The Great City is Not so Unprotected as Might Be Imagined.

To many readers the information that serious steps have been and are being taken to defend London against attack will doubtless come as a surprise. Those who are responsible for the national defences have based their action on the theory that if we were unhappily involved in war with a powerful European coalition, and if, still

Downs is thus the southern wall of The line of selected positions side of the river there is another serles of positions selected, running from the north-west, positions have been chosen about Berkhamstead, in the Chilterns. Between the left of the as though my head would burst. I made much deeper than would be nesouthern line and the right of the Es- was feeling very discouraged when a cessary in ordinary cooking, in order sex positions lies the great waterway cure in a case much resembling mine to avoid spilling of the contents in of the Thames. There are two groups Pills came to my notice, and I design the stock pois, in which wholesale boiling is done, are heared by steam; and all among them. But they are now being re-armed with heavy modern guns praise.

CHARACTER IN EYEBROWS.

very well-defined arch in the centre of the eyebrow, while a sense of humor

Long, drooping eyebrows, lying wide ville, Ont. apart, indicate an amiable disposition. · Where the eyebrows are lighter in color than the hair, the indications are lack of vitality and great sensitiveness.

Faintly defined eyebrows, placed high above the nose, are signs of indolence and weakness.

Very black eyebrows give the face an intense and searching expression; when natural they accompany a pas-

sionate temperament. Very light eyebrows rarely are seen citing a profession as it was in the the cooks is lessened, and this fact ofon strongly intellectual faces, though the color of the eyebrow is not accep.ed singly as denoting lack of in-

The toilet of the eyebrows is simple. ed to lie close and smooth to the skin, "please" to the stewards, beg them not greatest triumph. Many a time I've thus resembling the pencilled lines to hurry about filling his orders, and seen the first cabin passengers precwe read of so often by, the aid of a accept food fit to eat as a miracle and some bread and butter, but now, ing in articles for the toilet.

and inclined to be bushy they should be daily trained by brushing, and will, in a short time, show an immense improvement.

little glycerine and rose water will give the delicate line emphasis and brilliancy.

GLASS HOUSES.

the Sisters of Mercy, in Cassel, Germany.

made generous offers of assistance, but gers do not have an elaborate bill of even the Malay States offered to lend fare; but about 3,000 small loaves of Great Britain 300 men, and Hongkong bread are baked for the crew and steer-10 men and four Maxims.

AND HEADACHE.

Mrs. Robins, of Fort Colborne, Tells How She Found a Cure and Assert. the Be-

headaches were the chief symptoms, the steamer galley situation. The nervous trouble was so severe as Hog's back on the right of Halstead, dance. The least exertion, such as compartments which will hold firm- of view. In Kent, on the left. On the other going up stairs for example, would by pans of various sizes. leave me almost breathless, and my heart would palpitate violently. My a steel bar runs along the front and appetite was very fickle and I was back, and separate cross bars may be Tilbury to the Thames, by Brentwood, much reduced in fle.h. The usual champed to these at convenient interto Epping, to protect London against remedies were tried, but d d not he p val. Pois and kettles are hemmed an attack coming through Essex. On me, and eventually I became so weak in, in this way, and to add to their that I was unable to perform my firmness, each is clamped to a cross household dutes, and the headaches I bar with what looks like a large iron suffered from at times made me feel clabaspin. All cocking utensits are

of forts to guard the river. First, on cided to give them a trial. After using is done, are heated by steam; and all the broad estuary that forms the ac- two boxes I found so much re- broiling is done over an immense chartual mouth of the river, there are the lief that I was greatly rejoiced to coal lire. The bakers have a separforts of Sheerness with the defences that would cure me. I continued selves; and beyond them is a cold of Chatham behind them. Further up using Dr. Williams' Pink Pills until I there is another roup of forts to bar had taken eight or nine boxes, when the narrow passage of the river at I considered my cure complete. The the sharp bend just below Gravesend. Palpitation of the heart, nervousness and headaches had disappeared; my Several of these forts are, it must be appetite was again good, and I had admitted, somewhat antiquated and gained in weight nicely. I regard unsatisfactory structures, armed with myself as completely restored and I what a sporting man would call "rath- would urge other women suffering as er a scratch lot" of guns. The old I did to give Dr. Williams' Pink Pills muzzle Toader is far too prominent a trial, and I am sure they will have equally good reason to sound their

and quick-firers. One good battery has There are thousands of women been constructed lately on a spot throughout the country who suffer as that need not be noted here, and pre- Mrs. Robins did, who are pale, subparations have been made for mount- ject to headaches, heart palpitation ing powerful guns at other points, and dizziness, who drag along frewhere the enemy might least expect | quently feeling that life is a burden. them, the actual mounting being left To a l such we would say give Dr. till the eve of warin order to complete Williams' Pink Pills a fair trial. his surprise. A few good pieces of These pills make rich, red blood, modern artillery well mounted, can do strengthen the nerves; bring the glow doesn't get an atom of sympathy. His and make the feeble and despondent feel that life is once more worth living. The genuine are sold only in boxes, the wrapper bearing the full Romantic women usually have a name "Dr. Williams', Pink Pills for Pale People." May be had from all dealers or by mail at 50c. a box or six boxes for \$2.50 by addressing the is indicated in the arch nearer the six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brock-

MIRACLES DONE IN THE GALLEY OF

AN ATLANTIC LINER.

Difficulties of Concocting an Entree When front of the ranges, and when the ship Ships Who Have to Fight the Crew.

old days; but even now, it presents sets the added difficulty in the preparproblems and situations that would ation of the food. telligence; the form gives the key to drive a landsman chef to despair. It is by watertight doors, and can be shut drive a landsman chef to despair. It is by watertight doors, and can be shut one thing to sit down in dignified off so securely that it is practically sure and a k for "Mrs. Winslow's Soothing Syrup. Red eyebrows denote great fervor calm, in a hotel kitchen, and compose impossible, except in case of serious acand ambition; brown a medium be- a symphonic entree; and it's quite an- cident, for water to reach the fires Scant growth of the eyebrows invar- other thing to clutch a rope swung and put a stop to culinary proceed- so that it can be easily removed. fably denotes lack of vitality, and ex- across a kitchen that is trying to turn "Blass your heart, we don't have any ternal applications are useless to pro- turtle, and to master an entree that mote or produce a growth until the is attempting to dance a can-can on trary, heavy thick eyebrows indicate a top of a plunging range. It would strong constitution and great physi- be a happy thing for stewards and cal endurance. They are not beauti- cooks if every disgruntled passenger and I've seen some jolly messes in my ful on a woman's face, however much on a transatlantic steamer could, in ily vigor, and when they are not only rough weather, be forced to pay a visheavy but droop and meet at the it to the galley and watch the efforts the storms were extra bad the water The "Balmoral," Free Bus Am. Plan. Greeks as the perfect feminine eye- fumes and heat of the galley would re- were able to be up sat aroun,d the brow is long, nearly straight, arch- duce him to a state of seasickness saloon with their feet tucked up under less and delicately pencilled. But like which would rob him of all interest the resebud mouth it does not indicate in meals of any sort, but if he could big platters full of reast beef. By Jove, Railway. First-class Commercial Rouse. Modern inthe arch is expressive always of great- wait long enough to receive a few mener sensibility and greater strength of tal impressions, he would climb the galley stairs a humble and contrite trying to manage dishes; and I tell hall cost£ 5,000 to build. The bair of the eyebrows can be train. traveller; and, in future, would say you getting that beef cooked was my

Where the eyebrows are too broad galley arrangements have been immodern boats have made the difference proved to a degree that would make possible, but the passengers haven't an old time sea cook open his eyes in any idea of the di.ficulty of doing amazement, but even under such condi- ship's cooking in bad weather, and are Where the eyebrows are healthy, a tions the cooking is difficult work. In The cook on a metimes." the first place, room is necessarily lime es some of the complications that vex ited, and every inch of space must be the soul of the chef on a passenger made to count, yet a large number of boat , but he has troubles of his own. cooks and assistants are employed. One tation as a cook by thrashing any one If glass building stones become po. of the large steamers will have thirty who dares assail it. He must cook pular people may yet "live in glass men at work in its galley and thirty well the few things that make up sailhouses." The stones were invented in men playing leaping about a micro- ors' fare, but if the duff turns out beavy he must thrash the crew indi-France, and are now being made in scopic kitchen, and doing juggling vidually and collectively. He is the ed with rarelied air and permit the feats with pots and pans and knives bad man of the ship's crew, an dusualentrance of daylight, at the same and rolling pins, while the ship stands by only the first mate is a match for not transparent however and one on its beam ends, is a sight to bring him. When he gets drunk or crazy the outside cannot see what is going tears to the eyes of a lover of a quiet on within. The walls may be readi- life. In these narrow quarters cookly washed. The experiment has ing is done on a scale larger, than the been tried with success in an operat- ordinary saloon passenger realizes. The crew must be fed in port and out, so the cooks have from 500 to 600 men on their hands every day of the year. EVERY CONTINENT REPRESENTED Than, during the voyage, the steerage, second cabin and first cabin must be Not only have Australia and Canada provided for. The steerage passen-

age every day, and that, in itself, is

no small task. The very sight of the baker's dough trough is enough to discourage a taint-hearted cook, il ur is dumped into it by the bar-TO SUFFERERS FROM NERVOUSNESS libur mele away on a voyage like rel. One aundred and finy barrel of

spring snow takes, and twenty tons or polatoes dance merrily up the galley stairs to table, hand in hand with 20,000 plunds or bee, while 10,000 eggs, lief That the Same Remedy Will Cure Then low gallons or .resh m.lk scorn the 1,000 gallons of concensed misk Mrs. Daniel Robins, of Port Co'- stored beside it and advise the 1,000 borne, Ont., is one of those who be- pounds or co.fee to have nothing to and runs amuck the mate is told off lieve that when a remedy for di ease do with it. The ghosts of countless against him and everybody else stands has been found, it is the duty of the chickens, turkeys, aucks and tishes by to watch developments and gather person beneated to make it known bount the larger where their slaught- up the fragments. Altogether his in order that other sufferers may also ered bodies hung in hunareds at a life is a tri le more varied and picbe made to invade England and seize Robins says: "In the spring of 18.7 but the head steward knows the tale steamer chef, but there are victor es my health gave way and I became or them. Imagine all this rood pre- and victories, and who shall say that

ON TOP OF THE STOVES through the use of Dr. Williams' Fink rough weather. The huge copper are cubby hole and ovens for themroom where conjections and pastry are made. Every hing is swept and garnished, in a fashion to satis y the heart of a Dutch housewile. The white paint is scoured until it is dazzling. THE VIOLENT ART OF ELOCUTION. The copper shines resplandent-but the smells! ye gods! the smells! Let the seasick man who has held his breach and plunged madly up the companion way, to escape the deadly white of air coming from the galley, imagine that gust of oder intensitied, concentrated, maxed with steam and smoke and multiplied by four, and he may have some idea of the atmosphere down in the galley. A steamer kitchen is no place for any one with a tendency toward seasickness; and the first few voyages of a young cook's assistant are tortures besides which the sufferings of the martyrs tade into insignificance. There isn't any fine glow of galley mates guy him, and his superiors bully him. He sounds a depth of seasickness, beside which the state of the groaning passenger on deck in a steamer chair is rose colored and agreeable. Often one voyage is all that he can stand, and he bolts incontinently, when the ship reaches port,

ercomes his qualms and is ready to go wrong. laugh at the next green hand. Few accidents occur in the steamer galleys nowadays , when innumerable patents and saleguards are employed. Once in a while a stock pot blows up from too much steam pressure, or a careless or unskilled cook is cut or ron string is well connected. burned or scalded, but such cases are rare. Ropes are scretched across in the Kitchen is Trying to Turn Him Tur. Is plunging badly the cooks hold these tle and the Pots and Paus Are Danet. g ropes while working over the tire. Forthe Can-Can-Sea Cooks on Merchant tunately for the workers in the galley Cooking on the high seas isn't so ex- their interest in food, so the work of large percentage of the passengers lose riage she worries because she isn't.

trouble now," said the chef of one of the new ships. "You have to be a bit of an acrobat and up to sleight-ofhand performance, but that's all. I've day. We didn't have even a sample of they just took the beef and bread in

THE GALLEY if there isn't a menu as long as your

The cook on a merchant vessel miss-

CEYLON GREEN TEA

s absolutely pure and uncolored. 40c. per pound

The bold chalk ridge of the North completely prostrated. Nervousness, pared in an aparament house kitchen the concection of a Bignon dinner, in parpitation of the heart and severe addicted to hand springs, and you have deliance of wind, weather and the law of gravitation, isn't as great a leat extends for thirty-six miles from the to border almost upon St. Vitus' ranges. The ovens are divided in o crew. It all depends upon the point

READING BACKWARDS.

One of the queerest notions foe economizing time in reading print is probably one advanced by a correspondent of a New York newspaper, who advises this style:

Mary had a little lamb,

Snow as white was fleece its, And everywhere that Mary went, Go to sure was lamb the.

The theory seems to be that by reading the alternate lines from right to left the eye does not travel so far as usual, and thus a material saving is affected. But this idea palls before a crazy suggestion of another idiot who would like to see it thus:

Mary had a little lamb, Wons sa etihw saw eccelf sti.

Aren't you afraid to leave that handsome bric-a-brac on the mantels and tables while your daughter re-"No; those are old patched-up pieces

that she has smashed on former oc-

A Bad Case of Asthma. Mrs. Samuel Ferndel, of Clementsport, N.S., writes: "It is with great

pleasure that I write you to tell of the good I have derived from the use of Catarrhozone. I am in my eightieth year now and from youth up I have been troubled with Asthma, and not until I used Catarrhozone, did I get relief. It has cured my Asthma in an incredibly short time, and I heartily recommend it to all." Catarrh-o-zone is sold by all druggists. Trial outfit sent for 10c in stamps by N. C. POLSON & CO., Kingston, Ont., Proprietors.

but if he has the courage to su fer by a good thing to have around the house-to blame things on when they

> "Pharaoh 10c." Payne, of Granby, Que. A man who is tied to his wife's ap-

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prying nature.

The ideal evebrow accepted by the chances are that two minutes amid the was the devil to pay. I remember G.T.R. Station, Montreal. Geo. Carelake & Co., Prop's. AVENUE HOUSE __McGill-College Avenue. Family Ectel rates \$1.50

provements-Eates moderate.

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BOERS IN OTHER LANDS.

It is stated that President Kruger has issued a proclamation commandeering all the citizens of the republic resident abroad. The penalty for noncompliance is a fine of from \$500 to \$2,500 and one to five years' imprisonment, with loss of franchise and confiscation of property.

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