

ea
e flavor.
"ADA"
H526
fore is always
inary tea. Try it.

DURHAM HIGH SCHOOL
The School is thoroughly equipped
ake up the following courses:
(1) Junior Matriculation.
(2) Entrance to Normal School.
ach member of the Staff is a Uni-
ity Graduate and experienced
cher.
tending pupils should prepare to
r at beginning of term.
formation as to Courses may be
ained from the Principal.
The School has a creditable record
the past which it hopes to main-
in the future.
Durham is an attractive and heal-
town and good accommodation
be obtained at reasonable rates.
J. A. M. ROBB, B. A., Principal.
JOHN MORRISON, Chairman.

**WHAT KIND OF A
COUGH
IS YOURS?**
WHETHER
it is a simple
cough that you
have been in-
clined to ignore,
or whether it is
a cough that almost
seems to burst
you by the rack-
ing exertion, with
aching head and
aching body—
Get a box of Peps at once,
take a tablet from its silver
wrapper; and as it dissolves on
the tongue, breathe in the
HEALING, BALSAMIC FUMES
that are then given off. Notice
how the balsamic odours find
their way by inhalation along
all the breathing passages and
there allay the inflammation
causing you trouble.
You cannot possibly get
at these delicate membranes
by any other way. Liquid
medicines are merely swallowed
into the stomach. Peps act
direct on the affected tissues
and remove the cause of the
irritating cough in a way no
other devised remedy can.

PEPS
Going to greatly increased sales and
lowered cost of production Peps can now
be obtained in handy boxes of all druggists
and medicine dealers at the
NEW REDUCED PRICE 25c.

**ACHLAN
GROCERS**

**Cure Brand
Meat**

Grocery Specials
Milk Dates, 2 lbs. for .. 25c.
Seedless Raisins, 2 lbs. for 25c.
Macaroni, 2 pkgs. for .. 25c.
Waker Corn Flakes, 3 pks. 25c.
Friday and Saturday
ACHLAN
Durham



**The Road To
Better
Health**
Sore Throat
By DR. W. J. SCHOLLES

(Note: Dr. Scholes will answer such health questions in these columns as will be of interest to others and permissible in public print. Personal questions will be answered only when accompanied by self-addressed and stamped envelope. Address Dr. W. J. Scholes, in care of The Durham Chronicle.)

"If it isn't better tomorrow we shall call the doctor." It would be much better to call him to-day—the first day of that sore throat. By tomorrow, there may be no question about the sore throat being diphtheritic. A day will have been lost. And, the loss of each day is serious in a case of diphtheria.

From 12,000 to 15,000 people die annually in the United States from diphtheria. Statistics show that almost all of the cases which are treated with adequate amounts of antitoxin on the first day of the disease, recover. The death rate increases with each day's delay in the administration of antitoxin. So the necessity of an early recognition of this disease in order that effective treatment may be promptly instituted, is apparent.

Recognizing Diphtheria

The sore throat of diphtheria may easily be confused with less serious sore throats. Diphtheria is recognized by the general symptoms, the formation of a false membrane in

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HEALTH QUESTIONS AND ANSWERS

Treatment of Hernia
L. E. writes: "I have a hernia that developed three years ago. Since then I have been wearing a truss. The hernia never has caused me any trouble except when it started, but I have been advised to have an operation for it. Does a truss ever cure a hernia? Is it dangerous just to depend on a truss to keep the lump from coming down?"

Reply
The most satisfactory treatment for hernia is an operation. A successful operation would free you from the necessity and inconvenience of wearing a truss. It would also make it safer for you to engage in any occupation or physical activity involving strain.

If you have any disease, or if for any reason, your condition is such that an operation would involve considerable risk, it probably should not be undertaken. That is, provided there is no immediate necessity of operating. Old age is also against operation.

A truss is not very likely to cure a hernia after the patient has attained his growth.

Many people with hernia depend upon well-fitting trusses and manage to get along without trouble. They probably manage to live in such a manner that they avoid strain.

Some complications, such as strangulation, demand operation for their relief.

Bananas for Babies
Mrs. H. F. asks: "Are bananas suitable food to give to a baby two years old?"

Reply
Bananas may be given to babies early in the second year, according to Hess. They should be scraped so that they may be given in finely divided particles.

GOVT. GARAGE INSPECTOR PAID VISIT TO LISTOWEL
(Listowel Standard)
The Government inspector of garages was in Listowel this week. He

says that anyone repairing cars without a garage license to do so, and those who are storing cars without a license are liable to a fine of \$50, and that prosecution will follow if this is continued.

Flesherton

Continued from page 3.

over the week-end visiting Mrs. Henry's sister, Miss Pentland, who with others, was injured in a bad motor accident.

Mr. and Mrs. Frank Van Dusen of Toronto, spent the week-end with his mother here.

Mrs. W. Wilcock went to Toronto on Monday to attend the funeral of a niece.

Mrs. W. J. Boyd and son Reg, motored to Toronto on Saturday for a week-end visit with her daughter.

Mr. W. H. Thurston has returned from visiting her daughter at Lions Head.

Mr. W. H. Bunt was called to Toronto last week by the death of his brother-in-law, Mr. J. Howard, who was buried at Woodbridge on Friday.

Mr. Bunt remained to spend a few days with his brother and sisters.

Mrs. W. Moore spent the past week with friends in Toronto and returned home on Monday.

Miss Vera Lever is spending a few days with friends in Owen Sound.

Mrs. W. J. Lever of Owen Sound is visiting her daughter Mrs. Fred Brown.

Mr. John Cairns and children of McTier are visiting Mr. and Mrs. P. Cairns and other relatives this week.

Mrs. Cairns attended the funeral of her grandmother at Meaford last week.

The funeral by motor of the late Mr. Calvin Boyce to Flesherton cemetery last week was largely attended. At the service held at the house Rev. J. Harrower and Rev. A. J. Preston took part. The latter returned from a convention in London just in time to assist at the obsequies. He returned that night to London in his car. The pall bearers were Russell and Joseph Snell, Calvin Russell and Lewis Boyce and Alex. Englis. Beautiful tributes were given by the family and friends.

Miss Lillian Buchanan is visiting at Chesley.

Mr. Charles Pye and Mr. J. Hamilton of Clarksburg, made a short visit with friends here last week.

Mr. W. E. Southgate of Seaford visited his uncle, Mr. G. Mitchell part of last week.

Dr. Turnbull took Miss Dora Hazard to Durham Hospital on Monday for an operation on her hand and the patient returned home with him.

Married—At the Baptist parsonage, Flesherton, on Monday, November 3, by the Revs. A. J. Preston and E. J. Loney, Mr. James H. Hales of Flesherton to Miss Alice McMullen, youngest daughter of Mr. J. L. McMullen, J.P., and the late Mrs. McMullen, Ceylon. The esteemed young couple will reside at Ceylon and we join their friends in good wishes for prosperity.

Rev. C. J. Loney of Hamilton, preached in the Baptist Church on Sunday.

Owing to the dry weather and high winds a bad bush fire has been

raging for a day or two down the valley road north of this village. W. A. Armstrong has a large quantity of wood cut in his bush down there and has men and teams employed hauling it to a place of safety.

W. J. Caswell of this place, and Ernie Stinson, Toronto Line, have gone to spend a couple of months trapping in the wilds of the north.

An automobile collision occurred at Victoria corners, Toronto Line on Sunday when two cars were damaged, but fortunately the occupants escaped with a severe shaking up.

Mr. Wm. Stewart of Bolton was driving west in a large Dodge car when run into by Mr. George Young, of the 3rd line, Osprey, who was driving a Ford car returning from religious service at Proton station.

The Dodge was brought to the McTavish garage here and needed extensive repairs, but we have not learned to what extent the Ford was damaged.

Edge Hill.

(Our own correspondent.)
Miss Mary Glencross visited Mrs. (nee Miss Nettie Stewart,) at Ripley last week.

Mr. and Mrs. George Ritchie, Miss Jane Ritchie and Mr. John C. Ritchie visited the former's nephew, Mr. W. C. Ritchie, Holland, on Sunday.

There is very little ploughing done yet, much less than is usual at November.

Edge Hill Sunday School closed for this season on Sunday. The attendance this year has been very good. The children received their usual treat of candies.

Mr. Joseph Morrison of Collingwood, spent a few days with his former school mates.

Miss Alma Robinson visited over the week-end with her friend, Miss Myrtle Mortley.

Edge Hill Literary Society held a social evening in the school on Thursday evening last. It took the form of a Halloween social. Games, contests, impromptu speeches, recitations, etc., were enjoyed by all.

Miss McPhail was present and made a short address and also presented the medals which were awarded

to the winners.

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Edge Hill Literary Society to Mrs. Ernest Greenwood and Mr. W. G. Firth. Afterward a meeting was held and the Literary Society organized for another year with the following officers: President, H. H. McDonald; Vice-Pres., Clarence Robinson; Secy-Treas., Miss Ethel Anderson; Committee, Mrs. Ernest Greenwood, W. G. Firth, W. J. Ritchie; Director, John G. Firth. It is intended to hold meetings every two weeks, the first meeting being on Friday November 14, when a debate will be put on

GIVING REASONS
(Meaford Express)

At the recent Winter Fair at Brandon one of the judges had a hard task in placing a class of market steers. When he at last awarded the ribbons he turned to the crowd at the ringside and gave his reasons for the placing.

This seems, punning aside, to be a very reasonable proceeding. There are, or should be, at every show numbers of farmers and stockmen whose object is to learn from the judging. An explanation of considerations affecting the decision would make learning a much easier matter.

As it is, even the experienced observer is often at sea, and the green onlooker, left to guess at the "why" of placings, is quite likely to guess wrong. Press comment on the classes and the judging is necessarily based, in most cases, upon the reporter's opinion, not the judge's. In any case, press comment comes after the animals have left the ring and remembrance has been obscured by later classes. A pronouncement by the judge while the class is still lined up would probably make a greater impression.

There are, of course, objections. Some showmen do not like to have the weaknesses of their stock exposed in public. Some judges find it difficult to put their reasons into satisfactory words on the spur of the

moment. The judging schedules are so crowded at large fairs that there is little or no time, to spare for explanations. These are legitimate objections to the plan the question is whether they are sufficient to outweigh the advantages. They can only be decided by experiment. What show will try it out?

**ASK THIS
HALIFAX NURSE**

She Is Willing to Answer
Letters from Women Asking
About Lydia E. Pinkham's
Vegetable Compound

Halifax, Nova Scotia.—"I am a maternity nurse and have recommended Lydia E. Pinkham's Vegetable Compound to many women who were childless, also to women who need a good tonic. I am English and my husband is American, and he told me of Lydia E. Pinkham while in England. I would appreciate a copy or two of your little books on women's ailments. I have one which I keep to lend. I will willingly answer letters from any woman asking about the Vegetable Compound."—Mrs. S. M. COLEMAN, 24 Uniacke Street, Halifax, Nova Scotia.

Could Not Sleep Nights

Dublin, Ontario.—"I was weak and irregular, with pains and headaches, and could not sleep nights. I learned about Lydia E. Pinkham's Vegetable Compound by reading the letters in the newspapers and tried it because I wanted to get better. I have got good results from it and I feel a lot stronger and am not troubled with such bad headaches as I used to be and am more regular. I am gaining in weight all the time and I tell my friends what kind of medicine I am taking. You may use my letter as a help to others."—Mrs. JAMES RACHO, Box 12, Dublin, Ontario.

Specials for Saturday, Nov. 1

Boys' Gunmetal Bals., narrow toes, regular \$4.00, to clear at	\$2.79
Misses' Gunmetal Bals., wide toe, Classic, sizes 11 to 2, regular \$4.00 to clear at	\$3.25
Misses' Black Kid Bals., narrow toes, sizes 11 to 2, regular \$4.50, to clear at ..	\$2.50
Children's high cut Box Blucher, wide toe, sizes 8 to 10½, regular \$3.75, to clear	\$2.45
Children's Box Blucher, school boots, sizes 9, 9½, 10 and 10½, to clear at ..	\$1.60

REPAIRING A SPECIALTY
J. S. McIlraith The Cash Shoe Store Durham, Ont.

WHEN OPPORTUNITY COMES

HOW much money have you "put by" at the present time?

Enough to pay a doctor in case of sudden illness in your family? Enough to make a payment on a home should you be offered a bargain? Enough to take advantage of a sudden business opportunity?

Ordinary opportunities, ordinary happenings, these, yet how many are ready for tomorrow's big chance—tomorrow's emergency? The man with a good bank balance is always ready for the unexpected.

Our booklet, "THE MEASURE OF YOUR INCOME," will help you. Ask the Manager for a copy.

The Royal Bank of Canada

Durham Branch - J. A. Rowland, Manager

Enjoy Thanksgiving

To Have a Real Nice Juicy Fowl for Thanksgiving You Need a Covered Roaster. See our large display.

ALUMINUM ROASTERS, only \$1.25
GRANITE ROASTERS, \$1.50 to \$2.25
BLACK IRON ROASTERS, large \$1.25

Cross & Sutherland Hardware Co., Limited
Durham, Ontario

THE FAMILY NEXT DOOR