

THE DEFENCE OF LONDON.

The Great City is Not so Unprotected as Might be Imagined. To many readers the information that serious steps have been and are being taken to defend London against attack will doubtless come as a surprise.

The bold chalk ridge of the North Downs is thus the southern wall of London. The line of selected positions extends for thirty-six miles from the Hog's back on the right of Halstead, in Kent, on the left. On the other side of the river there is another series of positions selected, running from Tilbury to the Thames, by Breatwood, to Epping, to protect London against an attack coming through Essex.

A Woman's Advice TO SUFFERERS FROM NERVOUSNESS AND HEADACHE.

Mrs. Robins, of Fort Colborne, Tells How She Found a Cure and Ascertains the Effect of the Same Remedy Will Cure Other Sufferers.

Mrs. Daniel Robins, of Port Colborne, Ont., is one of those who believe that when a remedy for disease has been found, it is the duty of the person benefited to make it known in order that other sufferers may also find the road to renewed health.

There are thousands of women throughout the country who suffer as Mrs. Robins did, and are pale, subject to headaches, heart palpitation and dizziness, who drag along frequently feeling that life is a burden.

SEA COOKS AND ACROBATS.

MIRACLES DONE IN THE GALLEY OF AN ATLANTIC LINER.

Difficulties of Cooking an Entree When the Kitchen is Trying to Turn Him Turn and the Pots and Pans are Dancing the Can-Can—Sea Cooks on Merchant Ships Who Have to Fight the Crew.

Cooking on the high seas isn't so exciting a profession as it was in the old days; but even now, it presents problems and situations that would drive a landsman chef to despair.

The ideal eyebrow accepted by the Greeks as the perfect feminine eyebrow is long, nearly straight, arching and delicately pencilled.

Where the eyebrows are healthy, a little glycerine and rose water will give the delicate line emphasis and brilliancy.

GLASS HOUSES.

If glass building stones become popular people may yet "live in glass houses." The stones were invented in France, and are now being made in Germany.

EVERY CONTINENT REPRESENTED. Not only have Australia and Canada made generous offers of assistance, but even the Malay States offered to lend Great Britain 300 men, and Hongkong 50 men and four Maxim's.

no small task. The very sight of the baker's dough through is enough to discourage a faint-hearted cook, for it is dumped into it by the barrel. One hundred and fifty barrels of flour, and away on a voyage like spinning snow flakes, and twenty tons of potatoes dance merrily up the galley stairs to table, hand in hand with 50,000 pounds of rice, while 600,000 eggs, then the gallons of condensed milk, the 1,600 gallons of fresh milk, the stored butter and the 1,600 pounds of coffee to have nothing to do with it.

ON TOP OF THE STOVES

A steel bar runs along the front and back, and separate cross bars may be clamped to these at convenient intervals. Pots and kettles are hemmed in, in this way, and to add to their firmness, each is clamped to a cross bar with what looks like a large iron clasp.

READING BACKWARDS.

One of the queerest notions for economizing time in reading print is probably one advanced by a correspondent of a New York newspaper, who advises this style:

Mary had a little lamb, Snow as white was fleece it, And everywhere that Mary went, Go to sure was lamb the.

THE VIOLENT ART OF ELOCUTION.

Aren't you afraid to leave that handsome bric-a-brac on the mantels and babies while your daughter recites?

A Bad Case of Asthma.

Mrs. Samuel Ferndel, of Clements-port, N.S., writes: "It is with great pleasure that I write you to tell of the good I have derived from the use of Catarrh Cure."

Pharaoh 10c.

A man who is tied to his wife's apron string is well connected.

O'KEEFE'S LIGHT MALT

Before marriage a woman worries because she is single and after marriage she worries because she isn't.

FOR OVER FIFTY YEARS

MRS. WINSLOW'S SOOTHING SYRUP has been used by mothers for their children's teething. It soothes the child, softens the gums, allays pain, cures colic, and is the best remedy for diarrhoea.

TO CURE A COLD IN ONE DAY

Take Laxative Broom Quinine Tablets. All druggists refund the money if it fails to cure. Dr. W. P. C. 1016.

THE GALLEY

There wasn't any use trying to manage dishes; and I tell you getting the beef cooked was my greatest triumph. Many a time I've seen the first cabin passengers previous glad to get a bowl of fish and some bread and butter, but now, if there isn't a menu as long as your arm and everything cooked to perfection, there's a bowl of protest.

CALVERT'S

Carbolic Disinfectant, Soap, Ointment, Tooth Powder, etc. have been awarded 100 medals and diplomas for superior excellence.

Brass Band

Every Town can have a Band. Lowest prices ever quoted. Fine catalogue 100 illustrations mailed free.

Whaley Royce & Co.

COMMON SENSE KILLS Roaches, Bed Bugs, Rats and Mice. Sold by all Druggists, or 341 Queen W. Toronto.

Quality tells every time! This fact explains why Blue Ribbon Ceylon is fast displacing all other teas throughout Canada.

SALADA CEYLON GREEN TEA. It is absolutely pure and uncolored. 40c. per pound.

ROBBER IN OTHER LANDS. It is stated that President Kruger has issued a proclamation commanding all the citizens of the republic resident abroad.

EVERY DAY adds to the large list of drinkers of LUDELLA CEYLON TEA. Works may not convince you, but a trial certainly will. LEAD PACKAGES. 25, 50, 75 and 100.

"Canada's Greatest Seed House" NEW SEED OATS THAT WILL MAKE THE FARM PAY. NEW IMPROVED "LIGOWO" OAT THE HEAVIEST CROPPER KNOWN. Yielded 100 bush. 20 lbs. per acre at Brandon Experimental Farm in 1898.

The Steele, Briggs Seed Co., LIMITED TORONTO, Ont.

"Sniping" is firing by sharpshooters wherever they see an enemy's head or limb.

Catarrh Cannot be Cured with LOCAL APPLICATIONS as they cannot reach the seat of the disease.

Comets have a temperature that is believed to be two thousand times fiercer than that of red-hot iron.

THE "Balmoral," Free Bus. Hotel Carlsruhe, Montreal, Quebec.

ST. JAMES' HOTEL, Opposite G.T.E. Depot, Montreal, Quebec.

There are thirteen streets in Lady-smith, fairly well laid out. The town hall cost £5,000 to build.

W. P. C. 1016. CARBOLIC Disinfectant, Soap, Ointment, Tooth Powder, etc.

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Rheumatism CURED. NEURALGIA, SCIATICA, MUSCULAR, INFLAMMATORY, GOUT, LUMBAGO, RHEUMATIC PARALYSIS, ASTHMA.

Carters GOLD CURE 10c. Cures in a jiffy. P. M. Cormack & Co., Agents, Montreal.

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The "Happy Thought" Range. Made by THE WILLIAM BUCK STOVE CO., Limited, BRANTFORD, ONT.

The Size of it. You want Paint quality, rather than quantity. You won't object to getting a great deal for your money though: will you now?

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