

For The Quiet Hour

Mary Ashton offered herself to the Woman's Foreign Missionary of her denomination for service on the foreign field. It was a deep and unforgettable grief to her that physical disability made it impossible for her to go. Soon after this disappointment she fell through a hatchway in her father's store and was so severely injured that she never walked again. Her place of suffering was a prayer room, indeed. She began to make bookmarks and fancy boxes of notepaper for sale. In answer to prayer she found purchasers. The money went to support a native worker or two. These were prayed for day by day. The business grew; more workers were engaged. The prayer life widened to take in more workers and more unreached men and women in foreign lands, and more customers for her handiwork at home. In a single year she earned nearly \$2,500, and when she died after seven years of pain, which were also seven years of widening access to hearts, her pastor reported that she had earned \$12,500, every dollar of which went out on its ministry of blessing to many lands.

Truly Mary Ashton knew how to get access to hearts!

"The boneless tongue, so small, so weak, Can crush and kill," declares the Greek.

"The tongue destroys a greater horde,"

The Turks assert, "than does the sword."

The Persian proverb wisely saith: "A lengthy tongue, an early death"; Or sometimes takes this form instead:

"Don't let your tongue cut off your head."

"The tongue can speak a word whose speed,"

Says the Chinese, "outstrips the steed";

While Arab sages this impart: "The tongue's great storehouse is the heart."

From Hebrew writ this saying sprung:

"Tho' feet should slip, ne'er let the tongue."

The sacred writer crowns the whole: "Who keeps his tongue doth keep his soul."

Of the 1,300 school districts in Southern Saskatchewan settled by Anglo-Saxons, 300 are entirely untouched by any church.

"I would not have one of the new sect in my house, and if one should come he'd go out in a hurry," said an old woman in Brazil named Johanna, who laughed at the plight missionaries were brought into by persecutions.

But Johanna fell seriously ill. A medical missionary healed her. She asked him why he, a stranger, had come to help her. He told her the old and ever new story of redemption, aroused her interest, visited her again and again, till Johanna accepted Christ, saying:

"I want that loving religion."

And as soon as she was well she learned to read, spending her last years in going from village to village telling and reading the story to others.

A newspaper advertisement for a certain medicine begins like this:

"If you lack ambition,

If you want more strength,

If you want to feel better,

If discouragement dogs your footsteps,

If you can't do the things you'd like to do,

If your faith in human nature and your grip on life is leaving you,

If something seems to be eating into head, heart and body,

Glenroadin.

(Our own correspondent.)

Mr. Hugh Vaughan Jr.'s new Massey-Harris mower is giving good satisfaction.

Mr. ———, who is assisting Mr. M. Kenny with the farm work, has returned from Toronto, after visiting his mother, who is seriously ill in St. Michael's Hospital.

Miss Marion Boyd is home for the summer vacation.

A very sociable and enjoyable time was spent at Miss M. Heslip's by the W.M.S. on Wednesday afternoon. They met to do their share of sewing for an Indian girl.

Mrs. Wilkie and daughter, Mrs. B. Jordan, of Toronto, are visiting among their friends here.

Much sympathy is felt for Mr. Wilfrid Eadie, who had the misfortune to break his leg while playing ball at the Y.M.C.A. in Toronto on

sapping your very life, try So-and-so."

We have a medicine not made in earthly laboratories that will meet every one of the above conditions,—the immutable Word of God.

When Nansen was looking for the North Pole he found himself in very deep water. He tried to take the soundings but his line would not reach bottom. He took his diary and wrote the date, the length of the line, and added, "Deeper than that." The next day he lengthened the line and dropped it again, and again it failed to touch, and again he wrote down the date and the length of his line and added, "Deeper than that." After a few days he gathered all the line that could be found and dropped it down, but it would not reach the bottom, and once more he took his book and wrote the date, the length of his longest line, and added the note, "Deeper than that." Through all the depth of sin and loss, Drops the plummet of the Cross; Never yet abyss was found Deeper than the Cross could sound.

—War Cry.

A noted divine reminds us how our great cities are surrounded with cemeteries. New York has its Greenwood, Boston its Mount Auburn, and so on. But there are no graves around the New Jerusalem. It is surrounded with life.

Isn't it worth while to acquire citizenship in the place where naught but life abounds?

The Canadian School of Missions is a new enterprise that is conducted in Toronto as a co-operative effort of the Anglican, Congregational, Methodist and Presbyterian Churches. The Foreign Mission Boards of these denominations have organized the school as an agency for the specialized training of missionaries and missionary candidates, working in co-operation with theological seminaries or universities having theological departments. Instruction is given at a minimum of cost under a director, Rev. J. Lovell Murray, D.D.

Contrasts between the home and foreign fields are given in the "Record" of the United Free Churches of Scotland by a missionary who labored among an animistic tribe in Africa.

The amazing multiplication of committees and councils and conferences is contrasted with meetings for fellowship and conference twice a year. Then the lack of joy at home compared with the rejoicing out there; the lack of desire, of sensitiveness, of appreciation at home contrasted with the eagerness over there, the ready reception and rapid growth in grace; the open churches over there as contrasted with the closed ones at home; the difficulty of finding helpers at home compared with the keenness of converts over there; the over-lapping of agencies at home, sects and denominations, temperance and social and sanitary committees, contrasted with the one agency to achieve all the other aims out there; and above all, the difference in the prayer life.

New Canadians form one-eighth of the entire population of Canada. In large stretches of the West one-half of the population and two-thirds of the children of school age are of non-British stock. The tide of non-English-speaking immigration is again flowing to our shores—26,156 in 1921, as compared with 8,077 in 1920.

A Toronto Presbyterian Church maintains a volunteer motor service for the benefit of those who are debarred from regular attendance at the church services.

Wednesday. It is unfortunate, as Wilfrid intended spending the summer in the country.

Miss Mary McArthur and sister, Mr. and Mrs. John Laughlin, and Mr. George Young and mother, were visitors at Mr. Boyd's last week. Mrs. Young is remaining for a week.

Mr. and Mrs. Boyd visited at Mr. Dave Young's one day last week.

BAPTIST CHURCH SERVICES
Rev. E. Cameron, Pastor.
11.00 A.M.—"Christ's Requests for His Church."
7.30 P.M.—"Out-door Music."

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JASPER PARK LODGE

AN IDEAL STOP-OFF POINT

With the advent of reduced fares to Alberta and British Columbia points, many who have long anticipated seeing the Canadian Rockies and Pacific Coast will make the journey this year. To them, and to the individual travelling "Across Canada," for purely business reasons, the "National Way" and the Canadian National Railways' premier trains, the "Continental Limited" and the "National" appeal most strongly, the route connecting as it does the great urban-centres of Canada, and traversing regions of outstanding interest. The various Canadian National hosteleries en route suggest excellent stop-off points and are noted for the excellence of their service. To their number is added this year Jasper Park Lodge on Lac Beauvert.

Jasper Park, Alberta, in the Canadian Rockies, is the largest of Canada's National parks, its area of 4,400 square miles offering unlimited holiday possibilities to the tourist and the sportsman. Dolly Varden trout lurk in the clear, pure mountain streams. Beautiful transparent lakes mirror the encircling mountains, and a new unspoiled Alpine wonderland of snow-crowned peaks and verdant valleys gladdens the eye. In this delightful setting on Lac Beauvert, three miles from Jasper Station, (with which it is connected by motor car service), is Jasper Park Lodge, operated by the Canadian National Railways' Hotels Department, and now open for the reception of guests.

Of artistic log construction, the Lodge comprises a large, comfortable Lounge building, surrounded by Dining Hall and separate sleeping buildings, each containing sitting rooms and four bedrooms, electric lighted, with all modern conveniences, running water in each room, baths, etc. In conjunction with the Lodge is a dancing Pavilion where good music assures to the guests delightful evening diversion.

From the Lodge a magnificent panorama greets the eye. Mount Edith Cavel, so called in memory of the martyred British Red Cross nurse,

stands out in bold relief, its glinting slopes making it to appear as "a sheet suspended from the heavens." The picturesque valley of the Athabaska is flanked by Pyramid Mountain, the richness of its varied color effects presenting a very striking contrast. Whistlers Mountain, Colson Range, Roche Bonhomme, are but a few of the mighty peaks that meet the gaze. Riding is of course the popular pastime and ponies are available for this exhilarating sport. Within easy reach of the Lodge, a-foot or by motor car, are numerous points of interest. Maligne Canon and Gorge, one of the most interesting attractions in the Park, is but six miles distant. Easily accessible streams will tempt the fisherman. The amateur photographer will revel in nature's bounteousness. Animal, bird and plant life is found in wonderful variety. Seventy different species of birds, seven hundred different species of plants and flowers, have been accounted for, and within the confines of the park (which is a bird and game preserve), are big-horn mountain sheep and goat; bear, cinnamon, brown and black; caribou and moose, elk, beaver, otter, marten and deer.

For those more venturesome, who would explore the more difficult and extended trails, guides, ponies, pack-horses and complete outfits can be obtained at the Lodge, from which point also parties set out on hunting expeditions beyond the confines of the Park.

This delightful region is fully described in a new booklet entitled

ZAM-BUK

PURELY HERBAL—No poisonous matter, ANTISEPTIC—Stops blood-poison. SOOTHING—Ends pain and smarting, etc. PURE—Best for baby's rashes HEALS all sores.

50c box—All dealers.

"Jasper Park Lodge," copies of which may be obtained from the nearest Canadian National or Grand Trunk Agent. 6292

Rocky Saugeen.

(Our own correspondent.)

Mrs. Dan. Wilkie and her daughter, Mrs. Jordan, of Toronto, are spending a while visiting their old neighbors.

Messrs. Alex. and Clarence Thompson spent Sunday with Mr. Alex. Fletcher.

The W.M.S. held a very successful sewing bee at the home of Miss Mary Heslip last Wednesday and they got most of the sewing done. The next monthly meeting will be held at the Manse, Dodnoch, on July 12.

Mrs. Daley spent last week visiting Mrs. Dugald Clark.

Mr. Archie Thompson went to Stratford last week and returned with a nice rubber-tired buggy and driver. He drove all the way back.

Don't forget the U.F.O. picnic on July 7, to be held in Mr. Lauchie McLean's bush. A good program is being prepared.

GRAND TRUNK RAILWAY

Improved Train Service

DAILY EXCEPT SUNDAY

Lv. Durham	7.05 a.m.	3.15 p.m.
Lv. Mt. Forest	7.38 a.m.	3.51 p.m.
Lv. Palferton	8.28 a.m.	4.23 p.m.
Lv. Fergus	9.15 a.m.	5.05 p.m.
Lv. Elora	9.20 a.m.	5.10 p.m.
Ar. Guelph	9.45 a.m.	5.36 p.m.
Ar. Brantford	1.00 p.m.	8.35 p.m.
Ar. Hamilton	1.00 p.m.	8.30 p.m.
Ar. Toronto	11.40 a.m.	7.40 p.m.

Returning, leave Toronto 6.50 a.m. and 5.02 p.m. Parlor Buffet Car Palmerston to Toronto on morning train and Guelph to Toronto on evening train.

For full particulars apply to Grand Trunk Ticket Agents.

She Had the Evidence.

A little girl was playing out of doors when she saw a large dog in the neighborhood yard. Running in to her mother she told her there was a lion in the next yard. Her mother, looking out of the window, saw the dog, and, without making allowance for a child's imagination, upbraided the little one for telling an untruth.

"You know very well," she said, "that it was a dog, and not a lion, you saw."

Then she sent her little girl up to her room to confess her sorrow and ask God to forgive her for telling a lie.

Presently the little girl came down again with a satisfied expression on her face.

"Well," said her mother, "did you tell God about it?"

"Yes," said the little girl, "and He said it was all right; that He thought it was a lion Himself."

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We carry a full stock of all the better Face Creams, Powders, Talcum, Perfumes, Toilet Waters, Lip Sticks, Soaps, etc.

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The Rexall Store.

C.P.R. Ticket Agents.

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Our advice to Farmers is to be prepared for the work that is to come. A little forethought now may save them money later. See our stock of

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We can quote you a price on any Farm Machinery that will interest you. We also carry a stock of ADAMS WAGONS & BRANTFORD BUGGIES

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Renfrew Cream Separator

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We carry a full line of repairs for Frost & Woow and Cockshutt Farm Machinery. Look yours over, and if you require any, now is the time to put your machinery in shape.

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