The close connection which exists between the heart and the kidneys is well known nowadays. As soon as kidneys are diseased, arterial tension is increased and the heart functions are attacked. When the kidneys no longer pour forth waste, uremic poisoning occurs and the person dies, and the cause is often given as heart disease, or disease of brain or lungs.

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Kidney Disease is suspected by medica. men when patients complain of backache or suffer with irregular urination, disturbed, too frequent, scanty or painful passage. The general symptoms are rheumatic pains or neuralgia, headaches. dizzy spells, irritability, despondency, weakness and general misery. Worry is a frequent cause and sometimes a symptom of kidney disease. Thousands have testified to immediate relief from these symptoms after using Dr. Pierce's

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Daring Brit sh Aviators

Show Wenderful heroism

In Fighting the Teutons

**************** TYPICAL instance of the British aviators was recently related in the official despatches. A British airman crossed the Ypres salient just as the infantry attack began at dawn. For a time he patroled the roads and canals, now and then running the gauntlet of enemy fire at a height of thirty feet in order to secure information for the guidance of the infantry in their advance. During this patrol work he came to a German airdrome. Owing to the early hour only one enemy was stirring outside the shed, and he paused in his ablutions only long enough to satisfy himself that the plane above him was not one of his own. The British airman circled low and dropped a bomb squarely on one of the sheds. This brought numbers of Germans tumbling in a panic from the buildings. He turned his machine gun on them, and circling about the field, bombed two other sheds with disastrous effect. All the time he kept up a steady stream of machine gun fire at the Geramns, a number of whom were killed or wounded.

The Teutons finally got a machine gun into action against him, but he dived, and at twenty feet silenced it with his own gun. Having put this gun out of action, he circled the field, firing with his machine gun through the doors of buildings at the huddled enemy within. At one time his machine actually touched the

Leaving the airdrome, he attacked two German mounted officers and put them to flight. A little later he encountered a column of 200 troops and swept along the line, with his gun working steadily. The entire column was dispersed and fled by devious ways to cover, leaving numbers of their comrades lying in the

Two German battleplanes appear ed on the scene and the Briton engaged them both, sending one to earth and putting the other to flight. He pursued the fleeing plane, but it was soon lost in the clouds.

In the meantime a large body of German soldiers had gathered around the machine which had been brought down. The British flying man came sweeping back from the mists in which he had hidden and accounted for several of their number with his

His next objective was a troop train. He traveled along its entire length, pumping bullets into the crowded cars. This completes the story of one aviator's fights for the day, but he later did valuable scout-

ing work over the enemy's lines. Numerous instances are related of pilots charging the anti-aircraft gunners and machine gun operators at a height of thirty or forty feet and silencing the guns. Pistol duels between the British aviators and the German infantry were not uncommon occurrences. In one instance a young aviator, in a burst of chivalry, deliberately stopped his machine gun when a German officer drew his pistol and began shooting at him and engaged the enemy with his pistol, apparently feeling that he had no right to take an unfair advantage of his opponent. The aviator's pistol was sufficient, however.

Bulldog in Sea Battle.

There are some incidents about the mascots in the big naval battle which are worth repeating, says The London Post. The mascot on the Tiger was a bulldog, a fine fellow. When getting into the battle the crew was a bit concerned as to how their favorite would take the crashing of high explosives on the ship, so they plugged his ears with cotton wool, wrapped his head around as if he had a heavy dose of toothache, and a couple of men took the bulldog, much to his annoyance, to a room that was thought to be as quiet as the ship could provide. The dog didn't quite fancy being treated as an invalid and resented the coddling. but when the shots began he took

it pretty badly, and was mighty glad

holding him by the paws.

Another boat had a fine, big black cat. He was overlooked when they got into action, and the first shell that came aboard this fellow got loose and took a flying dive overboard. As the boat was going about twenty-seven knots, even the tender-hearted Jack Tar could hardly risk going after Ton my. On another ship they had a little bantam, which strutted about more proudly than the dinkiest midshipman, and with as big a show of courage as the hardiest of the old seadogs. The tars were proud of the "swank" their pet could assume before strangers. When the first German shell crashed on board the bantam lost all his fine show and flew down one of the ventilators. When he was rescued and photographed after the

A Quaint People.

pearance.

fight he presented a bedraggled ap-

Endeavoring to explain Mr. Bonar Law's statement on the abandonment of the Mesopotamia proceedings to a French gentleman, writes a correspondent of the Manchester Guardian. I pointed out that Mr. Dillon had secured permission to move the adjournment of the House. "Ah," he said, that is to stop discussion. It will prevent the Left from objecting. for there can be no more speech. Wonderful parliamentarians, you English." I explained that the adjournment motion meant more speech instead of none at all, and be ************************* was astonished. "Truly quaint people, you English," he observed.

There are two hundred and ninety

WONDROUS PROSPECT.

What the Delegates to Irish Convention May Find of Scenic Beauty.

In these days of the Irish conven-

settle the future of the country are meeting and separating again day by day in Dublin, making history, it can scarcely fail to be that, when resting | senting by drawings what they saw first. acquaintance with the gracious counthe run out to Kingstown, in the cool of the late afternoon, when the westering sun is flashing a thousand sparkles from the white granite rocks and blue waters, "to see the mail come in." There will be the pilgrimage to Killiney Hill, with its great panorama of coast line, from Lambay to Bray Head and beyond. There will be the drive out to Howth, and round by the Bailey Light, the run through Old Fingal, and an evening excursion-maybe, when the full moon is rising slowly out of the sea -by the coast road to Bray and Greysaones.

But they, as has been said, they are all Irishmen, and they will not need guidebooks, nor to place themselves in the charge of some enterprising cicerone, and it goes without saying that many of them will degroups of twos or threes, go to visit explored. There is one such place which is school garden to the more extensive

almost sure of a visit. It is where branches of agriculture. Pupils the white road from Dundrum to Enniskerry leaves the County Dublin and teachers should take excursions behind it, and runs on into the Coun- through the woods and lanes and ty Wicklow. The way has been valleys so as to see nature as it climbing for some time, the gentle sweep of the Dublin Mountains has been the everchanging view to right and left for miles, and then, sudden- Naughton, Morton and Inspector ly, straight ahead, the road leaps up Wright. and meets the sky; whilst high above it, on either side, rise steep walls of rock and pine. It is the Scalp Pass, or just the Scalp, as every one calls it. The ordinary tourist passes through it with just a glance about him, but the Irishman who revisits Dublin, as Wordsworth revisited Yarrow, will not be content with so hurthe roadside, and make the rocky climb to the summit of the hill to the

the top, and perhaps the most joyful cal solo, by Miss Dorothy Armthing about it is the near view strong; two character songs, by litwhich one gains of the familiar outline of the Great Sugar Loaf. The man who knows Dublin has seen this the piano; the Ladies' Gymnastic mountain in the distance from many Club, in two folk dances, viz., the different points: from the sea, far off Irish jig. and the Russian Foik on the western horizon, as he crosses the Channel from England; from the heights of Howth; and, every now and again, from the shore road out the Scalp, it is as though he suddenly saw it through a telescope. The tender blue-gray of the distant outline same familiar mountain, with the smiling valley of the Vartray spread out at its feet. And all around it are other mountains, the Little Sugar Loaf away to the left, whilst, farther off to the south, the gray form of teachers had an opportunity of Doure lifts its 2,300 feet into the sky. Immediately beneath where the traveller stands, the white road winds sharply downhill towards En-Clara and Avonmore. — Christian Science Monitor.

A Unique Library.

Opposite Marble Arch in London stands the home of Lady Battersea, of social activity. Now it is the headquarters of the Red Cross Library and is run by Mrs. Gaskell and an army of voluntary assistants. house is packed with books from floor to ceiling, they cover the walls, are piled up on tables and shelves, overflow into the servants' quarters, and even into the stables at the back MeLean, followed by prayer by the of the house.

Nearly 50,000 books a week are sent out to all parts of the world, and, in addition to gifts, 100,000 books and magazines are purchased he had a pal sitting on either side of best sellers. Far away into the millions soars the demand for Nick Carter detective stories.

of 130 books every three weeks. Poetry is very largely in demand and ranges from Shakespeare to modern has an insatiable curiosity and his chief demand is for the Encyclopædia Britannica in 40 volumes. No de-

These parcels of books go forth to Italy, and Russia are supplied. The

when Gallipoli was filling the hospitals a cable message came "send 25,000 books at once, light and good came from Boulogne and within an hour and a half 3,000 books had been sent in response.

A Little Stale.

contingent that paraded in London higher percentages. At the close, a in August, went into a saloon to get a glass of beer. It was served warm. as is the custom there, and, addressing the barmaid, he said: "Isn't that beer a little stale?"

waiting for you for two years,"

To which the barmaid replied:

ment of the school garden and the

SOUTH GREY TEACHERS HOLD

lesson, attractively presented.

Continued from page 1.

really is. Complimentary discussion followed by Messrs. Magee, Mc-The evening session was held in

the assembly room of the Continua- . tion school, where the teachers and citizens met in a spirit of fraternity to have a social time, form new acquaintances, renew old ones, and enjoy a good literary and musical ried a view. He will, almost as a program, over which Inspector matter of course, leave his motor, or Wright had the honor of presiding. maybe, even still, his outside car, by The program consisted of "The Maple Leaf," by the audience; a piano duet, by Mrs. Staples and Mrs. Graff; There is a wonderful prospect from a piano solo, by Miss Lorenz; a votle boys and girls, with Miss Hahn at Dance; a humorous reading by Mrs. |. J. A. Magee.

For practical teachers' convento Kingstown. Now, from the top of tion work, the paper of the evening was given by Mrs. Wisler, of Hanover public library. She discussed has come out into rock and trees and the library in its relation to the soft green grass, but it is still the school, and showed a thorough knowledge of library conditions in town and country communities.

There were several go-as-youplease promenades in which the hearty hand-shake with the new Inspector.

Refreshments followed, furnished niskerry, and so on, over the Dargle, by the good people of Hanover, and towards the wonders of the Vale of served by the teachers of the Hanover school staff. Every arrangement was complete, and the social character of the evening will long be remembered with pleasure by the visiting teachers. The National Anwhich in pre-war days was the centre them brought the meeting to a close and all dispersed in a highly happy

On Friday morning, Miss Julia Weir, the vice-president, was in attendance and occupied the chair, after scripture reading by Rev. Mr. Rev. Mr. Leypoldt.

Miss Margaret Kerr, of Varney, took up the subject, "The Playground and the Playhour", which monthly. The tastes of the soldiers | should be spent as much as possible | are remarkable, and an amazing in the open air. Boys and girls light has been thrown on the matter should be taught to play together, but rude or dangerous games should be carefully avoided. The teacher Every hospital in France, of which should join in the games, and the there are some 290, receives a parcel grounds should be a model of neatness, free from all kinds of litter. Discussion followed, by Principal living poets. The colonial soldier Allan, Principal Morton, Miss Weir and Inspector Wright. Inspector Wright took up the

mand is refused whether it be for subject of Arithmetic, with special the latest handbook on oil engines, reference to decimals. He advised theosophy, poultry farming, or box- thorough preparation of every lesson to be taught, and the advisabilall parts of the world wherever the ity of an abundance of mechanical British soldier is fighting. Malta re- work in the simple rules. Rapid ceived 7,000 per month, Basrah calculation and mental arithmetic 9,000, Alexandra 3,000, Salonica should take a prominent place in 2,000, and even units in East Africa, school work. The teacher should Admiralty requested the library to give short range examination work supply every sailor in the fleets with for review. Slow, but thorough work was enjoined. In arithmetic, Urgent summons are received and common sense is an essential. Free discussion followed.

Miss Mamie Burgess, of the Hanoprint." The other day a request ver school staff, introduced the subject of "Uniform County Promotions". She thought the recent Junior .III. papers in Arithmetic and Spelling were too difficult, and ad-An American soldier, one of the vised giving easier questions and

His Money.

The Lord knows how Binks made his money.

"Why shouldn't it be? It's been No wonder he always looks worried .- St. Louis Globe-Democrat.

nize the beauties of Nature and to they are liable to do when the and physically. appreciate them. They should be gatherings are comparatively. The officers elected are: taught to love the animal and ve- small. The matter was left in the President, George H. Brown, Algetable worlds. By seeing Nature hands of the Inspector and execu- lan Park; vice-president, Miss in all its aspects the imagination is tive of each Inspectorate.

see "sermons in stones, books in High School, yielded to the impor- Durham; Management: Messrs. P. running brooks, and God in every- tunities of many teachers to re- R. McNaughton, Markdale, J. S. Elthing". Nature should be studied peat her last year's topic on "The liett, Dundalk, Misses Margaret in the order of the seasons and the School and the War". We may say MacKenzie, Elizabeth Scott, Victopart from the beaten track, beautiful materials used should suit the con- she yielded very reluctantly, but ria Aljoe; auditors, A. S. Morton. as that track is, and, singly or in ditions and environments of the pu. at last consented. The paper last Thos. Allan; delegates to O. E. A. pils, whether urban or rural. Na- year left a lasting impression on in 1918, John A. Graham, A. S. tourist, or, at any rate, never by him ture study leads to the develop- those who were present at the con- Morton.

resolution was adopted that Misses vention, and even a printed or CONVENTION AT HANOVER. Scott, Burgess and Leeson be a written copy would be a poor committee to draft a resolution re- substitute for the spoken address garding promotion examinations. delivered by Miss Cryderman her-Principal Allan, of the Durham self. She puts into her work tions, when the delegates who are to veloped by unravelling the poet's High School, introduced a discussion living personality, and the spoken thoughts as presented in the differ- on the "Unitary Method of Reason- words of the author, supported by ent stanzas. The idea of repre- ing", and advised its use from the her strong personality, was what the teachers were after. wonderful heroism of the from their labors, they will, Irish- mentally was a unique one. Sever- Secretary Graham gave a report added to the original essay, and

men all as they are, renew a grateful al drawings in water colors were of the 1917 meeting of the Ontario presented the former theme in a highly creditable to the pupils who Educational Association, and on new setting. It is beyond the city of Ireland. There will surely be did the work and the teacher who motio, it was adopted as read. gave instructions. It was a model Miss Euphie MacKay, of Edge the fringe of the subject, which is Hill, introduced a discussion on spoken of as the best of the con-Miss Victoria Aljoe, of Hutton the advisability of holding a union vention. In her closing remarks. Hill school gave an interesting and convention of the three inspector- she expressed the wish we all feel instructive paper on "Materials and al divisions of Grey in 1918. She that before the 1918 convention the Methods in Nature Study." Child- thought such a convention would war may be over, peace restored. ren should be trained to keep their give a wider outlook and prevent the Allies victorious, and freedom eyes open so as to see and recog- the teachers running into a rut, as triumphant over slavery prentally

Hannah McKee, Hanover; secrestrengthened and, like the poet, we | Miss Cryderman, B.A., of Durham tary-treasurer, John A. Graham.

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