

# THAT HEALTH

## Builds Up The System

"Fruit-a-tives" for men astonished at how it makes them feel better and stronger. They may be for some specific ailment, Indigestion, or Neuralgia, or Trouble, Rheumatism, Back. And they have cured the feel better and stronger. This is due to the properties of these fruit juices. 50c. trial size, 25c. postpaid by Fruit-a-tives.

continues cold, every day. returned home after spending winter in factory in

more, who has been of years in the was employed but is now en route to his mother, for a couple

returned on Saturday school duties Sullivan. April 15, to Mrs. Brown, a

spent Sunday Mrs. Hugh Firth, ill for a couple of days around the will soon be healthy and

more, nurse, of a couple of days last week, but got away at Markdale

has purchased and has it home Mr. Edward Parks summer.

school will re-April 22. returned home depending the win-

Mr. and Mrs. den, Mr. Carl Harrison, Mr. Reu-sold a bunch of Schram of Hol-will deliver on week.

Donald Watson seek at the home R. Watson.

FOUR HOURS, RESCUED

derground in a near Champion, Mrs. without light, Henry Trenton, a tried by the cave-st week, still cons the only one on circles. The res- remove the rock the mine, but had They heard the the coal face, and 43 feet through digging a 243-foot face of the cave- Mine Inspector ary, and Mine In- Lethbridge suc- cessive work, con- people working

TO PAY HEAD ENTER U. S.

regulations, levy- every person en- States, do not ap- travellers to points They do apply to tend to make the home, but not

### MARKET

directed April 19th  
 ..... \$2 00  
 ..... 70  
 ..... 70  
 ..... 2 00 to 2 00  
 ..... 1 10  
 ..... 8 00 to 10 00  
 ..... 32 to 32  
 ..... 30 to 30  
 ..... 15 75  
 ..... 18  
 ..... 75 to 2 25  
 ..... 7  
 ..... 20

**TRAVERSTON**  
 Two or three have set the plows a-going in sod.  
 The syrup-making business is somewhat slow and tedious this season.  
 After spending a couple of months with her sister, Mrs. W. J. McFadden, at Wilder's Lake, Miss Katie Cook arrived at the old home on the first of the week.  
 Young pigs have been selling at \$8 to \$9 a pair quite briskly, of late. That is when there is most profit in the brutes, before they gobble up

**WE SELL**  
**PETER HAMILTON**  
**FARM IMPLEMENTS**  
 A. B. McLELLAN, DURHAM, ONT.



**The 1917 Ford Touring Car**  
**\$495.00**  
 f o b Ford, Ont.

You pay less for this car but it gives you more enjoyment, more mileage and longer service than those which cost more.

The Touring Car gives the utmost in automobile value, pride of ownership and economy.

Buy a Ford this year and save money—when saving is a national duty.

**C. SMITH & SONS** - Durham



**Comrades!**

If you cannot carry a rifle, you can serve your country on the farm.

"The plow is our hope," declared Right Hon. David Lloyd George, the Prime Minister of Great Britain. The tremendous significance of these words in the face of a world shortage of food must be a matter of concern to all. It points out the path of duty to men and boys unable to enlist in the army but capable of helping to increase production.

**Help the farmer increase production**

At this supreme hour when ample food production is one of the indispensable means of victory, the country faces a serious shortage of men and boys on the farms. The Department of Agriculture emphasizes the urgency of every man and boy taking to heart this splendid opportunity for patriotic service.

**Boys** Decide now to help in the war. If you are between the ages of 14 and 18, and have good term record, you can secure promotion at school by enlisting for farm service any time between April 20th and May 20th.

Parents are urged to encourage their boys to enlist for farm service. The physical and moral welfare of your boy will be advanced by a summer spent close to Nature; an interest will be awakened in an important industry of the country that will be a help to him in his whole future.

**Men** The Department appeals to retired farmers, to men following no occupation (retired), to business men who can spare at least a portion of their time, to all men who can arrange their affairs so as to help some farmer. Every man is invited to enlist for farm service.

Confer with your District Representative of the Department of Agriculture, or write or visit Ontario Government Employment Bureau, 15 Queen's Park, Toronto.

**Ontario Department of Agriculture**  
 W. H. Hearst, Minister of Agriculture  
 Parliament Buildings Toronto

everything on the farm.  
 Miss Myrtle McClocklin returned from Toronto to the old home on Wednesday of last week.  
 Miss Susan Timmins has been under the doctor's care for the past fortnight.  
 'Twas like old times to have Mr. and Mrs. John McNally of town back at Zion's service on Sunday. They were visiting at their son, Stewart's home.  
 In a letter received from our son, Spenser, in Southern Alberta, dated April 9th, he stated that seeding would be in full swing last week.  
 'Twas a most tactful, instructful and eloquent address that Professor Potter of Victoria College delivered in Zion on Sunday on educational work.  
 Mrs. Hugh Firth is so ill that a trained nurse was brought to the

home on Monday to care for her.  
 Mr. and Mrs. W. J. McFadden, and bonnie wee Gladys, visited the old Cook homestead on Sunday, and were present at Zion's service. Our cottage was brightened by their presence for an hour or two in the evening.  
 About a score of fair ones gathered at the home of Mrs. John O. Greenwood on Thursday afternoon of last week and spent a busy time. They have sewed up a web of cloth into vermin suits, knit over a dozen pairs of socks, and are preparing 20 parcels to be sent overseas this week. Mrs. Greenwood provided a most dainty lunch at the close of the meeting.  
 In our sketch of the life of the late A. J. Robson, in last issue, an omission of the names of the three sons somewhat detracted from its value and rendered it incomplete. Their names are: John H., on the old homestead; Charles G., manager of the W. H. Clarke Co., of Edmonton; and Asa, of the same city.

**BETTER HESITATE BEFORE ENTERING COAL BUSINESS**  
 (Toronto Saturday Night.)

If Canadian municipalities are wise they will think twice and then hesitate before they launch any considerable scheme to go into the coal business. First of all it is very doubtful, indeed, whether any of our cities or towns can buy coal from any of the large and more reputable producers, and buy it at the proper price. All, or pretty nearly all, the coal coming from the United States is handled by the railways who act in co-operation with the mine owners. In other words, there is so close an affiliation between the two that it is very doubtful indeed if any important mining company could be found that would tender for the business of a city or town. For instance, the waterworks department of the city of Montreal attempted to buy coal direct from the producer, but could find no coal company that would undertake to tender for the order, which was a very large one.

The large private coal distributors in this country are all more or less closely affiliated with railways, and with the coal companies back of these railways. In many instances there is a direct connection, in other words the railways, and in turn, the mines, which are either owned or are controlled by the railways, are directly interested in the coal distributing corporations of our larger cities. Naturally these companies holding the coal trade in their hands as they do, are not going to defeat their own ends by selling to their competitors. To those unfamiliar with the coal trade it may be remarked that with the strangle hold which the American coal roads have upon the situation it is not half so easy to buy the product as it looks.

**DARKIES' CORNERS**

Sorry to report the serious illness of Mr. Thos. McComb. We hope he may soon be restored to his usual health again.

A good number of ladies were present at the Red Cross meeting at the home of Mrs. John Bell, at Pine Hill. It was a busy afternoon. Candy was made, and a parcel packed for each boy who left the section, containing two pairs of socks, two vermin suits, writing pad and envelopes, soap, handkerchief, box candy, etc., making 20 boxes in all. Besides those, six pairs of socks were packed and sent to headquarters in Toronto.

Born.—On April 8, to Mr. and Mrs. James Brown, a daughter. Both are doing well.

Mr. Robt. Lindsay sold a choice bunch of fat cattle to Mr. Henderson of Port Elgin.

Congratulations to Mr. Sam. Patterson on purchasing a Chevrolet car, a gasoline engine, and a corn cutter.

**SYDENHAM TOWNSHIP BOY AT ROYAL FUNERAL**

Sergt. Ed. McDonald, a member of the 31st Greys, and a Sydenham boy, says an Owen Sound despatch, had the honor of being the N.C.O. representing the 8th Reserve Battalion, of which the 147th is now a part, at the funeral services for the Duchess of Connaught. The experience was a very interesting one, and the honor was much appreciated by Sergt. McDonald. An officer and a N.C.O. from each battalion was present at the service, which took place in Westminster Abbey.

**How It Happened.**

Lady—Here's a penny for you, poor man! Now, tell me how you came to be so poor and wretched.

Beggar—I was always like you, mum, giving away great sums of money to the destitute.

**BUNESSAN**  
 Mrs. Houghtby of London spent a few days last week visiting her mother, and other friends in the Glen.  
 Mrs. John Sutherland and two boys, of Stratford, paid a short visit last week to the former's parents, Mr. and Mrs. Chas. McArthur.  
 Miss Mary Hazard of Pricerville is engaged at Mr. Angus McArthur's.  
 Mr. and Mrs. Walter Ewing Sundayed with friends in Egremont.  
 Mrs. Geo. Binnie spent a few days with her brother, Mr. John Snell, of Durham.

**The District Representative's Office is now a Farm Labour Bureau**

TRADES AND LABOUR BRANCH Date.....

**Ontario Government Public Employment Bureaux**  
**APPLICATION FOR FARM HELP**  
 (To be carefully filled in, clipped out and mailed to your District Representative as per address below.)

SIGNATURE OF FARMER POST OFFICE COUNTY

What is your nearest railway station? Acres in farm: What kind of farming practiced?  
 Mixed .....  
 Fruit .....  
 Dairy .....

Mark (X) after help required

SINGLE MEN (two to six months) SHORT PERIOD MEN (three to six weeks)

Experienced (Plough, Milk, etc.) ..... Experienced .....  
 Partly experienced (handle Horses) ..... Partly experienced .....  
 Inexperienced ..... Inexperienced .....  
 High School boys ..... High School boys .....  
 Wages—including Board, Lodging and Washing. \$ ..... Wages—including Board, Lodging and Washing. \$ .....

Age Limit ..... Length of time help is required ..... months, from .....

All engagements subject to two weeks' trial with wages, and railway fare—if advanced.

Ontario Government Public Employment Bureaux. Form 11A.

**This Coupon is for Every Farmer who is willing to use Help**

**The Empire must be Fed or we lose this War**

As the District Representative of the Department of Agriculture I have orders to do my utmost, amongst other duties, to encourage production of Farm Products and particularly to assist in securing a supply of farm labour.

By a system, I report on both the available supply of labour and the local demand. If the demand exceeds the local supply I have the whole Province to draw on, through the Ontario Government Public Employment Bureaux which I represent in this District, and I will do my utmost to see that my District is supplied.

I am satisfied that if the farmers in my District who are anxious to fill a patriotic duty and take advantage of the strong demand there is and will be for every pound of food stuff that can be produced—want or will use the available labour, they can get good help by filling in, clipping out and mailing the above Coupon. But you should do it today.

The Mother-land sorely needs food.

**Where is the Labour coming from? Everywhere.**

It is streaming in to us from all quarters. Thanks to the deep interest shown by the Department of Agriculture, the Public Employment Bureaux, the Organization of Resources Committee, Boards of Trade, etc., a sweeping campaign has been carried on in the Cities, Towns, etc., to arouse the people to a sense of the duty they owe to the Farmer and to themselves to place hand and mind in readiness for a call to work on the land this season.

High School boys, retired farmers, teamsters, warehousemen and business men in thousands, preferably those who were raised on farms, are being lined up.

We are taking great care to impress on them that this means work—not a holiday—and they will all understand this thoroughly. In most cases the workers will be actuated by fine patriotic motives, ready to work and work hard.

This is a sincere endeavor to co-operate with the farmers to increase food production. We know you Farmers will do your part.

Our boys at the Front must not go hungry.

**District Representative**  
 Department of Agriculture  
 H. C. DUFF - MARKDALE, ONT.

**What About a Kodak this Spring?**

ARE YOU NOT MISSING A LOT OF PLEASURE?

Take the Kiddies—  
 Take those Pretty Views—  
 Send the Boys at the Front snaps of little happenings around Home—nothing gives them more pleasure.

We have them—\$1 and up  
 If it isn't an Eastman  
 It isn't a Kodak

**Dependable Veterinary Remedies**

Healing Powder (6 oz. pkg.) .35  
 Tonic Powder (1 lb. pkg.) .50  
 Liniment (16 oz. bottle) .50  
 Healing Salve (4 oz. box) .50  
 Blistering Salve (2 oz. box) .50  
 Physic Balls (3 in pkg.) .50  
 Equine Cough Syrup . . . \$1  
 Colic Relief (8 oz. bottle) \$1

TRY THEM

**When Cleaning Cellars, Basements & Dark Corners**

Give them a Sprinkling of **KRESO**

1 TO 100 OF WATER  
 A Splendid Disinfectant and Germicide—Kills all Microbes  
 25c. and 50c. a Bottle

**Our Forualin**  
 IS THE BEST—TRY IT.  
 25c. and 50c. Bottle

**Macfarlane's Drug Store**  
 The REXALL STORE  
 C. P. R. TOWN OFFICE  
 Phone Us & We will deliver Tickets  
 SAVE THE COUPONS