For The Quiet Hour

GUIDE ME DAY BY DAY

O God, to Thee, I humbly pray, That Thou wilt guide me, day by day. Help me to see my duty clear; Help me to overcome all fear. The' I may falter by the way, O Father, guide me, day by day.

When clouds obscure the sunny skies, And bitter tear-drops dim my eyes, When from loved ones I must part, And flerce rebellion fills my heart, I need Thee most, and then, I pray That Thou wilt guide me, day by day.

And when temptations shall arise, And I. Thy love would sacrifice, Let me think of Gethsemane. And, then, O God, I humbly pray That Thou wilt guide me, day by day.

I need Thy guidance all the way; Thy love can change night into day; Until my life on earth is o'er, I'll need Thee, Father, more and more; So leave me not, nor let me stray; But, Father, guide me, day by day.

NOT ONLY HAVE THE FIRST STEPS BEEN TAKEN IN THE United States toward the re-union of the Northern and Southern Methodist Churches, but in England, the three Methodist bodies -Wesleyan, Primitive and United-have come together. "These three," says Arthur Porrit, "differ seriously on nothing save church government. On doctrinal questions, they are substantially agreed. Tradition and sentiment, however, are factors, and in the discussions spread over the last five years, they have been stressed by the opponents of the re-union proposal. Now the votes of the Methodist people have been taken, and a very substantial majority have expressed themselves in favor of the union." The combined body will contain far the largest Noncomformist Church in Great Britain, second, in fact, only to the Church of England. It will have 4,368 ministers, 37,697 lay preachers, 898,936 members and probationers, in addition to adherents, 1,541,517 Sunday school scholars, with 173,261 officers and teachers. It will possess 13,558 Sunday schools and 12.242 churches. The property it will own is probably \$150,000,000. It will also have valuable properties and a large membership in the foreign field.

FROM A BLIND SIAMESE WHO DOES HIS OWN MARKETING and cooking comes this confession after the way of life had been explained to him by an American Presbyterian missionary: "I feel bound to believe you. No man will leave the land of his birth and go half-way round the world and live for years among strangers just to preach a false doctrine. I can tell by your voice that you truly love your God and want others to worship also the Great Being you trust and believe in. That you should be interested enough in me and my afflicted son to explain to us so very carefully your message is an unheard-of experiece for me. No worshippers of other religions have taken the interest in me that you have. I have lived nearly 50 years on this island. There are 50 Buddhist priests here, but they do not seem to care for my future welfare.

THE NATIONAL CHRISTIAN COUNCIL OF INDIA, AT THE request of the International Missionary Council, has prepared a report on the use of opium in India which is very interesting though sad, reading. On the question of the proportion of the drug that is used medically or to meet the demands of the opium habit, the report quotes evidence supplied by both Indian and Western doctors and educators which shows that about three-fifths of the total amount of opium is used by addicts. One of the worst features of the situation is the terrible prevalency of doping little children. In almost every part of India, it appears that the custom of giving opium pills to small children prevails. Usually it is not continued beyond the age of two or three years, but up to that age, there is indubitable evidence that the custom is distressingly widespread. It is given for various reasons. The commonest is the mother's desire to stop the child's crying, particularly in the case of mothers who work as operatives in factories. In Bombay, Doctor Mistri says that of Hindu children, 90 per cent, and of Mohammedan children, 75 per cent are doped from birth until two years old. It is also given to children to appease hunger-a sidelight on the poverty of the masses.

"NO USE PRAYING."-NO ONE WHO HAS HAD ANY EXPERence of it, can for an instant question the value and efficacy of prayer, but it is equally true God never does for us what we ought to do and can do for ourselves. I remember an old story I read when I was a boy, of a priest in Ireland who was passing from one field to another, praying over them in the spring when he came to a very unpromising patch of ground. He surveyed it with his spectacles and without them, and the remarked: "My children, it is no use praying here. This needs fertilizer."

WAYSIDE AIMS

(Lereine Ballantyne) My path has not been barren If I may leave behind One line of living beauty To wake some slumbering mind.

My life has not been useless If I may just succeed In brightening some weary soul, Or mend one broken reed.

My purpose here is lofty If I with words of cheer May lift a little child heart To heights more pure and clear.

A LETTER FROM REV. A. W. LOCHEAD, well-known Canadian Presbyterian missionary in Honan, that was placed in our hands a few days ago, contains some interesting accounts of God's gracious dealings with His servants during these troublesome times in China. One of the incidents related is worthy of repetition here. "One stands astonished at the wonderful way that God looks after those who put their trust in Him," he writes. "I heard several thrilling stories in Pekin of God's grace in the hearts of the Chinese, and one of these I can't

let go without telling you. "An officer was sent off from Jehoi to Kalgan, several days' journey. When he got to the camp at Kalgan after a long ride through the snow and darkness, he found that the bags had disappeared. He knew that he would be shot for his carelessness, so he told his men to go into camp and make the best of it, as they were not responsible, while he turned his horse's head about, threw the reins over its neck and let it wander back at its leisure. At last he mustered up his courage, said a few words of affectionate farewell to the horse and jumped off to blow out his brains. But he lit upon the saddlebags buried in the snow. Taking his silver into camp, he sought out a Christian for guidance, gave his heart to the Lord and became an enthusiastic believer.

THE SAINTLY PHILIP BROOKS ONCE SAID TO A GROUP OF

"Be such a man and live such a life that if every man were such a man as you and every life a life like yours, this earth would be a Paradise!"

"That they all may be one, as thou, Father, art in me, and I in thee, that they also may be one with us" (John 1721).

JESUS POSSESSED THE PERSONALITY OF GOD. THE credential of his deity is his personality. When we say Jesus, we mean God .- Dr. W. W. Bustard.

NORMANBY COUNCIL

The Municipal Council of the

utes of the previous meeting as read policy No. 1227. Carried. be adopted. Carried.

ing accounts be paid: James Ryan, 49 yards gravel James Ryan, 49 yeards gravel

William Mearns, 220 yards gravel by himself, P.M and Com-Wm. Mearns, to pay parties, repair road, Lot 31, Conces-

sion 17 56.60 plow. Carried. Robert Kahl, 497 yards gravel by P.M.'s Fatum, Pries and Commissioner Miller 74.55 William McNaughton, to pay parties repairing road Lot 3,

James Ryan, to pay parties repairing road Lot 43, Concession 3, including gravel Henry Pries, to pay parties, repairing road Lot 5-6, Con-

W. Scoles, 40 rods wire fence Lot 21, Concession 13 10.00 Andrew O'Farrell, 475 yards of gravel, by himself P.M and Andrew O'Farrell, to pay par-

W. Wettlaufer, to pay parties repairing road, Lot 29, Concession 13-14, including \$10 Enoch Wettlaufer, 150 yards of gravel 15.00 John B. Fischer, 30 rods wire Karl Bender, 40 rods of wire fence, Lot 7, Concession 7.... 10.00 John Smith, repairing road, Lot

John B. Koeler, to pay parties repairing road, Lot 15, Concession 5, including gra-Louis Fatum, to pay parties repairing road, Lot 7, Con-Cross & Sutherland, account spikes, etc. Charles Weber, repairing road

James H. Ellis, 2nd quarter salary as Treasurer 31.25 C. H. Seim, plank for Pfeffer's bridge242.10 W. G. Henderson, to pay parties repairing road, Lotes 25 and Albert Kraft, 242 yards gravel by P.M.'s Pfeffer, Henderson

Commissioner Ovens, to pay R. H. Fortune, 2nd quarter salary as Clerk 75.00 Commissioners looking after Township business: Holm \$3.75, Widmeyer \$20, Miller

\$32.50, Filsinger \$5, total ...116.25 Meeting B. of H., June 22.... 8.70 Council meeting at date 17.00 Albert Huehn, to pay for 134 yards of gravel 13.40 Commissioner Ovens, to pay for covering Pfeffer bridge 20.00 Jacob Schnell, repairing grader 4.25 Jacob K. Fischer, gravel \$12.40 wire fence \$15.00, work on

road, Lot 31, Concession 10, \$4.80 32.20 Otto N. Maes, 32 rods of wire fence, Lot 38, Concession 3 8.00 Commissioner Ovens, to pay parties, repairing road, Lot 70, Concession 2, including

gravel, \$15.80102.80 Commissioner Ovens, to pay parties, repairing road, Concession 1, T. Kirby's..... 78.00 Commissioner Ovens, to pay wire fence for R. Sockett, A.

Feick and William Ward .. 48.25 Louis Grubb, 172 yards gravel by himself P.M. 17.20 James P. Lynch, to pay gravel himself and James L. Rowan 14.50 Albert Pfeffer, 213 yards gravel

by P.M. Goetz, Hopf, Kraft 21.30 John Whiteford, wire fence \$18.75, repairing road \$14.40 33.15 Dr. Easton, expenses to M.D.

convention, Toronto 15.00 Sam Grein, repairing road grader 7.00 The Council adjourned to meet in the Township Hall, Ayton, on Tuesday, August 4, 1925, at 10 a.m., to

strike the rates and for general business. -R. H. Fortune, Clerk.

Bordered and Beadora Voiles

LADIES' HOUSE DRESSES Large size @ \$1.65

MISSES' GINGHAM DRESSES @ \$1.25 CHILDREN'S SOX @ 25c and 32c PILLOW SLIPS @ 60c pair

> @ \$1.00 **GRANT'S** DURHAM

> MEN'S WORK SHIRTS

BENTINCK COUNCIL

township hall, Ayton, on Monday, being unable to be present, Mr. W. G. Hastie, part salary 75.00 July 6, at 10 a.m. The Reeve was Hastie was appointed Clerk pro tem. Bank of Montreal, debentures be authorized to pay the Norwich One meeting of Council 13.75 Miller-Widmeyer: That the min- Union Company \$117.60 re accident | Council adjourned to meet Mon-

Ovens-Filsinger: That the follow- T. S. Cooper, agricultural represent- general business. Trustees to have school fairs. Carried.

fence, lot 43, Concession 3 \$10.00 | Grierson-Magwood: That by-laws be passed authorizing the Reeve and and repair road 7.30 Treasurer to borrow an amount not exceeding \$3,000 to meet the current expenses of township from the honored by the King. Sir William missioner Widmeyer 22.00 Standard and Royal banks. Carried. Mulock, Chief Justice of Ontario,

> J. Turnbull, 1/2 day with Super-Charles Bailey, 4 hours...... 1.08 exclusive honor than a knighthood. F. Schmitt, repairs to grader 4.30 The living Canadians who have the

George Magwood, 4 hours with P. Krauter, repairs75 are, in addition to the two gentle-10.30 13.80 men just admitted, Sir Robert Bor-F. Schmitt, grading account 188.15 den. Sir George Foster, Sir Charles John Schutz, culvert tile 17.60 Fitzpatrick, Arthur Meighen, Prem-Philip Schmidt, bridge S.L. 40

John Hudson, bridge 10.87 a distinctively imperial honor, with James Park, pay sheet 82.70 a title attached to it. Being so, is by the nursing mother. ties, Lot 15, Concession 8....169.60 Rober McCaslin, do 94.64 by our parliament, condemning the Peter Krauter, do 79.89 bestowal of imperial honors upon Jacob Sutcliffe, do 69.09 any Canadian resident in Canada? Robert Twamley, do 84.30 If the title of "Sir" accompanying A certain farmer was observed by Spence Hopkins, do 98.58 distinction, hostile to the spirit of "I was thinking, my dear," he said fence, Lot 10, Concession 8.. 7.50 W. A. Patterson, do 25.37 true democracy, how can this "Right | "What epitaph I should put on your David Chittick, do 99.85 sentially imperialistic-it cannot be

Philip Schmidt, do 67.91 And it is much rarer and more ex-James Ewen, do 46.00 resident Canadians? 6.11 Donald McLean, do 97.35 As the author and mover of that

> Council, inspecting hills, lot 44 Henry Patterson, inspecting

George Brown, 2 sneep killed 30.00 having their merit and public ser-Sawyer-Massey, repairs 4.20 vice so recognized.

J. H. Chittick, 2nd quarter's salary 90.00 Pursuant to adjournment, Coun- Fred Jacklin, debentures Elm-

day, the 3rd day of August, for ble Compound a Dependable Turnbull-Bailey: That we grant levying rates and transaction of ative of South Grey, \$15 in aid of their school estimates by that date. - J. H. Chittick, Clerk.

ISN'T THAT "RIGHT" WRONG! (Hamilton Herald)

Two eminent Canadians have been Magwood-Grierson: That A. C. and Hon. George P. Graham, Minis-McDonald be paid \$1.00 for use of ter of Railways and Canals in the federal cabinet, have been made The following accounts were paid: members of the Imperial Privy Council, with the title of "Right intendent \$ 1.37 Honorable." This is a much more Honorable" by virtue of member-Superintendent 1.10 ship in the Imperial Privy Council, the Supreme Court of Canada.

James Walsh, do 51.00 famous anti-titles resolution, we including gravel \$4 13.20 D. A. Campbell, do 121.26 look to the Hon. W. F. Nickle, Attorney-General of Ontario, to enter Concession 3, S.D.R. 8.85 formal protest against this fresh violation of the spirit of his demofence 1.50 cratic declaration of independence. W. G. Hastie, do 3.00 Meanwhile, one may be permit-W. S. Willis, do 1.50 ted to say that, in the cases of Sir 26, Concession 18 42.00 Donald McLean, do 1.50 William Mulock and Hon. George P. Adam Fizzell, 40 rods fence.... 10.00 Graham, the honor has been wor-Fred Cuff, 361/2 rods fence.... 9.12 thily bestowed. Both of them are and Commissioner Widmeer 24.20 Peter Krauter, 25 rods fence.. 6.25 Canadians worthy "to stand before George Wiermeir, fence..... 10.50 kings" or to sit in the King's Counparties for gravel (8 beats) 33.96 Henry Schultz, fence 15.75 cil; and we don't believe that many T. H. Lawrence, inspecting of their fellow-citizens will feel like tion can be obtained at reasonable sheep 1.50 begrudging them the distinction of rates.

Lydia E. Pinkham's Vegeta-Help for Mothers

Port Greville, Nova Scotia .- "I took your medicine for a terrible pain in my side and for weakness and headaches. seemed to bloat all over, too, and my feet and hands were the worst. I am the mother of four children and I am nursing my baby—the first one of four I could nurse. I took Lydia E. Pinkham's Vegetable Compound before the baby's birth, so you can see how much it helped me. I cannot praise it too highly for what it has done for me. took all kinds of medicine, but the Vegetable Compound is the only one that has helped me for any length of time. I recommend it to any one with troubles like mine and you may use my letter for a testimonial."—Mrs.ROBERT MCCULLEY, Port Greville, Nova Scotia.

Before and after child-birth the mother will find Lydia E. Pinkham's Vegetable Compound a blessing.

Many, many letters are received giving the same sort of experience as is given in this letter. Not only is the mother benefited, but these good results pass on to the child.

No harmful drugs are used in the preparation of this medicine-just roots and herbs-and it can be taken in safety

98 out of every 100 women reported benefit from its use in a recent canvass among women users of this medicine. C

John Weidendorf, do 10.00 dian be considered an imperialistic penny for your thoughts!" she re-

As his spouse was in perfect

"Oh, that's very simple," she re-

sponded. "Just put 'Wife of the

DURHAM HIGH SCHOOL

The School is thoroughly equipped to take up the following courses:

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Each member of the Staff is a University Graduate and experienced Intending pupils should prepare to

enter at beginning of term. Information as to Courses may be obtained from the Principal.

The School has a creditable record in the past which it hopes to maintain in the future. Durham is an attractive and

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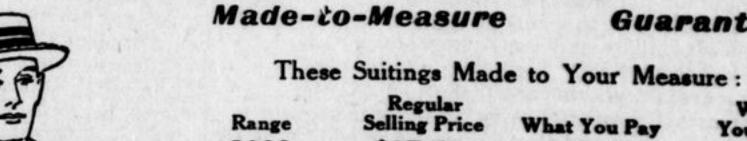
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MAYBE IT IS TOO By DR.

Note: Dr. Scholes will ans columns as will be of inte public print. .. Personal que accompanied by self-addres Dr. W. J. Scholes, in care of

In the baby, the exce inated through the skin ju Yet the baby is sometimes adult could not comfortat The inability to get rid of

excessive body heat on account too many clothes will, at les make the baby uncomfortable. may result in annoying irritat of the skin. Prickly heat is a co mon affection due to improper co ing of the skin. And it is believed that retention of body heat is part responsible for some of t serious summer diarrheas of infar

The usual reason for clothing ! baby too heavily is fear that it w eatch cold. Exposure to cold a chilling are, of course, always to avoided. But there is very lit danger of getting chilled during t hot weather.

Light Clothing a Need Clothing should be suitable I

(Copyright, 1924, by The Box HEALTH QUEST

Cause of Rheumatism O. S. H. writes: "I have h rheumatism for a number of year

and don't seem to be able to g anything to cure it. Can you t me of anything that would get it of the uric acid that causes t rheumatism? I have taken lots medicine to get rid of the uric ac and have taken lots of mineral w ters to get rid of it, but they do do much good."

Reply

In the first place, rheumatism not caused by uric acid. It is caus by infection. The infection of the joints very often follows infecti in the tonsils. Nests of infecti may be located in other parts the body.

In the next place, the ter "rheumatism," as applied to chron ailments, is a very uncertain dia nosis. It is often made to cover f vague pains and aches arising fre a number of different disorder Such conditions as the aches caus by flat foot, aneurism, bone tumo syphilis and some of the forms tuberculosis, are often called the matism.

A careful search should be ma for infections, and any of the di eases mentioned. The chance of cure depends upon finding the cau of the trouble and having it rem

Beverages and Fat

Mrs. E. S. writes: "I am tryi to reduce. I have cut down my fo and I am taking a lot more exercithan I used to. What I want know is if lemonade and orangea

Grandma Will Pay

Before the busy merchant sto pretty little bess, "I want some clo for Dolly, enough to make a dres "What color, little lady," the plea ant dealer said. "Why, don't ye know?" she answered "I want awful red." He smiled, and cut t fabric for the delighted miss. "Wh does it cost?" she questioned. I answered, "Just one kiss," At then the clerks who heard her we laughing up and down, "My dra ma said she'd pay next time s

THE FAMIL

