IRWIN, Editor and Proprietor

Thursday, March 30, 1922.

SPARE THE MILK AND

SPOIL THE CHILD Every family in Canada is vitally concerned in its main food supplies. Among them milk and milk products are as indispensible in the diet of both child and adult as is bread to self. Referring to child nutrition, Dr. A. J. Amyot, Deputy Minister of Health, recently made the statement that "there are many under-nourished or improperly fed children in this country, whose condition both physical and mental would be greatly improved by the more liberal use of milk in the diet."

In a pamphlet just issued by the Dominion Department of Agriculture at Ottawa entitled "Why and How to Use Milk," of which Miss H. C. Campbell of the Dairy Branch is the author, it is stated that milk contains all the requirements for the growth and repair of the body. Milk contains protein from which to build new cells and repair worn-out tissues. It contains muscular activity, and mineral matter, which has a regulatory effect and enters into the But after all this has been said and Most of the farmers have comcomposition of the body, especially done, you look around and find that as regards the bones and teeth. The here and there is a man of very ordeficiencies of other foods are dinary income who has plugged counterbalanced by milk in the diet. away until he owns his home. Were When milk is served with cereal, he forced to do so, he could sell out with bread, or other food made from and take his profit on the deal. grains, not only are the nutrients in milk used, but much other protein people must find rented homes, but is conserved for body uses which there are many others in which it as a beneficial food, is made from proposition on their own hook. cream, and cream is whole milk with a large percentage of that soluble ARTHUR BUS SERVICE POPULAR fat without which the normal grow- The Guelph Mercury of last Fri- ring in a basket of flowers.-Glenelg

should be added to the diet. portant ingredient.

ELECTRIC LIGHTS FOR AYTON

The village of Ayton may within a few weeks be using electric power generated at the plant of the Wen-

placed before the people. is to build the lines and wire to the tion. The man who was killed did lower accordingly. We have had an residences and business places and not want to be struck at all. The unemployment camp here all winter instal the meters. The amount that girl who was killed wanted the op- at Hastings Park, of which I have is estimated for a first-class outfit eration and probably would have been foreman. We are clearing land. would be \$95, which would be raised preferred death to exposure to the Each man gets two days' work each produce best results?. by debenture and paid by the con- charity of her sex. The man who week and his board and lodging. We sumer in 20 yearly payments. The recklessly killed the other man was have had an average of about sever Wenger Milling Company will instal punished by 23 days in prison. The hundred men." \$750 per year. This will have to be little daughters behind. And it's Laborer—'Cause 'e's too blinkin Durham High School paid by the ratepayers of the village bard to understand paid by the ratepayers of the village hard to understand. where there is an assessment of \$1,000. This is the only payment which the ratepayers will have to meet unless they become consumers of light or power.

HANOVER SELECTS MEMORIAL

(Hanover Post.)

The committee appointed by the I.O.D.E. have given the order for Hanover's Soldier Memorial to the Thompson Company of Toronto. The memorial selected is a very handsome one, the price being \$5,000. It is expected that the unveiling will take place about July. The memorial, which is of the statue type, will be fashioned out of Scotch granite and will be placed on the north-west corner of the Public Library square.

ARE YOU OWNING OR RENTING?

(London Advertiser.)

Complaint is made, not only London, but elsewhere, that tenants with children in the family cannot secure houses. There is nothing new in this. It is not a favorable position in which to be placed, but when reduced to the last analysis, an owner probably has the right to lay down certain rules as to who shall adian Lacrosse Association, held in or shall not live in his house.

It should be possible to draw up a lease, and we believe families with children would be pleased to sign such a paper, making the tenant responsible for any damage caused by maiden name was Margaret Kelly, the children

landlord, as it would establish the country in 1847. After living fact that there was responsibility in Vaughan two years she married Wilblack and white that the tenant liam Ritchie, and then moved to the would have to live up to.

home to a good many renters that of April, 1889. The funeral on Montheir best chance is in looking to day to Zion cemetery was largely atthe future with the idea of provid- tended, Rev. Dr. Farquharson officiing their own home.

A man can probably sit down and Mr. Charles Mortley of Chatsworth North. Is this true? prove by hard, cold figures, that it purchased the Lewis Smith farms of pays better to rent a house than to 150 acres from Mr. John McKechnie, declares such a theory emphatically own one. He tells you that he can of Toronto.-Dornoch cor. put his money to better advantage, A young daughter arrived last forest fires have gone far to extinthat it keeps his assets in a more week at the home of Mr. Charles Mcliquid state, and all the rest of it. Kenny.-Dornoch cor.

Of course there are cases where otherwise would be wasted. Butter, is high time the renters got down to for which there is no real substitute brass tacks and tackled the home

th and development of the body or day refers to the new Guelph-Ar- Centre cor. of the mental powers are impossible. thur bus service, which is likely to All the good of the milk is not taken be extended to Mount Forest and sale this Wednesday, will accompany off with the cream-far from it. It which it is proposed eventually to his father, Mr. Thomas Pollock, to still contains the protein, minerel connect up with a service from Regina in a few days. They will enmatter and vitamines necessary to Owen Sound to Mount Forest. The gage as stone-masons and also keep build bone and make blood. Nor is Mercury says: The establishment of a sharp lookout for other things .the food value of milk destroyed a motor bus service between Guelph Corner Concerns cor. when it sours. Made into cottage and Arthur three days ago by the cheese, one pound contains as much Guelph Bus Company, meant the opprotein as a pound of meat, and who ening of the first direct transportacan deny the deliciousnss of sour- tion route connecting these two milk biscuits and griddle cakes? points since the days of the old Butter-milk has a food value equal stage coach. Owing to the poor railto that of skim-milk or sour milk, way connections at the northern is easily digested and is delightfully centre, residents of Arthur have for refreshing to drink. Condensed milk many years past been put to the inis useful where fresh milk is not convenience of taking a very roundobtainable, but is not suitable as a about course to the Royal City, but permanent diet for babies. Evapor- with the bus line in operation, they ated milk will keep indefinitely if can now make a direct run to this sealed, but when uncovered should city, a distance of nearly 30 miles, in be used as quickly as fresh milk. If exactly two hours. It was the ingiven to children, fresh fruit juice tention of the local bus company to extend their northern trip to Arthur One particularly interesting piece earlier in the year, but owing to the of information in Miss Campbell's bad condition of the roads, all hope pamphlet is a description of the of operating the motor vehicles had manner in which milk can be pas- to be abandoned until Monday last, teurized at home, thus being freed when the first bus succeeded in makof any possible obnoxious germs, ing its way into Arthur territory. with practically no expense and Residents of the neighboring village with only a modicum of trouble. are more than pleased with the new pound 5c., Live Hogs per cwt. \$6,25. People who regard ice cream as a transportation service, and during mere luxury are mistaken; it is a the four days the busses have been real food. In conclusion it may be running, they have been well loaded 326, with the average attendance stated that 49 recipes are given in with passengers. Three trips are of 282. the bulletin referred to for making made by the busses each way daily, delicious dishes, in all of which passing through Elora and Fergus milk is the principal or most im- en route, and giving a service which been looking forward to for a great subscription to that paper says:

number of years.

HARD TO UNDERSTAND ger Milling Company. A meeting of reckless driver ran a car at an al- not very bright here just yet, but we representatives of the people of the most unlawful rate that was certain are looking for a good year in the village and managers of the com- to result in death. He killed a man building trade. Ship-lap lumber pany was held on Monday night of and was found guilty of manslaugh- that last year cost from \$30 to \$35 last week, when the proposition was ter. Recently a woman was found thousand is now selling at from \$14 guilty of causing the death of a to \$18, and flooring that cost \$70 is Here is the proposition: The town young woman by an illegal opera- \$35 and \$40, and all other material the power and connect to the line woman who caused the girl's death and want \$1,850 per year for 24- was sentenced to 12 years in peni- Foreman-'Ow is it that little feller hour service. The lighting of the tentiary. The man was single. The always carries two planks to your

20 YEARS AGO

From The Chronicle File of April 3, 1902.

Great dissatisfaction is felt around Holstein over the removal of Mr.

Petrie from the postmastership. Messrs. R. J. S. Dewar and W. S. Davidson were delegates to the Can-Toronto on Good Friday.

Mr. F. Grant, dental student, at Georgetown, was home over Sunday. Mrs. William Ritchie, whose died on Saturday last at her home Such a lease would be a good thing in Glenelg. She was born in Tyrone, for the tenant as well as for the Ireland, in 1826, and came to this farm in Glenelg, where she was pre-Further, the incident should bring deceased by her husband on the 19th

menced ploughing .- Springbank cor. On Wednesday evening, March 26, 1902, the home of Mr. Archibald Beaton was the scene of a happy event when about 60 guests assembled to witness the marriage of his daughter, Miss Jessie A., to Mr. Colin McIntyre of Bruce County. Rev. Mr. Newton performed the ceremony, Miss Maggie Beaton acted as bridesmaid, Mr. J. D. Grier as groomsman and Miss Jennie May Fallaise as flower girl, carrying the

Mr. R. Pollock, who is having

all good law-abiding citizens, is tak- and the attitude of "don't care." ing his Easter holidays.-Corner Concerns cor.

displays at the openings this week. is worth? Has there been any court At Ireland's Miss Rider is in charge, decision establishing such a point? assisted by Miss Munro. Mr. Morlock's millinery is in charge of Miss recommendation.

The Markets-top price ..- Wheat 72c., Oats 40c., Peas 78c., Barley 50c., Hay \$10.00, Butter 15c., Eggs 10c., per square inch of basal area taken Apples per bag \$1.00, Potatoes per at breast height, or about four and bag 60c., Dressed Hogs per cwt. \$7.50, a half feet from the ground. In Hides 5c., Beef 6c., Lamb 10c., Lard Massachusetts the usual figure used 12c., Ducks per pair 50c., Geese per

The total number of pupils registered for the month in the school is

DULL TIMES IN B. C.

Mr. Sam. Lindsay, a reader of the the people north of Guelph have Paisley Advocate, in renewing his

"We have had a bad winter here, the worst since I came West ten years ago. Very heavy frost. We In Toronto a few weeks ago a had snow last night again. Times are

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TO obtain maximum yields you need to sow Test-ed Seed Grain. To purchase good seed you may require financial assistance

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RD BANK

TOTAL ASSETS OVER EIGHTY-THREE MILLIONS John Kelly, Manager. Durham Branch, canche also at Priceville and Williamsford.

QUESTIONS AND ANSWERS

(By Canadian Forestry Assn.) Q .- As a school teacher I have recently been asked the question why a tree should ever die. Can you answer this for me?

A.-Theoretically, a tree should never die for while the old central part of the trunk may decay, this is of little moment so long as new layers are regularly put on at the circumference. The growth of a tree is entirely in the cambium layer at the outer edge and not at the heart. The fact is, of course, that trees succumb always to external causes. Insect, fungus diseases, fires, excessive cold or drought, are factors, that limit the actual life of trees. "The Redwood trees on the California coasts some of them thirty feet in diameter, have attained an age of from three thousand to four thousand years. There are also frees on equally as old.

fires have actually increased fur-bearing animals in the far acres of timber must be cut each

A.-The Hudson's Bay Company culation. untrue. They state that repeated guish for commercial purposes the fur bearing animals, such as fox, ermine, fisher, and others in Northern Ontario, which, unlike the beaver and muskrat, are unable to take refuge from forest fires by entering the water. It is a curious fact that the martin in face of a forest fire will climb a tree for safety and usually of course falls a victim. Canada's fur trade is decidedly menaced by the present plague of forest fires.

Q .- Is there any way of finding the forest fire loss of Quebec province

A .- According to the Provincial Forester, Quebec lost 1,200 square miles by forest fires last year. This of course represents an enormous loss and it is the duty of every citizen who enters the forests of Quebec to join hands with the fire rangers in making a repetition of such Our teacher, Mr. McDonaid, like ces were due to human carelessness me get such planting work under Brown Derby.

Q .- Is there any way of estimating financially what a shade tree in good Our milliners are showing fine condition in front of my residence

A .- In New York State the court established a record by handing Sweet. Miss Dick is in business for down a verdict of \$500 each for desherself and deals exclusively in mil- truction of a tree by a construction linery goods. Miss DeLyon has company. In this case an arbitrary charge of the workroom, and from value was placed on the tree by an experience of three or four seas- means of its diameter, as, for inons she is competent and needs no stance, \$2.00 per inch. That, is, a tree 18 inches in diameter would be worth \$36. There is a second method which takes in an arbitrary value in this case is one dollar, in which case a tree having a basal area of 254 square inches would be considered worth \$254.00. The latter figure, however, is generally regarded as being far too high.

Q.—Our town is arranging to plant shade trees along several of the streets at the expense of the municipality. Is it considered good practice to plant only one variety of trees on a single street, or to mix the varieties to some extent?

A.—By all means keep to one type of tree. The most beautifully shaded street in the city of Ottawa has nothing but elms for its entire length. It is easy enough to spoil the appearance of a street by mixing such trees as mountain ash, birch, elm and others. Keep to the hardy and long-lived tree such as the elm and Norway maple.

Q.-Where can-I obtain information as to the planting of hedges, and the selection of material that will

Write for a very informative booklet by W. T. Macoun, Dominion Horticulturist, Central Experimental Farm, Ottawa.

Q.—As a newspaper editor how can

The School is thoroughly equipped to take up the following courses: Junior Matriculation,

Entrance to Normal School Senior Matriculation, · Entrance to Faculty of Edu-

cation. Each member of the staff is a Uuiversity Graduate and experienced

Teacher. Intending pupils should prepare to enter at beginning of term.

Information as to Courses may be obtained from Principal. The School has a creditable record in the past which it hopes to main-

tain in the future. Durham is an attractive and healthy town and good accommodation can be obtained at reasonable rates.

C. H. Danard, B.A., Principal.

d. R. Koon, Chairman, J. F. Grant, Secretary.

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I figure out how much wood is re- way? quired to keep this paper supplied with newsprint for a year?

A .- It takes one and a half cords the island of Teneriffe, off the Afri- of spruce or balsam wood to make can coast, which are believed to be one ton of newsprint. The average spruce found in Eastern Canada runs Q.-Some people claim that forest about six cords to the acre. You can the leasily calculate from this how many year to provide for your local cir-

> Q.—Is it a fact, or just somebody's guess that the timber supplies of the United States useful for the manufacture of newsprint paper are in danger of depletion?

A .- It is a positive fact thoroughly well established from American Oxford farmer, recently died, owing sources. In at most ten years, many to the fact, it is claimed, that they. of the great United States industries had been fed sweet clover. While manufacturing paper for newsprint the farmer himself did the dehornpurposes will have to transfer to ing, a veterinary who was later call-Quebec, Ontario or New Brunswick. ed stated that the operation in each If we are to benefit by the coming case had been properly performed of these industries, which are great employers of labor, and distributors of wealth, we must make sure that derstood, had been the principal food the present rate of forest fire des- of the herd, is claimed by the vetertruction in Ontario, Quebec and New inary fraternity to so act upon the Brunswick is cut down as far as is blood that it will not coagulate. This humanly possible. The forests cou- would seem to be borne out by the pled with the waterpowers of East- fact that one of the cows which surern Canada are to-day the greatest vived the operation would not eat industrial magnet that this country sweet clover.

Q.-I have a brother a farmer in loss impossible in 1922. The great Western Ontario, and his place conmajority of fires doing such dam- tains much waste land which he age to one of Quebec's great resour- would like to plant. Who can help

A .- In the first instance, write to the Provincial Forester, Parliament Buildings, Toronto, who will be glad to advise you as to procedure and he may be able to supply you with sufficient tree stock from the Provincial Nursery. Keep also in touch with the Canadian Forestry Association, Ottawa. They will do everything possible to assist you.

DEHORNED COWS ARE DEAD AFTER EATING SWEET CLOVER

A dispatch from Ingersoll, Ontario, to the Toronto Mail and Empire; under date of March 19, says:

"Following the dehorning operation, five cows belonging to a West and that the cows bled to death.

Thes weet clover, which, it is un-

Algy-That vulgah puhson mistook me for a racing man. Sally-How was that?

Algy-He said that I won the

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