

RED CROSS PUBLICITY

ITEMS OF CANADIAN RED CROSS NEWS

The Canadian Red Cross Society requests all workers to make no more surgical pads, compresses or wipes, or roller bandages until further notice.

Workers are requested to continue making socks, shirts, pyjamas, dressing gowns, housewives, kitbags and comfort bags.

RED CROSS NEWS

25,000 pairs of socks were sent out in one day from the Canadian Red Cross Depot at Boulogne.

The Red Cross Prisoners of War Bureau at Berne, Switzerland, sends weekly parcels to over fourteen thousand prisoners.

In the big Canadian hospital at Trepport, France, where treatment has been given to nearly 11,000 soldier patients, the death rate has been only three-fifths of one per cent.

The Victoria, B.C., Red Cross has in the last six months collected \$27,083 and shipped 205,583 articles.

Since the first of the year 75 new branches of the Red Cross have been formed in Canada, 37 of which were in Saskatchewan.

The Kingscliffe Convalescent Home for Canadian nurses has recently been opened near Margate, England.

There are 780 Canadian nurses in the various Canadian hospitals in England and France.

The St. Dunstan's Red Cross Hospital for blinded soldiers has now 150 patients.

The Canadian Red Cross recently contributed a thousand cases of supplies to the Russian Red Cross.

At each of the Canadian hospitals in France a recreation hut has been erected by the Red Cross to provide entertainment for convalescents.

Some are through haying, but there is still a lot to do yet.

Master Charlie Wallace of Walkerton, is spending the holidays with his cousins, the Watson families.

Mr. Benton, of Town, held prayer meeting at the home of Mr. and Mrs. David Hamilton on Sunday evening, which was well attended.

We are sorry to report the serious illness of Mrs. W. Wilson, but hope she may soon regain her usual health.

Miss Long, of Toronto, is visiting her aunt, Mrs. Thomas Tucker of Ebenezer.

Miss Laura Whitmore is spending the holidays with her mother, Mrs. James Whitmore.

Mr. and Mrs. W. Lawrence, of Town, spent Sunday with their son, Mr. W. J. Lawrence.

Mr. Philip Lawrence sold a fine colt last week to Mr. George Lawrence for a good sum.

Mr. Will McFadden treated himself to a new Deering hay loader.

Each unit in the field, however, is served by the Canadian Red Cross when called upon by the Canadian Medical Corps, and the Canadian soldier in the first stages of his wound, in his passage from the advanced dressing station to the field hospital and casualty clearing station is in Canadian hands.

Again after discharge from active treatment hospitals every Canadian must be sent to a Canadian convalescent hospital, such as Bearwood Park at Buckingham Berks, the Canadian convalescent hospital at Bromley, and the King's Canadian Red Cross hospital at Bushby Park.

Two of the best known active treatment hospitals are the Duchess of Connaught Red Cross hospital at Taplow, one of the best equipped and most efficient hospitals in Europe, and the Queen Alexandra hospital at Beachborough.

In addition to these hospitals there are special Canadian hospitals for the treatment of special conditions. These are the West Cliffe Canadian Eye and Ear Hospital at Folkstone and the Grenville Special Hospital, which attends to cases of shell shock and injury to the nerves.

Blinded soldiers are sent to St. Dunstan's College for the blind in Regents Park, London. Fortunately cases of

this nature have been rare amongst the Canadian troops.

From the beginning to the end of his weary pilgrimage of pain, the wounded Canadian soldier is never out of sight of the Canadian Red Cross. No matter how great the number of casualties—in the last week of June there were over 10,000 Canadian soldier patients in hospitals in England—the Canadian Red Cross informs itself of the condition of each individual, visits and relieves his immediate wants and makes provision for his comfort. The staunch support given by the Canadian Red Cross to the medical service has been the means of restoring thousands of our fellow Canadians to health and life.

RED CROSS NEWS THROUGHOUT CANADA

The Indians at Kamsack, Sask. as a result of festivities in connection with Treaty Day, collected \$250 for the Red Cross.

The Victoria Red Cross has a membership of 1347 and has so far collected \$31,436.

The Calgary branch in May shipped 15,928 Red Cross articles, contributed by 173 sewing circles.

The Red Cross Society of Duluth has given 1500 pairs of socks to the Canadian Red Cross.

The Vancouver Red Cross shipped in May 278 cases of supplies, amounting to \$1,782.

A 10,000 Red Cross Club has been formed in Montreal. Its aim is to secure 10,000 members who will subscribe \$1 a month to the Red Cross.

\$132 was raised for the Red Cross in Aylmer by the sale of Kitchener badges.

The Sarnia Red Cross secured \$300 by the sale of old paper.

The Toronto Red Cross has six motor trucks making daily collections of waste material.

St. Andrews Presbyterian Church, Cobourg, has collected \$618 for the Red Cross by a "Weekly Mites" system.

McWIL LAMS

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There is more catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable.

Doctors prescribed local remedies, and by constantly failing to cure it with local treatment, pronounced it incurable.

Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment.

Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy, is taken internally, and acts through the blood on the mucous surfaces of the system.

One Hundred Dollars reward is offered for any case that Hall's Catarrh Cure fails to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo Ohio.

Sold by Druggists, 75c. Hall's Family Pills for constipation.

JEWELRY IN NEW FORM

Canadian Jeweler Has Complete Set of Iron Jewels—Napoleon Began It

Many months ago, almost from the ginning of the war, we were told that the German women, following the example of their great-grandmothers, voluntarily gave up their gold rings, necklets, ear rings, bracelets, and ornaments of every description, to be made or coined into money for the national need.

Whatever truth there may be in this story, there is no doubt that many German women have been presented by the Government with iron rings to replace the gold ones they have parted with.

But that happened a century ago. Then Prussia, crushed by Napoleon and bankrupt, was in dire need of money, and the Prussian women gave up all their jewels and ornaments to help to cope with the prevailing poverty.

And out of this sacrifice a new industry arose. This was nothing less than the manufacture of castiron jewelry to replace the gold and silver ornaments with which the great ladies of the kingdom had dispensed.

At first sight, as material would seem less promising as a substitute for the precious metals than iron. It was entirely owing to the wonderful craftsmanship of the ironworkers that the results were so extraordinary.

Strength, of course, would be a distinguishing mark of such jewelry, and a complete set of these iron ornaments, now in the possession of a Toronto jeweler, is as rigid and firm as on the day it was made.

This particular set, comprising a pair of ear rings, necklet, locket, and bracelets, has not been carefully looked after till lately. The ornaments have a wonderfully fragile appearance, due entirely to the exquisite workmanship.

Their weight, too, is astonishingly small, the lightness of every article being quite a feature of the set.

OUR WATER POWER

The Development of Late Years Has Shown Remarkable Increase

In the course of a comprehensive article on water powers in Canada, Engineering says that from an economic standpoint the rivers tributary to the Great Lakes are of far-reaching importance.

Of those flowing into Lake Ontario, the Trent occupies easily the first place. This is one of the rivers whose hydraulic usefulness has suffered from deforestation, but the flow conditions have been materially improved by work undertaken by the Dominion Government, showing that the mischief is not irreparable.

Now 75,000 horse-power is capable of more or less ease development by reason of the Trent Canal Works. Of this total, 45,000 is now actively used, of which the Electric Power Company absorb 33,000 horse-power.

This company, with a 44,000-volt transmission line, 300 miles in length, supply power to a large territory, and has obtained complete control of the light and power business in the territory served by the transmission lines—a policy that is likely to find many imitators in the future.

Most of the rivers that flow into Lake Erie, like the Grand River, lack natural control, owing to agricultural necessities, and can only be regarded as sources of intermittent power for purely local purposes.

Lake Huron can claim some tributaries of greater industrial value, their total low-water capacity being placed at 166,000 horse-power, of which 58,000 is at present developed.

The more considerable of the developed sites are on the Spanish River, where the Canadian Copper Company has 12,500 horse-power installed for the operation of its mines and smelters; and lower down the river, the Pulp and Paper Company utilizes 10,000 horse-power for the conduct of its business.

There is evidence of very considerable extension in the near future.

Flower Dishes

Violets taste almost as nice as they smell. In days gone by a favorite candy was made of candied violets, while sherbet was made of extract of violets.

All over Europe, violets, roses and lime blossoms are mixed with preserves, to add a flowery element to the fruity flavor. In America sandwiches of nasturtiums, and in England of fine chopped spearmint, spread over slices of thin bread and butter are often served.

The tuber of the dahlia is said to be excellent for food, while dandelions make a first class wine, as every housewife knows.

Blue Air

Pure air is blue, because the molecules of the air have the thickness necessary to reflect blue rays. When the sky is not perfectly pure the atmosphere is blended with perceptible vapors, and the diffused light is mixed with a large proportion of white.

Palm Ages

Brazilian coconut palms live from 600 to 700 years, and the date palm from 200 to 300 years. On the Mount of Olives, Jerusalem, there are olive trees known to have been flourishing

Aug. 4, 1914—War Declared

Aug. 4, 1916—Allies Winning

ORGANIZE for Victory!



THE THIRD YEAR OF THE WAR calls for the organized co-operation of every citizen of the Province of Ontario. ALL must help to hasten the day of final triumph.

Suggestions for Organization

In many Municipalities there are already active patriotic organizations, such as Recruiting, Red Cross, Soldiers' Aid and Patriotic Fund Committees. In such cases, one of these, or better still, a joint committee of these and the citizens generally, might undertake to co-operate with the Central Committee at Toronto.

Where there is no active representative organization, it is suggested that one be formed at the earliest moment. It should be non-partisan (in the broadest sense), and represent every interest affected by war conditions.

What Organizations Should Do

- 1. Find more men for Overseas service.
2. Help in keeping our munitions plants working to full capacity.
3. Induce every possible worker, men and women, to serve on the farm and in other essential industries.
4. Find money for the coming WAR LOAN and war funds.
5. In short, assist in the organization of Ontario's resources to meet war conditions and after-war conditions.

THRIFT and ECONOMY, and a careful consideration and preparation for our problems are essential if we would meet the present and future needs. For further suggestions and information you are cordially requested to write at once to ALBERT H. ABBOTT, Ph.D., Secretary, Organization of Resources Committee, Parliament Buildings, Toronto.

John S. Hendrie

LIEUTENANT-GOVERNOR OF ONTARIO

Chairman of the Organization of Resources Committee

Shake Penslar Tread Easy in Your Shoes To-day

It is surprising the relief this splendid foot powder affords tired, aching, perspiring feet.

During the warm weather most of us do a lot of walking, and that is why you should give Tread Easy a trial now.

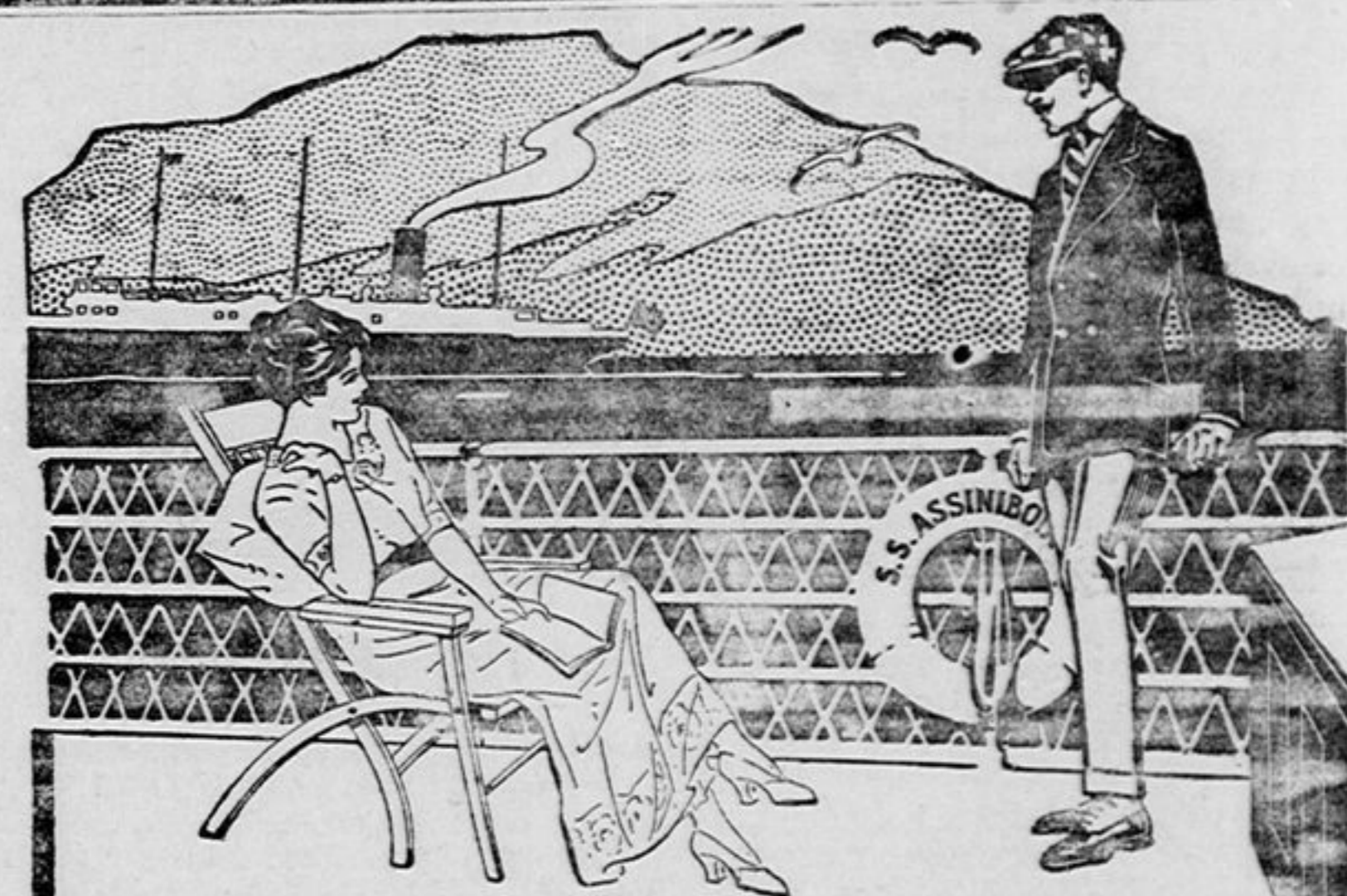
We can assure you that having used this relief you will want it handy always.

Simply shake it in your shoes and forget your foot trouble.

Sold in Generous Sifters Cans at 25c. Get yours to-day.

Geo. B. Dingman Druggist

Central Drug Store G. T. R. Town Ticket Agency



A BRACING VACATION on the GREAT LAKES

Five days of rest amid the islands of Georgian Bay, the green banks of the St. Mary's River and the expanse of Old Superior. Breezes to brace you up and the perfect appointments and cuisine of the Clyde-built

CANADIAN PACIFIC

Greyhounds, Express Steamers "Keewatin" and "Assiniboia" leave Port McNicoll every Tuesday, Thursday and Saturday for Fort William and Port Arthur. Round trip five days.

Tickets, information and reservations from Local Agent, or W. B. Howard, District Passenger Agent Toronto Ont.

Nyal's Stone Root Compound

A palatable and efficient remedy for disorders of the Kidneys, Bladder and Liver.

Free from mercury, opiates, and other injurious drugs.

Stone Root, that old, reliable, tried and true remedy is the basis.

50c a bottle.—Try it.

Nyal's Laxative Fig Syrup

A purely vegetable laxative. 25c a bottle.

Nyal's Rectone

A healing application for the prompt and permanent cure of all kinds of Piles.

50c

Kodak for Pleasure

"If it isn't an Eastman it isn't a Kodak."

\$1.00 and up,

When she's camping or holidaying don't forget to take or send her a box of her favorite Chocolates:

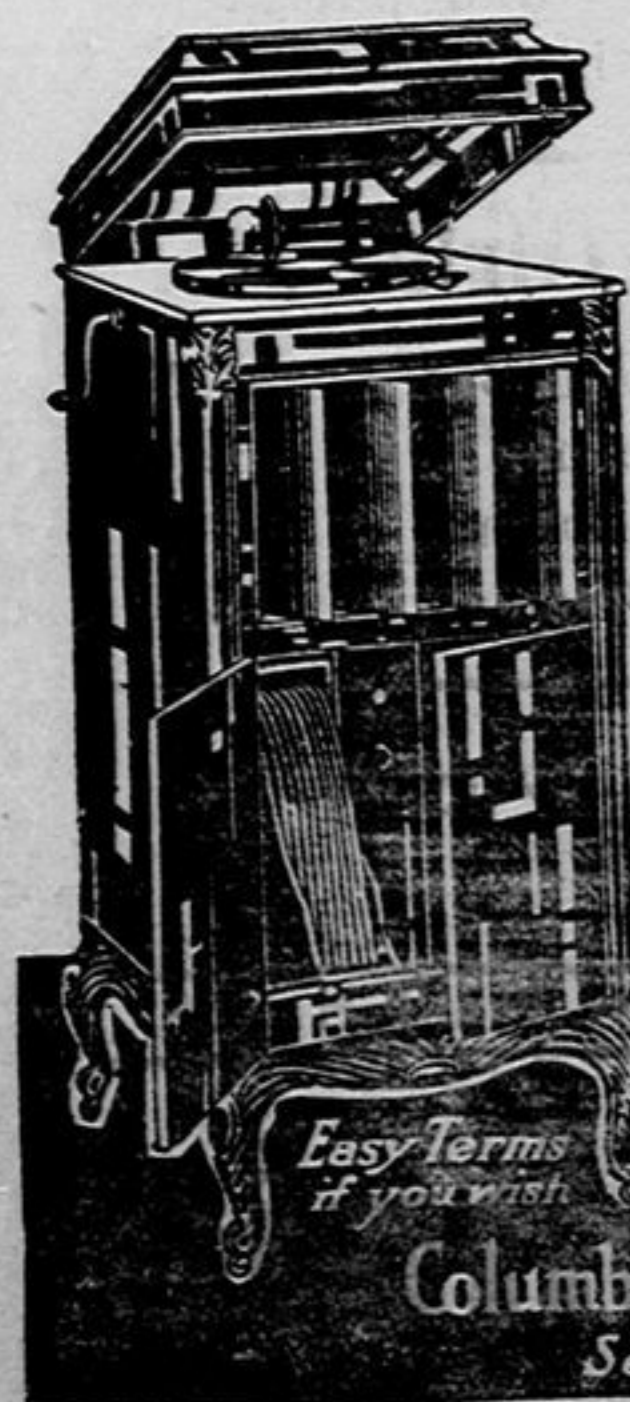
Huyler's 30c to \$1.00 Liggett's 35c to \$1.00 Lowney's 25c to \$1.00

Macfarlane's Drug Store The Rexall Store

C. P. R. Town Office—Buy your tickets here.

Save Your Coupons

Columbia the Gem of the Music Makers



Columbia Gramophones 20" Columbia Records fit any machine 65" Send for free catalogue

For Sale by H. J. SNELL Agent, Durham

BLAC... WI...

George Barr M...

CHAPTER...

The next day, after Frederic announced that he could no longer his father's roof. He thing to do was order self. It was impossible tending that he loved father, and the soon ended the better it w of them.

She, too, had passed a night filled with well as those which There was always a iris in those dreams



He Was Getting His gether in Hi

brown hand that was ing her with its un Twice in the night s her husband's shoul of a dream, and he with the comfort of She was like a little the dark."

Her influence along young man from c threat. At first he w rock in his determ getting his few poss in his room whee sh door. After a while task and followed to the boudoir, prom reason. For an hou pleaded with him, a agreed to give up pleased to call his p

"Now, that being s with a sigh of relie talk it all over with He started guiltily not, Yvonne," he s use worrying her w As a matter of fac she—er—well, som the idea of explaini She was watching has seemed to me that you and Lydia a what shall I say?— each other. What h inquired so innoc that he looked at her "I am sure you fairl You are there nearl yet—well, I can fee the change in both o

"I've been behavin sneak, Yvonne," cri stricken. "She's th girl in "all this wor treating her shamef "Dear me! In w inquire?"

"Why we used to into all that? It w you. You'd laugh at But I can't help sa she doesn't deserve I'm treating her no hurting her dreadfu She laughed softl are seeing too mu stepmother," she sai

His eyes narrowe me over, that's true of us over—the hou not happy unless I used to make me l Lydia—and we wer