

HER NERVES BETTER NOW

Received Much Benefit by Taking Lydia E. Pinkham's Vegetable Compound

Chatham, Ontario.—"I started to get weak after my second child was born, and kept on getting worse until I could not do my ordinary work and was so bad with my nerves that I was afraid to stay alone at any time. I had a girl working for me a whole year before I was able to do my washing again. Through a friend I learned of Lydia E. Pinkham's Vegetable Compound and took four bottles of it. I gave birth to a baby boy the 4th day of September, 1922. I am still doing my own work and washing. Of course, I don't feel well every day because I don't get my rest as the baby is so cross. But when I get my rest I feel fine. I am still taking the Vegetable Compound and am going to keep on with it until cured. My nerves are a lot better since taking it. I can stay alone day or night and not be the least frightened. You can use this letter as a testimonial and I will answer letters from women asking about the Vegetable Compound."



—Mrs. CHARLES CARSON, 27 Forsyth Street, Chatham, Ontario.
Mrs. Carson is willing to write to any girl or woman suffering from female troubles.

shortly after one was seen driving at a very fast rate in a Ford car that looked like Thomas Monk's of the Balmoral Hotel.

Inquiry at the hotel proved that the car was gone and had been taken from the garage there after prying the lock off the door. Five persons then went to a vacant house on the old McCully property on North Street where it was known a couple of trespassers had been occupying on Sunday. There a quantity of the stolen hardware, confectionery, fruit and other goods were found and identified by the owners.

—Paisley Advocate.

The dollar doesn't really buy less now; it just buys less at a time.

IN MEMORIAM

Hugill.—In ever loving memory of our darling babe, George Garvin, who fell asleep September 28, 1923, aged 3 months and 7 days.

only a little white rosebud too pure for this cold earth. Too beautiful to stay so long, the holy Gardener came and carried our darling babe away.
—Mama and Daddy.

CHNIE'S

- style and new stock... \$1.85
- er Sox... .59c
- ts... \$1.00
- wn and Grey Tweed, all... \$1.75
- in Black, Heather, Grey... \$1.40

nie - Durham

If It's New, It's Here.

Men's Wear Store

Furnishings

and see our stock of boy's wear.

S NOW ON DISPLAY

HATS and CAPS

See our new Hats and Caps. Nothing newer and the prices are right.

S, COLLARS and TIES ON HAND, don't fail to call in and look at all things that men

COATS WORK SHIRTS, the well-known BEL OVER-ALLS

S. BURNETT, Durham, Ontario



FIRST AID IN POISONING

By DR. W. J. SCHOLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

In any case of poisoning, the services of a physician should be obtained as quickly as possible. But, in the meantime, the patient should not be neglected. A knowledge of how to give first aid to the poisoned may be the means of saving a life that would otherwise be lost before a doctor could be reached.

The first thing to do in a case of poisoning is to give an antidote. This neutralizes or combines the poison in such a way as to render it less harmful.

Then, except when mineral acids or alkalis have been swallowed, vomiting should be induced by giving an emetic. (Mineral acids are such as sulphuric, nitric and hydrochloric. Strong alkalis are lye, caustic soda and caustic potash.) Mustard water makes a good emetic. It is made by stirring a tablespoonful of mustard in a glassful of warm water.

Except in morphine or opium poisoning, the patient should be kept warm and quiet.

The kitchen usually contains a number of things that may be used as antidotes for some of the common poisons.

Diluted vinegar may be used to neutralize lye or other alkalis.

For Acid Poisoning

Soap may be eaten for acid poisoning. Remember that no attempt should be made to induce vomiting in either alkali or acid poisoning. And never give soda for acid poisoning. The gas liberated by the interaction of the soda and the acid which has been swallowed would probably tear the damaged tissues. Iodine may be combined by giving starch or flour stirred in water. It

is better to give raw starch than to lose time in waiting for it to cook. For strychnine or preparations containing it, strong tea should be given. Strong tea is usually the most available antidote for poisoning with alkaloidal drugs. These are such drugs as strychnine and atropine.

Raw eggs and milk may be given for poisoning by bichloride of mercury. Antiseptic tablets often contain this or some other salt of mercury.

Chalk, lime or plaster may be given for oxalic acid. Soda should never be given. Other names for oxalic acid are "salts of sorrel," "salts of lemon," and "poisoning paste."

A solution of sodium sulphate is regarded as the best antidote for carbolic acid (phenol). Unfortunately, it is not always at hand when needed. Glauber's salt is another name for sodium sulphate. No fats or oils should be given.

Bicarbonate of soda may be given for so-called coal-tar drugs, such as are often contained in headache tablets or powders. Give artificial respiration, the same as for drowning.

In poisoning by morphine or opium, give strong tea or coffee. Walk the patient to keep him awake. Slap him with cold wet towels if necessary, but be sure to keep him aroused and awake.

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HEALTH QUESTIONS AND ANSWERS

Diet in Tuberculosis

C. S. asks: "What is the best diet for a person with tuberculosis?"

Reply

This, as well as other questions relating to the care of the person with tuberculosis, is best decided by the physician in charge of the case. In general, a mixed diet of milk, eggs, butter, bread, vegetables, meats and fruits is suitable.

May Have It Again

E. S. asks: "If one has had an ulcer of the stomach that has healed up, is he liable to have it again?"

Reply

Yes.

Cause of Epilepsy Unknown

Anon. asks: "1. What is the cause of epileptic fits? 2. What is the cause of scrofula? 3. What is the cause of paralysis?"

Reply

1. The cause of true epilepsy is unknown. There is a class of cases in which the seizures follow injury or disease of the skull or brain. Heredity and systemic poisoning have been blamed. The theory has been advanced that it is a psychosis—a disease or disorder of the mind. 2. Scrofula is tuberculosis of the lymphatic glands and joints. 3. Some disease or disorder affecting the brain or nervous system. Send a stamped, addressed envelope for replies to your other questions.

Gall-Stones

Mrs. C. H. asks: 1. What is the cause of gall-stones? 2. Is there any medicine that one can take that will cause the stones to dissolve in the gall-bladder?"

Reply

1. Infection of the gall-bladder is regarded as the important factor in the causation of gall-stones.

EDGE HILL SCHOOL FAIR PRIZE LIST

- Quart of Wheat—Willie Peart S.S. 5, Archie McPhail S.S. 10, Gerard Vasey Sep. S.S. 3.
- Sheaf of Wheat—G. Vasey, Sep. S. S. 3.
- Quart of Barley—Archie McEachern S.S. 10, Cecil Proudley S. S. 10.
- Sheaf of Barley—Charles Timmins, S.S. 5.
- Quart of Oats—Willie Vasey Sep. S.S. 3, Dan Ritchie, S.S. 3, Archie McEachern S.S. 10, Roddie McEachern, S.S. 10.
- Sheaf of Oats—Dan Ritchie S.S. 3, Willie Vasey Sep. S.S. 3, Fred Arnold, S.S. 9.
- Field Corn—Ruby Styles S.S. 3.
- Sweet Corn—Dennis Vasey Sep. S. S. 3, Margaret Firth S.S. 3, Mary McNabb S.S. 5, Ewen Ritchie S.S. 2.
- Mangolds—Eddie Lawrence 9, Orval Hopkins 9, Jack Anderson 3.
- Turnips—Grace Hopkins 9, Kathleen McLean U 2, Jean Clark U 2, George Blair 5, Irene Collinson 9.
- Potatoes—Davey Allen 3, Thomas Melosh U 3, Joe Dineen Sep. 3, Melville Harrison 9, John Collinson 9, Ewen McNab 5.
- Beets—Margaret McLean U 2, Jean Firth 3, Lena Schaefer U 3, Armonell Glencross 3, June Sullivan Sep. 3, Allie McGirr 9.
- Carrots—Bettie McGillivray 1, Lillian Collinson 9, Mae McEachern 10, Reta Melosh U 3, Freda Schaefer U 3, Anna McEachern 10.
- Parsnips—Agnes Anderson 3, Monica Vasey Sep. 3, Kathleen McCarthy Sep. 3, Cicely O'Hanley Sep. 5, Bertha McNally 9, Isabel Firth 3.
- Onions—Louise Jacques 9, Francis Melosh U 2, May Collinson 9, Selina Norris Sep. 5, Rena Clark U 2, D. J. Firth 3.
- Collection of Fruit—Dan Ritchie 3, Sadie McEachern 10, Francis Melosh U 3, Margaret Firth 3, Katie McKinnon 10, Annie McKinnon 10.
- Asters—Muriel Brown U 2, Mary Moore 1, Catharine Timmins 5, Mary Anderson 3, Lillian Collinson 9, Reta Melosh U 3.
- Cosmos—Armonell Glencross 3, Calondula—Alva Greenwood 3, Dorothy Robinson 3, Lena Schaefer U 3.
- Pinks—Louise Jacques 9, Willie Peart 5, John Vessie U 2, Tom Bell U 3, Charles Timmins 5, May Collinson 9.
- Gaillardia—Dan Ritchie.
- Home Garden Bouquet—Jean Firth 3, Margaret Firth 3, Glen Moore 1, Aleda Staples 3, Clara Jacques 9, Donaldia McLeod 10.
- Weeds—Thomas McAsey Sep. 5, Tena O'Hanley Sep. 5, Francis Melosh U 3, Florence McPhail 10, Anna McEachern 10, Mae McEachern 10, Cecil Proudly 10.
- Weed Seeds—Katie McKinnon 10, Grace Hopkins 9, Thomas Melosh U 3, Catharine McLean U 2, Margaret McLean U 2, Helen Curdt 10.
- Insects—Tena O'Hanley Sep. 5, Margaret McCarthy Sep. 5, Freda Schaefer U 3, Willie Peart 5, Margaret McLean U 2.
- Jardinere Stand—Clarence McNally 9, Eddie Lawrence 9, John Collinson 9.
- Bread—Lena Schaefer U 3, Alva Greenwood 3, Katie McKinnon 10,
- Beth McGillivray 1, Alice Proudly 10, Catharine Timmins 5.
- Oatmeal Cookies—Alva Greenwood 3, Olive Allen 3, Jean Clark U 2, Florence McPhail 10, Mary Moore 1, Louise Jacques 9.
- Chocolate Cake—Myrtle Glencross 3, Jean Clark U 2, Agnes Sullivan Sep. 3, Catharine McLean U 2, Susie Greenwood 9, Adeline McNally 3.
- Sugar Cookies—May McEachern 10, Jean Clark U 2, Grace Hopkins 9, Myrtle McLean U 2, Blanche McKechnie 3, Helen Curdt 10.
- Book Rack—D. J. Firth 3, Thomas McAsey Sep. 5.
- Plan of Stable—Armonell Glencross 3, Edward Norris Sep. 5, Ernest O'Hanley Sep. 5, Thomas McAsey Sep. 5, Walter Schaefer U 3.
- Plan of Kitchen—Florence McPhail 10, Mae McEachern 10, Katie McKinnon 10, Martha Eckhardt 10, Anna McKinnon 10, Helen Curdt 10.
- Apple Pie—Corinne Lawrence U 2, Adeline McNally 3, Mae McEachern 10, Helen Curdt 10, Helen Murphy Sep. 5, Louise Jacques 9.
- Writing, Fourth Book Pupils—Marguerite Corlett Sep. 3, Helen Curdt 10, Lena Bell 3, Tena O'Hanley Sep. 5, No Name, Florence McPhail 10.
- Third Book Pupils—Billie Sullivan Sep. 3, Francis Melosh U 3, Eliza Jane Trafford 1, No Name, Ernest O'Hanley Sep. 5, George Blair 5.
- Second Book Pupils—Selina Norris Sep. 5, Kathleen McCarthy Sep. 5, Anna McAsey Sep. 5, Clara Jacques 9, Mary McArthur 1, Reta McIntosh U 3.
- Cockerel—Blanche McKechnie 3, Jean McGillivray 1, Florence McPhail 10.
- Pullet—Davey Allen 3, Jean McGillivray 1, Blanche McKechnie 3.
- Pen: One Cockerel and Two Pullets—Florence McPhail 10, Davey Allen 3, Billie Hargrave 9, Francis Melosh U 3.
- Pen: One Cockerel and Two Pullets from Home Flock—Margaret McCarthy Sep. 5, Blanche McKechnie 3, Ivy Melosh U 3, Jean Clark U 2, Dan Firth 3, Jean Firth 3.
- One dozen Brown Eggs—Ivy Melosh U 3, Mae Bell 3, Isabelle Firth 3, Davey Allen 5, Catherine McLean U 2, Dan Ritchie 3.
- One dozen White Eggs—Blanche McKechnie 3, No Name, Willie Sullivan Sep. 3, Catherine McLean U 2, Louise Jacques 9, Grace Hopkins 9.
- Calf—Jean Clarke U 2.
- Market Lamb—Jean Clark U 2, Allie McGirr 9.
- Girls' Public Speaking Contest—Anna McEachern 10, Marguerite Corlett, Sep. 3, Armonell Glencross 3.
- Parade—S.S. 9, Sep. S.S. 5, S.S. 3, Miss Macphail's Public Speaking Contest—Dorothy Robinson 3, May-McEachern 10.
- Boys' Driving Contest—Thomas Melosh U 3, Willie Trafford 1.
- Girls' Driving Contest—Angela Coffey Sep. 3, Dorothy Schaefer U 3, Garden Contest—Anne McKinnon, 10, George Blair 5.
- Oats From Home Farm—Orville Hopkins 9, Dorothy Robinson 3, Allie McGirr 9, Jack Anderson 3, Ralph Staples 3, D. J. Firth 3.
- Barley From Home Farm—Allie McGirr 9, D. J. Firth 3.
- Wheat From Home Farm—Edward Norris Sep. 5, Dorothy Robinson 3, No Name, Orval Hopkins 9, Gordon McGillivray 1, Douglas McArthur 1.
- Peas From Home Farm—Teddy Moore 1, Walter Schaefer U 3, Al-

The Fresh Flavor

of delicious

"SALADA" GREEN TEA

is preserved in the air-tight SALADA packet. Finer than any Japan or Gunpowder. Insist upon SALADA.

lie McGirr 9, Kathleen McCarthy McLean U 2, Anna McKinnon 10, Helen Curdt 10, Margaret McCarthy Sep. 5.
Number following name is number of School Section.
(Sep.)—Separate School Section.
(U)—Union School Section.

Special Hemstitched—Catharine McLean U 2 \$1.00, Helen Murphy Sep. 5, 75 cents, Myrtle McLean U 2, 50 cents, Florence McPhail 10, 25 cents.

Special Plain—Rena Clark, U 2 \$1.00, Cecilia O'Hanley Sep. 5 75 cents, Kathleen McCarthy Sep. 5 50 cents, Selina Norris Sep. 5 25 cents.

Hemstitched Towel—Beatrice Grashy U 2, Jean Clark U 2, Corinne Lawrence U 2, Florence McPhail 10, Katie McKinnon 10, Alva Greenwood 3.

Hand Hemmed Dish Towel—Donald McLeod 10, Gladys McKinnon 10, Margaret Firth 3, Cecilia O'Hanley Sep. 5, Jean McGillivray 1, Kathleen McCarthy Sep. 5.

Four Fancy Stitches Done in Red on Factory Cotton—Jean Clark U 2, Margaret McLean U 2, Catherine

All Our Graduates

have been placed to date and still there are calls for more. Get your course NOW. If you do not get it you pay for it anyway in smaller earnings and lost opportunities.

Enter any day. Write, call or phone for information.

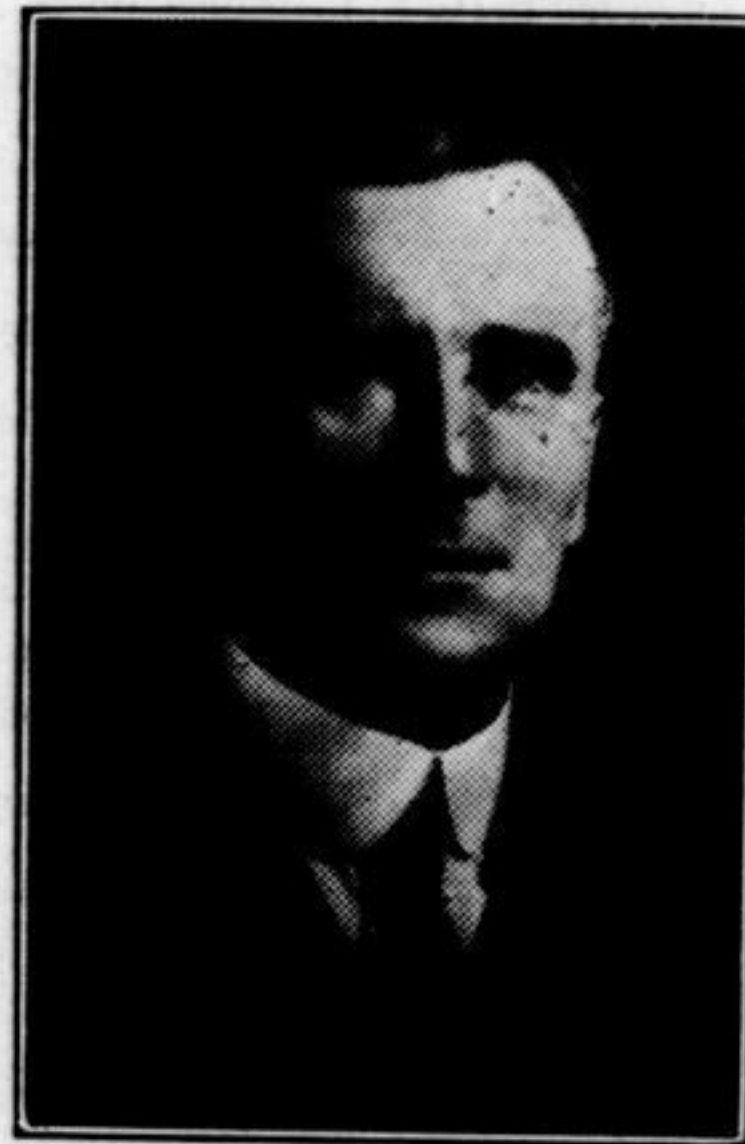
CENTRAL BUSINESS COLLEGE Stratford and Mount Forest

PUBLIC MEETINGS

In the interests of

L. G. CAMPBELL

Liberal-Conservative Candidate in South-East Grey



- PRICEVILLE, Thursday, October 1.
- EUGENIA, Friday, October 2.
- BADJEROS, Saturday, October 3.
- WILLIAMSFORD, Monday, October 5.
- HOPEVILLE, Tuesday, October 6.
- DROMORE, Wednesday, October 7.
- DESBORO, Thursday, October 8.
- MAXWELL, Friday, October 9.
- MASSIE, Saturday, October 10.

Meetings commence at 8 o'clock p.m. and will be addressed by the Candidate and others.



Always a Smooth Road Ahead - with Dunlop Balloon Tires.

THE FAMILY NEXT DOOR



Enough, Bud! Enough!

YEAH BUD, I THINK YOU OUGHTTA!

WHY DON'T YOU GET MARRIED? WHAT KEEPS YOU FROM IT?

EXPERIENCE UNK! NOTHING ELSE!

EXPERIENCE! WHY YOU SILLY BOY - CAN'T YOU KNOW ABOUT ANYTHING YA NEVER TRIED!

OH I DON'T MEAN THAT -

-I'VE HAD TOO DARNED MUCH EXPERIENCE WITH IT AROUND HERE!

SAT-