

For The Quiet Hour

NOW

I cannot change my yesterdays,
For they are past and gone,
With all their sorrows and their joys,
Their faults and victories won.

I cannot see my days to come,
They are in other hands,
No anxious thought of mine can check
Or speed life's trickling sands.

So why grieve o'er my yesterdays,
Or brood on coming years?
Better to labor, laugh and love
Each day as it appears.

—Winnifred M. New.

THERE ARE SAID TO BE 17,000 BLIND PEOPLE IN Burma, and only two institutions for the blind, both owing their existence to a Christian government and Christian missions.

Over 9,000 deaf mutes are not ministered to by a single institution.

There are 9,500 insane people reported as such, and doubtless more whose condition is concealed or not understood by their relatives. There is one government asylum for the insane. Many insane people have no family or friends and wander at large, subject to the cruelty and superstition of the natives. Many more, guilty of criminal acts, are detained in prisons among ordinary criminals.

The census report of 1911 told of over 7,000 lepers, and a government commission in 1918 reported leprosy on the increase. Four leper asylums founded by Christian people or the British government minister to these unfortunates.

Neither Buddhism nor any other native cult does a thing for the alleviation of Burma's physically and mentally unfit.

THERE IS FOOD FOR THOUGHT IN THE CHALLENGE of a labor leader to a prominent minister in Scotland.

"Why," said the labor leader, "don't you set the heather on fire? If we had buildings in every town, village and hamlet throughout Scotland, and had one day each week set apart for the purpose of propaganda, we would set the heather on fire."

AT THIS ADVENT SEASON, WHEN THE THOUGHT of judgment is so definitely emphasized, it is particularly worth while to remember the words of the Apostle: "He that judgeth me is the Lord," and the following comment on this passage comes from that fine devotional writer, so well known to many, the late Dr. J. R. Miller:

Each of us stands or falls to his own Master. This is a great comfort. If men condemn us or do not understand or appreciate us, we may still rest in quietness and content because our Master knows us and will do us no wrong. But it is also a very solemn truth. For often men think more highly of us than we deserve. But Christ does not. He knows us just as we are. We would do well to live more singly to Him, and to ask daily about ourselves and all our ways. "What does He think of these?"

BISHOP WILSON OF CALCUTTA ONCE ASKED ELIZABETH Fry whether she had found any particular passage of Scripture useful in dealing with criminals under sentence of execution.

"I can have no hesitation in answering that question," replied Mrs. Fry. "One passage I have found far more effective than any other, and the simple reading of it has proved most useful. It is the story of the woman who was a sinner, who came to the house of Simon the Pharisee when Jesus sat at meat, and began to wash His feet with tears, and wipe them with the hair of her head, and kissed His feet, and anointed them with the ointment (Luke 7:44). This has softened many hearts, and made eyes weep that never wept before."

IN THE GREAT PARABLE, THE YOUNGER SON "CAME to himself." Bishop Francis McConnell remarks:

"Surely it is not the Master's thought that men should wander into a far country to find themselves; but finding oneself is at the center of Christian thought. It is the business of the church to make a long journey for self-discovery unnecessary."

A FLORIST, IN SPEAKING OF SOME LILY BULBS, SAID: "I planted seventeen of them. Sixteen soon put out their garbents of snow white, but one was sickly and pale. Upon investigation, the gardener discovered that the floral invalid had spent too much time in the society of a nearby clematis. Now the clematis is not, properly speaking, a social plant, but a floral climber. Finding the lily bulb so close at hand, however, the clematis sent out one little feeler, then another, and another, until it wound its slender throttling arms about the lily bulb, and choked it."

What sort of a clematis is keeping you, dear friend, from coming out and out for Christ?

A YOUNG WOMAN, A COLLEGE GRADUATE, WENT TO her pastor distressed because it seemed to her she was an unfaithful steward of her education. Her pastor knew she was sacrificing herself for her blind father, and asked her if this service was not a use of her gifts.

"Oh, no!" she replied. "That cannot be, because it brings me so much happiness! I love my father."
Only the loving can truly give themselves to the Lord and to others. The early disciples first gave themselves (2 Corinthians 8:5).

THE REPRESENTATIVE OF THE BRITISH AND FOREIGN Bible Society who has charge of its depot in the city of Riga reports that certain Letts recently brought back copies of the Lettish Bible which they had purchased because these books were bound with red edges; they strongly object to this color as symbolic of the Red Terror. Oddly enough, the Society's secretary at Belgrade reports that the Czechs and the Serbs prefer their Bibles with red edges. Under present conditions, the correct color seems to vary according to the race or the politics of the purchaser.

THE STORY IS TOLD OF THE CAPTAIN OF A WHALER who went ashore one Sunday into a little chapel. After the service, the minister spoke to the man, and found that no impression had been made on his mind.

"The fact is, sir," said the captain, "all the while you were preaching, I was thinking about where I should be likely to find a whale. There is not room in my heart for anything but whales."

Do you say that the heart of this captain was in a deplorable condition? Remember that whales are not the things that fill men's hearts to the exclusion of everything else. You know them all by name. Do any of them know you through personal contact? If they do, you know what materialism means to a heart.

World News Seen At A Glance

Daily Events as Told by Cable Condensed for Busy Chronicle Readers

It has been established that the man arrested at Badasssee is not Heinrich Schulz, sought by the German authorities as one of the assassins of Finance Minister Erzberger.

Miss Megan Lloyd George, daughter of Great Britain's war time Premier, underwent a successful operation for appendicitis. The patient's condition is entirely satisfactory.

Having shot himself after arranging a settlement on his wife, who was contemplating a divorce, Paul Cassirer, noted Berlin art dealer, died Thursday. His wife is Tilla Durieux, actress. Cassirer introduced French impressionism in German art.

Eamon De Valera, in a speech at Rathfarnham, a Dublin suburb, on Wednesday night, said the Gaelic language was rapidly dying, notwithstanding attempts to save it. He complained of the attack being made against its preservation, saying they were designed to destroy Irish nationality.

United States bacon for some time has gradually supplanted the Irish farm-cured article. The Irish farmers prefer to export their pigs, owing to the better prices realized. Foreign bacon is retailed in most parts of Ireland at prices under the home-made brands, which bring top prices on the London market.

Leather is being much used for ski-ing suits this winter at the Swiss resorts. Many of the tunics have the Indian cut and are adorned with fringe. Plaids have come in again rather than the lines of the Indian trapper's mackinaw. Brooches worn by women while skating are more in evidence this year than in past seasons.

Lincoln Ellsworth is to be an equal partner with Roald Amundsen in the Polar expedition announced to take place next spring in the dirigible Norge, it is announced by the Norwegian Aero Club. The expedition will be called the Amundsen-Ellsworth Trans-Polar flight, 1926, and its record is to be written by the two leaders in co-operation.

Eskimos of the lonely mission station of Makrovik, Labrador, have heard the radio. They were reported speechless with amazement when they listened to the program of Daventry, says Captain J. C. Jackson, who has just returned to London from visiting the various stations along the desolate coast, as he does once a year. Captain Jackson took out a wireless set to Labrador and it was set up in the local school. He invited the natives to come in and listen.

In consequence of the recent anti-smuggling treaties arranged between Canada and the United States, and the formulation of a similar treaty between Cuba and the United States, it is unofficially reported in Havana, Cuba, that there has been a great increase in smuggling, both of liquor and aliens, from Cuba to the Southern United States.

A granite monument from the quarry at Penryn, Cornwall, Eng., has been sent to the Falkland Islands, where it will be raised to commemorate the victory of Admiral Sir Frederick Sturdee's squadron over the ships of the German Admiral, Count Maximilian Von Spee, in the battle of the Falkland Islands, in December, 1914, after Von Spee had defeated a British flotilla off the coast of Chile.

The \$4,000,000 (\$19,200,000) loan to the state of Sao Paulo, Brazil, Coffee Institute, was heavily oversubscribed in London.

Wrangel Island, off the North-eastern Siberian coast, which for a century has been claimed alternately by the United States, Canada, Great Britain and Russia, will soon be colonized by the Soviet Government.

The United States steamer Cotopaxi, which was last heard of early in December when a tropical storm was reported to have come upon the ship and her crew of 32 men, has been listed as "missing" by Lloyd's. The Cotopaxi left Charleston, S. C.,

November 29, bound for Havana with a coal cargo.

The Duchess of Leinster, formerly Miss May Etheridge, musical comedy actress, told the London Evening News correspondent at Bourne-mouth that she would fight the Duke's divorce suit at Edinburgh "to the last ditch."

An earthquake shock caused many people living along the Rhine to awaken from sleep early Wednesday and rush out of their houses to open spaces, says an Exchange Telegraph despatch received in London from Cologne. The shock was felt generally throughout Western Germany and even in Hamburg. No damage has been reported.

The institution of the horse has been founded in London to revive interest in horsemanship and riding. The founders admit the motor car is boss of the road, but they want to rethronize the horse as king of the bridge paths. The institute hopes to reopen a number of bridge paths throughout the country which have fallen into disuse, and make it possible to make long horseback journeys in comparative comfort. The organization also proposes to stimulate horse breeding and championing the points of the horse in every way possible.

SELECTING BIRDS FOR BREEDING

Vigor in the birds selected for breeding is of paramount importance. No matter for what purpose the mating is made, vigor in the breeding stock cannot with safety be overlooked, says George Robert-Farms, of the Dominion Experimental Farms.

Results of experiments conducted by the Dominion Experimental Farms show that birds that have reached full maturity make the best breeders. This does not mean that well matured pullets may not be used, but dependence should mainly be placed on hens. The fertility and hatchability of the eggs in many cases, are just as good, or even better, when pullets are used, but as a rule, the viability and growth of the resulting chicks are much better where hens are used.

A male of known heavy laying ancestry should be selected to head the pen in breeding for heavy egg production. Not only should his female progenitors have laid a large number of eggs, but the eggs should have been of standard size. Too little attention has been paid to this in the past, with the result that many of the high laying strains are now being discredited on account of the small eggs which they are producing.

The male should be full bodied, broad across the back, with the width carried right back to the tail, deep from the back to the bottom of the keel to allow of capacity, and he should stand straight with his legs well apart. The skin should be soft and pliable, the head clean cut, the face smooth and free from wrinkles, and the eye bright and prominent.

The clean cut face and the bright eye are indications of nervous energy, without which, bodily indications count for little.

The points mentioned above should also be considered when selecting the females.

When possible, dependence should be placed on actual trap-nest records, and where this is done, it will be found that the best producers are those that very closely conform to the foregoing description.

Orator: "And now, gentlemen, I wish to tax your memory." Member of the audience: "Good heavens, has it come to that?"—Prince Albert Herald.

GENUINE METEORO WAS FOUND IN HOLLAND TWP.

Mr. John Gawley, of Holland Centre, Had Stone Tested.

Mr. John Gawley, of Holland Centre, paid a visit to the office of the Owen Sound Sun-Times to renew his subscription for the coming year, and he brought with him a small piece of metal which he broke off of a larger piece that he had at home, and which was a part of a good sized meteorite which fell on his farm just out of Holland Centre about ten years ago. He stated that the matter was drawn to his attention through an item that he saw in the Sun-Times a few days ago, in which it was stated that a meteorite had fallen in another part of the country. Mr. Gawley stated that he saw this meteorite fall on his farm but could not find it for some time, although he dug into the earth where it was evident it had fallen, but he afterwards ploughed it up. He had this one tested by the proper authorities, and it was pronounced to be a genuine one. It weighed something over 14 pounds when he first obtained it, but numerous pieces have been broken off to send to friends.

LUCKY NUMBER FOR 1926 IS NINE

The Toronto Star jokesmith, who is a crank at figures, has it all doped out that 9 is this year's lucky number. He works it out this way:

The number 1926 equals 214 times 9.
The figures 1, 9, 2, 6 add up to 18, which equals twice 9.
The figure 19 plus 26 equals 45, or 5 times 9.
The figure 192 plus 6 equals 198, or 22 times 9.
1926 backward is 6291 which equals 699 times 9.
Then 6 plus 291 equals 297, which is 33 times 9.
And 62 plus 91 equals 153, which is 17 times 9.
While 629 plus 1 equals 630, which is 70 times 9.
In conclusion, 1926 plus 6291 (1926 backwards) equals 8217, which is 913 times 9.
Add the figures, 8, 2, 1, 7, and you get 18, which is twice 9.
And breaking up 8217, you get 8 plus 217 equals 225, which is 25 times 9.
While 82 plus 17 equals 99, which is 11 times 9.
And 821 plus 7 equals 828, which is 92 times 9.
Odd, isn't it?

DYER'S BAY CHILD RESCUED FROM DANGEROUS POSITION

Foot Wedged Between Rocks When Taking Short Cut Home From School.

To have her foot wedged between two rocks in a field, two miles from home, and to have to remain in that position for several hours in a blinding snow storm, was the experience of Kathleen Tyndall, little 7-year-old girl, of Dyer's Bay, last week.

Kathleen and some of her school mates were taking a short cut home from school, when she stumbled and fell between two large rocks. When she attempted to arise, the child found she was unable to do so.

Within half an hour, residents of the entire neighborhood had arrived at the scene. It was found that there were only two ways that the child could be released, to have her foot amputated, or chop through several feet of solid rock. The rock was finally broken through, and the

FOR GIRLS WHO WORK

Lydia E. Finkham's Vegetable Compound Is a Great Friend—It Stops Pain and Restores Health

Toronto, Ontario.—"I work in a factory and I would have to get away from my work every time I was sick. The dragging-down pains and cramps were very bad, but my back was terrible. It hurt so that I couldn't lie down with it. I heard some of the girls talking about Lydia E. Finkham's Vegetable Compound, and they told me to try it. I have taken about a dozen bottles of it and it has done me a lot of good. I never have any pains or sore back now, and have not been off from work a day since I have taken it. I recommend the Vegetable Compound when I have the opportunity."—Miss I. Rollo, 21 Howie Avenue, Toronto, Ontario.

"The Advice of a Friend"
Hanover, Ontario.—"I was terribly pained and a few odd times I almost fainted. I used to do housework until a few months ago and sometimes I had to leave my work and go to bed. I am now a mender in the knitting-mill. I suffered five or six years from painful periods before I took Lydia E. Finkham's Vegetable Compound by the advice of a friend. I got relief almost immediately, and I tell my friends what a good medicine it is. You may use this testimonial if you like, if it will help others."—Miss J. Pearson, Victoria Street, Hanover, Ontario.

little girl is reported to be none the worse for her experience.

Identified Himself
When little Alex. appeared at grandma's house, wearing his first long trousers, she pretended not to recognize him. "Oh, it's a strange little boy," she said. "It can't be Alex, because Alex wears rompers." "But it is Alex, grandma," he insisted, glancing down at his new trousers. "Cause I was there and saw mother put 'em on me."

These coal dealers must think the people have money to burn.

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Thursday, Janu... AMOU... Note: Dr. Sch... columns as... public print... accompanied by Dr. W. J. Schol... When but li... is a good one... Hence, it furnis... ries, both reason... rize about sleep... practice. And... theory rests upo... An idea more... advanced nowadays... sleep too much. W... of modern life... more populous pla... ty of temptation... a practical applica... down the amount... time can be found... amount of social... The possibility that... number of hours of... duce ill-effects on... seems to be over... In this connecti... by Dr. William... last fall in the... Medical Association... forest. Dr. Brown... investigations of... than infection was... a part in the pro... ber of cases of p... litis which he stud... Due to his... Epidemic enceph... case commonly kn... sickness. It is... as due to some... closely associated... the infectious dis... influenza. In his study... of factors causing... paid particularly... (Copyright, 1... HE... T. A. A. asks... cured without a... Would the X-ray... part of the syst... affected the heart... Rep... 1. Some gotters... without operati... operation. 2. Possibly, Ma... the skill with wh... action of the pr... any given case, a... judgment of the... caring for the pa... Fast... J. S. writes: "I... for a few days w... health? Or do yo... harm me?" Re... What is the... You do not state... general, unless y... fast by some phy... supervise the stu... try it. It is in... fasting to do... A Hasty... A farmer had... and one day as... to town, he told... small hole in... that the cat was... at will. The boys cut... the big barn... farmer returned... very displeas... "Why can't I do... to do a single... claimed angrily... that hole is in... "Why?" asked... The farmer... ing from the ba... barn door and...