

For The Quiet Hour

A MODERN PREACHER IN A RECENT VOLUME OF SERMONS has a striking illustration of the cause of the powerlessness of many modern efforts at social improvement. He tells of a hymn book he recently examined, a hymn book published by a society "which claims to be humanitarian, but not especially Christian." He noted that the collection included Dr. Matheson's splendid hymn, "O Love that wilt not let me go," but the last verse was omitted, the one beginning, "O Cross, that liftest up my head." The preacher thereupon comments:

Yes, they are always leaving it out. They want their Utopias, but they will not see that the one thing that stands in the way is the unwillingness to remember the cross.

This is true, and yet it is by no means all the truth, for not only is the hymn utterly spoiled by omitting its last verse, but all other hopes of social improvement are rendered useless apart from the cross of redemption, and this, in turn, can only progress apart from redemption. As Dr. Forsyth used to say: "You come by way of the cross. As Dr. Forsyth used to say: 'You cannot say, My Brother, unless you say My God, and you cannot say, My God, unless you say, My Guilt.'"

INTO THE JUDGE'S HOME, A GROUP OF YOUNG FOLK "dropped in" one evening for an informal call. A young woman proposed a game of cards.

"Come judge, play a game with us to pass the evening."

"Indeed, I won't."

"Judge, are you such an old fogey that you won't play cards?"

"No, I'm not an old fogey."

"You think cards are wicked, then, do you?"

"Not at all."

"Why won't you play, then?"

"Well, I've watched you card players, and I've seldom seen a bunch of players that could get through a whole game without losing their tempers. There's usually somebody complaining of the way somebody else has played. I won't bother with anything that spoils one's temper so."

Afterwards the judge explained why he forswore cards:

"I never played much, and was always poor at the business. One evening, however, I sat down at home with my wife, my son and a young lady neighbor for a game of whist."

"Pretty soon I made some misplay. My son groaned, 'O, father, that was wretched!'"

"I turned toward the young woman. Her face was white with anger."

"Was that such a very bad play?" I asked.

"It was inexcusable!" she almost hissed.

"I laid down my cards. 'Here,' I said, 'is where I quite. If this paltry, good-for-nothing game can raise such a tempest as this over a blunder that I'm likely to make any time, I'm never going to touch it again!'"—Exchange.

CONTRIBUTIONS TO MISSION FINANCE ON THE FIELD ARE more and more frequent. "A refreshing story comes from Canton, China," says "Home and Foreign Field," "of a wealthy native woman who wanted her son to enter a Christian school. When she applied, she was told that there was no dormitory room. She then asked how much it would cost to erect such a building. On being told \$4,000, she replied: 'All right, I will build it.'"

The last American Presbyterian mission reports have this story. A few years ago, there was organized in Penang a little group of Christians, all as poor as Job's turkey. Some one, as a joke, suggested that they all start rubber plantations, and get rich. They took the suggestion seriously, and also promised the Lord a tenth of the returns. True to His promise God opened the windows of heaven and poured out a blessing more than they had room to receive, and today every member of that church is well-to-do. They have built a neat little chapel in Penang. They have also started new rubber plantations in many outlying districts in the Malay States and Siam. Wherever they locate, they become self-propagating and self-supporting church communities.

ASPIRATION

"Build on and make thy castles high and fair,
Rising and reaching upward to the skies;
Listen to voices in the upper air,
Nor lose thy simple faith in mysteries."

A MINISTER ASKED A POOR SHOPWOMAN WHAT SHE RE- membered of the sermon on the previous Sunday, and she replied: "I do not remember much of anything, because I am a poor hearer. But I went home and burned my measure which was a little small."

"You were the best kind of a hearer, for you were a doer of the Word."

Real religion affects our business principles. If the Word is truly in our hearts, it can not be suppressed.

"I cannot say, and I will not say
That she is dead—
She is just away!
With a cheery smile
And a wave of the hand
She has wandered into an unknown land,
And left us dreaming how very fair
It needs must be, since she lingers there,
For the old-time step and the glad return
Think of her faring on, as dear
In the love of There as the love of Here.
Think of her still as the same. I say,
She is not dead,—She is just away."

ON A CERTAIN DRY CLEANER'S WINDOW, THERE APPEARED this sign: "We clean everything but reputations."

One commenting says: "No machine has been invented, no fluid prepared, that will reach down to the heart (where a good name begins, with purifying effect.)"

Who has ever devised a machine so intricate and yet so simple, a fluid more potent for the production of a good name than the love of God in the heart?

"A word,
A simple word,
But carried true
To one whose need
By it was met.
So little thought
Gave he who spoke
That when the word returned—
Its errand done,
He was amazed
That fruitage such
Should be the yield
Of word so simply said."

THE CHIEF OF AN ALASKAN TRIBE SAID, WHEN THE Gospel was first presented to him:

"Missionary, I have long lost faith in our old paganism. I made up my mind years ago that this Great Spirit, so kind and so watchful and so loving, did not care for the beating of the conjurer's drum, or the shaking of the rattle of the medicine man. So for years I have had no religion. Missionary, what you have said today fills up my heart and satisfies all its longings. It is just what I have been expecting to hear about the Great Spirit. Stay as long as you can and when you have to go away, do not forget us but come again as soon as you can."

THE NORTHERNMOST CHRISTIAN ENDEAVOR SOCIETY IN the world is at Point Barrow, Alaska. This island can only be reached by a whaler once a year, so the missionary hears no word from home and sees none but natives during that time. Yet a missionary declares: "I find that God makes up to one often by inward power and peace for what we lose in the way of outward comfort."

Priceville.

(Our own Correspondent.)

There's nothing monotonous about the weather this past month. Lots of variation to keep the would-be weather prophets guessing.

We are glad to see our late quarantine friends out again. At present, we are clear of such cases. Here's hoping that we keep clear.

Mrs. Alex. W. McDonald continues to improve nicely.

Mr. Albert Jones is reported as being much better this morning. We sincerely hope he continues to improve.

Miss Kate McTaggart returned to Toronto on Saturday after a couple of weeks spent at her home here.

Dr. Grant of Durham paid a professional visit to our village last week and administered the first degree in dentistry to a number of our citizens.

Major McGillivray has joined the radio enthusiasts and has had a fine outfit installed. We are becoming quite a radio centre.

Miss B. Jelly spent Saturday at her home near Shelburne and returned Saturday night.

A progressive euchre party and dance was given at the home of Mr. Donald McMillan last week for the son and family who were returning to their home in the west. A very good time was enjoyed by all, who succeeded in getting home at the respectable hour of four in the morning.

Mrs. W. Ramage is doing very nicely again, as well as Mr. W. Ramage who is able to be out again with the aid of a stick.

Corner Concerns

(Our own Correspondent.)

Mr. James Barbour has rented a farm west of Mount Forest and will take possession shortly. Although he has been on the fire department since he returned home from the war, he had lots of experience on the farm in former years.

Mr. Robert Mighton is the latest on this line to have the phone installed, although we believe there are a number a little farther down the line who would have it in if they could have central at Durham, where they transact most of their business.

Mr. Thomas Tucker has rented his farm to Messrs. James Eden and John Queen and will hold an auction sale on the eleventh, after which he will vacate and remove to Durham.

Mr. Joseph Lennox has replaced the team he sold a week ago and has now one of the finest teams in the township.

A merry sleigh load from this line attended the reception given to Mr. and Mrs. Noble at the home of the bride's father, Mr. Albert Marshall, on Wednesday night. We all join in wishing the young couple much happiness.

Mrs. John Queen entertained a sleigh load on Friday night at a euchre party.

News is scarce this week. It is a slow job gathering it in the rain and slush. Even mail couriers find it a difficult job delivering it.

Traverston.

(Our own Correspondent.)

(Too late for last week.)

We were four days without mail last week, but Friday brought a hamperful and Valentine Day some posies.

Mr. Clarence Robinson purchased a splendid type of black Percheron colt from your scribe last Saturday.

While Oren Peart was engaged in helping Mr. A. G. Blair to fell some big maples on Friday last, a limb flew back, striking him on the cheek making an ugly gash and rendering him unconscious for some time. However, it is healing nicely.

Mr. and Mrs. Hugh McArthur visited her parents, Mr. and Mrs. John McNally, of town on Sunday.

We have a quartette of aged folk in our vicinity, who are remarkably bright and active for their years; namely, Mrs. Paul Nelson, aged 81; Mr. William Firth, in his 86th year, eyes bright as a child's and memory wonderfully bright; Mr. J. S. Black, in his 89th year, has discarded the use of glasses and is quite boyish in spirit; Mrs. Hill, in her 92nd year and smarter than many a modern school girl.

After spending a pleasant week with kindred in town, Miss Gladys Firth returned home on Saturday.

Mrs. William Campbell and baby, Charlie, of Welbeck, spent a few days of last week at the parental home on the 4th.

Mrs. H. Beaton returned to her

home at Bunesan on Friday last, after playing "Good Samaritan" to her mother for a week or more.

Messrs. D. Ryan and J. McAssey just live across the concession from each other on the line north of here. The stork called around a week ago last Sunday and left a baby girl at each house.

Mr. James Hastie has turned out four pair of bob-sleighs this winter besides doing the regular smithy work.

Not so big a crowd as in former years, owing to impassable roads, of the Women's Institute gathered at the home of Mrs. R. T. Edwards on Thursday last, but they had one of the best programs ever presented.

Mrs. John O. Greenwood makes a good president, and every minute was well utilized. Mrs. W. J. Cook had a good paper on a timely topic, Miss Katie May Firth a humorous one given in her drollest manner, Miss E. J. Allen a splendid life sketch of the Indian poetess, Pauline Johnston, your scribe, a pithy sketch of S. S. No. 3's pioneer days, by Inspector John Ritchie of Port Arthur. However, the subject that aroused the keenest interest was a debate entitled, "Resolved that the farmer's wife has fewer opportunities to enjoy life than the farmer." The affirmative was upheld by Miss Mima Edwards (her partner, Miss Merron McArthur, was unable to be present); the negative was strongly maintained by Mrs. W. J. Greenwood and Miss Hazel Firth. To equalize matters, the speeches of the leaders, only, were allowed in the contest. The judges were Misses E. J. Allen and Edith Teeter and your scribe. The spinsters were too much for him and declared the affirmative the victor by a close margin. We had a "minority" report. Truth to tell, these fair ones are getting rather too highly "dedicated in argument" for us poor fellows. After the closing, lunch was served, and a bright afternoon's session passed into local history.

Relatives of Mrs. Peter McArthur of Owen Sound received a phone message from there, yesterday, stating that she had passed away at 4 o'clock on Monday afternoon and was to be buried on Wednesday at 2 o'clock. She was the youngest daughter of the late Thomas Blair and is the last of the original family. We'll try to get particulars for next week.

Hutton Hill

(Our own Correspondent.)

With the milder weather and the snow so quickly disappearing, it looks like the approach of Spring. We are extremely sorry to lose our good sleighing.

Mr. and Mrs. Thomas Milligan entertained a number of Ebenezer friends one evening last week.

Mr. and Mrs. William Noble are visiting relatives in Muskoka.

Mr. and Mrs. A. Hopkins spent an evening last week at Mr. William Manto's.

We are very sorry to report Mrs. Armstrong, Sr., quite ill at present. We hope it nothing serious and that we can report her fully recuperated in our next budget.

Mr. and Mrs. Robert Johnston spent an afternoon last week at Mr. Alex. Hopkins.

We congratulate Mr. Reuben Noble of this place, who was married on Wednesday last, to Miss Iva Marshall of Normanby Township. We welcome Mr. and Mrs. Noble to our neighborhood.

Sorry to say the mumps have a start in our section. Hope nothing further develops.

Aberdeen.

(Our own Correspondent.)

Miss Jean Baird of Durham spent the week-end with her friend, Miss Stella Lynn.

Mr. William McDonald is visiting at his uncle's, Mr. James Smith of Crawford.

Mrs. D. Lamb sent a day last week with Mrs. Dougal Clark of the Rocky mill.

Mr. and Mrs. James Macdonald and Mr. and Mrs. Hugh Macdonald and son Kenneth visited at the home of Mrs. Hector Macdonald one day last week.

Mrs. Dorcas McLean and her sister, Mrs. Stevenson, visited friends in Bruce last week.

Northeast Normanby

(Our own Correspondent.)

Miss Janet Mountain returned home recently from Woodstock where she spent the past few months.

The Varney U. F. Y. P. O. have invited the U. F. Y. P. O. of No. 7 Normanby to spend a social evening

Friday of this week at the home of Miss Margaret Leson.

Mr. William Prew of Durham is at present assisting Mr. A. Picken in the bush.

Mr. Gordon Geddes, near town, and Mr. and Mrs. Earl Mead of Egremont, were visitors at Knox last Sunday.

Mr. and Mrs. George Smallman entertained a few friends last Wednesday evening.

Mrs. Andrew Marshall of Knox Corners is on the sick list this week.

Mr. and Mrs. Thomas Acheson of town attended service at Knox last Sunday and spent the evening with Mr. and Mrs. R. R. Watson.

Mrs. James Ferguson has sold her farm to Mr. Stanley Mountain.

Mr. and Mrs. Arthur Lawrence spent a day recently with Mr. and Mrs. Andrew Picken.

Mulock

(Our own Correspondent.)

We are pleased to report Masters Lawrence and Lloyd McCuaig are recovering after their recent illness.

Mr. Ray and Miss Myrtle McClocklin were recent visitors at the home of Mr. and Mrs. William Campbell.

Arthur Adams, youngest son of Mr. and Mrs. William Adams is under the doctor's care. Nervous trouble is the cause. We hope this bright, little laddie will soon be well again and able to go back to school.

Mr. and Mrs. Andrew Hastie and Mr. and Mrs. John McKechnie, spent Friday last week at the home of Mr. and Mrs. Dan McLean, Aberdeen, visiting Mr. and Mrs. Stevenson before they leave for their home in the West on Thursday of this week.

Miss Nora Walker of Mulock, S.S. No. 6 Bentinck, who took part in Miss Agnes Macphail's public speaking contest, received a letter recently from the winner, Miss Maxine Lyons of Markdale, giving her delightful experiences during her trip to Ottawa to view the opening of Parliament. The material of this letter was similar to Maxine's diary that appeared in last week's Chronicle.

Miss Edna McDougall is in Durham this week helping to wait on her little niece, Marie, who has been seriously ill with pneumonia.

Mr. and Mrs. Robert Ledingham of Welbeck were guests of Mr. and Mrs. A. C. McDonald over Sunday.

Sorry to report that Mrs. H. McDonald was confined to her bed the past week with heart trouble. The many friends of this aged lady will be pleased to hear of her being able to be up and around again.

Flesherton

(Our own Correspondent.)

The Presbyterian Guild entertained the Methodist Young People's Society at a social evening in the church last week. With Mr. Earl Best presiding, the visitors gave a short program consisting in part of a solo by Rev. H. H. Eaton, a duet by Miss Blanche Patton and Miss Helen Welton and a paper on the life of Edgerton Ryerson by Miss Elizabeth Bentham. A cross-word puzzle with games and refreshments made altogether a pleasant evening.

Hokey was uppermost here last week. In a match between Durham and Flesherton High School girls, the latter won by 3-1 score. Durham and Flesherton High School boys also played a match the same night, the score being 6-3 in favor of the home boys. Dundalk and Flesherton High School teams met on the rink here and a keenly contested game resulted in a score of 7-5 in favor of Flesherton. On Friday night, the girls here went to Markdale, but lost to the girls there who made one goal, the only score of the match. The teams were: Boys: Albert Buchanan, George Akins, Cecil McTavish, Reg Boyd, Murray Watson, Ted McDonald, John Nunn. Girls—Evelyn Wilson, Marie Ma Wilson, Edna McCallum, Maria Patton, Laura Boyd, Beatrice Buehler, Elsie McKee, Evelyn Ferris.

A good cattle dog belonging to Mr. Alfred Thistlethwaite was missing part of last week, and when found, was fast by the paw in a trap set in a nearby bush. Sounds coming from the bush led Mr. R. Ferris to investigate and found the poor sufferer which was released but with a badly swollen paw and leg which received dressing at home.

The Methodist Young People's Society had a very interesting meeting on Monday night when a large number of lantern slides were shown illustrating life and customs in China.

The quarterly Communion in the Methodist Church, which had been postponed owing to the absence of the pastor on the first Sunday of the month, was observed on Sunday morning. The official board will meet this Tuesday evening. Communion will be observed in Chalmers Church on March 8th. The Women's Missionary Societies in the churches here will join in observing the annual day of prayer at a joint meeting in the Presbyterian Church on Friday afternoon next.

Mr. and Mrs. Alfred Harrison, Toronto Line, entertained a number of friends at a fowl supper on Friday evening last. Mrs. W. J. Stewart, Mr. James Stewart, Mr. and Mrs. Alfred Down and the Misses Gilchrist, went from town and spent a pleasant evening.

Mr. C. H. Jones, who has been in the West for some time, is now in a good position at The Pas, Man. On Monday, we received a fire treat from Charley, being a box of beautiful specimens of fish from the waters of the North.

There are many ill in this community with the epidemic of grippe, colds, and the doctors are busy.

Mr. S. Semple's young son, Roy, was very ill with pneumonia, but is recovering.

Mr. Donald McLeod, who undertaken an operation in Toronto, has made good recovery and is returning home.

Mrs. (Dr.) R. H. Henderson of Toronto, sister of Mrs. Joseph Blackburn of this place, was quite ill last week with pleurisy and threatened pneumonia, but her friends are pleased to learn the crisis is passed.

Mr. G. A. McTavish spent part of

(Continued on Page 3)



What Exercise

Note: Dr. Scholtes' columns as will be public print. Person accompanied by self. Dr. W. J. Scholtes, M.D.

When you exercise and relaxation, the circulation is increased deeply. If the exercise you perspire.

The muscles which are into play during exercise energy which is available as fat and in the form of called glycogen. There is rapid removal of waste as the result of the metabolism of food, which brings to the muscles a supply of food and oxygen. Muscles are better nourished exercise is regular, the firmer, stronger and more

Aids Heart To

Although the muscles are beneficiaries of exercise not the only ones. The strengthening of waste material, the skin, kidneys and in the increased intake of elimination of carbon dioxide a favorable effect of

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HEALTH

Should Be Carefully

Mrs. A. P. writes: "I give you my daughter's that you may advise me for her. She is 18 years last winter seemed quite large and does not show is losing flesh, is very easily fatigued. She has taken three Bland's iron pills and is for her doctor. She is and is taking olive oil been taking Nujol for e

Reply

There are at least two for which this girl should fully examined. One is roidism, and the other is loss. The most direct way to find out whether is suffering from hyp is to have basal metabolism made. If this condition the treatment consists of cine if necessary, and operation.

Careful physical examination; a record of ature taken at frequent intervals throughout the examination of the lungs; of the sputum; and of the culin tests, should show not there is any active. As the other condition mention is improving, thing about it?"

Try This On

Mrs. R. C. writes: "sterile gauze, banda and iodine in the house able to properly care cuts and injuries of the find, however, that the fact to my using iodine le wounds because it Can you tell me any e that I may use with less objectionable in"

THREE PULPITS

Warkleton Tel An unusual situation at the present time is three Churches with Knox Church pulpit here since the first of the the Continuing. Pre getting ready to call a same condition prevail

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Clearing Balance of our Caps
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20 Men's and Boys' Ready-to-Wear Suits
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Our Stock of Overcoats must also move

TROUSERS and VESTS Marked Down

BOYS' BLOOMERS---A Few Left

We have about 15 pairs of MEN'S SHOES, out of style, but would make a good work shoe. **\$2.15**
To clear at.....

10 pairs Boys' Shoes, priced down to **\$2.35**
These are for Cash only.

Blue Suits to Measure. Two Specials \$30 & \$35

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