

Durham High School

The school is thoroughly equipped in teaching ability, in chemical and electrical supplies and fittings, etc., for full Junior Leaving and Matriculation work.

PHOS. ALLAN, Principal and Provincial Model School Teacher 1st Class Certificate.

Intending Students should enter at the beginning of the term if possible. Board can be obtained at reasonable rates. Durham is a healthy and attractive town, making it a most desirable place for residence.

The record of the School in past years is a flattering one. The trustees are progressive educationally and spare no pains to see that teachers and pupils have every advantage for the proper presentation and acquisition of knowledge.

FEES: \$1 per month in advance
C. RAMAGE, Chairman. J. F. GRANT, Secretary

Grand Trunk Railway TIME-TABLE

Trains leave Durham at 7.05 a.m., and 3.45 p.m.
Trains arrive at Durham at 11.20 a.m., 2.30 p.m., and 8.45 p.m.
EVERY DAY EXCEPT SUNDAY
G. T. Bell, C. E. Horning, G. P. Agent, D. P. Agent, Montreal, Toronto.
J. TOWNER, Depot Agent
W. CALDER, Town Agent

Canadian Pacific Railway Time Table

Trains will arrive and depart as follows, until further notice:-
P.M. A.M. A.M. P.M.
8.10 11.10 A.T. Toronto Lv. 7.45 5.25
4.35 7.40 Lv. Saugeen J. 11.30 9.13
4.20 7.25 " Priceville " 11.42 9.24
4.10 7.15 " Glen " 11.52 9.34
4.00 7.11 " McWilliams " 11.56 9.38
P.M. P.M.
3.55 7.00 " Durham " 12.08 9.50
3.41 6.46 " Allan Park " 12.22 10.04
3.32 6.37 " Hanover " 12.33 10.14
3.23 6.28 " Maple Hill " 12.40 10.22
3.10 6.15 " Walkerton Ar. 12.55 10.35
R. MACFARLANE Town Agent

GRAND TRUNK RAILWAY SYSTEM

Are You Going West?

The Grand Trunk Railway System will run

Homeseekers' Excursions EACH TUESDAY

March 7 to Oct. 31, Inclusive

Tickets valid to return within two months inclusive of date of sale.

Winnipeg and Return \$35.00
Edmonton and Return 43.00

Proportionate low rates to other points in Manitoba, Saskatchewan or Alberta.

Full particulars and tickets on application to agents.

W. CALDER, Local Agent



SYNOPSIS OF CANADIAN NORTH WEST LAND REGULATIONS.

The sole head of a family, or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. Applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the District. Entry by proxy may be made at any Dominion Lands Agency (but not Sub-Agency), on certain conditions.

Duties.—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres, on certain conditions. A habitable house is required except where residence is performed in the vicinity.

Live stock may be substituted for cultivation under certain conditions. In certain districts a homesteader in good standing may pre-empt a quarter-section alongside his homestead. Price \$3.00 per acre.

Duties.—Six months' residence in each of three years; also 50 acres extra cultivation. Pre-emption patent may be obtained as soon as homestead patent, on certain conditions.

A settler who has exhausted his homestead right may take a purchased homestead in certain Districts. Price \$3.00 per acre.

Duties.—Must reside six months in each of three years, cultivate 50 acres and erect a house worth \$300.

W. W. CORY, Deputy of the Minister of the Interior.

N. B.—Unauthorized publication of this advertisement will not be paid for.

PERSONAL.

St. Catharines, Ont.—"Two years ago I was in a very nervous, generally run-down condition, so that I awoke in the morning more tired than when I retired. The doctors thought I had heart trouble and treated me for it but I got no benefit. I heard of Dr. Pierce's medicine through a friend who had been to your Invalids' Hotel for an operation (which proved entirely successful) and I at once got the 'Favorite Prescription.' I took three bottles altogether and at the end of three weeks I felt entirely cured and have been well and strong since, without a single bad spell. I stopped taking it about three months ago and am glad to tell you one how splendidly your medicine has healed me."—MRS. JOHN LEWIS, 53 Niagara St., St. Catharines, Ont.

The mighty restorative power of Dr. Pierce's Favorite Prescription speedily causes all womanly troubles to disappear and brings back health and strength to nervous, irritable and exhausted women. It is a wonderful prescription prepared only from nature's roots and herbs with no alcohol to falsely stimulate and no narcotics to wreck the nerves. It banishes pain, headache, backache, low spirits, hot flashes, worry and sleeplessness surely and without loss of time.

Get it now! All druggists.
A Great Book Every Woman Should Have. Over a million copies of "The People's Common Sense Medical Adviser" are now in the hands of the people. It is a book that everyone should have and read in case of accident or sickness. Send fifty cents or stamps to Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., and enclose this notice and you will receive by return mail, all charges and customs duty prepaid, this valuable book.

EXTERMINATE THE HOUSE FLY

The house-fly is the dirtiest of all vermin. It visits the filthiest places imaginable and then distributes the filth over our food. It carries the germs of typhoid, infantile diarrhoea, and other intestinal diseases, and, probably assists in the spread of tuberculosis. Hence, it is not merely very dirty, but exceedingly dangerous, as well.

Means of protection against flies are common; doors and windows may be screened, fly papers, traps, "swatters," and poison may be employed to kill those that do enter the house. But these purely defensive measures are not enough. The war must be carried into the enemy's country: the fly must be exterminated.

To wage war with the adult fly is to go into a ceaseless battle that can never be decisive in man's favor. The flies form such a numerous host that it is impossible to kill them all in a single season and a very few survivors are sufficient to propagate an equally numerous host the season following.

The only way to exterminate the fly is to attack it in the larval or maggot form. Flies lay their eggs in manure or garbage; ten days from the time of hatching the maggots emerge as winged insects, fully equipped for distributing disease-breeding bacteria. But a city with clean back yards and clean stable premises would be a flyless city, for it would have abolished the flies' breeding grounds. The plan of campaign against these annoying and dangerous pests is thus plain: we must clean up, not once or twice a year, but all the time. City by-laws should require all owners of stables to keep manure in a fly-tight, covered box and to have it removed at least twice a week. A similar law should apply to the disposal of garbage.

Experiments conducted by the U.S. Dept. of Agriculture have shown that the fly larvae in manure and other refuse may be killed and other refuse may be killed with borax, one pound of borax being sufficient to treat 16 cubic feet, or very nearly 13 bushels of manure. If used in larger quantities the borax may prove injurious to plants. The borax should be sifted over the manure, particularly near the edges of the pile, which should then be sprinkled with four gallons of water. This treatment will kill 98 to 99 per cent of all the larvae in the manure.

THE GARDEN OF EDEN.

The chief peculiarity about Kurna is that the natives believe the place where they live is the exact site of the garden of Eden.

The climate of Kurna is acknowledged to be the most trying in all the world. The heat is terrific in all the summer time. It is claimed that the British Government has a record of 159 degrees in the shade at Busreh.

The missionaries at Busreh tell of nights when the thermometer registers not less than 125 degrees. The Europeans at Busreh must pass days in underground chambers, or serdaubs, while a native boy pulls a huge fan, or punkah, suspended from the ceiling, to keep the air in circulation. The nights are spent on the roof, for it is impossible to sleep below.

In the winter time the air seems exceedingly cold, for the marshes are filled with salt, and as the wind sweeps over the plain, the moist air is peculiarly penetrating. Frequently the Arab, numbed by the cold, falls off his horse.

PORCINE PROPINQUITY

Visitor—My good man, you keep your pigs much too near the house.

Cottager—That's just what the doctor said, mum. But I don't see how it's agoin' to hurt 'em.—Punch

REFRIGERATOR MUST KEEP FOODS CLEAN

Cold is Not Enough—How to Get Best Results From the "Ice Box"

Let us put the refrigerator in a convenient place where we can reach it without a day's journey or a climbing of steps. A refrigerator in a basement or on a stair landing loses much of its benefit, besides, it does not get the attention needed. The purpose of a refrigerator is to keep food wholesome as well as cold, and if it is not sweet and clean at all times a warning odor develops and soon digestive troubles and illness in the family follow.

Some refrigerators are hard to clean; some are ice-eaters; some are hard to store the food in economically. In that last fault the general trouble is covered. Too often when the door of the refrigerator is opened a blast of warm air is driven through the ice compartment and not only is ice wasted but the food must be chilled again. When the air circulation is good, minor defects, such as lack of space, bad shape of box, sharp angles that are hard to clean and ugly appearance, may be overlooked, for the perfect refrigerator is not yet built.

Cooler Near Bottom

As hot air is lighter than cold the coolest spot in the food chamber will be on or near the bottom of the box. Two-thirds of our housekeepers remember this and arrange foods accordingly; the remainder put articles they want very cold on the upper shelves "because it is nearer the ice." One of the most extravagant ways of using ice is to put food directly upon it; this melts it and does not cool anything evenly. An ice blanket should always be laid upon the ice to keep the air from striking it when the lid is raised. These "blankets" are made of heavy paper, and one will last several days; housefurnishing stores sell them.

Watch the Drip Pipe

When a refrigerator is scalded once a week and washed once a week with a brush and suds and kept free from too aged foods, it would seem there could be no cause for trouble, but even with such care we have had reason to think something wrong. As only the drip pipe remained to investigate, the refrigerator was pulled off the zinc mat, the drip pan removed and the drainage carefully examined. Of course it was choked, and needed to be blown out and then sterilized. In order to make it as airtight as possible, an ambitious maid had stuffed a sponge into it, thinking the water would seep through as the ice melted. The drip cup that attaches to the drainage hole of every ice box is so arranged that it prevents air rushing into the ice chamber—nothing else is needed. However, this little cup should be cleaned twice a week at least, or it becomes filled up and the melted ice overflows it.—Henrietta Gruel.

COUNTRY LIFE CHANGED

New Markets and Advantages Await the Modern Farmer

Transportation facilities of a new type that combine great power and speed—the steam and electric railways, good roads and the automobile—have contributed, in a wonderful degree, to annihilate distances in the countryside. This means that new markets for buying and selling have opened up to the farmer, and that the circumference of his business possibilities has been extended at least a hundred fold. A greater portion of humanity is now dependent on him than formerly, and his opportunities for competing with others have been enlarged, while he finds that his competitors are also greatly increased in number. He is, therefore, forced to become a man of larger affairs and keener understanding. His intellectual life is thus stimulated, and his outlook upon the world greatly broadened. The automobile and the inter-urban car make it possible for him to enjoy the active social relationships of people many times farther away than it was possible when he had to depend upon the horse. The social life of the farm has been enhanced, and there is growing up in the country a true rural aristocracy of a very high type.

New transmitters of intelligence have become available to the country. The telephone and daily delivery of mail have obliterated the isolation so well preserved to only a half-generation ago. By the use of the community telephone, often owned by the farmers themselves, the whole community is welded together, and the news of the whole countryside becomes known in each home. Engagements are made by wire, social meetings are arranged, business transacted, and the young people may have visits daily with one another. The daily papers from the urban centres bring to the family the latest intelligence of the world's progress. The government acts as the farmer's messenger quite as efficiently as for the most favored citizen.

Examine the Auto's Brakes

Not only should the automobile driver give prompt attention to any indication that his brake is not acting with full efficiency and adjust it at once, but he should make it a point to examine all his brake connections periodically to see if they are working at or near the end of their possible movement. When the surface of the lining becomes worn, it may happen that when the brake lever is put backward to its full extent, with all the power available, it may hold the car nicely on a moderate grade or at a moderate speed, but will not permit further power being applied, for the reason that the levers and connections cannot be moved any farther in the direction required.

Don't forget that the bull needs fresh air and exercise. Let him out in a corral every day, he will keep in better shape and be easier to handle.

SUNDAY SCHOOL.

Lesson XIII.—Second Quarter, For June 25, 1916.

THE INTERNATIONAL SERIES.

Text of the Lesson, Phil. i, 1-11; iv, 1-9—Quarterly Review—Golden Text, Phil. iv, 8—Commentary Prepared by Rev. D. M. Stearns.

LESSON I.—The conversion of Saul. Acts ix, 1-11, 17-19. Golden Text, I Tim. i, 15. "Christ Jesus came into the world to save sinners, of whom I am chief." That God should choose such a vessel for such a purpose is to us a very great mystery, but we know that His way is perfect, and it was a foreshadowing of the conversion of Israel as a nation by His appearing to them in glory, when they shall become a nation of Pauls, with all his zeal.

LESSON II.—Aeneas and Dorcas, Acts ix, 32-43. Golden Text, Tit. ii, 7. "In all things showing thyself an example of good works." The result of these two miracles of health to Aeneas and a return to life in a mortal body to Dorcas (which was no gain to her) was that many turned to the Lord and believed in Him and thus helped to complete His body, the church, the one only thing worth living for.

LESSON III.—Peter and Cornelius, Acts x, 1-16. Golden Text, Rom. x, 12. "The same Lord is Lord of all and is rich unto all that call upon Him." Because of the Easter lesson next week we take the whole chapter and see a Gentle household, with kinsmen and friends, hearing and receiving the word of the Lord, and in Him forgiveness, and the gift of the Holy Spirit (verses 24, 44). Note the agents.

LESSON IV.—The risen Christ, I Cor. xv, 1-11. Golden Text, I Cor. xv, 20. "Now hath Christ been raised from the dead, the first fruits of them that are asleep." Our salvation and all included in it depend upon a risen Christ who waits for a company of people in redeemed bodies like His own. Then shall He begin His reign on earth, and we shall reign with Him till He hath subdued all things unto Himself.

LESSON V.—Peter delivered from prison, Acts xii, 1-11. Golden Text, Ps. xxxiv, 7. "The angel of Jehovah encampeth round about them that fear Him and delivereth them." The devil hates God and Christ and His people and He truth, and seems to think that he can succeed in opposing God, but our Lord has assured us that all the wisdom of hell cannot prevail against Him or His people (Matt. xvi, 18).

LESSON VI.—The missionaries of Antioch, Acts xiii, 19-26; xiii, 1-3. Golden Text, Matt. xxviii, 19. "Go ye therefore and make disciples of all the nations." The disciples were so slow to obey the command to go and tell that the Lord allowed persecution to scatter the believers, and all but the apostles went forth with the word of life even as far as Antioch. Later the Holy Spirit called Paul and Barnabas.

LESSON VII.—Lo, we turn to the gentiles, Acts xiii, 13-52. Golden Text, Acts xiii, 47. "I have set thee for a light of the gentiles." On this tour the glad tidings were carried in today's lesson to Cyprus and to Antioch, and we have one of Paul's great sermons, giving the substance of his teaching, which was always Christ crucified and risen and coming again to set up His kingdom and forgiveness for all who receive Him.

LESSON VIII.—The cripple of Lystra, Acts xiv, 8-20. Golden Text, Isa. xl, 29. "He giveth power to the faint, and to him that hath no might He increaseth strength." Everywhere preaching the gospel of the grace of God and the kingdom and magnifying the Lord in life and death, thus they went from place to place (verses 3, 7, 21, 22, 27). The coming to life of Paul and his power to continue were more wonderful than the healing of the lame man.

LESSON IX.—The council at Jerusalem, Acts xv, 1-35. Golden Text, Gal. v, 1. "For freedom did Christ set us free." A full salvation through Jesus Christ without any good deeds of ours has always been opposed by the devil from the time of Cain, and never more so than now. Witness the enmity of the Unitarians and others to salvation by the blood of Christ alone, yet Tit. iii, 5, and other texts emphasize "not by works of righteousness."

LESSON X.—The call of the west. Acts xvi, 6-15. Golden Text, Acts xvi, 9. "Come over into Macedonia and help us." Farther and farther the glad tidings are carried, for God would have all to hear, but the messengers are so few. In this case human weakness is overruled by God to send out four instead of two missionaries, the Holy Spirit controlling, and the gospel is taken to Europe.

LESSON XI.—Sowing and reaping and the Spirit teaching, Gal. vi I Cor. ii, 10. Golden Text, I Cor. ii, 10. "For the Spirit searcheth all things—yea, the deep things of God." When we become new creatures in Christ by faith alone, then it becomes our privilege to be so given up to the Spirit that He alone may guide and teach and in all things so control that we shall not sow to the flesh nor build to be destroyed.

LESSON XII.—The Philippian jailer, Acts xvi, 19-34. Golden Text, Acts xvi, 31. "Believe on the Lord Jesus and thou shalt be saved, thou and thy house." The third household saved in the story of the Acts. See Cornelius and Lydia. What strange events in this case—an evil spirit speaking the truth, a demon cast out, a persecution and imprisonment, praises at midnight with prayer, an earthquake, a household saved.

COMFORT SOAP

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