STORE

To Cure a Cold Quickly

IS POSSIBLE

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DURHAM, OCTOBER 31, 1912.

GREAT EXPANSION

The development of the country and the rapid extension of the Chronicle last week. It pays areas of settlement is calling corresponding increases in and extensions of the postal service. An idea of the rapid strides made is Robert Lindsay, given by the fact that almost 600 new post offices have been opened in different parts of the coun- friend, Miss Agnes McGirr. try since January 1st, 1912. The number is increasing monthly for the monthly average from July 1st to October 1st, has been at the rate of sixty. The grouping together of new inhabitants necessi- for the winter months. Last Suntates the establishment of post day was closing day. Mr. J. M. offices. The majority of those Latimer, of town, was present, and being opened are in the west, but the older parts of the country are not being neglected. Ontario. average attendance for the sum-Quebec, and the Maritime prov- mer was 55. After all expenses receive their share according to the increase of popu- next year's work. lation, an increase specially noticeable in the cities.

An idea of the development of the west may be given in the number of new post offices estab- A Paper read by Miss Alice Black at Assign a plot to each pupil, the who had been cured of a sickness like lished in the Prairie provinces and the Far West in one month. Out of seventy-six new offices opened on July 1st, fifty were in points in the Prairie provinces and the Far West. The same ratio been kept on August 1st, September 1st and October 1st of this year.

The department is also catering to the needs of the people in the rapid extension of the rural mail delivery scheme. By an act passed pioneer work to be done in clearing week if the season is not far enough produce of his own plot and may use last session a superintendent was appointed over the rural mail delivery branch. His work was to specialize on that branch of the department's work. This has been successful and beginning with November 1st of the present year, the rural mail carriers will cultivated now, remembering the hoe across the plot and makes a little be equipped with a supply orders and stamps and authorized to take registered letters so that frequent visits on the part inhabitants to the post offices in outlying districts will be unnecessary, with a consequent saving of time and labor. The result will be a former rural mail carrier a travelling transformed into postmaster.

Mr. Bolduc, the new superintendent, states that at the end of the present year there will about twelve hundred rural mail delivery routes in operation throughout the country. At present there are almost nine hundred. had been in operation when Hon. L. P. Pelletier took up the reins of his department. At that time the scheme had been in operation for four years. The result of Mr. Pelletier's work in appointing special superintendent will be seen at the end of the year when many routes will have been established by him in fifteen months as during the four years of Liberal administration. This is all the more creditable as the circular route has been put in operation. The route under the old system was simply between places already intelligent interest in farming operaestablished but the circular route takes in more outlying parts well as the existing route, and brings greater benefit.

The Postmaster-General had intended to see for himself growth of the country, and visit the West before the opening Parliament, but his work in England and the early opening Parliament have prevented him, and he will be compelled to wait for a more opportune time.

HAMPDEN.

Miss Wilena Binnie Thanksgiving Day at her home at Bunessan.

Mr. and Mrs. James Anderson at the home of his father here. A few from around here attended the anniversary services

fell on his arm, breaking it, and each for his garden. Very good selecbe able to use his arm again. Also another of our elders, Mr. Henry Ford, while working in his hay mow, fell accidentally over edge of the mow, and, striking on his head, badly injured his back a very unlucky man, but we will expect to see him around among us before long.

Sacrament will be dispensed on Sunday, November 3rd, at Hampden church. Dr. Farquharson will conduct preparatory service on ler. Thursday afternoon.

Mr. Norman Anderson spent Thanksgiving at his home here. Park one day recently.

RIVERDALE.

Mrs. Robt. McFadden Thanksgiving in Toronto. Miss Agnes McGirr, teacher Shelburne, spent Thanksgiving at

her home here. Mr. and Mrs. Thos. Fentiman, of Toronto, spent over the holiday Staples.

Councillor Lindsay had a gang of men gravelling Lambton street. IN POSTAL SERVICE He is making a first-class job.

Mr. Wm. Atkinson sold three of the horses he advertised in The advertise in The Chronicle. Mr. and Mrs. A. W. Hunt, of Vickers, spent Thanksgiving Day

with her parents, Mr. and Mrs. of Shelburne, Miss Morrison, spent Thanksgiving with her

Miss Annie Lawrence, teacher at Swinton Park, spent the holiday at her home here. Miss Alice Donnelly, of Vickers,

spent over Sunday with her aunt, Mrs. Robt. Bell. The Sabbath school has closed gave a very pleasing and inter-

esting talk. The summer has been a very successful one. The are paid, there will be a balance in the treasury of \$6.25, to start

School Gardening.

Teachers' Association.

out so much literature regarding gers can make it. All the work so far School Gardening, that no teacher can may be done out of school bours, fail to be informed regarding the re- though it is customary to devote an quired size and location of the garden, as well as the qualifications necessary to the teacher in order to 'receive a

It would be wasting time to repeat that here, and I shall proceed to describe the actual carrying on of the werk In many cases there will be Day which may be postponed for a away prejudice against the garden and

" I took a piece of plastic clay, And idly fashioned it one day, And as my fingers pressed it, still It moved and yielded to my will. I come azain, when days are past, The bit of clay was hard at last. The form I gave it, still it bore But I could change that form no more.

I took a piece of living clay, And gently formed it day by day. And moulded, with my power and art, A young child's soft and yielding heart. I come again, when years were gone-He still that early impress bore And I could change it nevermore.

As "the power that moves the world is the power of the teacher, the first necessity for a successful school garden, is a hopeful, enthusiastic teacher, who is confident that she is working for the best interests of her pupils, in helping them to form Of this number about six hundred habits of industry, patience and respect for labor, besides opening up to them a source of pleasure and profit that will last a lifetime.

Begin to talk of a school garden early in the year. Listen very re- one grain of wheat or barley. spectfully to the objections, which will vary from "We send our children to school to be educated. We can nuts. let them hoe and pull weeds at home." to "Is this going to raise the taxes? found in the garden and find out how the understanding heart." If so we can't consider the scheme."

to deal with injurious ones. Explain that this will tend to keep he boys and girls in the country and on the farm by linking together the every pupil every morning to note interests of home and school. That developments. Explain the necesthere will be developed a respect for sity of stirring up the soil after rain labour, the rights of others and a in order to conserve the moisture desire to beautify the average rural home. That the child will take an tions and having formed habits of ery week for garden work. Friday observing, experimenting and rec- afternoon from 8 to 4 is very suitable. ording will carry these into later life. March the pupils out carrying their That the other subjects will be made tools with directions to weed and hoe more vital, by having at hand such an their plots, make observations, visit abundance of material from which to gather art studies, subjects for composition, practical problems in Arithmetic, lessons in Nature Study. Time and the children will convince them if to see the ardour with which they

literature along these lines, and as a rule they will at least be fair-minded enough to allow you to have a chance to prove the soundness of your the-

Have the land securely fenced and prepared in the fall. If extra land is not available, a strip of playground might be utilized. Much better have a small garden well kept than a large one neglected. If the garden is not eligible for a grant, the trustees might are spending two weeks' holidays grant you ten or fifteen dallars to carry on the work or the funds might

he raised by having an entertainment, Some day in March write on the Bb. a list of flowers and vegetable seeds Mr. John Milligan, while driving ontainsble from the O. A. C. Allow cattle to market one day recently, each child to select two variebies of also putting it out of joint. We bion would be lettuce, carrots, verbens. hope that it may heal quickly, aster or beans, onions, petunia and and that Mr. Milligan will soon dwarf nusturtium. The teacher should keep a record of each child's choice in ber Gorden Journal, which should be started at once. Order the seeds early. The U. A. C. will also supply free many varie ies of grains, corns, legumes, etc., besides forest tree seedand chest. Mr .Ford seems to be lings and a picture of the college which should be passepartouted and hung in the school-room. Put some hooks relating to S. G. into the Li-

> Among Country Schools-Kerns. Chitdren's Gardens-Louise K. Mil

Take the Schools' and Teachers' Bulletin, 10c per annum, supplied by the O. A. C., Guelph, Ont., each child to supply himself with 4 stakes, 2 in. Miss Jennie Thompson, of Owen to supply himself with 4 stakes, 2 in. Sound, visited with Mrs. Archie square, 1 ft. long sharpened, also a

for marking the rows. It adds to the appearance of the garden to have the large stakes painted white

Then plan out your garden, roughly at first, then have it drawn on the B. b. to a scale, Each teacher will plan a slightly different garden. On the B. h. is a plan of a garden for 23 pupils with six extra plots for econwith her parents, Mr. and Mrs. J. omic plants and experiments. The paths running lengthwise are 2 ft. wide, crosswise 3 ft. Plots for 3rd and 4th classes 5 ft. x10 ft, for 2nd and 1st 5 ft. x9 ft. These junior pupils will grow one rowof each kind of seed while the Sr. will grow two.

> The O. A. C. will supply bookle's containing hints on gardening and it is now time to prepare the garden journals of the senior classes. They may be asked to make designs for the cover and the hest one chosen and put on a dark green or brown heavy paper to form the cover. Insert the booklets and Science Note Book paper, tying all with a dark cord. Have the pupils record all their observations during the week, in a scribbling book, correct errors and have these notes re-copied into the Journals with pen and ink. After staking out the garden or planting it will be necessary for the teacher to say " Now you must put a record of that in your journal." Tools must be ordered. Buy half as many hoes as you have pupils and the same number of rakes, a spade and a couple of watering cans.

> As soon as fine weather comes in April, borrow a wheelbarrow and have any rubbish or large stones wheeled away, Have the large stakes on hand and stake out your garden, using a long tape line to measure with and binding twine to stretch from end to end and side to side, putting stakes at the places where the twine crosses thus hastening the work,

the recent meeting of South Grey | teacher choosing one also and soon | mine. I took "Fruit-a-tives" and in a all will be busy digging up the soil. pulverizing and levelling it, until every plot presents a level surface The Department of Education sends topped with soil as fine as little finhour a week to outdoor work when the garden gets started. But most children are eager to do garden work any time and how those hours spent in the garden draw teacher and pupil

The planting may be done on Arbor advanced or the weather unsuitable. it as he wishes but on no account false conceptions of its aims and ideals. Of course everything cannot go in shall be touch that of his neighbor. Parture to yourself the average rural now, but a start is made and the other chool where the cunning hand of the seeds ore sown as the suitable time arwithin its walls. If they are to have take a package of seed and their garden will present a fine appearopen country, for what is " real and watch the teacher as she measures hearty and spontaneous" it must be the distance from the stake, lays a trench and sows the seed. They will the rest. Be careful not to sow seed too thickly or deeply.

> The weather is now a matter of importance and on a rainy day you will be contronted by row after row of smiling faces for this is good for the garden.

least should be given some experi- gates securely fastened. ment to work out and these must be kept in mind at planting time. Experiments such as the following might be performed.

1. Make comparisons between a and a row grown from seeds planted in the garden.

a row grown in heads. 3. Make a study of different vari

2. Compare a row of lettuce with

eti s of corn. 4. Keep a record of the yield from

Experiment with growing pea-

The garden will be visited by and noes and rakes will then be in evidence. Choose some period ev each other's plots and chat away as much as they please. It is indeed a pleasure to conduct such an exercise, attend to their plot, their helpfulness partake in the happy enthusiasm that the time expires march in putting away the tools cleaned and ready

WATCHES

isfaction.

"Fruit-a-tives" Cured Her Kidneys



MISS MAGGIE JANNACK

MOUNTAIN, ONT., DEC. 14th. 1910 "I desire to let the world know the great debt I owe "Fruit-a-tives" which saved my life when I had given up hope of ever being well again.

For six years, I suffered from dreadful Kidney Disease. My legs and lower part of my body were fearfully swollen. The pain in my side and legs would be so bad that I would faint with the agony. Five different doctors attended me and all said it was Kidney Disease and

gave me no hope of getting well. A kind neighbor visited me and mentioned the case of Mrs. Fenwick short time, I began to feel better-the swelling went down - the pains were easier-and soon I was well.

I have gained over 30 pounds since taking "Fruit-a-tives"-and my friends look upon my recovery as a miracle."

(MISS) MAGGIE JANNACK. "Fruit-a-tives" are sold by all dealers at 50c a box, 6 for \$2.50, trial size, 25c.or sent on receipt of price by Pruit-atives Limited, Ottawa.

for use again. Each pupil owns the

Transplant the seedlings early in Teacher is moulding the little lives rives. First have each 4th class pupils June. Toward the end of June the a love for working in the soil, for the splints and going out to the garden, ance, but now the time has come to leave it and arrangements must be made for its care during the helidays. Spend an hour in it the last do the same and in turn help to teach day and see that everything is left in the best of condition. Arrange with three or four pupils to have it weeded and hoed for a small fee. Assign a particular date to each one. If the teacher could make it conven icnt, it is well to arrange to have the school meet in the garden at least once during holidays. See that the Each child in the senior classes at fences are in good repair and the *****************************

> During the vacation the garden will be gay with flowers a mass of color and many will be the visits paid to it, by people who perhaps took little interest in school work berow of transplanted aster seedlings fore. The children will take home bouque s and from this will arise a desire to have flowers at home.

In the fall, take up the vegetables, clear away the rubbish and dig the plants. Try to arrange an exhibit at the fair to show what may be accomplished, remembering the fact that the main object is not to grow beautiful flowers and fine vegetables but to train children to have the Make a collection of insects " seeing eye, the hearing ear and As the teacher looks out over the

garden, after her year's work in it has been accomplished, she may be unconsciously repeating Bailey's words when he says: I dropped a seed into the earth. It grew and the plant was mine All I know is that I planted something apparently as lifeless as a grain of sand, and there came forth a green and living thing unlike the seed, unlike the soil in which it stood, unlike the air in which it grew. No one could tell me why it grew nor how. Il had secrets all its own, secrets that baffle the wisest men ; yet this plant was my friend I went away on a vaeation and when I returned the plant Keep your trustees supplied with to each other, to hear the friendly was dead; and I missed it. Alcruicisms of each other's results and though my little plant had died so soon it had taught me a lesson; and characterizes such an hour. When the lesson is that "it is worth while to have a plant. ALICE M. BLACK.

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Have you noticed the number of Happy Thought ranges we have been sending out lately? The public have found out there is no range to equpl the Happy Thought; consequently any person with any knowledge of ranges buys the kind we sell, and become happy forever. We sell the best of everything.

- W. BLACK -

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building now used by the Traders Bank. 4. My residence on Corner of Albert and Mill Street, also large lot on

Corner of Elgin and Mill Street on which is a good barn. TERMS OF PAYMENT to suit purchaser, or will exchange for Northwest land. Apply to me personally or to

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