

Grand Trunk Railway TIME-TABLE

Trains leave Durham at 7.05 a.m., and 3.45 p.m.
 Trains arrive at Durham at 11.20 a.m. 2.30 p.m. and 8.45 p.m.
EVERY DAY EXCEPT SUNDAY
 G. T. Bell, C. E. Horning,
 G. P. Agent, D. P. Agent,
 Montreal, Toronto.
 J. TOWNER, Depot Agent
 W. CALDER, Town Agent

Canadian Pacific Railway Time Table

Trains will arrive and depart as follows, until further notice:—

P.M. A.M.	Lv. Toronto	Ar. N.	A.M. P.M.
5.25	11.55	Ar. Saugeen J.	7.55 4.35
9.24	12.07	Glenville	7.40 4.20
9.34	12.17	Glen	7.30 4.10
9.38	12.21	McWilliams	7.25 4.06
9.50	12.33	Durham	7.15 3.55
10.04	12.47	Allan Park	7.01 3.41
10.14	12.57	Hanover	6.52 3.32
10.22	1.05	Maple Hill	6.43 3.23
10.35	1.20	Walkerton	6.30 3.10

R. MACFARLANE, Town Agent

GRAND TRUNK RAILWAY SYSTEM ATTRACTIVE TRIPS

Muskoka Lakes Lake of Bays
Georgian Bay Algonquin Park
French River Kawartha Lakes
 Maganotawan River
 Temagami, etc.
 Round trip tourist tickets now on sale from certain stations in Ontario at very low rates, with liberal stop-overs.

MUSKOKA EXPRESS

Leaves Toronto 12.01 p.m. daily, except Sunday, and 2.05 a.m. daily, for Muskoka Wharf. Connections are made at Muskoka Wharf for Muskoka Lakes. Leave Toronto 10.15 a.m. daily except Sunday, and 2.05 a.m. daily for Huntsville, points on Lake of Bays. Equipment the finest.
 Full particulars on application to Agents

Durham High School

The school is thoroughly equipped, teaching ability, in chemical and electrical supplies and fittings, etc., for full Junior Leaving and Matriculation work.

THOS. ALLAN, Principal and Provincial Model School Teacher 1st Class Certificate.

Intending Students should enter at the beginning of the term if possible. Board can be obtained at reasonable rates. Durham is a healthy and attractive town, making it a most desirable place for residence.

FEES: \$1 per month in advance
 R. MAGE, Chairman. J. F. GRANT, Secretary

FURNITURE AND UNDERTAKING

Rugs, Oilcloths
 Window Shades
 Lace Curtains
 and all Household Furnishings
TINSMITTING
 Mr. M. Kress has opened a shop at the rear of the furniture show room and is prepared to do all kinds of tinsmithing.
 Undertaking receives special attention

EDWARD KRESS

STUDENTS

Of this year's class have been unusually successful in preparing for and obtaining positions. Ask them about it. Fall term opens Sept. 5. Why not write for information to the

Mount Forest Business College

D. A. McLachlan, Pres. L. A. Fleming, Prin.

What School?

The school that shows the best results is the school most worthy of your patronage. All our graduates are placed and we had during July over 100 applications for office help which we could not fill. Our affiliation with Stratford and Toronto schools enables us to give you the advantages of city schools nearer your home. Fall term from Sept. 5. Why not write for Journal to

NEW STRENGTH FOR LAME BACK.

Letter Tells of Long-looked-for Prescription.
 Dear Mr. Editor—I suffered from lame back and a constant tired, worn-out feeling. At times I was unable to stand erect and scarcely able to get around. It would usually come on at first with crick in small of my back. I took one box of Dr. Pierce's Anuric Tablets and my back commenced to get better soon after starting to take them. I did not have to walk doubled over as I did before using the "Anuric." It is the best remedy I have ever taken for what it is intended to relieve.
 I hope those who are in need of such a remedy will give the "Anuric Tablets" a trial.
 (Signed) A. G. DRAKE.

NOTE: Up to this time, "Anuric" has not been on sale to the public, but by the persuasion of many patients and the increased demand for this wonderful healing tablet, Doctor Pierce has finally decided to put it into the drug stores of this country within immediate reach of all sufferers.
 Simply ask for Doctor Pierce's Anuric Tablets. There can be no imitation. Every package of "Anuric" is sure to be Doctor Pierce's. You will find the signature on the package just as you do on Dr. Pierce's Favorite Prescription, the ever-famous friend to ailing women, and Dr. Pierce's Golden Medical Discovery, proven by years to be the greatest general tonic. Send 10 cents to Dr. V. M. Pierce, Buffalo, N. Y., for large trial package.
 At any rate don't give up hope of being cured of your malady until just a few doses of "Anuric" have proven that it will make you feel like a different person.
 EDITOR—Please insert this letter in some conspicuous place in your paper.

A CHANCE TO WIN AN AUTO

A novel method of raising recruiting funds has been struck upon by the 238th Forestry Battalion who, seeing that they are calling for men all over the province, are giving the whole of Ontario an opportunity of sharing in the expenses of raising the unit. While the headquarters of this non-combatant unit are at Ottawa, the central recruiting depot for the province is at 55 Queen Street West, Toronto, and this office has found it necessary to purchase an automobile to facilitate its work. When the Battalion is up to strength the officials will give this machine to some one of the patriotic supporters of the unit, the winner to be determined by a drawing contest to be held on September 1. The battalion is sending out the call for contributions of \$1 each, to be applied to recruiting expenses, and to each contributor it will present a numbered ticket which will entitle the donor to one chance of winning the car.

This is not a lottery or a raffle, but merely an attempt to give the general public a chance to help along the recruiting of a very essential unit, and the sanction of the Department of the Attorney General has been secured. This car is a very desirable one. It is a Maxwell, five-passenger, self-starter, up-to-date \$1,000 machine, with full electrical equipment, and it is an undisputed fact that some civilian who donates a dollar to the battalion funds will receive their car on September 1, without further cost, as the battalion will no longer have use for it. No persons connected with the battalion will receive tickets, regardless of the size of their contributions. The dollar donations

WHY SUFFER FROM HEAT IN THE CITY WHEN YOU CAN COOL OFF ON THE GREAT LAKES?

Take Canadian Pacific Steamship Express from Toronto any Tuesday, Thursday or Saturday at 2.30 p.m. for Port McNicoll, where direct connection is made with either the Assiniboia or Keewatin for Sault Ste. Marie, Port Arthur and Fort William. An ideal vacation trip at small cost. Particulars from any Canadian Pacific Ticket Agent, or W. B. Howard, District Passenger Agent, Toronto.

FALL TERM OPENS AUG. 28

ELLIOTT Business College
 Yonge and Charles Sts., Toronto was asked to fill more than thirty times as many positions as they had graduates during the last twelve months.
 Write today for catalogue. This college is noted for high grade training.

SUMMER SESSION

Now open in Shaw's Business Schools, Toronto, continues until August 28th when Fall Term begins. No vacations. Enter any time. Free catalogue. Write W. H. Shaw, President.

SUNDAY SCHOOL.

Lesson VII.—Third Quarter, For Aug. 13, 1916.

THE INTERNATIONAL SERIES.

Text of the Lesson, II Cor. ix.—Memory Verses, 10, 11—Golden Text, Acts 20-35—Commentary Prepared by Rev. D. M. Stearns.

The topic of this lesson is "The Grace of Giving" and covers chapter viii, as well as our lesson chapter, but we cannot refrain from a glance at the whole epistle even though we shall have another study in it in a few weeks. Second epistles are apt to have special reference to things future, and this one is no exception. Notice the resurrection, and the glory, and the things unseen and eternal of chapter iv, 14-18. The heart of the lesson is to me the last verse of our chapter, "Thanks be unto God for His unspeakable gift" (ix, 15), or as He wondrously has it, "His unspeakably precious gift." The word "unspeakable" is used only three times—here and chapter xii, 4; and I Pet. i, 8. In each place it is a different Greek word, and used only this once. If such a gift from such a God does not constrain us to be all that He would like us to be and do all that he would like us to do it is only another evidence of our blindness and hardness of heart. This letter is from Paul and Timothy and has a good deal in it concerning suffering and deliverance and comfort, but specially concerning comfort, as in I. 3, 4; ii. 7; vii. 4, 6, 7, 13; xiii, 11.

The great adversary is mentioned as Satan, the God of this world, the serpent (ii, 11; iv, 4; xi, 3). We are taken back to the first recorded words of God in the Bible, "Let there be light" and are taught to find there a foreshadowing of the light that shines into our souls when we are born again by receiving His word (iv, 6). Such love and grace as were seen in the Lord Jesus Christ becoming poor for us that we might share His riches constrained these people first to give their own selves to the Lord and then, in great affliction and deep poverty, prove the sincerity of their love by unusual liberality (chapters v, 14; viii, 1-9). They were so enriched spiritually in everything—in faith, in utterance, in knowledge, in diligence, in love—that they abounded in giving to others, so that Paul wrote them that it was superfluous for him to say anything to them concerning ministering to the saints (I Cor. i, 4, 5; II Cor. viii, 7; ix, 1, 11, 12). He encouraged them by saying that their zeal had provoked many to do likewise, and now he trusted that they would be on time with their gifts, so that his boasting might not seem in vain (ix, 2-5). There had been the readiness to do a full year ago, and now it only remained for them to perform the doing of it.

No one was to be burdened, and there was to be no anxious longing to do more than they were able, but all must remember that a willing mind was everything, and God only expected them to do that which He gave them the ability to do (chapter viii, 10-12). Many waste time and breath talking of what they would do if they could, or if they had the time and money which some one else has, but I am constantly thankful that we are only responsible for the use of what God gives us either of time, or money, or talents, or ability of any kind.

All our service must be from the heart, unto the Lord and cheerfully willing, for God loveth a cheerful or hilarious giver (verse 7). God gives so bountifully, first His beloved Son and then with Him freely all things (John iii, 16; Rom. viii, 32). But our giving is not always on those lines, and we need to remember verse 8, with Prov. xi, 24: "He who soweth sparingly shall reap also sparingly, and he who soweth bountifully shall reap also bountifully." There is that scattereth and yet increaseth, and there is that withholdeth more than is meat, but it tendeth to poverty." When the tabernacle of Moses was built the people gave so willingly that they had to be restrained from bringing, and the same spirit was manifest on the part of David and his people in the matter of gifts for the temple (Ex. xxxv, 21, 29; xxxvi, 5-7; I Chron. xxix, 1-9, 17).

Ever since 1884 I have found pleasure and profit in giving to the Lord at least one-tenth of all that He sends me as an evidence that I recognize that all is His, and I have found much blessing in doing this and earnestly commend the plan to others. It is not Jewish, for it is at least as old as the time of Abraham. Neither is there any bondage in it, but the most perfect freedom. I have associated in my mind viii, 9, and ix, 8, of these two chapters (the figures are easily remembered) and rejoice in the grace of Him who became poor that we might be rich and who is able to make all grace abound toward us, that we, having such sufficiency, may abound to every good work. I have seen such cheerful giving on the part of my own congregation of less than 200 people, resulting in as much as \$10,000 a year for missions, that I desire the same blessing for others. See my tract "Secret of Missionary Interest." Box 216, Harrisburg, Pa. And note that all this giving of \$50,000 a year from my church and Bible classes is wholly on premillennial lines, according to I Cor. i, 7; iv, 5; xi, 26; xv, 50-52; xvi, 22; II Cor. iv, 14, 17; v, 10, the coming of Christ for His saints and then with us to set up His kingdom being the inspiration to let Him use us to the utmost to give the gospel to all.

WHY PRODUCE GOES BAD

Dead Products Commence Decaying Quickly and Naturally

Professor C. H. Lee of Manitoba Agricultural College writes as follows: The practice of preserving food for future use is as old as the human race itself. In fact, the lower animals in many cases still instinctively set aside their surplus against a day of scarcity. The honey bee is a marvel in this respect. Their system of concentrating, canning and capping is so perfect that they seldom lose their summer's pack. The dog, too, instinctively buries his surplus bone and hopes to return to find it mellow and appetizing, and this in much the same way as his pioneer Western master may have buried his pemican or his Eastern mistress her jars of maple syrup.

There is a science underneath this food preservation and the enormous advance which man has made in methods of saving good food for future use has been made by building the process on a scientific basis. Science itself is useless in this respect if not applied. The art of doing what science demands is all important. Woe is the day when the pantry shows that the meat has spoiled, the milk goes sour, the butter rancid, the eggs rotten and the fruit which was so faithfully "put down" refuses to stay down, while the peas which you "put up" likewise refuse to remain in the condition in which you think you put them. In a word, they have all "gone bad."

This going bad is simply going in the way that nature intended. Just so soon as any agency interferes with the life cycle of either plant or animal matter to the extent that it dies, immediately that material becomes defenceless and in the natural process it forms the food for other living things, or in other words it decays. "Dust thou art to dust thou art," was certainly spoken of all dead animal and vegetable matter. If the peas above had been allowed to ripen nature would have preserved them in her own way by keeping them alive and that for 10 years or more. The potato likewise fights off the foe of decay so long as it remains alive, but freeze it to death and it soon becomes a putrid mass.

FIRST RULE FOR TIRES

Keep Pressure at Proper Point in Automobiles

The matter of proper tire care is perhaps about the most important consideration of the average motorist, for it is more vital to his pocket-book than anything else in connection with his car. The views of authorities vary so widely that the car owner often is at sea as to just what is the best for his tires. In some places he reads that inflation to tire makers' recommended pressure is not advisable; he has it hinted to him that the manufacturers are swayed by commercialism and hence they favor abnormal pressures to further sales of tires through more rapid wearing out. This actually was told to a motorist by a garageman who had had enough experience to know better. Such a statement is foolish on the face of it. The tire makers want to have their tires last as long as they can, for it means satisfied customers and more business. They, therefore, are the logical and best source from which to gain valuable information on proper care of tires. The first and most important tire rule is to pay strict attention to the recommended inflation pressure for the particular size and make of tire you are using, and maintain that pressure to the best of your ability.

The supply of common sense never exceeds the demand.

Helping Defend the Empire



English girls at work upon war munitions. Thousands of women who were unused to hard manual labor responded when the call came to release the men for active service and keep them supplied with shells and cartridges.

COMFORT SOAP

"IT'S ALL RIGHT"

The Right Way to Begin the Week—With Comfort Soap.

POSITIVELY THE LARGEST SALE IN CANADA

To remove tea, coffee, fruit and vegetable stains from white goods, heap salt on the spot, rub hard and rinse it in cold water in which considerable borax has been dissolved.

The energy used in our bodies for the work of circulation, respiration, digestion and keeping up the temperature is equal in one day to raising 2,800 tons one foot high.

The People's Mills



- Sovereign Flour
- Eclipse Flour
- Pastry Flour
- Low Grade Flour
- Rolled Oats
- Breakfast Cereal
- Bran, Shorts
- Middlings, Corn Chop
- Cracked Chicken Corn
- Crimped Oats for Horses
- Barley and Wheat Chop
- Mixed Chop

The Above are All Made from Sound and Whole Grains

Special Reduction on Flour and Feed in Quantities

We have a quantity of the celebrated

Molassine Meal

on hand. Farmers and Stock Owners should lay in a quantity of this Excellent Conditioner for Spring and Summer Feeding. Nothing equals it for Young Pigs, Calves, Etc. Makes Milk Cows Milk and puts Horses in prime condition for seeding; in fact it makes everything go that it's fed to; also Caldwell's Celebrated Calf Meal.

Everything in our line at lowest prices for Cash. All kinds of Grain bought and sold.

JOHN MCGOWAN

TELEPHONE No. 8 (Night or Day)

USE FOR ALL!

"Did you know that they can make Shoes out of all kinds of Skins?"
 "How about Banana Skins?" — "They make Slippers out of them."

OUR SHOES embrace all the good leathers, made in Patent, Gun Metal, and Dongola, on the latest model lasts. They are stylish, durable and handsome shoes. No better footwear is manufactured and they are priced according to quality. Come in and inspect our new Military Lasts in Men's Working Shoes. Best on the market.

We have just received a shipment of Suit Cases and Club Bags, prices ranging from \$1.40 to \$5.50.

Also we have stocked a line of Children's School Cases which sell at 60c. REPAIRING A SPECIALTY

J. S. McIlraith: The Down Town Shoe Store

E. A. ROWE'S

For all kinds of Bakery Goods Cooked and Cured Meats.

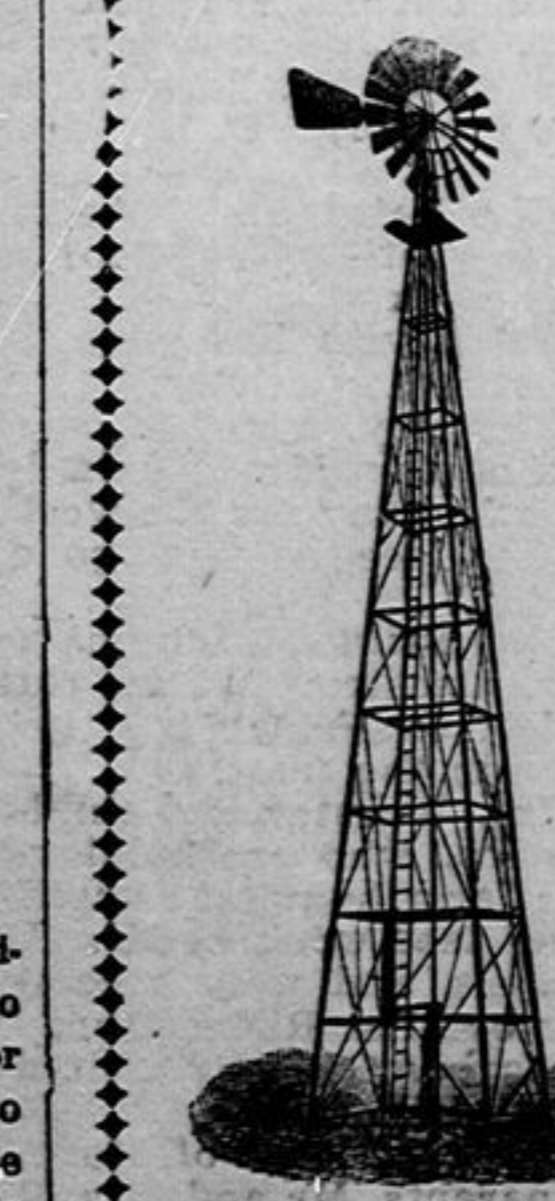
OYSTERS AND FRUIT IN SEASON

E. A. ROWE: Confectioner and Grocer

The ONTARIO WIND ENGINE and PUMP COMPANY

Manufacture the Cheapest and the Best Pumping Outfit on the Market.

Sold by **W. D. Connor** Durham - Ontario



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Farms for Sale
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 W. G. R. will...
 good title. A...
 Whitmore, Dur...
 Davis, R.R. No...
 31st

BEING LOT 53,
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 No. 1, Durham

Lots for Sale
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 Durham.

For Sale
 A COMFORTA...
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Threshing
 ONE 17-HORSE...
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Tenders
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No fruit jar
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Ten ounces of...
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