

### For The Quiet Hour

#### LIFE'S BALANCE

O life is a mixture of pleasure and pain, Of blue skies and gray clouds, of sunshine and rain, Of south winds and blossoms, of frost, flowers and snow, Of days still and breathless, of wild winds that blow.

And gray dawns will greet us, our hopes to destroy, But a sunset all crimson and purple brings joy; The briar that wounds us, as rambling it goes, But helps us discover the hidden wild rose.

A wise hand has measured and balanced each part, And mixed all the colors with infinite art; With shadows, the sunshine, the pleasure with pain, For losses we meet there is always the gain.

—Kind Words.

REV. G. W. SHEPPARD, THE BIBLE SOCIETY'S SECRETARY in China, tells of listening to a Chinaman named Chen who for the first time conducted a week-evening service in a small church at Ningpo. Mr. Chen recited the second chapter of St. Matthew's Gospel from the Mandarin version with wonderful exactness and expression, and then proceeded to explain his method of Bible-reading. Being an illiterate man, a tailor by trade, and not having received the Gospel until he was nearly sixty years of age, he had realized the difficulty of acquainting himself with the contents of the Great Book. He began with St. Matthew and read it through, a chapter at a time, and for month after month, read it diligently until he was able to recite it from beginning to end. Every time he re-read the chapters, he went on to say he saw new meanings in them.

Surely this a practice that we all might with profit adopt.

THE FINEST Y. M. C. A. BUILDING FOR NEGROES IN THE world is said to be the one recently opened in Detroit, Mich., which has a colored population of 60,000. Built at a cost of \$500,000, it contains all the modern Association facilities—swimming pool, gymnasium, social rooms, club rooms, dining room, dormitory and class rooms for educational classes which help prepare young men for the work for which they are best fitted.

A RECENT CALL TO THE BAPTIST BROTHERHOOD AROUND the world issued by the executive committee of the Baptist World Alliance puts emphasis upon four vital factors:

Prayer, united prayer "by all our people for all our people to go afieid with the Spirit's enduring power to win men to Christ."

Passion, kinship to Christ in spiritual passion for lost souls everywhere;

Organization to win in the widest way;

Preaching and teaching an evangelistic gospel in the Holy Spirit's power, "Nothing will save a lost world but Christ, and him crucified."

EVERY PRISONER HAS THE CHANCE TO SAY SOMETHING in his own defense, and at least the same privilege should be allowed the present day boy and girl whose sins of omission and commission have spilled gallons of printers' ink over the pages of nearly every newspaper in the country. So reasoned the Hi-Y Club boys in Toledo, Ohio, and they acted upon their reasoning with gratifying results.

After a good deal of criticism of Toledo's younger set, especially of that portion of the younger set which attends the high schools, had been published in the local newspapers, two teams of Hi-Y Club boys, representing various high schools, spoke in behalf of their own generation before several of the clubs of the city, including the Kiwanis, Rotary, Lions and Masons.

First explaining the history and purpose of the Hi-Y, and telling of constructive things that it and other organizations were accomplishing in the schools, they put up squarely to the men their responsibility in the matter of helping the young folks of today—helping them by setting an example in law-keeping and by being their friends. One of the speakers pointed out that 98 per cent of the students were doing splendid work in the schools, and that the modern boy and girl should not be judged by the conduct of the other 2 per cent.

#### IN A RECENT COMMENCEMENT SEASON.

Five hundred and twenty-three Negroes received the degree of B.A.; 23 the Master's degree; 332 graduated from professional schools, which included 75 lawyers, 61 physicians, 75 pharmacists, 75 dentists and 48 ministers.

An informed white man of the South says that Professor Carver of Tuskegee has contributed more scientifically to the agricultural life of the South than any ten white men in the past 25 years. A committee in Congress sat spellbound while this Negro scientist explained the commercial possibilities of the common peanut.

#### SPEAK SOFTLY!

(M. F. Blair.)

Speak kindly of thy neighbors near! Bewhance there dwells with them The Spirit of the living God; Wouldst thou this One condemn?

Speak gently to thy passing friend! Perhaps there walks with him The Christ who trod through Galilee; Speak'st thou harsh words to him?

Speak softly to thy cherished own, For it may truly be They seek, with eagerness, to find The risen Christ in thee!

ONE SUNDAY MORNING AFTER A MEETING IN A VILLAGE on the Russian and Polish border, we walked to the next village to see how the people there were spending Sunday morning, and to preach the gospel there. It was a village of some size, but it had not even a Greek Orthodox church. There was no church, no school, nothing except the homes of the peasants.

We found the people sitting on the grass in front of their homes, talking and killing time. On Sunday morning! From house to house we went speaking to the people of salvation through Jesus Christ, and gave out Gospels, which they receive most gratefully. They had never seen a missionary. In their homes were no religious books. They had no reading matter; some had not seen a newspaper for a year.

That is the condition in which one finds many villages. The people are truly living in darkness, in the shadow of death. They are like pure heathen, although members of the Greek Orthodox church. In the homes in this village I saw ikons, and on special feast days, the people attended the Greek Orthodox church some distance away. But they were ignorant of the Gospel.

The poverty of the peasants in that section is extreme. They are in a most pitiable condition. One man told me that nearly all he gets from his farm has to go for taxes; so little is left for himself that he can just keep his family from starvation. Their homes were of the poorest type.

When we spoke with the people, they all agreed they needed salvation. Tears came into their eyes, and they acknowledged they were sinners. They said it would be the only comfort they had if they could get deliverance from the burden of their sins. They asked eager questions as we spoke the Gospel to them. Some came to our meeting in the next village that afternoon, and we believe God opened some hearts to the Gospel.—"Russian and Slavonic Monthly."

WHEN MARSHAL FOCH WAS VISITING THE UNITED STATES, he said in one of his speeches:

"We must fight on our knees as well as in the trenches." Luke records that Jesus "kneeled down and prayed."

### FERGUS GAVE LOCALS A HARD TUSSLE

Best Game So Far This Season Was Exhibition Match Last Thursday Night—A Battle Royal From Start to Finish.

Anyone who thinks that juvenile lacrosse can not be exciting should have been in attendance at the exhibition fixture at the agricultural grounds last Thursday evening when the fast Fergus and the Durham teams came together in what was certainly the best game so far of the 1925 season. From the first blast of the referee's whistle, the game was a slap-bang affair of close and heavy checking, and generalship seldom seen in the intermediate ranks. Both the Fergus and Durham juveniles certainly have the punch, and with the ball in front of their opponents' nets, the team play was of such a calibre that it was with much difficulty that either defense could prevent the elusive home from scoring.

The Fergus team, considerably heavier than the locals, were we think, if the whole truth were told, favorites over the Durham crew even with the local fans, and coming from the good old lacrosse town of Fergus, it was a question of just how many goals the visitors would win by. The first period, however, opened the eyes of the Durham fans to the fact that their team was a whole lot better than rated, and when the period ended 3-1 with the Durham team leading, there was considerable reversal of opinion. Durham scored the first goal from a scramble in front of the Fergus net when the game had been in progress only a few minutes, secured the second when Elvidge tallied, while Lauder notched the third counter. While the first goal looked from the hillside as though it might have been of the flukey class, there was no question of the other two, which were the culmination of good team play, the ball being worked in by the united efforts of the whole home field. Fergus secured their only tally in this period, before the quarter was up.

The only counter of the second period was secured by McClyment, who drove one of his fast low ones past the Fergus point for a tally. Though scoreless with this one exception, the second period saw some good lacrosse, both teams displaying good generalship both on the home and the defense.

Martin Lauder secured the first tally of the third period and the sixth goal scored in the game when he accepted a hard pass close in, shot, and scored himself on the rebound. In this period, the Fergus team gave the locals many close calls, and for a time, the greater part of the play was in and around the Durham net. Good work by the defense, and a couple of spectacular saves by Becker, Durham's diminutive goaler, kept the visitors off the tally sheet and showed the local fans that Durham's juveniles are right there, both offensively and defensively.

The fourth and final session started off with a rush with both teams playing possibly the best lacrosse of the game, the visitors securing the only tally of the period. Though in on the nets several times, the Fergus defense was too much for the locals, and while at different times it looked as if a score was almost certain, the visitors' heady work on the defensive prevented any scoring. Fergus defense, too, was busy at times, the locals pressing them on numerous occasions, but failed to score.

While only an exhibition fixture,



### Long week-ends for busy men

Without the telephone, the business man might find it impossible to take them.

But now he goes away with an easy mind.

No circumstances can arise in his absence of which he cannot be instantly advised—by Long Distance.

If a decision is needed, he can make it before hanging up the receiver.

Holidays are necessary—and Long Distance makes them possible.



Cuts a family less than 5% of the annual outlay

the game on Thursday was the best seen here in a good many years, and the Fergus management is to be congratulated on sending so good a team when nothing was at stake. For a juvenile game, it was exceptionally good, comparing very favorably with many of the intermediate games and showing that the younger fraternity are instinctively developing a trend for lacrosse as it is played in this modern day when headwork and team-play count for more than the muscle and brawn of earlier times.

The teams lined up as follows:

Fergus (2)—Goal, Curlliss, point, Russell; cover, Blakely; defense, Armstrong, G. Graham; centre, Campbell; home, H. Farrow, J. Graham; inside, A. Farrow; outside, Black. Sub.—Fleming.

Durham (5)—Goal, Becker; point, Wilson; cover, McDonald; defence, Lake, Storey; centre, Moon; home, Elvidge and Snell; inside, Lauder; outside, McClyment. Subs.—McComb, Vollett and Lavelle.

Referee—B. McDonald, Durham.

"IF"—(For the Girls)

(With apologies to Ruddy Kipling)

If you can dress to make yourself attractive,

Yet not make dress and hair your chief delight;

If you can swim and hike, be strong and active,

But of the gentle graces lose not sight;

If you can dance without a craze for dancing,

Play without giving play too strong a hold,

Enjoy the love of friends without romancing,

Care for the weak, the friendless and the old;

If you can master speech and language,

And not acquire as well a prigish feign;

If you can feel the touch of silk and satin

Without despising calico and jean;

If you can ply a saw and use a hammer,

Can do a man's work when the need occurs,

Can sing or play, when asked, without excuse or stammer,

Can rise above unfriendly snubs and slurs;

If you can make good bread as well as fudges,

Can sew with skill and have an eye for dust,

If you can be a friend and hold no grudges,

A girl whom all will love because they must;

If you sometime should meet and love another,

And make a home with faith and peace enshrined,

And you its soul—a loyal wife and mother—

You'll work out pretty nearly to my mind,

The plan that's been developed thro' the ages

And win the best that life can have in store;

You'll be my girl, a model for the sages,

A woman whom the world will bow before.

### NO CONNECTION BETWEEN MASONRY AND KU KLUX KLAN, DROPE ASSERTS

Grand Master, in Address Read at Opening Session of Grand Lodge in Hamilton, Refers to Masked Order; High Standard of World's Oldest Fraternity is Fully Maintained.

The emphatic declaration that the Ku Klux Klan had no connection in letter or spirit with the Masonic Order in Canada was one of the outstanding features of the address of W. J. Drope, Grand Master of Freemasonry in Ontario, at the 70th annual communication of the Grand Lodge of Canada in this province, which opened its sessions at Hamilton on Wednesday of last week. The Grand Master, owing to illness, was unable to be present to deliver his address, which was read in his absence.

Continuing on the subject of the Ku Klux Klan, the Grand Master said:

"It is perhaps not within my province, nor do I deem it necessary at the present time to express any opinion or make any ruling on the question of members of the Masonic Order becoming members of the Klan, but I venture to suggest that members of the oldest and most honorable fraternity in the world will do well to consider seriously before associating themselves with an organization which, in a country where the franchise is universal and freedom of speech assured to all, finds it necessary to conceal the identity of its membership behind a hood or mask."

In his report on Masonic offences, the Grand Master said that the very existence of Masonry depended upon its maintaining standard in its membership. If at any time there was hesitation in purging the order of unworthy members who dishonored it with their actions, regardless of what rank or position they might hold in the state or community, Canadian Masonry would soon forfeit its proud and honorable position, it said.

Progress of the order in Ontario financially and numerically was reported. Lodges in this province now number 546 with a membership of 107,000, an increase of 4,000 from last year.

The Grand Lodge income for the year approximated \$150,000, of which \$108,000 had been spent for relief and charity. Seventeen new lodges were dedicated during the year.

### GRAND VALLEY FARMER KILLED IN RUNAWAY

W. J. Atkinson Fatally Injured When Horses Run Away.

William J. Atkinson, a young farmer living about three miles from Grand Valley was so terribly injured in a runaway accident last Thursday noon that he died Friday morning.

Just how the accident occurred will never be known. He had hitched up the horses after dinner to draw in some hay. He was accompanied by his little girl and boy, aged about 5 and 8 years, and had evidently got off the wagon to open the gate,

### WORKING GIRL'S EXPERIENCE

Read How She Found Help in Lydia E. Pinkham's Vegetable Compound

Arnprior, Ontario.—"I must write and tell you my experience with your medicine. I was working at the factory for three years and became so run-down that I used to take weak spells and would be at home at least one day each week. I was treated by the doctors for anemia, but it didn't seem to do me any good. I was told to take a rest, but was unable to, and kept on getting worse. I was troubled mostly with my periods. I would sometimes pass three months, and when it came it would last around two weeks, and I would have such pains at times in my right side that I could hardly walk. I am only 19 years of age and weigh 118 pounds now, and before taking the Vegetable Compound I was only 108 pounds. I was sickly for two years and some of my friends told me about Lydia E. Pinkham's Vegetable Compound, and when I had taken a bottle of it I felt a change. My mother has been taking it for a different ailment and has found it very satisfactory. I am willing to tell friends about the medicine and to answer letters asking about it."—Miss HAZEL BERNDT, Box 700, Arnprior, Ontario.

A day out each week shows in the pay envelope. If you are troubled with some weakness, indicated by a run-down condition, tired feelings, pains and irregularity, let Lydia E. Pinkham's Vegetable Compound help you.

The horses became frightened and started to run. In endeavoring to stop the runaway horses, he was knocked down and either trampled on by the horses or the wagon passed over his head.

Mr. Atkinson was a prosperous young farmer, and leaves a wife and three small children to mourn his loss.

"Do not," warns the manners expert, "say party when you mean individual." But "fat party" is so eminently more descriptive!—Buffalo Express.

### DURHAM HIGH SCHOOL

The School is thoroughly equipped to take up the following courses:

- (1) Junior Matriculation. (2) Entrance to Normal School. Each member of the Staff is a University Graduate and experienced Teacher.

Intending pupils should prepare to enter at beginning of term.

Information as to Courses may be obtained from the Principal. The School has a creditable record in the past which it hopes to maintain in the future.

Durham is an attractive and healthy town, and good accommodation can be obtained at reasonable rates.

J. A. M. ROBB, B.A., Principal. JOHN MORRISON, Chairman.

## Fortieth Anniversary Sale

# 20% off

## Hobberlin Tailoring

Made-to-Measure Guaranteed

These Suitings Made to Your Measure:

Range	Regular Selling Price	What You Pay	What You Save
2000	\$27.50	\$22.00	\$5.50
3000	32.50	26.00	6.50
4000	36.50	29.20	7.30
5000	42.75	34.20	8.55
6000	46.75	37.40	9.35
7000	50.00	40.00	10.00
8000	55.00	44.00	11.00
9000	57.50	46.00	11.50
10000	60.00	48.00	12.00

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## Geo. S. Burnett - Durham, Ont.



SAFETY

Note: Dr. Scholes will columns as will be of public print. Personal accompanied by self-ad. Dr. W. J. Scholes, in ca

Swimming is one forms of exercise. It muscles of the body. individuals from child

In proportion to e or less swimming ea are comparatively few inability to swim suffic ing too many risks. C cramps and fatigue.

Before one attempts to ind much swimming, he should the condition of his heart. ming is sometimes strenuo eise. It may call upon the for considerable effort. W found heart may be well ad spond to any ordinary he not. A knowledge of one's ity to stand strain shoul one to stay within safe li activity.

Follow Old Rules

Then there are some old regard to swimming wh hold good. One of these is swimming immediately after It is best to wait for ab hours. Another is to avoid

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HEALTH QU

Bad Breath

A. G. asks: "I. What is the of bad breath?" "2. What can be done to e

Reply

1. A frequent cause of fou is neglect of the teeth. Fa use the tooth brush, decau and diseased gums often cau agreeable odor. Bad tonsil infections of the pharynx and the nose are sometimes cau are constipation and dyspep

2. If the teeth are in fau should receive attention. T essary dental work should b and then the mouth should clean by brushing the tee daily with some good paste der, and the use of a mou If the trouble arises from sils, the nose or pharynx, o to constipation or dyspepsi must be remedied.

Cannot Stand Heat

P. F. K. writes: "A few y I was overcome by the heat, ever I am in the sun on h I am liable to get dizzy. I w bothered like this before I w come with the heat. Is the thing I can do or take to i better able to stand heat?"

Reply

People who have once be come by the heat are ofte to stand much exposure to ward. We know of no cure About all that can be do avoid exposure to the sun as much as possible, to av sources of extreme heat, w clothing and do not over

Probably a Superstiti

G. McB. asks: "Why is it

STORE IS WRECKED BY BURGLARS AND

Both burglars and fire destruction at the dry go of R. S. Brown, Collingwo day morning. The fire los \$35,000. Examination show previous to the fire there a robbery. A quantity o goods is missing, while a

THE FA

LICSEN U FED UP O - LETS GET T EAT R

