### For The Quiet Hour

#### A VESPER PRAYER

The day Thou gavest me Has now returned to Thee Bearing the deeds with which I filled each hour. Lord of our deeds and days, I ask Thee not for praise-I pray for power!

So much I meant to do, When the bright day was new, So many hearts I longed to help and heal-Now, as the splendors die From out the western sky, I humbly kneel.

Give me the power to feel For hearts that I would heal, Give me the power to see with sight like Thine; But most of all, give me The power to love, like Thee O Love Divine!

-Minnie Logan Upton in S.S. Times.

KEEP THE HEART FIRES BURNING, OTHERWISE THE church will sense the wandering passion. Spiritual temperature is imperative for a revival. We must have enough spiritual passion to keep our own hearts aglow, and still have enough to spare to kindle the cold souls of the majority of our members. We need a new spirit, not a new spasm.

Robert Murray McCheyne died at twenty-nine, but all Scotland felt the warmth of his radiant life. Some years ago, a man went to Dundee where McCheyne had lived and preached. On arriving at the manse, the traveler knocked at the door, and the same sexton who had served during McCheyne's pastorate opened the door. The traveler was led by the sexton into McCheyne's study, where his books were still on the table. "Sit down here," said the sexton, taking him up to the

chair in which McCheyne worked. "Now put your elbows down on the table," and he put his elbows down. "Now put your face in your hands," and he put his face in his hands. "Now," said the old sexton, "let the tears fall. That was the way the pastor used to do.

No wonder Dundee was stirred! No marvel that Scotland was moved! Was not that the way my Master used to do? Did He not let the tears fall over Jerusalem? McCheyne kept the heart fires burning-they were never banked. Our Lord's enemies tried to stamp out the fire on Calvary. As they stamped on it, they spread it. Pentecost came. Pentecost continues. Pentecost conquers. No tongues of fire on our heads-the fires must burn in our hearts! We must keep the heart fires burning .- Theodore S. Henderson, D. D.

AN ENGLISH CLERGYMAN, CANON HORSEFIELD, TELLS THE following story, which workers among boys will be particularly glad to read:

Some little while ago, a revival broke out in one of our great public schools, like Eton and Harrow. The boys knew that they would have a great deal to endure from their fellows when once it became known that they had taken their stand on the side of the Lord Jesus. So they formed a little society of their own and adopted a password; and as they went about, they would help and cheer one another by simply saying "Krob." If one of them was being tormented beyond endurance, this message, "Krob," seemed to empty the power of his trial and to bring victory in. The others could not discover what it meant, until one day the secret came out. "Krob" stood for "keep right on believing." That was all, but it was sufficient. As they looked up again into the face of their Lord, drank again on His neverfailing love, these lads "krobbed" and received strength and peace.

#### THE JOY OF INTERCESSION

"I like to feel that though on earth We never meet. Yet we may hold heart fellowship At God's dear feet.

I like to feel in all the work Thou hast to do. That I, by lifting hands of prayer, May help thee too.

I like to think that in the path His love prepares, Thy steps may sometimes stronger prove Through secret prayers

I like to think that when on high Results we see. Perchance thou wilt rejoice that I Thus prayed for thee!"

AS A NEGRO LAD, UPON HIS FIRST VISIT IN BOSTON, WAS struggling with his heavy bag across the congested traffic of a busy street, he felt a hand slipped into his own, which led him safely across. The lad expressed his thanks, and the owner of the helping hand said:

"Look up, lift up, and lend a hand!" The boy was Booker T. Washington, who never forgot the touch of that hand, nor the inspiring words of its owner, who was none other than Edward Everett Hale. A good community motte for us all would be, "Whatsoever

thy hand findeth to do." He that has nothing to give is poor, but he who sees something to do and does it not is poor indeed.

A CHRISTIAN YOUNG MEN'S PREACHING LEAGUE HAS BEEN organized. It has districted the city of Seoul into eleven wards, and conducted systematic evangelism together with househouse visitation. Dr. Cable reports that Seoul has never witnessed anything like the evening preaching services before. In many instances, the great crowds could not get into the buildings, and filled windows and doorways. Most of the speakers were young men, and a quite exceptional interest has been awakened among the young people by them. The total number of young men deciding for Christ in these spring meetings was over a thousand. The league is now planning to move out into the other large centres of Korea. The meetings at Fusan carried on by this student evangelistic band were of great power. At the evening services, many believers had to go out into the yard, to make room for those that were not Christians. Finally the churchyard itself was opened for meetings, 1,250 being admitted by ticket.

Various new Christian groups have been organized in southern Korea, one of them by a young Catholic student in the seminary at Ryong San whose father and grandfather had been Catholics. Dissatisfied with what he was learning in this Roman seminary, and with its outworking in the lives of his instructors, he gave it all up, returned home, and gathering a group of twenty-five together, sought admission into the Presbyterian Church.

A WRITER IN ONE OF OUR POPULAR MONTHLIES, IN DIScussing the various plans and programs, schemes and suggestions, themes and theories for the betterment of humanity,

tersely asks: "Why not try religion? Did you ever know of a case where Christianity has been honestly, consistently, sincerely and passionately tried in a community that it did not meet the situation, and transform the conditions? Human propaganda has no inheren leavening power. The best way to brig the leaven of the kigdom into a community is by the free use of celestial leaven."

AN OPEN AIR MEETING EVERY WEEK FOR EVERY Church! is the summer slogan of the Chicago Federation of

#### **Flesherton** (Our Own Correspondent)

The Sunday School at Mount Zion which was closed for the winter, has been re-organized for the summer with officers elected as follows: Superintendent, Mrs. Thomas Tay-lor; Secretary-Treasurer, Mrs. J. She informs us of a plucky young Hopps: Teachers, Mrs. R. Hannah Mr. T. R. McKenzie

Class), Mrs. J. A. Thompson, Mrs. T. R. McKenzie, and Mrs. J. W. Lyons. and writes legibly with his toes and and writes legibly with his The school meets at 10 o'clock in the forenoon, an hour before the feet, all of which shows the grit regular church service.

dies' Athletic Club with officers as crop is looked for in the West. follows: President, Miss Mary Pa-Monday and Thursday evenings. Dr. Burt of Owen Sound gave us

a friendly call when passing through town last week. Jimmie, of Toronto, were here on on Monday. a fishing holiday last week and Mr. C. J. Bellamy was home from spent the week-end with Dr. and Owen Sound spending Sunday with Mrs. E. C. Murray.

who recently returned from Cali- Mr. W. J. Bellamy have improved fornia, spent part of last week and their lawns by removal of front over Sunday with his brother and fences. The latter has also improved other relatives.

last week with his sons at Oshawa, the installation of water works in and brought home a new Chevrolet the new bungalow to be occupied by car. Mr. R. W. Paton, of Toronto Uni-

versity, made a week-end visit at his home here and supplied his work on the Cedarville and Esplin charge on Sunday. Mr. Frank Irwin of Durham spent

an afternoon here last week having the family plot in the cemetery dug over and seeded anew by an expert lawn maker he brought with him. Rev. and Mrs. A. E. Armstrong of Meaford paid relatives here a short visit last week.

Mrs. J. Johnston and daughter, Ena, of Dundalk, visited over the Mr. W. J. Henderson, and daughters.

taken to Collingwood Hospital for and Rev. Mr. Eaton closed the meet- immediately after cutting, no matter treatment, has been brought home ing with prayer. again with but very little improve-

We are indebted to Mrs. Mark for a nice mess of speckled trout some other point. from her catch on Friday last.

Mr. William Stewart, son of Mr. John Stewart, who has been in the Bank of Montreal at Prescott over two years, has been transferred to the branch at Morrisburg. Dr. Turnbull goes on a short visit

to the city this week and will be accompanied home by Mrs. Turnbull, who has been visiting at Toronto and Canfield.

Mr. and Mrs. W. H. Miller and little daughter visited his mother a Thornbury on Sunday.

At the Methodist Church on Sunday morning, the following members were elected Society Representatives on the Quarterly Official Board: John Parker, Wesley Armstrong, Thomas Clayton, Dr. Murray, W. A. Hawken. Mrs. J. Perkins assisted There sweeps o'er me a sadness the choir and gave a sweetly ren- That I can not quite explain. dered solo. In the evening, Dr. Fred It leaves me vainly yearning Murray of Toronto, who is always appreciated here, gave an effective the little children tively rendered solo and took part with his brother, Dr. E. C. Murray, And I feel strangely aged and Rev. H. H. Eaton, in a trio which was very much enjoyed. Mrs. Perkins also sang in the Presbyter- Where all the dear old faces ian church in the afternoon, and her Of the folk I loved so well? well-rendered solo was highly ap- Ah, long ago they've scattered,

preciated. Mrs. R. Bell and little son of Erin Dry-eyed again I wander were week-end visitors with Miss Through the wide world up and Mary Paton.

Toronto visiting her mother. Mr. James Breese and daughter For there I'm sure the angels of Chatsworth and Mrs. Hall and Have reserved a place for me, daughter and Miss Hannah Breese Knowing how much I loved itof Owen Sound, visited Mrs. A. S. It's only old home town, you see! VanDusen and Rev. and Mrs. Eaton

on Saturday. Mr. H. Down spent the week-end in Toronto and brought home a new

Ford car. Mr. John. Runstadler made a week-end visit in Toronto and was accompanied home by his daughter, Miss Marguerite Runstadler, University medical student, who will holiday for the summer with her par-

Rev. H. H. Eaton and Mr. W. H. Miller will attend District Meeting | Quickly soothes at Salem Church, Proton, this week. clears away We are pleased to learn that Mrs. Pimples, Rash, Roy, who is yet in Toronto after an operation for removal of cataract | Eczenia, etc. from her eye, is improving. Mrs. | 200 all Dealers.

Williams, here, visited her mother WILTING IS DESIRABLE

Miss Helen Bell, teacher at Edmonton, who formerly taught here, writes us interestingly of her life in the West and of her studies durng the winter in the University student who lost both arms in the but is now in third year classes dresses and feeds himself with his ture of oats, peas and vetches were and courage of the lad. Miss Bell At the meeting of young ladies in is now enjoying out of door life during the summer of 1924. Each the High School last week, there golfing. She reports a long winter was organized the Flesherton La-with much snow, but a bumper ton. The various triple with these

ton; Vice-President, Mrs. (Dr.) Mur-ray; Secretary-Treasurer, Miss Ma-bel Gilchrist; Captains, Misses Ma-ready meeting with good success on three, six and nine months. The mie McTavish and Aleda Mtichell.
Soft ball practice will be held on

Dr. T. Henderson and sister, Mrs. silos. Dr. Fred Murray and little son, Johnston, visited friends at Hanover The results of one year's work,

his family. Dr. Thomas Henderson of Toronto, Mr. W. Turney, Mrs. F. Cairns and

his veranda and put in a new cem-Mr. D. McTavish spent part of ent cistern. Work is going on for Dr. Turnbull.

Owen Sound Daily Sun-Times, was fore the crop blooms, because there sick women asking about the Vegetable here on Friday and Saturday in the is a greater probability of securing Compound. interests of the paper and gave us a second cutting if the crop is a pleasant call.

week-end at Chesley visiting the the silage from full bloom sweet was somewhat more palatable than former's mother who is ill.

Bible Society was held in the Meth- of good quality was secured from The length of the period of storodist Church on Monday evening oats, peas and vetches ensiled when age appeared to have little effect when the representative, Rev. Mr. the oats were in the milk and in upon the silage which was pro-Harrington, gave an interesting and the dough stages, but the latter duced. instructive address on China, illus- stage or just when the oats show trated with fine lantern slides. Mr. the first signs of turning appears to week-end with the former's brother, Harrington was a missionary in be the most desirable time to cut China for five years and was, there- this crop. daughter, Aleda, motored to Tor- fore, able to give much information From alfalfa, which had been onto on Friday and visited until Mr. Harrower presided over the Mrs. Clipperton, and other relatives.

Officers for the local branch Mr. Messrs. Charlie and Elwyn Jamie- officers for the local branch, Mr. period if the sun was not shining, son of Owen Sound spent the half- W. H. Bunt was elected President, a fairly good silage was secured, holiday last week with their mother Mr. George Stewart, Vice-President; while full bloom alfalfa wilted in a here and put in her garden for her. and Mr. Richard Allen, to the execu- similar manner, gave a silage of bet-Mrs. Samuel Pedlar, 4th Line, who tive by whom collectors will be ter quality and of considerably has been very ill recently and was appointed. A collection was taken, greater palatability. Alfalfa ensiled

has stood for several years on D. age. The wilting of sweet clover, McTavish's farm in the suburbs, is and oats, peas and vetches for sev-Wilson, who is a successful angler, being taken down for shipment to eral hours resulted too, in the pro-

#### MY OLD HOME TOWN

The streets looked familiar As I wandered back today To walk in sacred places Where my young feet used to stray. The buildings, old and crumbling, Were once modern in their time, To other eyes, they're shabby, But they seem not so to mine. Somehow a faded glory, Almost holy, too, it seems, Surrounds the little village Where I've dreamed my childish dreams!

It's good to see the old place After wandering all these years, But why the lonesome feeling, And those softly falling tears? I watch the little children Romp and play, and laugh and shout, With these younger ones about.

Where or whence I cannot tell.

Miss Rene Cargoe is home from But when I die just take me To that little old home town.



# SPECIALS THIS WEEK

Women's White Canvas Bals, rubber soles and heels, regular \$2.00, @ per pair ......\$1.00

Women's Kid and Patent Strap Slippers, cuban heels. To clear @ per pair ......\$2.50 Childs' Patent Strap Slippers, sizes 8 to 101/2. To clear @ \$1.89 Childs' White Canvas Strap Slippers, rubber soles. To clear @ 90c

REPAIRING A SPECIALTY

The Cash Shoe Store Dur

BEFORE ENSILING LEGUMES

Silage from legume crops or mixpears to be of a much more desirable quality if these crops are wilted for several hours before ensiling. The wilting of alfalfa, in particular, seems to be essential, if good silage is to be made, says W. C. Hopper, Field Husbandman.

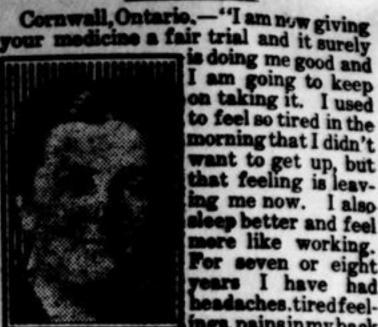
Alfalfa, sweet clover and a mix-Farm, Ottawa, in small, wooden silos By a communication received on cluded cutting at different stages of every respect comparable to that Dr. Fred Murray and son, Jimmie, which is produced in large farm

the stage of maturity and the amount of moisture in these crops at the time of ensiling have an important bearing on the silage produced, the reduction of the original moisture content of the crops by wilting showing the greatest benefit,

There seems to be a greater likelihood of securing a desirable silage from full bloom alfalfa than from this crop cut at an earlier stage of maturity. There is an advantage in | Box 1081, Cornwall, Ontario. Mr. J. Williams, representing the flower buds are well formed but be- and is willing to answer letters from mowed at this stage than if let go A meeting in the interests of the the crop cut in the bud stage. Silage terial.

what was the stage of maturity, gave The big oil well derrick, which an undesirable and unpalatable sil-

Wants Women to Know How She Was Made Well by Lydia E. Pinkham's Vegetable



is doing me good and I am going to keep on taking it. I used to feel so tired in the morning that I didn't want to get up, but that feeling is leaving me now. I also eep better and feel nere like working For seven or eigh rears I have had peadaches.tiredfeel mes. pains in my back

and across my bedy. I read letters in the newspapers saying what good Lydia E. Pinkham's Vegetable Compound had done others. My husband says I qui too soon, but I am net going to stop taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine until I am better and haven't an ache or a pain. Isn't that the right way? I have great faith in your medicines. They must be good when those who take them speak so highly of them. I am recommending them to my friends and I will gladly answer letters from women ask ing about them."-Mrs. BURT H. HART,

Mr. and Mrs. W. B. Cross spent the until the full bloom stage, although duction of a type of silage which clover was just as good as that from that produced by the unwilted ma-

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# McKechnie's

#### FOR LADIES

New Shoes for Ladies, in Tan with low heel, Tan, cuban heel, Patent and Grey Suede, oper pair .....\$3.95

D. & A. Elastic Girdles for Ladies .....\$2.50 D. & A. Corsets for Ladies \$1.75 Ladies' Corsets, D. & A. in white and pink, all sizes, \$1.00 Babies' Acid Proof Rubber Pants .......25c Ladies' Black Cotton Hose, 9,

9½ and 10, pair ......25c Numode Brassieres ......50c

#### FOR MEN

Men's Brown and Black Calf Shoes. A very dressy shoe and EE width, pair ....\$5.75 Men's Felt Hats, in Grey, Brown, Beaver and Silver Grey .....\$4.00 New stock of Men's Caps in

different shades, ......\$1.50 Men's Cotton Sox, in Grey, Black and Brown, pair ...19c Men's Silk Knitted Ties, newest patterns, each ......50c

Men's Silk and Wool Half-Hose in Brown, Black, Blue and Sand, pair ......69c

John McKechnie - Durham

### If It's Here Ideal The Ideal If It's New Men's Furnishing Store

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SPECTACLES

By DE Note: Dr. Scholes will columns as will be of public print. .. Personal accompanied by self-add Dr. W. J. Scholes, in car

In an article in the Association, Dr. John J ticut, calls attention to tacles on elderly people which skin cancer has spectacles produced irr The bridge of the nose, the

of it, the temples and behin ears are the places where the tacles are likely to irritate. are some of the places when cancer often occurs in elderly The specific cause of can there is such a thing, is not l

So we do not know what to in this respect in order to p cancer. But it is generally ac that certain things favor the rence of cancer. These are and irritation of tissues.

Can Be Avoided Irritation of tissues is som

have some part in the causal (Copyright, 1924, by The HEALTH QUI

Ice Cream

that can frequently be avoided

the avoidance of anything the

nourishing? Is it bad to ea much of it? Is it all right for dren? Is it fattening?" Reply 1. Yes, Ice Cream is nouri 2. Too much of it may gi too much carbo-hyrate. Too

carbo-hydrate may not be go

the digestion, may cause the

Mrs. H. M. asks: "Is Ice

ulation of fat, and may end any tendency to diabetes. 3. Yes, in moderate amoun it should not be given in such tities that it spoils the appe

other necessary foods. 4. Yes.

Cataract

act on one of my eyes and ginning of one on the other. to an eve doctor to have I off, but he said that I should for it to mature. Why is it wait? I can not see very we How long will I have to wait the evesight be much bette

W. F. B. writes: "I have a

the cataract is taken off?"

1. A cleaner and better be done after the cataract h 2. It takes all the way fr

to three or more years for a atc to mature. 3. Provided there is no cating disease of other str

of the eve, as the retina of nerve, your sight should h much improved after the op-See the oculist occasionally he can examine your eyes.

Need National Policy (St. Catharines Standar A. M. Belding, a New Bru newspaperman, who has bee tour of the Dominion advoc

better understanding between Maritimes and other parts of savs his observation has co him that there is lack of a national spirit in this country is too much sectionalism a enough nationalism. We are ing in sectional terms instel the big, broad way that such country as ours demands. effort to remedy this situat Belding suggests that a small of "patriotic and able busine from the Maritime Province

THE FAL

