

# Roll of Honor Durham and District

This list is intended to contain the names of all those who have enlisted from Durham and vicinity for service overseas. In it will be found the names of some who have since been discharged as medically unfit, or for other cause. Our object in publishing this list is to show who of our citizens have actually worn the khaki, and we have made no effort to include any who have applied and have been rejected. There will no doubt be mistakes—omissions may have been made, or other errors crept in, and we ask the assistance of our readers, and those who have members of their family at the front to make the necessary corrections. We would like the name of every enlisted man from this district on this list.

- Adair, John
- Adair, Robin
- Allan, Lieut. T.
- Allen, Johnston
- Atkinson, Herbert
- Ayott, Bert
- Banks, George
- Bailey, Michael
- Bailey, J.
- Bailey, T.
- Baker, Chris.
- Baker, Richard
- Basham, A.
- Bell, Alex.
- Blyth, Cecil
- Bolger, John
- Borthwick, David
- Box, Fred
- Bradley, Thos.
- Bryon, J. C.
- Brown, R.
- Bryon, Percy (killed in action)
- Bunce, Frank
- Boyce, Revel
- Catton, Victor
- Calder, Roy
- Campbell, W. A.
- Campbell, G. W.
- Carey, James
- Chislett, Chas.
- Clark, Campbell
- Colville, John
- Confrey, D.
- Cove, A.
- Corkill, Jos.
- Connolly, Arthur
- Coutts, Jas.
- Corbett, Fred
- Cross, Roy
- Cross, J. H.
- Crawford, Chas.
- Daniel, Percy
- Darby, Wm.
- Dargavel, Bryce
- Darling, C. H.
- Derby, John
- Davis, J. A.
- Davis, Percy
- Davis, Cecil
- Dewar, A. C.
- Dodsworth, H. W.
- Donaldson, Alex.
- Drumm, H. G.
- Dunbar, Lachlan
- Dyre, A.
- Eccles, Roy
- Edwards, Elmo
- Edwards, Ivan
- Elvidge, Vernon
- Ervin, Harry
- Ewen, Robt.
- Falkingham, Harry
- Falkingham, Wm.
- Findlay, Alex.
- Fluker, Ray
- Findlay, Murray
- Gadd, Wm.
- Glover, E.
- Goleby, Wm.
- Grigsby, Frank
- Grigsby, H.
- Gray, H.
- Grant, Brock
- Gray, Thos.
- Greenwood, J. W.
- Grundy, Wm.
- Grierson, Nathan
- Gun, Dr. A.
- Giles, R.
- Gun, Gordon
- Gun, Cecil
- Harris, Lillie (Nursing Sister)
- Hall, Richard
- Hay, Alex.
- Hazen, G. C.
- Hazen, R.
- Havens, Ed.
- Havens, Chas.
- Hamlet, Jos.
- Hartford, S. J.
- Hazen, Wm.
- Hillis, Sam
- Hoy, Murray
- Hopkins, W. J.
- Hunt, R.
- Hughes, Jesse
- Hutton, Ed.
- Irwin, Duncan
- Kelly, Fred
- Keith, Robt
- Knisley, W. H.
- Knight, Major E.L. (killed in action)
- Kress, George
- Kress, Lieut. H.
- Lake, Wilfrid
- Lake, Wm.
- Laidlaw, A. N.
- Lamerson, J. W.
- Langrill, James
- Lauder, W. A.
- Lauder, T. A.
- Lawrence, John A.
- Ledingham, John

- Lloyd, Edith (Nursing Sister)
- Ledingham, Geo.
- Legge, C. L.
- Leeson, Fred
- Lindsay, E. G.
- Lindsay, R. G.
- Lloyd, George
- Lloyd, J. A.
- Lloyd, Anson
- Lucas, J. N.
- Marshall, C. A. (killed in action)
- Mountain, Lorne
- Mortley, John
- Meade, Earl
- Munro, Wm.
- Morton, Wes.
- Mather, T. L.
- Matheson, L.
- Mort, A.
- Mulcock, Arthur
- Murray, Geo.
- MacLean, J. F.
- McAlister, T. W.
- McAlister, W. W.
- McAssey, F. M.
- McComb, Archie
- McComb, Alex.
- McConnell, J.H. (killed in action)
- McDonald, John C.
- McDonald, H. H.
- McDonald, Ernest
- McDonald, John
- McDonald, Thos.
- McDonald, Norman
- McDonald, Philip
- McFarlane, D. B.
- McFadden, J. R.
- McGirr, Wm.
- McGirr, E. J.
- McGillivray, Neil
- McGillivray, Allan
- McGillivray, Dan.
- McGillivray, Stewart
- McGirr, Lance
- McGowan, Arthur
- McIlraith, Frank
- McIlraith, J. H.
- McIlwride, Wm.
- McKeown, J. J.
- MacKay, Frank
- McMeeken, Elmer
- McMillan, N. J.
- McKinnon, Hector
- McKechnie, H. C.
- McMahon, J.
- McNally, Stanley
- McNally, Cecil
- McVicar, Alex.
- Ness, George
- Newell, Lewis
- Nichol, J. C.
- Nichol, Wilfrid
- Nichol, C. W.
- Nicholson, Noel
- Oyns, C. H.
- Patterson, G. (killed in action)
- Petty, Wm.
- Pilgrim, Chas.
- Pinkerton, F.
- Pinkerton, John E.
- Pollock, H.
- Pust, J. A.
- Pust, Ezra
- Ramage, Chas. C.
- Ramage, James
- Renwick, Edgar
- Robb, Robt.
- Ross, Clarence
- Ross, John
- Ross, Percy
- Saunders, Alex.
- Saunders, Mack
- Saunders, Alister
- Scheuermann, V.
- Seaman, S.
- Smith, Flight-Lieut. J. Morrison
- Smith, J. Fred
- Smith, Andrew
- Stedman, John
- Stewart, Thos.
- Stewart, Corp.
- Standen, S...
- Styles, Wm.
- Torry, Fred
- Thompson, David
- Thompson, Walter
- Thomas, J. E.
- Vollett, James
- Vollett, Harold
- Vollett, Harry
- Warmington, James
- Warmington, Jos.
- Wall, James
- Watson, Ferguson
- Watson, J.
- Webber, George
- Wallace, Jas. (died Aug. 30, '16)
- Wells, Alex.
- Weir, J.
- Weir, John (killed in action)
- Whitmore, W. N.
- White, Alex.
- White, E. J.
- Willis, Stanley
- Willis, E. H.
- Wolfe, Capt. C. E.
- Wright, J.
- Wylie, W. J.
- Zimmer, Norman

### LOWLY SUBSTITUTES FOR THE COSTLY FOODS.

No matter how high the cost of living soars, nor how low it drops, (and it must be said that there does not appear to be any immediate danger of the latter), our appetites care not a whit.

In spite of the trapeze performance of the food prices the insatiable molochs demand just as much and just as hearty meals as they ever did. And we must obey their demands or perish. But how?

Necessity is certainly the mother of invention and perhaps it is well for us to be tested once in a while. We discover, in our desperate need, things which oftentimes prove of inestimable value to us ever after.

#### Peanuts, Rice and Milk

If we search around a bit we will find that close to our hand and reasonable in cost are three of the most nourishing foods that are known, peanuts, rice and milk.

The best part of the whole thing is that so many varied and appetizing dishes can be concocted from them and with so little trouble and expense.

A certain noted food expert contends that when prices of the regulation foodstuffs go up it is the duty of the public to look about and make use of foods which are not so well known, perhaps, but which are just as nutritious.

The use of the peanut as a food has made decided strides in its importance as an eatable and now at last it has come into its own in a most appetizing form, peanut butter. It is one of a gradually growing smaller number of food products that are just as cheap as they ever were and it is an article that is full of nutritive value.

The peanut has a higher protein (or body building value), fat and nitrogen worth, than have our favorite old stand-bys, meat, bread and potatoes.

How much meat can you buy for ten cents? And think of the peanuts that may be purchased for that amount.

Peanuts are easily digested, too, and there is no end to the palatable dishes that may be built on a peanut foundation.

There is no manufactured product that is prepared in a more cleanly way than peanut butter. At most markets you may yourself see the butter ground from the fresh, warm nut.

Now when potatoes are selling at \$3 a bushel and more the thrifty housekeeper will do well to hie her to market and buy her some rice.

The proper preparation of rice is an essential in its use.

Nothing is more disagreeable to taste than hard, undercooked rice, and it is just as unpleasant to have it served in a sticky mess.

If it be prepared in the following manner it will prove tempting:—

After thoroughly washing the rice in cold water soak one cupful of it for one hour. Bring three cupfuls of water to the boiling point and drop into this the rice, slowly, and stirring continually. Boil fifteen minutes.

Drain through colander and set the colander over a pan of boiling water. Place in a cool oven to steam until served.

Almost every one will relish rice and gravy, rice fritters, rice waffles, rice muffins, or pancakes, and countless other delicacies.

Milk is, of course, recognized as the perfect food for man, and it is generally considered the most valuable nourishment.

Every housewife knows so well the limitless uses to which milk is put that it would be superfluous to say much about it here.

Like almost everything else, its price has risen somewhat, but it still remains one of the reasonable and extremely nutritious foods.

#### High Nutritive Values

If taken raw, it is by far the safest plan to procure milk that has been pasteurized. For as good a food as it is for man, just so perfect a food does it prove for bacteria, and, try as hard as you may, some sort of bacteria is apt to get into the milk.

Very often it proves harmless, but sometimes it does not, and it is better always to be on the safe side. For with wholesome, clean, pasteurized milk, the health of the family is assured, on the milk question, at least.

So let not your hearts be troubled, housewives. These three lowly substitutes for the more expensive foods, peanuts, rice and milk, will serve you efficiently and nutritiously in your hour of need.

We have a stock of Ground Feed that we are offering for \$40 per ton for the next few days, sacks included. If you want cheap feed, buy now, as we have only a limited quantity to offer.—Rob Roy Cereal Mills Company, Limited, Durham.

### DO YOU WANT CHEAP FEED?

Most of your readers might think it is stretching the truth a little when I stated that Alfalfa sent its roots further into the ground than ten feet. The fact of the matter is that it is known that Alfalfa will send its roots thirty feet into the soil. Now, if it will do this, there must be some necessity for the soil to be one of the best, and in the best possible condition. This is the first thing that one must see to if he is going to be a first-class grower of this plant.

In the first place, Alfalfa must have a well-drained soil. It will not grow if its feet are wet and cold. In this it is like the human family, for as soon as their feet get wet and cold a bad attack of grippe follows, or maybe pneumonia, which causes death in many cases. If there is too much water in the soil, the Alfalfa will get grippe, to be followed by pneumonia and death. There is only one remedy that will cure the plant of these diseases—that is drainage. Surface water must be taken from the soil, and a good supply of humus put in its place if the plant is to make the best growth. Tile drainage is the best, and will give the best results in the clover field. If the surface is dry the plant will send its roots down into the soil after the water. This is what it demands—that it be allowed to search for water for its own use, and not be forced to stand in water.

#### Needs Good Feed

No man will do efficient work if he is half fed and housed. No animal can do good work on starvation diet. Alfalfa will not grow unless it can find its food in the soil. There must be lots of it there, too. It must also be in the condition that the plant will be able to get it or there will be little or no Alfalfa to put into this condition by a good rotation of crops and a liberal dose of barnyard manure. If this is followed for a few years, and the Alfalfa crop seeded with barley, the year after the roots have been on the field the farmer will have the soil in the richest and best condition for the crop, which will be the saving of his steers or dairy cows the following winter.

#### A Well-Groomed Soil

Besides being well-fed, the plant must be sown in a well-groomed soil, for if not, then the farmer might as well go to bed as try to get a good "catch" of Alfalfa. By a well-groomed soil, I mean one that is in the best of mechanical condition. It must be well worked and be well pulverised so that the plant food will be in the best condition.

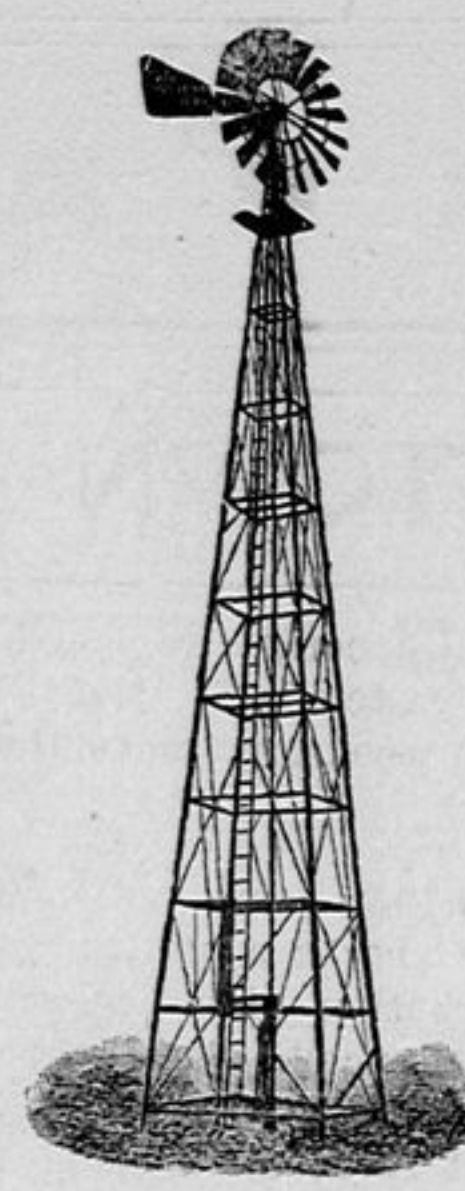
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### Where He Beat "Dizzy."

When Disraeli was Prime Minister of England a good-looking young man applied to him for a Govern-

ment position. "I know, sir," said the applicant wistfully, "how little I know." "Dear me," said Disraeli, "as much as that? I haven't got half that distance yet."

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## CONSCRIPTION CANADA AT

To Raise 50,000 To 100 To Reinforce Divisions Overseas

SIR ROBERT BORDEN

Announces Selective Drafting Act—Canada Will Duty to the Very

That Canada is to have the message was sent to parliament last Friday. When made, he said, in appeal of Canadian soldiers' government will, as quickly as lay before the house proposed compulsory enlistment. Sir Robert reviewed at length the imperial war cabinet. He said the various recommendations made at the recent conference hereafter to be an and emphatically declared against an imperial partitioning of power over the power of taxation over the Praise for Canadian

The Prime Minister speaking eulogy of the achievements of Canadian soldiers at the front their sobriety and excellent and of the remarkable damage in action. From the German staff officer he said Canadians are good fighters are no deserters among them. He alluded to the of the Canadian Forestry Construction Battalion Stewart, with two battalions a railway in four days with engineers had said it would least six weeks to build. As to the progress of could only say that it could not end in 1917. The big Western front up to date, covered from the German significant portion of territory struggle still lay before. Germans entered the campaign on the Western front million more men than in the spring of 1916. At present, the Prime Minister Canadian divisions at the less more recruits were sent up to strength. Up to had sent overseas 329,000

System Broke Down More men had to be the voluntary enlistment evidently broken down. responsibility therefore governments. Every man in duty to fight in the country, and the life of Canada was just as truly France and Flanders as war was being fought of Ontario or Quebec. He concluded by saying back to the people of appeal for more men. I trust our soldiers in the front have promised the government, that so far as I am this help will be given. Sir Wilfrid Laurier to party upon the subject of He said they were united government in the determination Canada should stay in the end. He deferred judgment proposals of the government were submitted to the

MAY BREAK WITH Spain Demands Fulfilling marine Conditions

A report on Monday says: The Spanish note to Germany concerning a German submarine Spanish steamer Patrick a number of notes of protest addressed to the German still remained undeclared that the trans- diplomatic business will be suspended until received to these, according newspapers. It also de- fillment of conditions at the German Government unwarmed attacks by Spanish ships in the sea asks for an indemnity of 100 million francs.

ITALY'S BIG Dashing Allies Win Str Isonzo Front

A despatch from Roman infantry have achieved brilliant single success offensive on the Julian desperate assault on the Isonzo front. On Saturday the dome of Monte Vodice. On Saturday the dome of Monte Isonzo. North and east Gorizia, the Italian success.

Germany's Harvest A despatch from Sunday said that as German reserves will be exhausted great efforts are to be quickly where the corn, moving and threshing horses, wagons and despatched to these elaborate military and are being adopted for operations.

British Transport The British Admiral following delayed statement transport Cameron was torpedoed by an mine in the eastern Mediterranean April 15. One hundred are missing, and are presumed drowned.

An aerial post betw Rome, 325 miles apart, started Sunday morning.