings out a surprising amount of old waste matter you never thought was in your system. Stops that full, bloated feeling and makes you happy and cheerful. Excellent for chronic constipation. Adlerika works QUICK and delightfully easy. McFadden's Drug Store.

Read the Classified Ads. on Page 7. It will pay you.

### IN OTHER COMMUNITIES

(Continued from page 2)  
o'clock, he was about to retire and was on his rounds locking the doors of his house. He went to the woodshed and suddenly he heard a crash against one window and then a bang against the other window. His first thought was that a burglar had entered his domain, and thinking retreat was the better part of valor, ran to the kitchen. After quieting his nerves for a few minutes, he decided to face the intruder, and taking a lamp, he again entered the woodshed, when to his surprise, he found a big owl which had evidently been attracted to the woodshed by the smell of a piece of beef hanging from the ceiling. Mr. Lind then armed himself with a heavy stick and started to give battle to the bird and, after swinging many times, finally succeeded in laying his victim stunned at his feet. Mr. Lind next brought his big cat to the scene of the struggle, and in a short time, the cat and the owl were into a real fight, but the feline finally got the verdict, and the bird was no more. Mr. Lind says he has often been afraid of a thunder storm, but this owl gave him the fright of his life.—Tara Leader.

**Kenilworth Wants to Secure Hydro**  
That the people of Kenilworth and vicinity are anxious to share in the benefits and blessings which the city press constantly informs its readers the Hydro Electric Commission is ready to shower upon the people of Ontario was evidenced by the large number that turned out Friday afternoon to hear Mr. Flannery, an engineer from the Commission, explain what must be done to secure electric energy in Arthur Township.

Mr. Flannery explained that the power for Kenilworth would be delivered from Mount Forest. Three farmers per mile would be required to become customers of the Commission. In the case of the hamlet of Kenilworth, four householders there would be equal to one farmer. If sixteen householders in Kenilworth and seventeen farmers between there and Mount Forest can be secured, a line to Kenilworth will be built. The cost to the Kenilworth resident would be a minimum of \$33 per year. To the farmer the cost would be at least \$65 per year for domestic lighting in house. This would include lighting for the barn. If the farmer installs a three-horse motor, the minimum is increased to \$85 per annum. A committee was appointed to make a canvass of the vicinity in the interests of the project.—Arthur Enterprise.

**A Mad Cow at Drayton**  
There was quite an exciting time at the stockyards in Drayton last Saturday morning when a cow that had been delivered by Mr. Elliott May of the 6th, Peel, to Mr. A. B. McCoolgan, buyer, became mad and rushed out of the yards to freedom. The animal was pursued by several men for some miles but could not be captured, and when darkness overtook them, the chase had to be abandoned. A terrible storm raged all day Sunday, and the hunt was not resumed until Monday morning when the animal was discovered in Mr. Morrison Hodge's bush where it had taken shelter from the storm. Mr. Jesse Hudson and his rifle were brought into action, and the animal was shot and finally disposed of.—Drayton Advance.

**Rockside Near Elora**  
An immense quantity of rock weighing probably more than 150 tons, has fallen from the side of the cliff of the Grand river ravine at a point about a quarter of a mile below Elora, near the formation known as the "Face in the Rock." The great mass became detached from the underside of the slightly overhanging cliff which rises perpendicularly to a height of 70 feet or more. Strange to say, the surface of the rock at this point gave no indication of being in a dangerous condition and was one of the most unlikely places along the cliffs for such a fall to occur. This is the largest portion of rock to fall at one time within recent times.—Listowel Standard.

### OTHER PAPERS' OPINIONS

**Twisted the Wrong Tail**  
We gave Mr. Herbert Hoover more credit for astuteness than he deserved. Like many another American politician, in an idle moment, he undertook to twist the lion's tail. He accused Great Britain of forcing up, unnecessarily, the price of rubber. It now turns out that the American manufacturer is after Mr. Hoover's scalp. The exorbitant prices he has been charging for the products made from rubber is beginning to sink into the mind of the American public, and instead of baiting John Bull, they want the American rubber combine probed. It doesn't look half as bad for John Bull as for the American manufacturers. It was a bad mistake you made, Mr. Hoover, when you tried tail-twisting. You got hold of the wrong tail, as you have no doubt found out by this time. Just how you are going to quieten down those manufacturer friends of the Coolidge following will be a problem for you to solve, for they sure are concerned over the hornets' nest you've stirred up.

You were not half as sagacious as the colored man who was driving a party of sightseers. He was profertious with his whip, and the dexterous manner in which he would flick a fly off the back of the horses without disturbing the animals, or cut the head off a flower or weed by the roadside with his lash won for him the admiration of those who were riding with him. Coming along one of the party noticed a wasp's nest and asked Sam to show his ability to cut it from its hanging place. With a grin Sam said, "No, sah, dem gen'lemen am organized." Apparently Mr. Hoover struck an organized body that are beginning to sting back in self-defence. Even clever people sometimes make silly mistakes.—Kincardine Review-Reporter.

### The Coal Problem

The hard coal mine operators and miners of Pennsylvania appear to be doing their best to ruin their business. They evidently thought that the country could not get along without their particular brand of coal but it is safe to say that by the time they get through with their present quarrel, a considerable part of their market will be lost never to be regained. During the present scarcity, many users of hard coal have learned how to use the softer varieties, coke or have installed oil-burners. The people of this province need not worry about Pennsylvania coal if they can get Alberta coal, Welsh coal or coke.

There is something to learn about the using of these fuels, but once that is learned, they are actually better than the anthracite—they burn to a fine ash, and there is no trouble with clinkers sticking in the grates, nor with the disposing of large quantities of rock. Alberta coal and coke will hold fire throughout the night just as well as the Pennsylvania coal with however, a little different regulation of drafts. Three weeks ago it was announced that the miners and operators were about to get together and that a settlement would be made. But at latest reports, they are as far as ever apart. When one side is willing to arbitrate the other is not, and so it goes while the operators are losing money and business and some of the miners are starving. It is believed by many that these periodical strikes with a stoppage of production is a game into which the operators and the strike leaders enter for their mutual advantage. When there is a big stock of coal on hand, the operators are not averse to a stoppage of operations just as winter is setting in, because every ton of coal above ground will just as in value on the day the men quit work. So whether they want it or not, the cessation of work is not an absolute loss to them. There is no saying what part the strike leaders play. Usually they are unscrupulous men. Generally they gain something for the miners—higher pay.

shorter hours or some other advantage which makes the strike look worth while to the striker. But if the people learn to do without their product, there will be less business and fewer men employed so that even if those left behind get higher pay, a number will starve or go elsewhere.—Lucknow Sentinel.

There's no lack of respect for the law if the law and the people are respectable.

**DURHAM HIGH SCHOOL**  
The School is thoroughly equipped to take up the following courses:  
(1) Junior Matriculation.  
(2) Entrance to Normal School.  
Each member of the Staff is a University Graduate and experienced Teacher.  
Intending pupils should prepare to enter at beginning of term.  
Information as to Courses may be obtained from the Principal.  
The School has a creditable record in the past which it hopes to maintain in the future.  
Durham is an attractive and healthy town, and good accommodation can be obtained at reasonable rates.  
J. A. M. ROBB, B. A., Principal.  
JOHN MORRISON, Chairman.

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## Special Sale of LADIES' RUBBERS

Cuban Heels and Wide Toes, 85c.  
sizes 2½ to 7, per pair . . . . 85c.

Men's Grey and Khaki English Flannel Work Shirts . . . . .	1.39	Men's Military Flannel Work Shirts . . . . .	98c
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Get your share of these Wonderful Bargains while they last

### John McKechnie, Durham

If It's Here, It's New      If It's New, It's Here.

## The Ideal Men's Wear Store

Here are a few extra specials for February, and we have lots more to see. Call in and look these over.

Wool Stockings for boys and girls, reg. 75c now . . . . .	49c	Leather Mitts, Boys' and Men's @ . . . . .	half price
Men's Flannel Work Shirts, your choice . . . . .	\$1.75		

### WE NEED THE MONEY AND ROOM. GOODS MUST GO!

A few suits for Men and Boys. These go at Special Prices. Only 3 Overcoats left for Men. A snap now. A few overcoats for Boys marked almost in two.

A few odd garments in winter Underwear worth looking over. Sweaters and Coats marked away down.

### HATS CAPS HOSE TIES FINE SHIRTS AT SPECIAL PRICES

## LOOK! READ THIS!

### Discount Sale Tailor-Made Suits

Reg. \$30 for . . . . .	\$25.00	Reg. \$45 for . . . . .	\$39.00
Reg. \$35 for . . . . .	\$30.00	Reg. \$50 for . . . . .	\$44.00

THESE PRICES ARE TILL FEBRUARY 15 ONLY

We have a few Toques for boys and Scarfs to match for girls which are going at away down prices, also some specials in Scarfs, Mitts and Gloves.

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Because of their fine texture, cakes made with Purity Flour win prize contests. Texture is mostly a matter of the efficient blending of materials used. Purity Flour, made of the finest hard wheat, sifted, safeguards the texture of the finished cake because it blends perfectly with the other ingredients used. Your dealer will tell you Purity Flour never disappoints.

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### THE FAMILY NEXT DOOR

SO AT LAST YOU HAVE AGREED TO DRESS FOR DINNER! IT'S ABOUT TIME!

I ALWAYS DRESS WHEN WE'RE GONNA HAVE COMPANY. - DON'T

COMPANY? WHY THEY'RE NOT COMING UNTIL TOMORROW NIGHT.

WELL, FOR ONCE, HE'LL APPEAR AT THE TABLE LOOKING LIKE A GENTLEMAN.

### Well - - That's Different!

SAY! WHEN DO WE EAT AROUND THIS JOINT?