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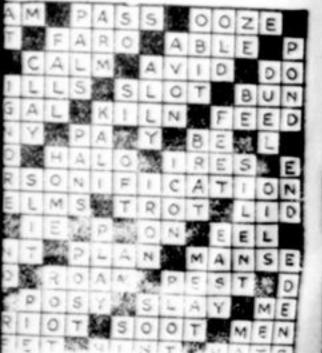
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Answer to last eek's Puzzle No. 14



Classified Advertisements

Advertisements under this heading, 1 cent a word each insertion CASH WITH ORDER; six consecutive insertions given for the price of four. Telephone calls treated as cash with order if paid for before Saturday night of week ordered. Minimum charge for first insertion, 25 cents. On all charge orders a straight charge of 11/2 cents a word will be made each insertion, minimum charge 35 cents.

Medical Directory.

Thursday, July 9, 1925.

DRS. JAMIESON & JAMIESON ance east of the Hahn House on ply Box 10, Chronicle. Lambton Street, Lower Town, Dur-8 p.m. (except Sundays).

J. L. SMITH, M. B., M. C. P. S. O. Office and residence, corner of Countess and Lambton Streets, opposite old Post Office. Office hours 9 to 11 a.m., 1.30 to 4 p.m., 7 to 9 p.m. (Sundays excepted).

DR. A. M. BELL

C. G. AND BESSIE McGILLIVRAY Chiropractors, Durham, Ontario. The Science that adds life to years and years to life. Consultation free. In Durham Tuesdays, Thursdays and 6 14 23 tf Saturdays.

Dental Directory

DR. W. C. PICKERING, DENTIST Durham. Ontario.

J. F. GRANT, D. D. S., L. D. S. Honor Graduate University of Toronto, Graduate Royal College Dental Surgeons of Ontario. Dentistry in all its branches. Office Calder PEERLESS GASOLINE, THE HIGH-Block, Mill Street, second door east grade gas with the "pep" and long of MacBeth's Drug Store.

Legal Directory

MIDDLEBRO', SPEREMAN & MIDDLEBRO' Barristers, Solicitors, Etc. Successors to A. B. Currey.

LUCAS & HENRY

Barristers, Solicitors, etc. A memper of the firm will be in Durham on Tuesday of each week. Appointments WHEAT WANTED. ANY QUANTITY.

Licensed Auctioneer

DAN. McLEAN

ALEX. MacDONALD Licensed Auctioneer for Co. of Grey. Moderate terms. Arrangements for

1. Durham, Phone 611 r 24.

REUBEN C. WATSON Licensed Auctioneer for County of sonable terms and satisfaction guar- of the undersigned about two weeks during the week. anteed. Dates made at The Durham ago, a black, yearling steer; last Tennis: If you get your exercise

BATES BURIAL CO.

New Modern Funeral Parlors Phone Hillcrest 0268 Toronto

R. Maddocks John W. Bates Formerly of Flesherton

FARMS FOR SALE

cultivation, balance hardwood bush; r 23. convenient to school; on the premises are a frame barn 42x65 ft. with stone foundation; concrete stables; also hay barn 30x50 with stone baseframe woodshed; drilled well close requested to give three days' notice. dulge competitively in strenuous An increase of six per cent of to house, with windmill; concrete 10 acres to sweet clover; this farm is well fenced and in a good state of swell fenced and in a good state of cultivation. For information apply NOTICE TO CREDITORS enough. It is not too much if you mineral matter is not available, to Watson's Dairy, R.R. 4, Durham,

NORTH PART LOTS 7 AND 8, CON. 22. Egremont, containing 66 acres; 55 acres cleared, balance hardwood frame barn 44x50, stone basement, 56 and amending Act, that all per- energy to dry out you bathing there will be fewer county roads concrete stables; drilled well and sons having claims against the Es- suit. Do our sun bathing first. and better township highways. Our cement tank at barn. Also Lots 6 tate of William James Halliday late of the Township of Normanby in the taining 110 acres; 100 acres cleared and in good state of cultivation; on the premises are a brick house containing seven rooms, with good taining the Es
Sons having claims against the EsWhen you come out of the water, county roads system has not yet originators had hoped. The disoriginators had hoped. The disadip, get into a dry bathing suit.

Golf: The amount of this fascinally be those on which construction are required to deliver or send by frame woodshed attached; drilled are required to deliver or send by ating game that is good for the work had not been undertaken. well at door; never failing springs on this farm, making a choice stock Estate on or before the Eighteenth comparatively inactive man should the way of a prepar devaluation springs on the Executors of the Executors of the Estate on or before the Eighteenth comparatively inactive man should the way of a prepar devaluation springs on the executors of the Executor farm. This property will be sold Estate, on or before the Eighteenth farm. This property will be sold day of July 1925, their names and right to quick purchaser. For pardight to quick purchaser. For pa R.R. 4. Durham, Ont.

FARM FOR SALE

21/2 miles southwest of Durham, con- ecutors shall proceed to distribute taining 86 acres. Mostly clear and the assets of the said deceased taining 86 acres. Mostly clear and among the parties entitled thereto, among the parties entitled thereto, having regard only to the claims having regard only to the claims Palmist. The record of the past, the stables. 7-roomed brick house with tice and the said Executors shall secrets of the present and the mysextension kitchen and woodshed. not be liable for the said assets or in your palm. I will be at Mr. Wall the parrot that used to seem so well watered and in good repair. any part thereof, to any person or ter Turnbull's for one week only. For further particulars apply to persons of whose claim notice shall clubhouse porch?"

Yet, when living was cheap, it of June A. D. 1925. would have been expensive to live as we do now.

building lots on George street, North noon and Sunday. "That idea does D. Hopkins.

FOR SALE

LOT SOUTH OF VOKER BODIES the individual. Limited; also lot south of W. D. How much exercise then should

MISCELLANEOUS

mileage. Sold only at Smith Bros'

bile insurance and guarantee bonds, to work. etc., apply to Lucas & Henry, Dur- Walking, of course, is splendid

located at Durham Office. Priceville Brunswick Shingles. For prices, call for exercise is to put on a suit do on week-ends, if you are not

ARTICLES WANTED

Licensed Auctioneer for County of bands installed in your Ford Car for lack of exercise during the week by

Satisfaction guaranteed. Rea
Satisfaction gua

COMING EVENTS

STEER STRAYED

FOR SALE BY TENDER the brick dwelling on George Street, Durham (was occupied by the late sarily accepted.

FOR SALE

Township of Normanby in the Coun- speeding up. ty of Grey, Farmer, deceased.

Lot 66, Con. 2, W.G.R., Bentinck, such last mentioned date, the Ex-William Smith, R. R. No. 3, Durham not have been received by them at est to you all the time of such distribution. DATED at Durham this 24th day

Lucas and Henry,

OVER EXERCISE WORSE THAN NONE

(Arthur A. McGovern)

attention; which, he says, were caused by nothing more or less than the over-indulgence of exercise by

Connor's. Apply J. A. Brown, Dur- the average business or professional 5 14 tf man indulge in to keep himself fit? Office, over J. & J. Hunter's store, BRITISH AMERICAN COAL OIL AT Mr. McGovern takes up five active Smith Bros. It's good. Try it. 110 tf for their indulgence as follows: diversions and sets down his rules

leaves his house fifteen or twenty hands; wipe floor; wipe stove; wipe sugar. A tiny pinch of soda if de- yellow and white separately. Put FOR FIRE, TORNADO, AUTOMO- minutes early and walks part way spots; wipe greasy pans, and be sired—no water. Cook until tender. beaten white in last before berries.

612 tf exercise, but its beneficial results Mr. C. C. Middlebro' is permanently JUST ARRIVED, A CAR OF NEW is done. The right way to walk said. Nine holes are all you should depend a great deal upon how it be clear from what I have already | BAD MILK FLAVOR walking suit. Then set out for yet. some specific point. Keep the chin | Handball and Squash: None, un- | That season of the year is here more for his product. and go right along. Having made see your doctor first! These are the shipper, because it is unfit for may be made with the Clerk in the Highest price. People's Mills. 3 15 23t your objective, return home, get exceedingly strenuous games. When consumption or has arrived in a into a warm bath, and change to a man stands up to serve a squash sour condition. Flavors and odors

sonable terms. Dates of sales made Service \$4.50. Smith Bros. Ford Sales and walking anywhere from ten to fif- continues there as long as the game erage person, if persisted in, it may injure himself at either of these within the body of the cow from child thought for a moment, and mean a real physical strain, with games until he becomes a good highly flavored feeds such as tur- then replied: "It was back there, ROCKY SAUGEEN CHURCH GARDEN some of the consequences I have player; but he may do so. Good nips, onions, etc. sales, as to dates, etc., may be made party will be held at the home of laready mentioned. A walk of two players always run this risk, beat The Chronicle Office, Durham. Donald Stewart on Friday evening, and a half miles is enough at any cause the games are fascinating and after production. Terms on application. Address R.R. July 17. Tea served from 6 to 8. time to give beneficial results. It they play too much. For the man Good program. Admission 25 and is certainly enough to begin with, whose doctor says he can play these 7 9 2 though the average person, who has games, three games of squash and Grey, Prompt attention to sales, Rea- STRAYED FROM THE PREMISES and a half miles two or three times MINERAL ADDITIONS TO

Chronicle office or with R. C. Wat- seen in the vicinity of St. John's. at tennis, make a point of playing son, Varney, R.R. 1, Phone 604 r11. Any person seeing or taking care in the early morning or late after- tive to the importance of adding of same, please notify Archie Mc- noon, avoiding the midday sun. Two mineral matter to the usual grain Arthur, 4th Concession Glenelg, R. R. or three sets are enough. Enthus- rations of hogs has been secured at 7 2 3 jasts who go in for eight or ten the Agassiz Experimental Farm sets on Sunday are committing just during the last two winters, says the indiscretion of over-exercise W. H. Hicks, Superintendent Exper-OFFERS WILL BE RECEIVED FOR that I have been warning against. imental Farm, Agassiz, B. C. That amount of tennis means a sev- The mineral mixture used was ere strain that leaves you worse composed of ground bone meal, 8 off than if you played none.

the past ten years has kept in the cents per yound. It was fed at the Wm. A. McGowan & A. H. Jackson, front rank at tennis. Twice she rate of 3 pounds to each 100 pounds Executors. | captured championships. During | of meal. WELL-BRED YOUNG YORKSHIRE durance. Today, as a result of every ration where the mineral overdoing, she has a weakened mixture was fed, increased gains mixture was fed, increased gains LOT 7, CON. 21, EGREMONT, CON- Apply Frank Murdock, half mile heart, fallen arches, and several abservers south-west of Durham. Phone 610 permal abdominal conditions. 7 9 1 normal abdominal conditions.

Girls and young women who en- method was followed, but also when gage in strenuous physical exercise self-feeders were used and when The Durham U.F.O. Live Stock As
per abdominal supports. Further with cooked potatoes. In one inment; hog pen 20x40; twelve-room sociation will ship stock from Dur- that that, my experience leads me stance, there was a profit of \$7.85 brick house, furnace heated, also ham on Tuesdays. Shippers are to say that girls ought not to in- in favor of the mineral ration. James Lawrence, Manager. games, as the element of excitement mineral matter proved unsatisfacwater tanks; 30 acres seeded to hay; Phone 601 r 13 Durham, R.R. 1. very easily leads to exertion in- tory and gave similar results to a jurious to the feminine physique. ration supplemented with two per take the distance slowly, easily, and ordinary wood or coal ashes thrown In the matter of the Estate of find that in this way you finish on the floor gives good results. William James Halliday late of the comfortably. But no racing, no

Remember, that if you go in and NOTICE is hereby given, pursuant then come out to lie around the Under the revised plans of the bush; in good state of cultivation; to R. S. O. 1914, Chap. 121, Section beach, you are using your vital Ontario Highways Department,

DAIRY COW WANTED

Athletic Director Points Out Some of the Mistakes Too Often Made in the Effort to Keept Fit.

Do many business and profes-PROPERTY FOR SALE injury by over-exercise? Arthur sional men do themselves physical GOOD HOUSE, ALL CONVENIENCES; ous gymnasium in New York, de-Office and residence a short distnce east of the Hahn House on ply Box 10, Chronicle.

will sell cheap to quick buyer. Apclares that over-exercise is more harmful than none at all. Writing ham. Office hours 2 to 5 p.m., 7 to BUILDING AND BUSINESS FOR for the American Magazine, he tells sale. One door north of the Post Of- monest mistakes which people make fice. A good chance for someone.— is in thinking that they can go F. W. Kelsey, Photographer. 109tf without exercise during the week FOR SALE.—A NUMBER OF GOOD week's ration on Saturday afterof Skating Rink, Durham. Apply to a lot of harm," he declares. "If 221 tf you went several days without eat-Office on Lambton Street (the late FOR SALE.—GOOD TWO-STOREY would expect to be sick. But you for all "Tis the time to be pre-Dr. Hutton's office). Office hours, frame dwelling, well located on may not have thought of the ab-2 to 5 p.m., 7 to 9 p.m., except Sun-Lambton street. Hard and soft wa-ter, bath, furnace, electric lights, supply of exercise into a day and supply of exercise into a day and lunch. The main idea is to have etc. Apply W. J. Young, Durham, a half." He relates several instances lunch. The main idea is to have 515 tf of nervous and digestive break- the food on hand and other items downs coming under his personal to go with it.

> Walking: Ask almost any business or professional man what he does for exercise, and if he isn't an enthusiast for golf or some other sport, he is apt to say, "Why, I get in a good walk every day." By 626 tf this he probably means that he

teen miles on Sunday. This is al- lasts. together too much, and for the av- Of course, a man isn't likely to nothing organically wrong, can four of handball are plenty-two or easily get himself for a five-mile three times a week,

Mrs. McGowan), up to Saturday, the Among my patrons is a young ground rock phosphate, 5 pounds; Ath of July 1925. No tender neces- New York society woman, who, for and salt, 3 pounds, at a cost of 2.7 these ten years, the amount of ten- In order to test this material, a nis she played was limited only by total of 84 pigs were divided into ly when the usual trough-feeding

Swimming: A half-mile swim is cent of rock phosphate. When other

FISHING PROHIBITED

their claims in writing, and the matheir claims in writing, and the mature of the security, if any held by
hibited and persons found so doing

the larm by interested parties who wanted to spend money elsewhere. will be prosecuted to the full ex-AND TAKE NOTICE that after tent of the law .-- L. F. Robertson. 6 11 tf proper system of transportation.

MacDONALD'S DAIRY, DURHAM. Solicitors for the Executors. or phone 611 r 24. 1pd his head an' jest died of shame."

Hints for the Jousehold

For July

By BETTY WEBSTER

Readers, Note: If you have any questions concerning Recipes, and other Household Hints you would like to ask Betty Webster-address her in care of The Durham Chronicle.

HOUSEHOLD HINTS

Purchase plenty of paper napkins. Oiled paper. Paper plates. Paper forks.

Paper spoons. Have a shelf ready with: Jelly and jam. Cheese. Bottled goods.

Salad dressing. And-have plenty of eggs or cold meat in the ice box.

Paper Napkin Uses

Buy plenty of cheap napkins. Method: Wash rhubarb. Cut up teaspoon soda instead of baking Hang some near sink. Use to wipe and place in double boiler. Add powder. To make extra good, beat

THE GRAIN RATION OF HOGS

A COUNTY ROAD

of Beaver Valley. When the county

All that the Beaver Valley needs

for its successful development is a

Either an electric road or a County

highway would provide the solution.

Outdone "Why, John, what happened to

"Why, you see, sir, he was quite

proud of his ability to swear when

we first got him, but after hearin'

the fancy oaths comin' continually

from the golf course, he finally hung

-Flesherton Advance.

handy to wrap food in when nec-

COOKING HINTS Potato Salad

Cold boiled potatoes.

vinegar.

up bacon in small cubes. Fry bacon crisp. Remove bacon and make a sauce by mixing flour in hot fat while oven is heating. Beat egg. until smooth. Then add vinegar. Add sugar and salt. Then add flour Mix well. Pour over potatoes. Add and baking powder sifted together. bacon, onion, salt and pepper. Serve Next add milk. Mix well. Flour immediately.

How to Cook Rhubarb

3 slices of bacon. Teaspoon of flour. Small 1/2 cup of diluted cider

Chopped onions. Salt and pepper to taste.

Method: Cut up potatoes. Cut Method: Melt butter in baking pan blueberries and add last. Pour into cake pan or muffin pans and bake

(Copyright, 1924, by The Bonnet-Brown Corporation, Chicago)

Branch open every Friday from or see J. N. Murdock, Durham, Ont. of underwear—light weight in sum- playing throughout the week. Nine Due to Definite Causes Which Are maker cannot make superior butter A SOURCE OF LOSS ity butter cannot be made from low Within Producer's Control.

> in, feet parallel, chest up, not out, less, as I have recommended, you when milk is too often returned to WORK WANTED.—THE CHRON- fresh clothes. The underwear you ball, his pulse may be normal, be- in milk result from four causes, and mail service, there was a post office icle Job Plant is well equipped for use when walking should be heavy tween seventy-five and eighty-five. it would be well for the milk pro- at a crossroads called Cotswold, on turning out the finest work on short enough to help induce perspira- As soon as he serves, within two ducer to note these causes and the highway between Harriston and tf tion, which the warm bath will re- seconds, if he is playing with a guard against shipping milk which Teviotdale. The other day a genfast man, his pulse may easily rise cannot be used, thereby saving a

> > of the cow.

3. Odors absorbed into the milk farm and made a henhouse out of it.

the milk while standing. also very important for the cream Shell Service Station.

producer to consider, as high quatdemanding a higher price, he cannot possibly give the producer any

BAKING HINTS

day before if you are planning to

Blueberry Muffins or Cake

1 heaping cup of blueberries.

twenty minutes to one-half hour.

Sour milk may be used with 1/2

pint of sifted flour (2 cups).

teaspoons of baking powder.

use it for sandwiches.

Pinch of salt.

14 cup of butter.

cup of milk.

1/2 cup of sugar.

Roast meat or bake meat loaf the

OUR CHANGING GEOGRAPHY

tleman from Guelph driving towards Harriston thought he should be nearing Cotswold, which place ap-1. Internal or physical condition pears on the road map. Stopping a little girl on the road, the motorist but Mr. Greenwood moved it to his

4. Bacterial development within Farmers and others using Gasoline Engines wanting a gasoline that Control of these four factors means will give the best results under all dollars and cents in the milk pro- conditions should use SHELL. Obducer's pocket. These things are tainable only in Durham at the

Specials This Week

Men's Brown and Black Bals, rubber heels, to clear at......\$3.50

Women's Patent and Kid 1 Strap Slippers, cuban heels, to clear at.....\$3.45 Misses' Mixed Lot Slippers, Patent and

Brown, to clear at......\$1.50 Infants' Patent Roman Sandals and Brown 1 Strap Slippers, to clear at\$1.00

REPAIRING A SPECIALTY

J. S. McIlraith The Cash Shoe Store Durham, Ont.

Haying Helps

Pure Manilla Rope, high in quality-low in price. Sisal Rope, per lb......23c 3 Tine Hay Forks, cast steel heads, selected white ash handles, each\$1.30 Rope Pulleys, wood sheaf, large heads to allow knot to pass, each\$1.25 Beatty's Lock Lever Hay Forks, very strongly constructed—over 100,000 in use, each \$6.50

Hight-quality Steel Scythes, each\$1.85

Parker-Hunter

The best known poison for potato bugs and all vine insects. Ready for use dry. Safe to handle, prevents watery potatoes. 7 lbs. for 25c

Glass Jar Sprayers, for Paris

Green, Fly Oil, etc......85c

Pure Paris Green Positively the finest ground

Paris Green made. 1 lb. 45c

Galvanized Sprinklers

Heavy quality, rust proof Sprinklers, 12-quart ..\$1.35 8-quart80c

A. S. HUNTER & CO.

Durham Ontario