

No Sick Person can Afford

to throw away this chance to get a 50c. bottle of Psychine FREE

This being ill is curious business. It usually commences in a subtle fashion, almost unconsciously. Yet if you do not check your illness, it grows and grows. And one fine day you find you're sick.

The greatest scavengers of the body are the white corpuscles, or phagocytes in the blood. These white corpuscles attack and eat up every germ of disease that invades the body. That is when they are strong enough and in sufficient numbers. If they're not strong enough, then they wage an unequal warfare until they are finally overcome by their more powerful enemies. The body becomes steadily sicker and sicker until actual disease sets in.

Now, we have had all sorts of so-called cures. And a great many people have seriously endangering their health experimenting with them. But years ago—before even science was able to tell we had the right treatment for disease—viz., herbs, nature's own remedies. Now that science can tell to an absolute certainty, we know why certain herbs cure disease. Because they strengthen and increase the white corpuscles or phagocytes.

A third of a century ago Psychine made remarkable cures. To-day it is making remarkable cures. In the interim, millions of bottles of Psychine have been sold. Hundreds of thousands of people made well and kept well. Why? Because Psychine is largely made up of those herbs that scientists now know increase and strengthen the white corpuscles, the phagocytes. That's why we have received hundreds of thousands of unsolicited testimonials, that's why we can afford to buy and give away hundreds of thousands of 50-cent bottles of Psychine, that's why Psychine benefits these diseases:

- La Grippe
- Bronchitis
- Hemorrhages
- Sore Throat
- Anemia
- Female Weakness
- Indigestion
- Poor Appetite
- Chills and Fevers
- Sleeplessness and Nervous Troubles
- After-effects of Pleurisy, Pneumonia and La Grippe.
- Bronchial Coughs
- Weak Lungs
- Weak Voice
- Spring Weakness
- Early Decline
- Catarrhal Affections
- Catarrh of Stomach
- Night Sweats
- Obstinate Coughs
- Laryngitis and Dyspepsia

Now we don't ask you to take our word for the tremendously beneficial effects of Psychine. Fill out the coupon below, mail it to us and we'll give

your druggist an order (for which we pay him the regular retail price) for a 50-cent bottle of Psychine to be given you free of cost.

We will undoubtedly buy and distribute in this manner, hundreds of thousands of these 50-cent bottles of Psychine.

And we do that to show our entire confidence in this wonderful preparation.

A confidence that has been based on our 30 years' experience with this splendid preparation, with a full knowledge of the hundreds of thousands of cures it has made.

COUPON No. 28

To the Dr. T. A. SLOCUM, Ltd. 193-195 Spadina Ave., Toronto

I accept your offer to try a 50c. bottle of Psychine (pronounced Si-keen) at your expense. I have not had a 50c. bottle of Psychine under this plan. Kindly advise my druggist to deliver this bottle to me.

My Name.....

Town.....

Street and Number.....

My Druggist's Name.....

Street and Number.....

This coupon is not good for a 50c. bottle of Psychine if presented to the druggist—it must be sent us—we will then buy the 50c. bottle of Psychine from your druggist and direct him to deliver it to you. This offer may be withdrawn at any time without notice. Send coupon to-day.

SUNDAY SCHOOL.

Lesson VIII.—First Quarter, For Feb. 19, 1911.

THE INTERNATIONAL SERIES.

Text of the Lesson, 1 Kings xix, 1-16. Memory Verses, 11-13—Golden Text, Isa. xl, 31—Commentary Prepared by Rev. D. M. Stearns.

In the last lesson we left Elijah in humble, patient, persevering, believing prayer on the top of Carmel, down upon the earth with his face between his knees, commanding his servant to go again and again, even seven times, until he should see some indication of the promised rain. At the seventh time the servant saw a little cloud like a man's hand, and soon the heaven was black with clouds and wind, and there was a great rain. How suggestive the little cloud was of the man's hand that was taking hold of God in prayer!

How great the contrast between Ahab eating and drinking, enjoying himself, thinking more of horses and mules than of perishing people (xviii, 5), and the man of God caring only for the glory of the living and true God, whom he represented! Since the Lord said to Elijah when He sent him to meet Ahab, "I will send rain upon the earth" (xviii, 1), why should Elijah need to pray so earnestly for it? This is perplexing to many, but it is His way. Concerning His great promises to Israel in the future He says, "I will yet for this be inquired of by the house of Israel to do it for them" (Ezek. xxxvi, 37).

The question should search us, Have we anything of the zeal for God and persevering prayer that Elijah had? When Ahab reached home and told Jezebel all that Elijah had done she was angry indeed and sent a messenger to him with a threat that she would have his life within twenty-four hours. Now comes the strange part of the story in the seemingly sad fact that the man of God who feared not Ahab nor all the prophets of Baal should see for his life at the threat of this wicked woman when it seemed that he was needed so much just at that time to lead the people back to the God who had answered by fire. By a look in the wrong direction he seemed to lose his hold on God. Like Peter, when he saw the wind bolstered, he began to sink (Matt. xiv, 30). If we would be established we must always see the Lord alone and remember if God be for us who can be against us.

As he sat under a juniper tree far away in the wilderness he realized that he was no better than others and not worthy to live. The conflict was too severe, and he would fain be at rest. He was a man just as weak as any of us and strong only in the Lord. The Lord, who is always full of compassion, had not forsaken His weary and discouraged servant, and as he lay and slept one of those blessed ministering spirits (Heb. 1, 14) prepared something for him to eat and drink and awakened him that he might be refreshed with food as well as sleep. Again he slept, and again he was awakened to partake of more food. In the strength of which he went forty days and forty nights unto Horeb, the mount of God (verse 8).

There he lodged in a cave, and the same Lord who cared for him at Cherith and Zarephath must have cared for him at Horeb, but what were his meditations? Did he think of him to whom the Lord here appeared in the bush that burned, but was not consumed, and who here fasted forty days on two different occasions? Did he think of the thunders and lightnings and quaking of the mount at the giving of the law (Ex. iii and xix), and did he long for some manifestation of God? Could he forget the answers from heaven on Carmel so recently? But many days or even weeks had passed since then, and he had not been in full fellowship. It is a sad thing to lose in any way or for any length of time the conscious fellowship with God which is our privilege.

Well, in due time the word of the Lord came to him with the question, "What doest thou here, Elijah?" (Verses 9, 13.) His answer each time was that he had been very jealous for the Lord God of hosts and that he was the only prophet left and they were seeking his life (verses 10, 14). After his first reply he was told to go forth and stand upon the mount before the Lord. Then came a great wind which rent the mountains and broke in pieces the rocks before the Lord, then an earthquake and then a fire, but it was not until after the fire there came a still small voice that Elijah heard the second question, "What doest thou here?" After all that he had just seen and experienced his answer is the same, and he is still occupied with himself and his zeal for God and his importance to God.

He was a man of mighty deeds and evidently thought that only in some mighty way could Israel be cleansed from her idolatry. God has a way so different from our way ofttimes (Isa. lv, 8, 9), and it becomes us to hear and heed His voice, "I will work, and who shall hinder it?" (Isa. xliii, 13.) How suggestive and searching his commission now as well as the twice repeated "What doest thou here?" "Go, return, anoint Elisha to be prophet in thy room; I have left Me seven thousand in Israel" (Iv, 15). Let us never think that we are the only helpers the Lord has nor that we are all important to Him, lest He set us aside and appoint another.

RIGHTS OF WOMEN.

The rights of women what are they? The right to labor, love, and pray; The right to weep with those that weep. The right to wake when others sleep. The right to dry the falling tear, The right to quell the rising fear, The right to smooth the brow of care, And win-per comfort in despair. The right to watch the parting breath, To soothe and cheer the bed of death, The right when earthly hopes all fail, To point to that within the veil. The right to wander to reclaim, And win the lost from paths of shame, The right to comfort and to bless, The widow and the fatherless. The right the little ones to guide In simple faith to him who died; With earnest love and gentle praise To bless and cheer their youthful days. The right the intellect to train And guide the soul to noble aim; Teach it to rise above earth's toys, And wing its flights to heavenly joys. The right to live for those we love, The right to die that love to prove, The right to brighten earthly homes With pleasant smiles and gentle tones. Are these thy rights? Then use them well; The holy influence none can tell. If these are thine, why ask for more? Thou hast enough to answer for. Are these thy rights? Then murmur not. That woman's mission is thy lot; Improve the talents God has given, Life's duties done—thy rest in heaven.

FOR AGED PEOPLE

Old Folks Should be Careful in Their Selection of Regulative Medicine. We have a safe, dependable and altogether ideal remedy that is particularly adapted to the requirements of aged people and persons of weak constitutions who suffer from constipation or other bowel disorders. We are so certain that it will relieve these complaints and give absolute satisfaction in every particular that we offer it with our personal guarantee that it shall cost the user nothing if it fails to substantiate our claims. This remedy is called **REXALL ORDERLIES**. Rexall Orderlies have a soothing, strengthening, tonic and regulative action upon the bowels. They remove all irritation, dryness, soreness and weakness. They restore the bowels and associate organs to more vigorous and healthy activity. They are eaten like candy, may be taken at any time without inconvenience, do not cause any griping, nausea, diarrhoea, excessive looseness, flatulence or other disagreeable effect. Price 25c. and 10c. Sold only at our store—The Rexall Store, Macfarlane & Co.

HOUSEHOLD HELPS.

Put grated cheese in soup if the flavor is poor. Iron chiffon with tissue paper over it, and with only a moderately hot iron. Clean marble mantles with benzine. Do not use soap, as that takes off the polish. Try dredging a little flour over the cake before icing to prevent the icing running. When cake-making do not open the oven door often nor shake the cake in any way till set. In dry cake flavors try mixing almond and rose together as a flavor for angel food cake. When beating eggs for a pudding, add the sugar to them, and not the other ingredients. A nice garnish for braised beef consists of sprigs of boiled cauliflower and baked tomatoes. A bowl of slacked lime in a cupboard or closet will quickly absorb any moisture there may be. Carbonate of soda, when used for cakes, should be added to the milk, which should be tepid. If feather pillows have an unpleasant odor place before the fire and give them a thorough drying. A strip of emery cloth makes an excellent grip for unscrewing fountain-pens, stoppers and so on. To remove sewing machine oil on garments soak in turpentine and wash well in cold water with soap. Iced cakes or tarts, when returned to the oven after icing, require only sufficient heat to harden the sugar. Vegetables cooked in a steamer are supposed to be more nourishing than those cooked in the ordinary way. When washing red-bordered covers or quilts, dissolve a little borax in the water in order to preserve the color.

FOR BALD HEADS

A Treatment That Costs Nothing If It Fails. We want you to try three large bottles of Rexall '93' Hair Tonic on our personal guarantee that the trial will not cost you a penny if it does not give you absolute satisfaction. That's proof of our faith in this remedy, and it should indisputably demonstrate that we know what we are talking about when we say that Rexall '93' Hair Tonic will grow hair on bald heads, except where baldness has been of such long duration that the roots of the hair are entirely dead, the follicles closed and grown over, and the scalp is glazed. Remember we are basing our statements upon what has already been accomplished by the use of Rexall '93' Hair Tonic, and we have the right to assume that what it has done for thousands of others it will do for you. In any event you cannot lose anything by giving it a trial on our liberal guarantee. Two sizes, 50c. and \$1. Remember you can obtain Rexall Remedies in this community only at our store—The Rexall Store, Macfarlane & Co.

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The Chronicle

O. A. C. RENEWS ITS OFFER OF ASSISTANCE IN DRAINAGE

In July 1909 the Department of Physics at the O.A.C. prepared a plan of drains for a 52 acre block of land that never grew a crop. It was too wet. The drains were laid that autumn. In 1910 that 52 acres yielded potatoes and corn to the value of \$2250. The farm lies within five miles of the city of London. Why had this land lain useless for generations? Perhaps the previous owners thought it could not be drained—as a matter of fact, it was a difficult problem for this land was very flat and the outlet poor. Perhaps they did not believe drainage would pay—this one crop should convince them. Or perhaps they believed in drainage, but did not know just how to undertake such extensive drainage operations. The Ontario Agricultural College is endeavoring to help those in doubt about drainages. Any farmer in Ontario wishing assistance in his drainage problems, may have the same by making application to the Department of Physics, O.A.C., Guelph. As soon as possible after receipt of the application, a drainage advisor is sent to make a survey of the land, after which he makes a complete map, showing the location of the drains, the grade, size of tile, etc. When completed, the map is sent to the owner so that he has an accurate guide to follow in putting in his drains. As in previous years, the only outlay to the farmer is the necessary travelling expenses of one man in connection with the survey. The railways give a rate of a cent a mile for this work, so that the travelling expenses are light. After one survey in each locality a Drainage Demonstration is held right in the field surveyed, to which all the neighbors are invited. At this meeting, simple methods are demonstrated of making a drainage survey, finding the fall of a ditch, determining the grade, digging to grade, etc. Those wishing to make application for a survey, should write the Department of Physics, O.A.C., Guelph, whereupon regular application forms will be sent. Handy in the house as a clock. Davis' Menthol Salve cures quickly a great many of the simple ailments such as cuts, skin injuries, insect bites and stings. 25c. a tin at druggists.

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DURHAM CHRONICLE

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