

Thursday, June 11, 1925.

WOMAN'S SUFFERING

Believed by Lydia E. Pinkham's Vegetable Compound

Verdun, Montreal, Quebec. "I am of thousands who have taken Lydia Pinkham's Vegetable Compound and have great faith in it. I can safely say it has relieved my troubles and I never feel without a bottle of it in my house. Since my last baby was born I suffered from pains and backache and would feel so tired I could not do anything in my home. Since I have been taking the Vegetable Compound Lydia E. Pinkham's Blood Medicine I feel so different. I recommend it to my friends and hope it will cure other women who are suffering from the trouble." - Mrs. THOS. H. GARDNER, 100 Evelyne Street, Verdun, Montreal, Quebec.

Lydia E. Pinkham's Vegetable Compound is a dependable medicine for the female system. It is prepared from roots and herbs, contains no harmful drugs and can be taken by the nursing mother. It is worth restoring the mother to her normal health and strength is told again and again in just such letters as Mrs. Gardner writes.

Recent canvass of women users of Lydia E. Pinkham's Vegetable Compound shows that out of every 100 women taking the medicine are benefited by it. They are all so satisfied. Such evidence entitles us to call it a dependable medicine for women. It is for sale by druggists everywhere.

Not a Single Life "Did you say you were wedded to a single life?" "Alas, no—to a shingled wife."

Our Graduates

There are calls for more graduates from your course NOW. If you do not get it you pay for it in smaller earnings and lost opportunities.

Write, call or come for information.

CENTRAL BUSINESS COLLEGE

1000 Bloor Street West, Toronto

DURHAM HIGH SCHOOL

is thoroughly equipped with the following courses: Junior, Matriculation, Intermediate to Normal School, and the Staff is a University graduate and experienced.

Students should prepare to be admitted in term. Applications may be obtained from the Principal. The school has a creditable record in which it hopes to maintain.

It is an attractive and comfortable and well equipped building. It is situated in a desirable location.

M. BOHR, B.A., Principal. MORRISON, Chairman.

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Specials



THE IDEAL BABY FOOD

By DR. W. J. SCHOLES

Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.

A great deal of attention has been devoted to the modification of cow's milk to make it meet the food requirements of the baby at different ages. Improved sanitation of dairies and methods of handling milk have decreased the danger of milk conveying disease. The result is that the artificial feeding of infants is probably more satisfactory than it was a generation or two ago. It is certainly much safer.

But—it is a mistaken idea that cow's milk or any of its modifications are just as good for the baby as human breast milk. There are cases in which it is either impossible or inadvisable for the mother to nurse her baby at the breast. A suitable and healthy wet-nurse cannot always be had. In this country at least, some modification of cow's milk is generally the most practicable substitute for the mother's breast milk. The fact that artificial feeding is sometimes necessary justifies all of the efforts aimed at its perfection. But no baby should be deprived of human breast milk during the early months of its life except in cases of absolute necessity.

The death rate amongst artificially fed babies still continues to be higher than among the breast-fed. The artificially fed are more liable to digestive disturbances and to most diseases. They have more disturbances due to faulty nutrition. Taking it all around, they fail to get as good a start in life as the breast-fed.

The proper food for the baby during the first months of its life has been provided by Nature. It is always fresh. There is but little chance that it will contain germs. It contains all of the elements required for the nourishment of the baby. It gives the baby a better chance for life, health and normal development than does any substitute. There is no known mixture that can fully take its place.

Human breast milk is still the ideal baby food!

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HEALTH QUESTIONS AND ANSWERS

Swollen Ankles

Mrs. M. C. writes: "Last winter I had a bad case of rheumatism. The doctor said my heart was bad. I got well, but lately my ankles swell every night. The swelling is all gone in the morning. What would this come from? Could it be from the rheumatism not being all out of me? Or from the heart?"

Reply

In your case, it may mean that the heart is not quite as good as it should be. This in view of the fact that you have recently had rheumatism which involved your heart. Other conditions in which the ankles may swell are disease of the kidneys and liver and from anemia. It would be best to have your heart examined. Also the urine and blood. You may require more rest than you are getting. You may require medicine to tone up your heart. Have you had tonsils?"

Four Plus

J. L. K. asks: "What does a four plus Wassermann test mean?"

Reply

The Wassermann test is the blood or serum test for syphilis. The results of the test are reported as positive or negative. A negative test is one that does not show the presence of syphilis. A positive test indicates the presence of syphilis.

HAD VERY NARROW ESCAPE

William Adams Victim of Car Accident.—Required Eleven Stitches to Close Scalp Wound.

On Saturday evening, Mr. William Adams, Palmerston, met with an accident which necessitated his having eleven stitches in his scalp. It was a marvel that he was not killed. His son, Ross, was driving his parents over from town to the south side. On going down the Queen Street hill at Mahood's Planing Mill, one of those reckless drivers forced Mr. Adams over the ditch just in front of Mr. Treleaven's. When Ross Adams felt his car going, he put on the four wheel brakes and brought it to a standstill. However, the car slipped into the ditch and struck the big sewer pipe. The impact was such that it sent Mr. Adams

upwards and his head, hit the steel roof with the above result. He was at once taken to Dr. Ferguson's office where his wounds were attended to and from there was moved to the home of his brother, Mr. John Adams, Queen Street, south side. He was able to be out on Monday, June 1.

The car, a fine McLaughlin, was badly damaged in the rear end. It is to be hoped autoists will be more careful at this point, as the road is somewhat narrow. Had the driver of the car not been cool and collected, the car would undoubtedly have gone over the embankment into the McPherson property.

Mr. Adams was shaken up and bruised, but nothing of a serious nature.—Kincaid Review - Reporter.

Advertise in The Chronicle, it pays

McKechnie's STRAW HATS FOR MEN

- Canadian Make, Heavy Straw .....\$1.75
English Make, Heavy Straw .....\$2.50
Barrington English Make .....\$2.75
Men's Felt Hats in Brown, Silver, Beaver, Grey and Silver Grey .....\$4.00
Men's Caps @ .....\$1.50

Men's Cotton Sox in Grey, Black and Brown, pair 19c
Men's Silk Knitted Ties, each ..... 50c
Men's Silk Sox, Grey, Brown, Black and Sand, pair 40c

John McKechnie - Durham

Correct, Jay! CORRECT!

THE FAMILY NEXT DOOR

MAYBE YOU CAN HELP ME WITH THIS AUNTY - WHAT'S A THREE LETTERED WORD MEANIN' SOMETHING WITH A CRUST?

I'M SURE I DONT KNOW, BUD!

CAN YOU FIGURE IT, BETTY?

OH, DONT BOTHER ME!

YOU GOT ANY IDEA WHAT IT IS, UNK? - THREE LETTERS MEANIN' SOMETHING WITH A CRUST?

SURE!

YOU!!

Correct, Jay! CORRECT!

BENTINCK COUNCIL

Pursuant to adjournment, Council met as a Court of Revision on June 1. Members all present. Minutes of last meet were read and adopted. The members, having taken the oath, the Court of Revision was duly constituted.

Turnbull-Bailey: That assessment of Lot 29, Concession 5, be reduced \$100 on land. Carried.

Bailey-Magwood: That assessment on Lot 12, Concession 12, be sustained. Carried.

Turnbull-Bailey: That assessment on Lot 11, Concession 4, be sustained. Carried.

Magwood-Grierson: That assessment of Lots 31 and 32, Concession 2, N. D. R., be sustained. Carried.

Bailey-Grierson: That assessment of Lot 11, Concession 10, be reduced \$100. Carried.

Magwood-Bailey: That assessment of Lot 16, Concession 7, be sustained. Carried.

Turnbull-Bailey: That, as an appeal has been made asking for an increase in assessment of E½ Lot 11, Concession 13, we hereby confirm assessment as recorded on roll. Carried.

Turnbull-Magwood: That assessment as revised be accepted, and the Assessor paid his salary.

Council adjourned as a Court of Revision to resume general business.

Magwood-Grierson: That Fence Viewers in inspecting wire fences be paid \$1.50 for each inspection.

Magwood-Grierson: That Council take an accident assurance policy with Norwich Accident Company through their agent, William Riddle, the rate being 70 cents per mile, to the extent of \$5,000 for one person, \$10,000 for one accident, and \$1,000 damages to property. The Clerk to report the number of miles of roadway in the township. Carried.

Grierson-Bailey: That Clerk be authorized to draft a by-law for the next meeting, prohibiting animals from running at large on the highways of the township. Carried.

Magwood-Grierson: That parking of cars on the highways of the Township of Bentinck after 9 o'clock p.m. be hereby prohibited. A fine of not less than \$5 and not more than \$25 for each offence, the Clerk to prepare a by-law confirming the same. Carried.

Grierson-Magwood: That the appropriation for each division be \$500 and Elmdorf \$100; the amount of \$170 not spent in Division No. 1 last year be expended this year. Carried.

Turnbull-Magwood: That B. F. Ahrens, secretary of Hanover cemetery, be paid \$6 for grave digging and grave for the late Frank Warner. Carried.

The following accounts and pay sheets were recommended to be paid: H. McKechnie, salary, postage \$106; G. H. Mitchell, part contract, \$101.50; Sawyer-Massey, two graders, \$297; Sawyer-Massey, repairs, \$6.85; H. McKechnie, school equal \$15; H. Doleworth, school equal \$24.85; Durham Review, advertising, \$2.28; Municipal World, Stationery, \$15.01; J. H. Chittick, express, \$1.90; S. Hopkins, error in report, \$2; C. Reay, 50 rods fence, \$12.50; M. Lorenz, 22 rods fence, \$5.50; G. Brown, 240 rods fence, \$62; W. G. Hastie, freight, \$15.28; James Yandl, winter work, 90 cents; W. Boyd, winter work, 90 cents; John Yandl, winter work, \$3; G. Noble, winter work, \$2.25; E. Armstrong,

HANDLING NATURAL SWARM

"There is a swarm of bees clustering in one of my trees—what shall I do?" comes the telephone message. If you have no beekeeping equipment, invert a box over the cluster and smoke or crowd the bees into it; then place them where they will be undisturbed and secure a hive as soon as possible, says A. H. W. Birch, apiarist.

A beekeeper would use a complete hive containing frames of full sheets of foundation or drawn comb and should have a smoker going in case of need.

To prevent the swarm from deserting, open brood is often used, if procurable, or an excluder is placed between bottom board or hive body.

If the branch on which the swarm is clustered is unimportant, it should be cut without disturbing the bees, carried to the hive and the bees shaken from it in front of the entrance. Direct bees into hive by a few puffs of smoke.

Should the cluster support be immovable, brush, jar, crowd or smoke bees into a box from which they are dumped in front of the hive entrance.

In case of a queen with clipped wings, procedure is more simple. While the swarm is in the air, the clipped queen should be found on grass a few feet from the hive entrance, and caged. Next, move the old hive to a new location, substituting in its place a complete hive, already described, and stack the partly-filled supers, removed from the old hive, above. The caged queen is placed in the entrance, and all is ready for the swarm which soon returns and enters the hive in search of the queen. When a goodly number of bees have entered the hive, the queen is released and enters too; then all again start work with renewed vigor.

MISFORTUNE NEVER COMES SINGLY

His Majesty's mail received a rude jolt and was for a time held up when one of the rear wheels of Courier Wall's car, when delivering mail along the South Line last week, parted company with its mate and sought refuge from the grime and dust in a friendly fence corner. A broken axle was the cause. However, Fred Blackwell, who lives close by, acted the part of the good Samaritan. Touching a match to his Lizzie, he whirled Charlie over to Ripley garage in the shortest possible time. But, alas, as if to demonstrate the truth of that old saying that "misfortune seldom comes singly," one of the rear wheels of Fred's car rolled off when entering the garage door—a broken axle. It is said that while the garage man smiled a bland smile at the prospects of a fat fee, the tears coursed down the cheeks of the two unfortunate chaps. Nor were those tears shed because of their own misfortune but each for the other, thus showing a brotherly devotion that would put the love bon-bons of David and Jonathan in a cool place to bake.—Kincaid Review - Reporter.

ACRES OF STONE

Many motorists have observed the wonderful sight in a large field above Cummoek. All winter, farmers were paid for hauling stones off their farms to this spot. Here the government has installed a large crushing and grading outfit and is using the product for building the road towards Arthur. Stone now covers probably two or three acres to a depth of about 5 feet. It is certainly some pile of stone.—Fergus News-Record.

FORSAKING OIL

As will be seen by reference to the Council minutes in another column, Shelburne is forsaking oil for the streets this season in favor of calcium chloride. An order has been placed for ten tons of calcium chloride.—Shelburne Economist.

It is savage to sacrifice children in the name of religion; we do it only in the name of speed.

AFTER ALL There's Nothing To Equal Zam-Buk FOR THE SKIN!

COMING JUNE 12 and 13 to The Veterans' Star Theatre JACK HOXIE in RIDGEWAY of MONTANA

And this time in a thrilling romance of adventurous days and nights. A story of loves and hates high above the Montana timber line.

Century Comedy—Wanda Wiley in "Snappy Eyes" TWO SHOWS NIGHTLY 8 and 9.20 p.m. Admission 25c. and 15c.

Smile Awhile

The surest foundation for smiles and happiness are good health and abounding vigor. You'll find both in HENDERSON'S BREAD

Eat it at meals and in between meals—whenever you're hungry; for this loaf of purest quality ingredients fills every food-need for strength and nourishment.

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