

THIS HALIFAX NURSE

Is Willing to Answer Questions from Women Asking about Lydia E. Pinkham's Vegetable Compound

Halifax, Nova Scotia. "I am a married nurse and have recommended E. Pinkham's Vegetable Compound to many women who were children also to women who need a good medicine. I am English and my husband is Canadian, and he told me of Lydia E. Pinkham while in England. I would like a copy or two of your little book on women's ailments. I have one I keep to hand. I will willingly answer letters from any woman asking for the Vegetable Compound." - Mrs. COLEMAN, 24 Uniacke Street, Halifax, Nova Scotia.

Could Not Sleep Nights in Ontario. "I was weak and nervous, with pains and headaches, and could not sleep nights. I learned about E. Pinkham's Vegetable Compound by reading the letters in the papers and tried it because I wanted to be better. I have got good results and I feel a lot stronger and am enabled to be and am more regular. Gaining in weight all the time and my friends wish that kind of medicine taking. You may use my letter help to others." - Mrs. JAMES, Box 12, Dublin, Ontario.

TIRE WENT AFLOAT ON THE SAUGEEN J. W. Bell, of Queen street, found a motor tire under circumstances, and by advertisement in The Advocate, found the cause.

Bell went picking raspberries last month on the Saugeen bank in rear of Mr. Watson's farm, Elora Road north, and he was surprised to notice an inflator attached to a rim sticking out of a jutting stone in the river.

Salvaged the derelict without great trouble, and brought it to the place it was in the hands of the person of a Mr. in from Durham, who called at Advocate office to make inquiries as to the finder. McLean had missed his spare tire making a trip home from Elora. The tire had evidently slipped loose at the approach to the bridge and then rolled into the river.

the Classified Ads. on Page 7. pay you.

Week

- 1. What causes adhesions after an operation? 2. Can they be cured without being operated again? 3. Not in good hands. 4. You may always have a damaged heart valve. This will not necessarily cause you trouble as long as the muscle of the heart is able to do its work. Your heart will probably not have the reserve power that it would have had if never infected as a result of rheumatism.

Durham, Ont.

Wear Store

READY-MADE SUITS

These Over and Ties Just Arrived... BARNETT Durham, Ontario



CAUSES OF HEADACHE

By DR. W. J. SCHOLLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

One of the most common of human pains is headache. Like other pains, it is one of nature's methods of calling attention to the fact that something is wrong. It is a Symptom that may arise from any one or more of several causes.

Sometimes the conditions under which headache occurs give a hint as to the possible cause. For example, the attack may come on after using the eyes in close work. In that case, there is probably some disorder of the eyes which is causing eye-strain. Properly fitted glasses, and care to avoid abusing the eyes would then be the remedy. Or, the headache may occur when one is fatigued, either in mind or body. Sufficient rest would then be the remedy. And prevention would consist in avoiding physical and mental activity to the extent of fatigue.

Poisons in System

The presence of various poisons in the system may cause headache. These poisons may be introduced into the system from without. Alcohol, tobacco and lead are examples. Or, the poisoning may result from failure of the system to properly eliminate waste products. This type of poisoning is likely to

occur in disease of the kidneys and in constipation. The complete list of diseases which may cause headache is a long one. Bright's disease, arterio-sclerosis, pelvic disorders, digestive disorders, anemia, functional and organic nervous disturbances, fevers and various infections and diseases of the ear, nose and throat are among the possible causes. To find the cause in any individual case is not always an easy matter. But this is the first step in seeking a permanent cure. A careful physical examination may reveal the underlying disease or disorder. If no such disease or disorder is discovered, a careful investigation of the habits may reveal the cause.

The point is that anyone who is subject to frequent headaches would not be satisfied to obtain mere temporary relief by taking some pain-killing drug. The cause should be carefully searched for, and removed whenever this is possible.

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HEALTH QUESTIONS AND ANSWERS

Adhesions

J. G. asks: "1. What causes adhesions after an operation? 2. Can they be cured without being operated again?"

Reply

1. Adhesions are often the result of the disease for which the operation was performed. For example, repeated attacks of appendicitis very frequently result in the formation of adhesions. The same is true of many other conditions which may require operation for their relief. The healing of operative wounds sometimes results in the formation of adhesions.

2. As time goes on, adhesions often stretch and cease to be troublesome. Adhesions that persist in causing discomfort for a considerable time after operation may require operation for their relief. If you are sure that adhesions are the sole cause of your trouble, give time a chance to effect a cure.

Tonsils and Rheumatism

D. L. G. writes: "I have had two attacks of inflammatory rheumatism in the last four years. My heart was had in the last attack. The doctor says that I should have my tonsils taken out. 1. Do tonsils cause rheumatism? 2. If I do not have the tonsils taken out, am I liable to have another attack of rheumatism? 3. Is the operation dangerous? 4. Will my heart ever be entirely well again?"

Reply

1. Infections in the tonsils often

cause rheumatism.

2. Yes. 3. Not in good hands. 4. You may always have a damaged heart valve. This will not necessarily cause you trouble as long as the muscle of the heart is able to do its work. Your heart will probably not have the reserve power that it would have had if never infected as a result of rheumatism.

Granulated Eyelids

Mrs. D. L. F. asks: "What would cause granulated eyelids? My daughter seems to be healthy in every respect, but she almost always has scales on her eyelids. If I put vaseline on them at night, they do not stick. We have used boric acid water on them, but it does not cure them."

Reply

Defective vision causing eye-strain is about the most common cause of inflamed and granulated eyelids. While vaseline may keep the lids from sticking, and boric acid solution may give a little temporary relief, neither of these is likely to effect a cure. It is probable that the girl requires glasses to correct her vision. This can be determined by having her eyes examined by an oculist.

Auto-Intoxication

J. F. asks: "What is meant by auto-intoxication?"

Reply

Poisoning by some toxin (poison) generated within the body.

SUFFERED NASTY FALL

The many friends of Mr. William Parker, 8th concession, Bruce, will regret to learn that he is confined to his bed. Last week he had the misfortune to fall from the top of the hay mow to the floor. He was going up the ladder, and when at the top, the rung broke, and he fell backwards.

Fortunately his fall was broken by a scaffolding, or he might have been killed. As it was, he was found unconscious a few moments after his fall. The doctor was summoned, and

the injured man is now laid up. He is only badly bruised and suffering from slight concussion. Mr. Parker is a very heavy man, and the miracle is that he was not killed.—Kincairdine Review-Reporter.

Answered

With the object of becoming a naturalized citizen, one Jacob Provinsky filled out a naturalization form. Three of the questions he answered thus: Name—Jacob Provinsky. Born—Yes. Business—Rotten.

News of Nearby Towns

Mount Forest

At Holy Trinity church, Toronto, on Saturday, August 15, the wedding took place of Agnes Marie, daughter of Mrs. E. Lang, Toronto, formerly of Kenilworth, to Joseph L. Walsh, of Tottenham, Ont.

A very sad and sudden death occurred in Conn vicinity on Tuesday morning of last which bereft the home of Mr. William Cox, of the wife and mother who on the previous Sunday was in her usual health, but on Monday was stricken down, a hemorrhage taking place.

Mr. Richard J. McCabe and bride (Muriel Robertson Adair) were the guests of Mrs. Captain Campbell and Mrs. P. T. McIntyre on Monday on their way to their home in Windsor. Jake Atlaan, for whom a warrant has been out since April last for stealing a horse, wagon, harness and some money from Mr. A. Samuel, of this town, was arrested in Toronto last week. On Thursday last, Chief Cringle went down to the city and brought him to Mount Forest where he appeared before Magistrate Heilbronn on Friday. He was remanded for a week and taken to the Guelph jail for safe keeping.

On Friday, August 14, the death occurred at Dauphin, Man., of Mr. John Evans at the age of 82 years. The deceased was a resident of Mount Forest for 31 years previous to 1902. In Mount Forest on August 21, a son was born to Mr. and Mrs. Stewart Stephenson. A daughter was born to Mr. and Mrs. Edgar R. Smith, Mount Forest, on August 24.

Flesherton

While assisting Mr. Price Teeter with the harvesting on Monday, Mr. Samuel Thompson, of the East Backline, fell from the mow to the barn floor, a distance of 12 feet, and suffered a fractured leg near the hip.

Chesley

On Tuesday of last week in Paisley, Chesley's baseball nine lost to Allenford by a score of 7 to 1 in the deciding Bruce League championship game.

C. P. Wilkins has been appointed Justice of Peace by the Provincial Government in place of W. D. Bell who resigned. Last Saturday a son of Joseph Chambers of Shipness in Amabel Township caught a black bass that weighed 6 pounds, 8 ounces, in Chesley lake.

On Wednesday evening of last week, when coming along Adolph street going east, a car driven by Henry Monk of Brant ran into William Jermyn's car on Main street. As the latter had the right of way, Mr. Monk paid the damages.

On Monday of last week, Jake Woelfle was staying with Robert Walker in Allenford, and when returning for the night, Jake took the cellarway instead of the stairway and tumbled to the bottom. Luckily no bones were broken, but he received a severe shaking up.

At a special meeting of the Town Council on Monday evening of last week, it was decided to go ahead with the erection of a mortuary.

Dundalk

Three rinks of Dundalk bowlers went to Shelburne on Monday night of last week and emerged 4 up on the evening's play besides having a good time.

Sam. Bellamy's big bee hive which he was weighing daily in order to find its increase, came to grief the other night. George McLeod drove into the lane to buy some honey, tying his horse to a post. While he and Mr. Bellamy were in the cellar, the horse, getting frightened at the hum of industry from 125 hives, broke the tie-riem, ran away and smashed into the hive on the scales, breaking it into a mass of

splinters and sweetness. The colony was ruined in the disaster.

The Law Construction Company of Toronto are now making preparation for their work on the Provincial Highway south of here. A considerable quantity of machinery has been unloaded at Corbetton and moved to the Lonsway quarry, which was the scene of active operations some four or five years ago. The stone will be crushed there, and go to form the mainstay of the road, which will be waterbound macadam, we understand.

Last Friday at Alliston, the local baseball nine lost by the score of 12 to 4, and again on the following Monday in Dundalk, Alliston triumphed 12 to 8.

Walkerton

As the result of a motor accident on the 10th concession of Brant on Sunday afternoon of last week, Mrs. Albert Tennell is in a serious condition suffering from internal injuries.

The employees of the Canada Furniture Factory, and their families, had a great time at their annual picnic at the Bend on Saturday, August 22.

James Waechter, young son of Mr. Alex. G. Waechter, of Greenock, is in a serious condition following an operation for the removal of his appendix which proved to be gangrenous.

Mrs. Aileen Chisholm, of Brant, was the recipient of a bridal shower recently.

The garden party given by the Walkerton Golf and Country Club a week ago last Thursday, drew an interested crowd.

The death of Mrs. Elizabeth McCurdy, aged 87 years, occurred at the home of her daughter, Mrs. John McCool, on Tuesday, August 25.

The wedding took place at Iroquois, Ontario, August 26, of Miss Cecile Smyth, formerly of the Walkerton Public School staff, to Mr. Otto Monk, Walkerton Court Stenographer. Following a short honeymoon, the young couple will reside in town.

Mrs. Joseph T. Becker passed away on Monday of last week in her 47th year.

The death of Mrs. Delma Lorenz occurred on August 15. The deceased was one of the pioneers of Garrick, being in her 70th years.

A quiet wedding took place in the Lutheran church, Normanby, on Wednesday, August 19, when Mr. Henry Schotzauer was united in marriage to Miss Anna Brokhacker, both of Normanby.

Mr. Rene Gulliton had one of his fingers badly cut while working at the Bobbin Factory on Saturday afternoon of last week.

Mr. F. N. Graham of Copper Cliff has purchased the local theatre and the adjoining store and plans making the two buildings into an up-to-date picture show.

A stone, supposed to have been shot from under the tire of a passing car, on the paved roadway, on Sunday night, passed through a large, plate-glass window in Reeve George D. McKay's office window.

Arthur Fox, a local youth, was fined \$8 for striking Arthur Curtis, an eccentric returned-man whom some of Walkerton's smart young folks enjoy teasing.

On Sunday afternoon of last week, a Ford car driven by Mr. Elgin White turned over in the ditch at Flach's Hill, Brant. Mr. White was unharmed except for a badly bruised eye, but the car was considerably damaged.

Mr. James Andrew Hutton died on Tuesday of last week at the age of 70 years.

Hanover

On Saturday, August 22, the house, barn and contents of Mr. Alfred Hartman of concession 12, Normanby, were completely destroyed by fire.

The monthly meeting of the Women's Institute was held at the home of Mrs. Bartleman on August 19.

Markdale

At the United church, Markdale, on Wednesday, August 19, the wedding took place of Miss Ermina Heard, only daughter of Mr. and Mrs. W. H. Heard, to Mr. Maurice R. G. Reid, of Toronto.

On Tuesday, August 25, Mr. George Leitch, of the 10th concession, Glenelg, was found dead in his home and had evidently been dead for some time. The late Mr. Leitch was living alone and was 58 years of age.

Mr. Harry Mott has disposed of his chopping mill to Mr. J. M. Webb of Salem, near Elora. Mr. and Mrs. Mott and family are moving to Meaford.

A buggy, in which Mr. James Leitch of Glenelg was riding along Main street, was struck by an auto driven by a Toronto man, and although the buggy was badly damaged, the occupant escaped injury. A daughter was born to Mr. and Mrs. W. A. Weber in Artemesia on Friday, August 1.

FALL FAIRS 1925

Table listing fall fairs for 1925 across various locations including Aberfoyle, Acton, Alliston, Arthur, Alton, Alwood, Barrie, Blyth, Bolton, Bradford, Brussels, Beeton, Brampton, Chesley, Collingwood, Cookstown, Clarksburg, Caledon, Chatsworth, Desboro, Drayton, Dundalk, DURHAM, Erin, Elmira, Fergus, Feversham, Flesherton, Freeport, Galt, Georgetown, Goderich, Grand Valley, Gorrie, Hanover, HARRISTON, HOLSTEIN, Kincairdine, Lion's Head, Listowel, London (Western Fair), Lucknow, Markdale, Meaford, Mildmay, Milton, Milverton, Mitchell, Mount Forest, Neustadt, New Hamburg, Parkhill, Port Elgin, Paisley, Palmerston, Pinkerton, Priceville, Ripley, Rockwood, St. Marys, Schomberg, Shelburne, Stratford, Streetsville, Tara, Teeswater.

Tiverton Oct. 6 Toronto (Can. Nat.) Aug 29-Sept. 12 Weston Sept. 22 and 23 Wingham Sept. 22 and 23 Wingham Sept. 29 and 30 Winter Fair, Guelph Nov. 9-12 Royal Agri. Winter Fair Nov. 13-21.

R. McKillop, C. P. R. SUPT. MET OSPREY COUNCIL ON R. R. EXTENSION

With a view to ascertain the possibilities of the extension of the Saugeen branch of the Canadian Pacific Railway to take in the villages in Osprey Township, Mr. R. McKillop, superintendent of the Bruce division of the C. P. R., met the Council of Osprey Township in Flesherton on Monday afternoon.

A drive was taken east to Maxwell and Feversham, and thence to Banks and Gibraltar, and viewed the scope of country in that part. Mr. McKillop would not commit himself on the project, but said that the problem would have the serious consideration of the railway officials. There has been considerable talk on this question for some years past, and recently the Osprey officials have again been in communication on the subject. The proposed line was to be a continuation of the Saugeen branch and would likely take in Eugenia, Maxwell and Feversham. Whether the line will be a certainty is not known, but it would be a great benefit to the people in that part if the line were extended.—Flesherton Advance.

Conditional

Eloping bride: "Here's a telegram from papa?" Bridegroom (eagerly): "What does he say?" Bride: "Do not come home, and all will be forgiven."

Read the Classified Ads. on Page 7. It will pay you.

DURHAM HIGH SCHOOL

The School is thoroughly equipped to take up the following courses: (1) Junior Matriculation. (2) Entrance to Normal School. Each member of the Staff is a University Graduate and experienced Teacher.

Intending pupils should prepare to enter at beginning of term. Information as to Courses may be obtained from the Principal.

The School has a creditable record in the past which it hopes to maintain in the future.

Durham is an attractive and healthy town, and good accommodation can be obtained at reasonable rates.

J. A. M. ROBB, B. A., Principal. JOHN MORRISON, Chairman.

All Our Graduates

have been placed to date and still there are calls for more. Get your course NOW. If you do not get it you pay for it anyway in smaller earnings and lost opportunities.

Enter any day. Write, call or phone for information.

CENTRAL BUSINESS COLLEGE Stratford and Mount Forest



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The Annual World's Fair

Helping anything previously presented—unique, monumental among Expositions.

Aug. 29 - Sept. 12 inclusive

WESTERN FAIR LONDON - ONTARIO SEPTEMBER 12th--19th, 1925

This leading Canadian Agricultural and Industrial Exhibition is now over half-a-century old, and improving with age. Come and see the large list of added attractions booked for this year.

Entries closed September 3rd \$40,000 in Prizes and Attractions

For further information, apply—J. H. SAUNDERS, President, W. D. JACKSON, Secretary, London, Ontario.

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