

ABLE AND
YS IN PAIN

Pinkham's Vegeta-
ound a Dependable
for Mothers

e, Nova Scotia.—"I took
for a terrible pain in my
weakness and headaches. I
at all over, too, and my
s were the worst. I am
four children and I am
by—the first one of four
I took Lydia E. Pink-
Compound before the
so you can see how much
I cannot praise it too
at it has done for me. I
of medicine, but the Veg-
and is the only one that
for any length of time.
to any one with troubles
you may use my letter for a
Mrs. ROBERT McCULLLEY,
Nova Scotia.

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Pinkham's Vegetable
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MAYBE IT IS TOO HOT FOR THE BABY!

By DR. W. J. SCHOLLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

In the baby, the excess of body heat is largely eliminated through the skin just the same as it is in the adult. Yet the baby is sometimes bundled up to an extent that the adult could not comfortably stand in warm weather.

The inability to get rid of the excessive body heat on account of too many clothes will, at least, make the baby uncomfortable. It may result in annoying irritation of the skin. Prickly heat is a common affection due to improper cooling of the skin. And it is believed that retention of body heat is in part responsible for some of the serious summer diarrheas of infants.

The usual reason for clothing the baby too heavily is fear that it will catch cold. Exposure to cold and chilling are, of course, always to be avoided. But there is very little danger of getting chilled during the hot weather.

Light Clothing a Need

Clothing should be suitable for

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HEALTH QUESTIONS AND ANSWERS

Cause of Rheumatism

O. S. H. writes: "I have had rheumatism for a number of years and don't seem to be able to get anything to cure it. Can you tell me of anything that would get rid of the uric acid that causes the rheumatism? I have taken lots of medicine to get rid of the uric acid and have taken lots of mineral waters to get rid of it, but they don't do much good."

Reply

In the first place, rheumatism is not caused by uric acid. It is caused by infection. The infection of the joints very often follows infection in the tonsils. Nests of infection may be located in other parts of the body.

In the next place, the term "rheumatism," as applied to chronic ailments, is a very uncertain diagnosis. It is often made to cover the vague pains and aches arising from a number of different disorders. Such conditions as the aches caused by flat foot, aneurism, bone tumors, syphilis and some of the forms of tuberculosis, are often called rheumatism.

A careful search should be made for infections, and any of the diseases mentioned. The chance of a cure depends upon finding the cause of the trouble and having it remedied.

Beverages and Fat

Mrs. E. S. writes: "I am trying to reduce. I have cut down my food and I am taking a lot more exercise than I used to. What I want to know is if lemonade and orangeade

Grandma Will Pay

Before the busy merchant stood pretty little Dolly. "I want some cloth for Dolly, enough to make a dress," "What color, little lady," the pleasant dealer said. "Why, don't you know?" she answered. "I want it awful red." He smiled, and cut the fabric for the delighted miss. "What does it cost?" she questioned. He answered, "Just one kiss." And then the clerk who heard her went laughing up and down. "My grandma said she'd pay next time she comes to town."

Doing It on Purpose

At one time, the Liverpool police were recruited mainly from Ireland, and it is told of one that on his first day in uniform, he spied a watering cart—something he had never seen before—and followed it to the street end, where it turned to water the other side. Pat found this too much for him, so holding up his hand in the approved manner, he roared: "Shoop!! Oi've had enough av this! At fust Oi thoct yez was lak-in', but now Oi sees yez are doin' it an purpos!"

GOOD GARDEN PARTY HELD AT DORNOCH

Presbyterian Church of That Place Held Most Successful Gathering in Its History Last Thursday Night.—Program Was Good.

The annual garden party of the Dornoch Presbyterian Church last Thursday night was one of the bright spots in the many good summer entertainments put on in that vicinity, and with nearly \$150 taken in at the gate, a good program, and an excellent supper, everyone was well satisfied.

In the early evening, a girls' softball game was played in a nearby field by teams representing South Bentinck and Williamsford, and though the Williamsford team won out by a large score, the game was an interesting one to watch and more evenly contested than the score would indicate. The final score was 28 to 9.

As is usual at Dornoch, the supper was everything to be desired, in fact, it was more so, for once started, a person knew not when to quit. There will be no denying of our statement that, if anything, the Dornoch ladies outdid themselves in their culinary achievements last Thursday, and the big crowd in attendance, though it ate itself nearly into bankruptcy, could make but little impression on the loads of good things placed before them, and when all was over, there seemed just as much to take its place.

The grounds, being electrically lighted, were ideal for this kind of a gathering and with supper disposed of, the crowd next turned its attention to the booth, and for a time it seemed that it would have a hard time to hold out for long and continue to serve them with ice cream, cool drinks and the other things that a garden party crowd likes so well.

The program, too, was one of the best we have heard this summer, and augmented by the Durham Citizens' Band, there was not a dull moment from start to finish. Hon. Dr. Jamieson was chairman and soon had the gathering in hand. With his customary efficiency, he kept everything moving with clock-like regularity, and though there were many numbers, they were run off without a hitch, and everything was over all too soon.

Commencing with a Band selection, the chairman's address was the second number. In the few minutes at his disposal, the chairman dealt with various topics as affecting the agriculturist and gave some of his experiences as chairman of the Agricultural Enquiry Committee last year. He said that his trip through Ontario at the head of this committee had impressed him more than ever with the possibilities of Canada's Banner Province. The greatest criticism in his opinion was not to be found in the occupation of farming but rather in the methods of marketing employed. Ontario and Canada were decidedly behind in this matter, and if it could be worked out properly, he felt that there was an era of great prosperity just around the corner for the Canadian farmer.

In 1911, Dr. Jamieson said he had predicted three great boons for the Ontario farmer—rural route mail delivery, rural telephones and good roads. These had since come into being. He now predicted two other great things that would make for the benefit of the agriculturist—hydro power and co-operative marketing.

Hydro power on the farm, in the speaker's opinion, would soon be transmitted by "wireless" the same as the telephone and the radio, and even now an eminent Italian engineer had solved the problem which, naturally, would take some time yet before it is feasible.

Dealing with the much-talked-of problem of the select bacon hog, Dr. Jamieson said that already the grading system had justified itself and as a result, the Canadian bacon products were fast overtaking the Danish product, for many years the

leading bacon product in Great Britain. Two years ago, there was a difference of 28 shillings a hundredweight in favor of Danish bacon; last year it was 10 shillings, but on toward fall, the Canadian product had sold to within five shillings of the price paid for the superior Danish product. While the British people would sooner deal within the Empire, Dr. Jamieson told his hearers that they were a very particular and discriminating class of buyers. They made no objection to an increased price for what they wanted, but demanded what suited them and were quite willing to pay for it.

The speaker referred to the exodus to the cities and said that the Anglo-Saxon stock from the old land was the ideal for immigration purposes. Speaking of reforestation, he said that it was an accepted truth that the ideal farming conditions called for at least 15 per cent being under wood or forest, but that in the older sections of Ontario, less than five per cent was the rule. This resulted in the drying up of the streams, an increase in the number of destructive insects through the disappearance of the birds and a consequent loss to the farmer and the country as a whole through the destruction of foodstuffs.

The speaker referred to the great impression given him by a tour of the mining country around Sudbury and Cobalt. In the Hollinger mine there were 72 miles of underground railway and 5,000 tons of ore were mined every day. His address throughout was interesting and held the crowd, and was at the same time very instructive.

Selections by the Durham Presbyterian choir were well received as were also solos by Mrs. T. M. McFadden and Mr. A. G. McComb. Messrs. Buschlen and McIntyre of the Band were other Durham talent taking part, and their offering was very well received.

Recitations by Miss Fallaise, "I've Changed My Mind," and a humorous recitation by Mr. D. A. McIntosh were taking numbers and added much to the program. Possibly the most humorous selection given, judging by the applause, was the Harry Lauder interpretation by Mr. Stewart McArthur. Mr. McArthur gave "Breakfast in Your Bed on Sunday Morning" and "It's Nice to Get Up in the Morning." His interpretation was real good and stamps him as one of the best of our local entertainers.

During the program, a short address was given by Mr. R. L. Atchison, who congratulated the church on the excellent program, said he had been a regular attendant at these annual functions for years and thought this one the best yet. A reading by Miss Annie Smith of Bentinck, a member of the Durham choir, was another much-enjoyed number.

Rev. W. J. Burnett of Dromore gave an address, too, that we think was much appreciated. Heralded by the chairman as "the speaker of the evening," The Chronicle man hid himself to a position near the platform to get something, but on this evening, Mr. Burnett, instead of being on his usual sedate behaviour, delivered a humorous concoction of

conglomerations which we found great difficulty in taking down. On seeing him after his oration, we asked him what he had been talking about, and he said he didn't know but hoped that the audience would follow his advice. Briefly, Mr. Burnett started in to show that the way to a man's heart is through his stomach, and while his manner of getting to his heart through his stomach was rather crude, it was very effective. At time of writing, we cannot remember whether he advocated an auger or a knife for the operation, but we do know that from a humorous standpoint, his address was a huge success, and the audience enjoyed it to the full.

Besides Durham Citizen's Band, good music was furnished by the Rocky Saugeen and Williamsford Orchestras, and the program continued until well after 11 o'clock.

A SIMPLE METHOD OF DEALING WITH RETAINED PLACENTA

The cause of retained afterbirth is not definitely known, but it is generally assumed that it is associated with contagious abortion, inasmuch as these two diseases are quite often co-existent in the same herd, says George W. Muir, Chief Assistant Animal Husbandry Division. The animal which retains the placenta should, therefore, be considered as a suspicious aborter and be given special isolation and treatment as such.

Formerly, the practice has been to remove the afterbirth by manual manipulation. This often resulted in torn parts, subsequent infection and death. Latterly, recommended treatment has been as follows: If animal is healthy and weather fairly cool, wait for 48 hours, then apply gentle traction. If the placenta still does not come away readily, wash the hand and arm of the operator and the external parts of the animal in a 5 per cent solution of creolin and insert into the uterus a previously prepared one-half ounce gelatine capsule filled with iodoform or one-half iodoform and one-half boracic acid, or failing the iodoform, insert two capsules of boracic acid. If placenta still does not come away at end of another 36 hours, insert another capsule or capsules depending on the material used. If iodoform has been used the first time, it is not so necessary thereafter. Continue this treatment every 48 hours until the placenta comes away in about 8 to 10 days. Then douche the vagina and uterus thoroughly with normal salt solution (1 ounce salt to 1 gallon water) every day until cleaned up. This treatment is comparatively easily applied and fairly effective, the cows cleaning up rapidly and not exhibiting the nonbreeding tendencies which so often follow the manual removal of the placenta.

Some children have a good time and some are not permitted to be noisy.

Two small boys once halted before a brass plate fixed on the front of a house, whereon was inscribed in bold characters the word "Chirrupodist."

"Chirrupodist!" remarked one of them perplexedly. "What's that?" "Why," replied his companion, "a chirrupodist is a chap what teaches canaries to whistle."

One good way to study the expression of a woman's eyes is to spill ketchup on her table cloth.

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Right, Jay!