

INS ACROSS THE BACK

ieved by Lydia E. Pinkham's Vegetable Compound

chell, Ontario. — "I have taken medicine for a number of years. It never takes it steady all the time, but never without it. I always keep a box of it in the house. I took it first for pains in the abdomen and bearing-down pains, and pains across the back. I went home to look after and many times I could not get up at all. I saw an advertisement in the paper about Lydia E. Pinkham's Vegetable Compound, and Mrs. John Miller told me to try it. Every time I take it, it makes me feel better and I always recommend it to my friends. I am willing to answer letters from women asking for this medicine and you may use my name as a testimonial. — Mrs. F. J. SMANN, Mitchell, Ontario.

merit of Lydia E. Pinkham's Vegetable Compound is told by women all over the world. Many women know by experience what this medicine will do for them. It is the best medicine for women's ailments. It is the best medicine for women's ailments. It is the best medicine for women's ailments.

and crashed down the bank. The distance of 20 feet. When dismounted, the unfortunate man had died several hours. His neck broken, and he suffered other injuries. Deceased was 36 years of age. — Orangeville Sun.

of course, according to the official report, seems to be any thorough wide enough to carry a car out of sight of the road under any circumstances. — Peterboro Examiner.

ntise in The Chronicle. It Pays.

the Spirella Parlors

THE HOME OF GOOD
Corsets, Girdles, Brassieres
Brassiere-Girdles, Hosiery
and Lingerie

We also carry a line of
Stamped Goods
MRS. J. C. NICHOL
Durham, Ontario.

NIE'S

new stock... \$1.85
..... 59c
..... \$1.00
and Grey Tweed, all
..... \$1.75
Black, Heather, Grey
..... \$1.40

- Durham

Wear Store

THIS Contest

IZES
to Overcoats
E!

y. It is all ex-
ich can be had
get a copy.

ES ON
s Caps Hosiery
Sweater Coats
ready-to-wear Suits

Wed., Oct. 21

asure Suits

ARNETT

Durham, Ontario



The Road To Better Health

BOILS

By DR. W. J. SCHOLLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

Occasionally someone is so unfortunate as to have one crop of boils after another. Anyone so afflicted would like to know why the boils occur. They would also like to be informed on what can be done to prevent them. For the prevention of any disease consists of a practical application of our knowledge of its cause.

Boils are always caused by infection. The infection lodges about the hair follicles and in the oil glands of the skin. The germs responsible for the infection are usually of the kind known as staphylococci. They either enter from the surface of the skin or are brought to it from some nest of infection in the system. The tonsils, the teeth, gums, nose and nasal sinuses are some of the places where nests of infection frequently occur. People who have diabetes are especially susceptible to boils and carbuncles. They lack resistance to infections in general.

Cleanliness Important

Among the preventives, cleanliness of the skin is one of the most important. The avoidance of irritation is another. The back of the neck is a place that is often irritated by the collar. Then, when one

is unfortunate enough to have a boil, care must be exercised to avoid spreading the discharge to other parts of the skin. Painting the area surrounding the boil with a thin layer of iodine will help some. Care not to carry any of the pus to other parts by means of the fingers will help considerably.

The urine should be examined for sugar. Treatment for diabetes is sometimes necessary. And even though the urine contains no sugar, it is often advisable to cut down the amount of starch and sugar in the diet. Restriction of the carbohydrates (sugars and starches) is especially advisable if one is overweight.

Any discoverable nests of infection in any of the places mentioned above should, of course, be cleaned out. This may end the tendency to boils and at the same time, prevent the occurrence of other diseases.

(Copyright, 1924, by The Bonnet-Brown Corporation, Chicago)

HEALTH QUESTIONS AND ANSWERS

Probably Has Rickets

Mrs. G. B. S. writes: "Our baby aged fifteen months, has one leg bowed, while the other is quite straight. Is there any means to remedy this condition? She has apparently kept her weight more on this limb than on the other."

Reply

The most common cause of bow-legs is rickets. The baby's general health should receive attention. The cure for rickets is sunlight and cod-liver oil. These are also the preventives. Either plain or phosphorized cod-liver oil may be given. The diet should contain some scraped beef, vegetables that have been mashed and put through a sieve, some oatmeal and egg yolk. The milder bone deformities sometimes tend to correct themselves as the baby recovers from rickets and grows. In some cases, the use of braces, casts or other means of correcting the deformity is necessary. It would be strongly advisable to place this baby in the care of a doctor.

Spider Bites

Mrs. S. A. V. asks: "Are spider bites poisonous? What should be put on them?"

Reply

1. Certain varieties of spiders, tarantulas, scorpions and centipedes produce poisonous bites and stings. As far as we know, any of the varieties native to this country produce no very serious effects by their bites.

2. Apply compresses of bicarbonate of soda.

Psoriasis

G. L. N. writes: "I have a skin

disease that is called psoriasis. I have been to different doctors and used medicine on it that I have gotten from drug stores, but have not been able to cure it. Is there any cure for it?"

Reply

With persistent treatment, it is often possible to cause the disappearance of the eruption in psoriasis. The trouble is that it usually does not stay cured. Outdoor life, muscular exercise, exposure to sunlight, and frequent bathing help some. The X-ray cleans up some cases. But it must be used with care. As some of the remedies that are used externally—such as ointments containing chrysarobin—require extreme care in their application, they should be used only under the supervision of a physician. Treatment by a physician who is skilled in the treatment of skin diseases offers the best chance of cleaning up the eruption.

A Rather Big Dose

Mrs. F. J. B. writes: "I am in the habit of drinking two cups of coffee with each meal. If I am tired, I sometimes take an extra cup in the afternoon. Is this likely to do me any harm?"

Reply

Six or seven cups a day is a rather good sized dose. In moderation, coffee seems to do no damage to most adults. Excessive amounts may cause nervousness, indigestion, insomnia and disturbance of the action of the heart. Rest is better for you than coffee when you are tired. One or two cups a day would be better than six or seven.

SILVER WATCH IS PICKED UP IN NETS

While the tug R. J. Morrill was fishing off Cape Rich on Thursday last, a silver hunting case watch was picked up in the nets from the depths of Georgian Bay. The find is in possession of Mr. Harold Tiffin and bears testimony to having been in the water many years. There is little doubt but what it belonged to some party whose life had been sacrificed in a wreck on Georgian Bay. The watch is apparently of Swiss make and faintly bears the name of the manufacturer. No doubt the watch will find its way to the Huron

Read the Classified Ads. on Page 9.

TO CLEAN A WINDSHIELD

Every motorist knows the danger and difficulty of driving a car with a damp windshield, so this tip may be valued. A solution of two ounces of glycerine and one dram of common salt, mixed well in an ounce of water, will keep the windshield clear in all kinds of weather. It should be applied in a thin layer with a piece of gauze, downward stroke being used.

TWENTY YEARS AGO

From The Chronicle File of October 5, 1905.

Citizens who knew Mrs. Charles Sheppard will regret to learn of her recent death from an operation. Mr. Sheppard is a brother of the late Mrs. Henry Parker, and he and his deceased wife are well and favorably known here.

The smoke still rises from the cement mill, and we understand the debt on the property at the beginning of the year is being rapidly wiped off. Director McKechnie gets credit for saying another year will clear the property of debt and pay shareholders a dividend.

Intelligence has reached here of the serious illness of Mr. Roy Gordon, jeweller, of Weyburn, Sask., who is suffering from typhoid fever. We regret to announce the death of Mrs. James Boulden of Elmwood, sister of Mr. Thomas Petty of this town. Deceased was 68 years of age and ill only for a couple of weeks.

The Furniture Company had a graining machine installed during the past week and is now fully able to cope with any of its competitors.

On Thursday last, as Mr. Allan Campbell of Livingston's Corners, and his sister-in-law, Miss Forman, of this place, were driving on Garafra street, the horse became unmanageable and, bolting, upset the buggy, throwing the occupants to the ground. Getting clear of the harness, the animal started on a lively clip up the street toward the bridge, but was captured before going far. The buggy and harness were but little the worse and the occupants uninjured.

We are just informed of the death of Mrs. Henry Hooper of Bunesan, who died Sunday last after about a year's illness. The remains were interred Tuesday.

Miss Alma Hughes of Wallaceburg is visiting her brothers and sisters here.

Miss Bella McGirr, daughter of Mr. and Mrs. Thomas McGirr, is quite ill at present.

Rev. and Mrs. T. H. Farr of Wallaceburg are spending a few weeks with relatives and friends in this vicinity. Mr. Farr has resigned his charge at Wallaceburg and will soon enter his duties at Gorrie.

Darkies' Corners Correspondence.—Mr. Joseph Atkinson has moved into his new residence, and he did not keep all the happiness to himself, either. On Friday night, he gave the young people a party, and they thoroughly enjoyed themselves in games and dancing. Mr. G. Aljoo was the lucky man on Durham last show day. He carried off the special prize given by Mr. John Staples for the best sucking colt.

October 12, 1905.

Mr. Lauder Buchan had his thumb smashed in the cogwheel of a planer he was running in the furniture factory on Saturday last.

Word has reached Mrs. Glass here that her son, Percy, who is engaged in the printing office of Hon. Frank Oliver at Edmonton, is now in the hospital suffering from typhoid fever.

The Harvest Home anniversary entertainment at Varney was held in the Methodist church there on Monday night. There was a crowded house in attendance, and Mr. Catton, who acted as chairman, pronounced the order the best he ever saw at such a gathering.

Two weeks ago we announced the serious condition of Wilfrid Calder, who underwent an operation for appendicitis. His case was a very critical one from the first, and the operating surgeon pronounced the chances ten to one against him. He seemed to improve slowly for a time, but complications set in, and an abscess formed. The patient succumbed under a second operation performed Monday afternoon. Much sympathy is felt for Mr. and Mrs. Calder in their bereavement.

On Monday afternoon about 2 o'clock, Mr. Robert Renton of Dromore dropped dead very suddenly while engaged doing some stone work on the farm of the late James Andrews. He came out that day to assist his brother and was at work only an hour or so when death occurred. He was 50 years of age, unmarried and lived on the homestead. Besides his mother, three brothers, James, John and William, survive.

Thursday morning last was a rather unlucky one for Mr. John Harvey. John is employed by C. Smith & Sons, and has charge of the cupola in the moulding room. While up on a ladder repairing the fan, the ladder broke, and Mr. Harvey was thrown to the ground. While not seriously injured, he will be

obliged to lay off for a few days. Mr. Thomas Cook has returned to town and is at present engaged with the Furniture Company.

Mrs. Charles Falkingham died on Monday last and is being interred this Wednesday afternoon in Trinity church cemetery. She leaves a husband and two daughters, Mrs. R. F. Miller of Brantford and Mrs. John Harbottle of town.

About 11 o'clock on Monday night a light was seen in the implement rooms of Mr. D. Campbell, and investigation proved the place on fire. How the fire originated is unknown, but happily the loss is small, the fire being extinguished by a few pails of water. Jimmy Lavelle happened to be passing and gave the alarm, and then lost no time in sounding the fire bell.

October 19, 1905.

Mr. W. J. McCalmon has started a blacksmith shop in Horn's old stand next the Middaugh House stables.

Anniversary services in connection with the Glenelg Baptist church on October 8 and 9 were a decided success. Rev. L. F. Kipp of Strathaven preached good sermons afternoon and evening. He also sang two solos. On Monday night the church was filled and a good program given.

Mr. Arthur Laidlaw was home over Sunday, but left Monday morning for Scranton, Pa., where he has secured employment with the Pine Hill Coal Company. He is engaged in the engineering department.

Born.—On Thursday, October 10,

to Dr. and Mrs. Gun, a daughter.

Married.—Roseborough—Mighton.

—On Wednesday, October 11, at the

mansion, Durham, by Rev. William Farquharson, Ernie Howard Roseborough of Sarawak, to Margaret Jane Mighton of Bentinck.

Mr. John Rose leaves this week for Seattle, Wash. On severing his connection with the fire department here, he was presented by the members with a handsome watch fob and a very eulogistic address.

SCREEN PLAYERS

MUST RISK LIVES

Hoxie and Leading Lady Almost Carried to Death.

Thrills and dangers not even hinted at in the script came near proving disastrous to Jack Hoxie and his leading woman, Helen Holmes, while "The Sign of the Cross," Blue Streak Western, to be screened Friday and Saturday evenings in the Veterans' Star Theatre, was being filmed in the Sierra Nevada Mountains.

Miss Holmes wanted to ride her horse across the Stanislaus River. The animal stumbled. Before he could regain his footing, the current had swept him into deep water. Miss Holmes was flung free and thus escaped danger from the horse's hoofs. But she was being swept away when Hoxie rode his horse over her shoulders, dragging her to safety.

While Hoxie was saving Miss Holmes, Cliff Smith, the director, observed one of the Universal ranch riders being swept away, unconscious as the result of his head striking a rock. Smith raced his horse until he came to a rock jutting into the river and lassoed the cowboy.

Hoxie, Miss Holmes safe, rode rapidly to assist Smith, and Hoxie's horse, attempting to negotiate a steep bank, lost his footing, and man

ROWE'S Bakery & Provision Store

Flour
The Finest Manitoba
per bag
\$4.75

Pastry Flour 24 lb \$1.00
Goods Delivered Anywhere in Town

E. A. Rowe
Baker & Confectioner

Always Buy

"SALADA" GREEN TEA

The little leaves and tips from high mountain tea gardens, that are used in SALADA are much finer in flavor than any Gunpowder or Japan. Try it.

and horse rolled to the bottom, injuries were not more serious.—Hoxie being severely bruised when the horse rolled on him.

Hoxie was suffering at the time from broken ribs suffered when his horse fell with him while making "Western Wallop," and this second accident laid him up for several days.

"The Sign of the Cross" tells of the struggle of ranchers to escape ruin threatened them by reason of the grasping methods of a big irrigation company.

PAINFULLY INJURED WHEN WHEEL PASSED OVER CHEST

A week ago last Friday morning when Mr. Alex. Edgar, of the second concession, was going to Gorrie with a load of lumber and brick, the team of colts which he was driving became excited and pulled him off the wagon, one of the front wheels of which passed over his chest. Mr. Edgar was also otherwise badly bruised and shaken up, but when it is considered that the load consisted of four hundred brick and a considerable amount of lumber, it is indeed surprising that his

A Chicago woman has just paid \$10,000 in England for a Chow dog. Let us hope that she has not bit off more than she can chew.—Kingston Standard.

Fur coats will be worn a little longer this winter. Also dad's pants.

All Our Graduates

have been placed to date and still there are calls for more. Get your course NOW. If you do not get it you pay for it anyway in smaller earnings and lost opportunities.

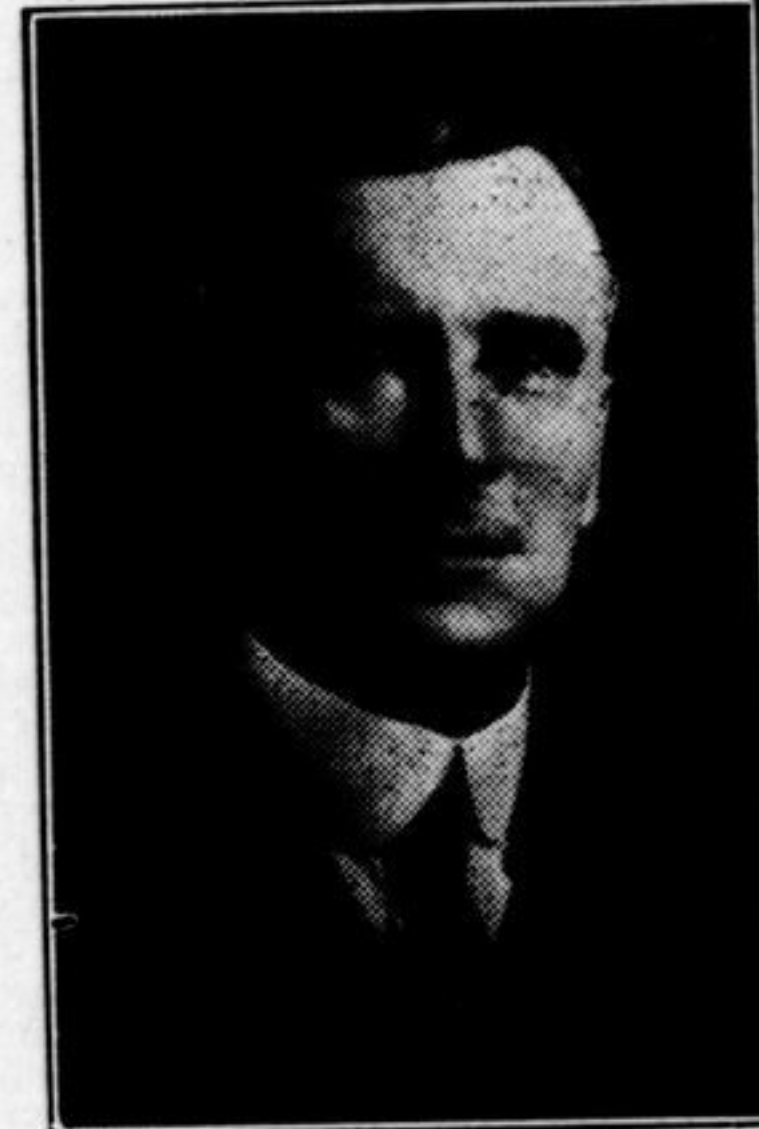
Enter any day. Write, call or phone for information.

CENTRAL BUSINESS COLLEGE
Stratford and Mount Forest

PUBLIC MEETINGS

In the interests of
L. G. CAMPBELL

Liberal-Conservative Candidate
in South-East Grey



AYTON, Thursday, October 15
NEUSTADT, Friday, October 16
DUNDALK, Saturday, October 17
CHATSWORTH, Monday, October 19
DURHAM, Tuesday, October 20
WALTERS FALLS, Wednesday, October 21
TOWNSEND LAKE, Thursday, October 22
HOLSTEIN, Friday, October 23

Meetings commence at 8 o'clock p.m. and will be addressed by the Candidate and others.

Other meetings announced later

THE FAMILY NEXT DOOR



No Movie Tonight!