

For Sale. Jersey Bull Calf, Pedigree. F. PEEL, Durham.

Stray Heifer. from the premises of the ed. April 5th. Lot 32, Con. Glenelg. one heifer two years old. Color, roan with white. Any person giving information that will lead to her being suitably rewarded.

For Sale. BULL—BRED FROM red stock—aged 14 mos. 4 year-old. Building lot on Bruce St. Apply to W. LEGGETTE, Rocky Saugeen.

Farm for Sale. 100 ACRES, BEING 4, Con. 4, N. D. R. Glenelg. acres cleared, balance in good bush. Well watered, well fenced, house, bank barn and implements. Good bearing orchard, about 2 acres ploughed, four acres in possession may be had after further particulars apply to DONALD BEATON, Prop., 1906—14 POMONA P. O.

Farm for Sale. GARAFRAXA ROAD—six miles from Durham. Good season at once. Good land. Must see for particulars apply to J. P. TELFORD, Durham 1905—14

For Sale or Rent. 52, 53—Sideroad 50, 1 1/2 north of Priceville. Farm in condition. Good buildings with stream convenient to the barn. For particulars apply to DUGALD D. MCLACHLAN, Priceville P. O.

Farm for Sale. SECOND AND THIRD lots of lot 16, con. 1, E. G. R., 100 acres. The farm is situated at Saugeen within three miles of Durham, well watered, and for particulars apply to J. P. TELFORD, Durham.

Lot For Sale. LOT NUMBER 13 NORTH Saddle street in the Town of Durham, the county of Grey, containing 1/2 acre or less. For terms and particulars apply to J. P. TELFORD, Vendor's Solicitor, Durham.

For Sale or to Rent. Property on Elgin St., Durham. Good house, hard and water, first class stable and 1/2 land. Will sell cheap to purchaser. For further particulars apply to JOHN McARTHUR, Edge Hill. 19th—3rdp.

House and Lot For Sale. BRUCE ST., DURHAM, NEW brick house, 30x32; 2 1/2 storeys double cellar, cement floor in h.f., furnace in the other half. Barn with stone stable under. Convenient to station, the Factory and Creamery Works. Will sell cheap to purchaser. The owner is going to other particulars apply to W. LEGGETTE, Box 92, DURHAM.

Manby Farm for Sale. 21—IN THE SECOND CON-TION West of the Garafra Road, Township of Normanby, in the county of Grey. For particulars apply to J. P. TELFORD, 1906—14 Barrister, Durham.

For Sale or to Rent. solid brick house of nine on Garafra St., upper town. by furnace; electric lights, class kitchen and furnace. Good woodshed; hard and water. 1/2 acre ground with barn and good barn. Also some pasture lots, well watered. Further particulars apply on to A. GORDON, Durham. 5—14.

HOUSE AND LOT FOR SALE. brick clad house with shop in on Garafra street. business location, also lot adjoining about fifty feet frontage, stable on adjoining lot. Hard water. Will be sold on Apply on premises to Mrs. G. or to Samuel Scott. —2mc.

READ OVER THIS LIST and see what you want Embroideries. Valenciennes Lace. Pillow Lace. Scrim. Art Muslin. Lace Curtains. Dress Goods. Ducks, 10c per yard. Muslins. Prints, 8 to 12c per yd. Cashmere Hose in black and tan. Handkerchiefs. Men's Soft Top Shirts and latest styles in Rubber Collars. Silked Gingham. Zephyrs. All the above goods are new in quality and patterns. Our prices are always right. LARGE QUANTITIES OF Eggs Wanted Weekly

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Farm and Garden Seeds. Government Standard Timothy and Clover.

MATTHEWS & LATIMER THEOBALD'S STAND.

New Resolutions. Every person makes more or less "good resolutions" at the beginning of a new year. Let one of them be that you have resolved to buy your

GROCERIES. From us. We always keep a well assorted stock on hand, and at the lowest possible prices. You will always find our Groceries fresh and clean.

S. SCOTT DURHAM, ONTARIO.

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Implements of all kinds for the Farm, the Home and the Dairy. The Sherlock Organs STANDARD and WHITE Sewing Machines Melotte Separators D. CAMPBELL, Agent. DURHAM, ONT.

THE POINT OF VIEW. They sat before the kitchen range. The corn was bobbing in the pan. She was a sweet and loving lass. He was a brave but bashful man. For full a year on her he'd called And looked the love he bore the maid. But still it seemed he never would Declare himself without her aid. So, weary of the long delay. A hint resolved to give him. She said: "Look at the frisky corn. I do declare it's poppin', Jim!" "It's poppin', poppin', Jim! Dear me! 'What is it tellin', don't you know?" He blushed and rose. "I guess," said he, "It's tellin' me it's time to go!" —Henry Waldorf Francis in Woman's Home Companion.



"Wheels" Are "Headgear." Tom—Twenty dollars for that simple fall hat? You must be crazy! Clara—Well, I must say it's going to my head.—Mail and Express.

Bribing a Governor. "Governor Folk of Missouri," says the Chicago Chronicle, "has been caught in the act of accepting a bribe in exchange for a pardon. The prisoner was sent to jail for six years for false registration, but does not seem to have understood what he was doing. His wife, with her three children, came to see the governor, but he was still in doubt. "The prisoner's five-year-old daughter approached him timidly and said, 'If you let my papa go I'll give you a kiss.' The governor replied a trifle huskily, 'All right, little girl, you shall take him home with you.'"

Outdone. Teacher—Now, boys, I want to see if any of you can make a complete sentence out of two words, both having the same sound to the ear. First Boy—I can, Miss Smith. Teacher—Very well, Robert. Let us hear your sentence. First Boy—Write right. Teacher—Very good. Second Boy—Say, Miss Smith, I can beat that. I can make three words of it—wright, write, right. Third Boy (excitedly)—Gee! Hear this—wright, write, rite, right! Teacher (thrown off her guard)—Whew!—Lippincott's Magazine.

The Fate of Tantalus. Mrs. Gadd—Oh, I'm just dying to get out and tell Mrs. Gabb all the awful things my upstairs girl has told me about the Blifkins family, where she used to live. Mr. Gadd—Well, why don't you go? "I don't dare to," Mrs. Blifkins is trying to coax my cook off, and I know she'll run in the first time I leave the house, and if she gets our cook she'll learn all about us."—Washington Star.

Anomalous. "It's a cold day for me," said the down east man who had just been freed. As he spoke he fell into an icy puddle, which made him hot. "I'm so wet I'm dry," he muttered, picking himself up and entering where swinging doors invited.—New York Times.

No Wonder. "Elsie Davis is the best pianist in our smart set. Her pedaling is simply marvelous." "Yes, but I think it a pity for her to pedal so conspicuously well. It may remind some people that her grandfather was a peddler."—Judge.

Coldly Considered. "He writes beautiful love letters," said the impressionable girl. "Yes," answered Miss Cayenne, "but I hope you will not permit yourself to be misled by a mere literary accomplishment."—Washington Star.

Stopped Inside. "Hello, Leo!" panted the lioness. "I've been chasing a wounded antelope for several miles. Did it pass by here?" "No," replied the lion, licking his chops contentedly. "It didn't pass here."—Worcester Telegram.

Real Philanthropy. Mrs. A.—That woman next door went and got a hat exactly like mine. Mrs. B.—Did you make a fuss about it? Mrs. A.—No, I gave mine to the cook. —Royal Magazine.

Proof Positive. Hyker—My landlady is a cruel hearted woman. Fyker—Why do you think so? Hyker—She says she enjoys seeing her boarders have good appetites.—Detroit Tribune.

Needed the Money. "But is an operation absolutely necessary, doctor?" "Certainly; I've got to have a vacation next month."—Smart Set.



When the bread or cake or pastry comes from the oven light, crisp and appetising, you are wont to say you have had good luck with your baking. The "good luck" idea is a relic of the time when housekeepers pitted their competency against poor flour. To-day good baking isn't a matter of good luck in any home where

Royal Household Flour is intelligently used. In the hands of competent housewives it never fails because it is the whitest, lightest, purest and best baking flour to be had. If the goodness of your baking is due to chance, your grocer is giving you the wrong kind of flour. Ask for Ogilvie's Royal Household. Ogilvie Flour Mills Co., Ltd. Montreal. "Ogilvie's Book for a Cook," contains 130 pages of excellent recipes, some never published before. Your grocer can tell you how to get it FREE. 151

COMMON SALT.

Its Excessive Use a Fruitful Cause of Bright's Disease. Apropos of the recent death of Charles Yerkes from Bright's disease of the kidneys, it seems a fitting time to say something of the danger attending the excessive use of common table salt, especially if one has an affection of the kidneys.

It has been demonstrated by well known physiologists that only small amounts of sodium chloride (common salt) are essential for the well being of man. Bunge claims that a person using a mixed diet only requires from one to two grams (fifteen to thirty grains) daily. However, most people consume excessive amounts, from ten to twenty grams (150 to 300 grains). Professor Widal found that when a patient who had nephritis, or kidney disease, was given ten grams (140 grains) of sodium chloride (common salt) for several days he increased in weight, due to dropsy produced by the salt. The amount of albumen in the urine increased, and headache, nausea and stupor developed, producing a condition resembling uraemic poisoning. Professor Widal was able to make the dropsy appear and disappear at will by increasing or withdrawing the use of the salt.

Recent reports from the New York board of health show that the mortality from kidney disease is greatly on the increase; hence it behooves us as intelligent physicians to disseminate such knowledge as will be preventive or remedial in Bright's disease or other diseases of the kidneys. Refraining from a too strenuous life and the avoidance of excesses, particularly in diet, alcoholic drinks and common salt will do much toward the prevention of diseases of the kidney.

The reason why a person who has nephritis should use but little common salt is because the excessive use of it produces dropsy and retards the activity of the sweat glands by increasing the osmotic pressure of the blood.

Two grams (30 grains) of salt are a great plenty for the average person. Milk contains from 1.2 to 1.7 grams per liter (little over a quart). A hundred grams of bread has an average of 1.3 grams; 100 of beef has about 1.15 grams. Widal, who is a recognized European authority on this subject, recommends the following daily diet in kidney diseases: Four hundred grams (about 12 ounces) of meat, 1,000 grams (about 1 1/2 pounds) of potatoes, 100 grams (about 3 ounces) of sugar, 80 grams (about 2 1/2 ounces) of butter (unsalted) and 2,500 cubic centimeters (about 2 1/2 quarts) of fluids.—Samuel G. Tracy, M. D., in New York Times.

The Root of Neuragic Headache

Is an irritable condition of the nerves caused by cold. Relief comes quickly from Nerviline, the great pain reliever of to-day. "I consider Nerviline a magical remedy for neuralgia," writes Mrs. E. G. Harris of Baltimore. "I never worry if Nerviline is in the house. A few applications never yet failed to kill the pain. I can also recommend Nerviline for stiffness, rheumatism and muscular pains." In use nearly fifty years; try Nerviline yourself.

Grow Seed Peas—little risk now—good profit—Been reading about peas in Guelph College Bulletin and Provincial Crop Records? They say the pea-weevil is gone for seven years. Queer thing about pea-weevil... he comes for seven years and vanishes for seven. This is his first year for vanishing. Safe now to grow seed peas. Report of Department of Agriculture shows average crop is twenty bushels of seed peas to the acre. Some Canadians raise three crops a year. Price ranges from 75c to 85c a bushel. Easy crop to grow... market never glutted... profit sure. Why don't you go into seed peas this Spring?

LITHOGRAPHY.

The Peculiar Accident by Which It Was Discovered. One of the greatest discoveries ever made was the result of the purest accident. It was the year 1796. The citizens of Munich had just witnessed the first triumphant performance of Mozart's opera "Don Juan," and the theater was deserted by all save one man, Alois Sennefelder, who, after making a round of inspection in the building to see that no sparks had ignited anything combustible, retired to his room to stamp the tickets of admission for the day following. When he entered his apartment he had three things in his hand—a polished whetstone which he had purchased for sharpening razors, a ticket stamp still moistened with printing ink and a check on the treasurer of the theater for his weekly salary. As he placed the latter upon the table a gust of wind swept it high up in his room for a moment and then deposited it in a basin filled with water.

Sennefelder dried the wet paper as well as he could and then weighted it down with the whetstone, upon which he had before carelessly placed the stamp. When he returned to his room the following morning he was astonished at seeing the letters of the stamp printed with remarkable accuracy upon the dampened paper. A thought came to him. He wondered whether by some such means he could not simplify his work of continually copying the songs of the chorus. He went out and purchased a large stone, commenced making experiments and, as we all know now, finally discovered the art of printing from stone—lithography.

EXECUTION OF SPIES.

The Way the Death Sentence is Carried Out in England. The ceremony of disposing of a condemned spy in the English army always follows a definite precedent. The unfortunate man is surrounded by a detachment of infantry, and after he is provided with a pick and shovel he is marched off to a selected spot and ordered to dig his own grave. This done, the tools are taken from him and his eyes are bandaged. The attending chaplain reads portions selected from the burial service, and from the ranks of the escort twelve men are selected at random by the officer in charge. These men, having stacked their own rifles, are led to where twelve other rifles are awaiting them, six of which are loaded with blank cartridges. One of these is handed to each man, so that no one knows whether the rifle he holds contains a bullet or not and none can say for certain that the shot fired by him killed the prisoner. The firing party then marches to an appointed position. The commands "Present!" "Fire!" are given, and almost before the last word rings out the volley is fired and the spy falls into the grave he has dug. Nearly every man is more or less affected on being selected to form one of the firing party, and many men have been known to faint away on being singled out, while others are so overcome as to be scarcely able to pull the triggers of their rifles.

Gladstone at the Fair.

In the life of Lord Granville appears this of Mr. Gladstone. He "came over with Mrs. Gladstone and Lord and Lady Sydney, whose guest he was at Deal, because—you would not guess it in a thousand—because there was to be a fair that afternoon, and Mr. Gladstone wanted to try a merry-go-round. Indeed we all went after luncheon, and it was only on assuring him that the opposition papers would make fun of it next morning that Mr. Gladstone renounced a "sure" on the merry-go-round, and he did his best to console himself by strolling into every booth, from the giant woman to the calf with eight legs. Every possible monotony was honored by the premier's visit, who seemed to enjoy himself more than the schoolboys to whom their dons showed the G. O. M."

Fishermen's Queer Ways.

Fishermen have queer customs. A few years ago the fishermen of Preston, Lancashire, used actually to go fishing on Sunday. It seems incredible, but they did. A clergyman of the town used to preach against this Sabbath desecration and pray that they might catch no fish. And they did not. But they found out how to make his prayers of no avail. The fishermen used to make a little effigy of the parson in rags and put this small "guy" up their chimneys. While his reverence was slowly smoked and consumed the fish bit—like anything!—London Fishing Gazette.

Fault Finding.

The constant nagging, querulousness, complaining, dissatisfaction and the inveterate habit of seeing and speaking about the disagreeable side of things are traits which will imbitter the finest natures and in the end ruin the spirit and character of those who are subject to unreasonable and contemptible caviling and complaint.

May Avoid It.

"Whither, dear friend?" "To Africa." "Are you crazy? One hundred and thirty degrees in the shade?" "But I need not go in the shade."

Comforting.

Mabel (looking in mirror)—My face is my fortune. Ethel—Yes, dear. Well, the man who weds you will never be accused of marrying for riches.

Commonly they whose tongue is their weapon use their feet for defense.—Blaney.

CENTRAL Business College STRATFORD, ONT. Our classes are much larger than they were a year ago. The public have learned that this is the best place in the Province to obtain a Commercial Education or Shorthand Training. Students are entering each week. All graduates get good positions. Write now for catalogue. Elliott & McLachlan PRINCIPALS.

TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering for several years with a severe lung affection, and that dread disease Consumption, is anxious to make known to his fellow sufferers the means of cure. To those who desire it, he will cheerfully send, free of charge, a copy of the prescription used, which they will find a sure cure for Consumption, Asthma, Catarrh, Bronchitis and all throat and lung affections. He hopes all sufferers will try his remedy, as it is invaluable. Those desiring the prescription, which will cost them nothing and may prove a blessing, will please address Rev. EDWARD A. WILSON, Brooklyn, N.Y.



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We Satisfy... Our Customers So well that they like to spend their money here.

While we make a specialty of bread, we also bake many other nice things such as Cakes, Doughnuts, Cookies, Buns, Pies, etc., etc. Always fresh.

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The Big 4

CALDER BLOCK HE SELLS CHEAP LACE CURTAINS. 2 yards long, 27-inches wide, \$.25 a pair. 2 1/2 yards long, 27-inches wide, .40 a pair. 2 1/2 yards long, 30-inches wide, .50 a pair. 3 yards long, 37-inches wide, .70 a pair. 3 1/2 yards long, 37-inches wide, .85 a pair. 3 1/2 yards long, 50-inches wide, 1.00 a pair. 3 1/2 yards long, 54-inches wide, 1.40 a pair.

TABLE LINEN. 54 inches wide, 25c a yard. 68 inches wide, 50c yard.

SHEETING. Heavy Twilled Cotton Sheetting, 72-inches wide, 25c a yard. Large 11-4 size Flannellette Blankets, 1 grey and white, \$1.20 a pair.

OILCLOTH. Table Oilcloth, 45-inches wide, 25c yard. Floor Oilcloth, 1, 1 1/2 and 2 yards wide, 25c a square yard.

NEW PRINTS and GINGHAMS now in.

DISHES. American Press-Cut Glass Preserve Dishes, something fine, 25c and 35c each. Crystal and Gold Imitation Cut Glass, 14 piece Table Sets, \$1.75 each.

Double Glass Egg Cups, 75c a dozen. China Egg Cups, 30c dozen. Best Nest Eggs, 2 for 5c.

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DURHAM BAKERY Ogilvie's Royal Household Flour \$5.25 Per Barrel. Fives Roses Flour \$5.25 Per Barrel. Other High Grade Flour, per bbl., at \$4.75 and \$5.00.

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