ater's Sto H LA GRIPPE POL RHEUMATISM

tenl and for Two Wonfes Work - Dr. Williams tored Wis Bealth.

ter, Palmerston, Ont. better known man in n Mr. Jas. Skea, who nty-four years has folof carpentry in the who is a native of nds, is now sixty-six d is hale and hearty. he was attacked with t in its wake acute or two months he was and suffered a great read disease. He used liniments, but to no ead in the papers of ures effected by Dr. Pills for Pale People them. He took one prised at the effect. and finally a third. hat his old enemy was To a Reporter reprealled upon him at his out if the reported ct, Mr. Skea said: "I prised at the result of of boxes. I suffered ey made a new man me right up. I now y spring and fall to

olds and grip. They ing that does me any aphell or Mr. Thom that I wouldn't be 'illiams' Pink Pills ey are the best medi-. Though I am up in th is good and I am I attribute it to the lls. I recommended liam Beattie, carpense G. N. W., who had l with rheumatism effected a cure in ink Pills cure by gof the disease. They

up the blood, and erves, thus driving system Avoid imig that every box you losed in a wrapping rade mark, "Dr. Wilfor Pale People."

ALCHEMIST.

the Secret of Making ms Stones. terer has turned ma-

knows how to make etc., as good as those ure.

bert J. Ruby, which ing to do with his ous stones. But so ows he has not proof the first water

of ruby and sapphire this brief and vague winter," says Mr. ng for a solvent for lea of separating the and reducing it to fusible form, by the to make a diamond. vered the secret of the making of the stones, rubies, em-

by seems to possess es the ear-mark of student. He reads the public library ed for by other peoctly certain of his by his ideas, though at materialized any

Ruby, "I am far xperimenters in this secret of crystallizathe bottom of the

rst man." he says. ast man, to make a y, sapphire ruby and person might spend ok learning, trying o make these preexcept his mind is ne of thought his

ted.

ght which leads to God. With me it of a short time to a stone to a first have it pronounced every way. At to turn out turgrain of glass of ite and other opacan be produced in sses, or in the shape in them, and they

or a generation to

BRIDGE.

n bridge over the on the Central Asreplace a wooden the Trans-Caspian The site is about of Merv. As the banks, the hew 887 feet, or almost 72 feet above the

to keep clear of wn. The estimatbridge is \$2,500,000. a has secured the metal work.

be commenced this

DVICE. hat shall I have my etter have it trimr bills; it will be

LAUNDERING WHITE SHIRTS.

some housewives wash the shirts strong.

ith the regular washing, others save into the second tub, and when the wa- bag to drain. ter has heated, pour it over them. Wash fory or other good white soap. Com-Do not crowd them as they should have plenty of room and water to obtain handle, rub them through this, and riase through two waters, one clear, them clear and white. Insufficient rinsing will leave them streaked. Hang them on the line in the sunshine until

The cold starch should be partly prethe evening before you wish bowl with six tablespoonfuls of wabe. Mix thoroughly, and cover it to bee the dust out. Next morning aid more water, stir until the starch is smooth, and put in a drop or two of living: then take a piece of soap and mb it between the hands in the starch fill the mixture is frothy like soap mls. A little gum arabic dissolved in nter and added to the starch makes it Dip the collars, cuffs and tirt bosoms in, one at a time, and be ice cold water. If it goes immedime that every thread of the linen is ately to the bottom it is cooked enough. or before ironing.

four iron board should be covered th several thicknesses of old blanket, then with white muslin, all of which be made like pillow slips except that er are larger at one end than the der, and a clean one slipped on the and every ironing day. They should the board perfectly, and be put on the seams will be at the edges of the ard. A second board, the size and ape of a shirt bosom, and covered the first is also necessary.

Bgin by ironing the neck band, then bithe back and iron it, then the cuffs, steres and front of the shirt. When mady to iron the bosom, slip the small ard inside the shirt, and press the been smoothly upon it. Wet a soft surface with it to remove any starch a may adhere to it. Iron until it perfectly dry, pressing the iron to are it the desired polish. It is a very mple process when understood, and little practice will enable any one to Main satisfactory results.

# THE LINEN SUPPLY.

that there will be no danger in runand so that it will not be beessary to wash towels, sheets and Able linen only on the regular wash-

wlinen will wear longer if not launbred so often and will certainly look Washed out every few days, soon get to look dingy and will not give the stisfaction that the work performed tore leisurely will give.

A good plan is to have your table in sets and use them in rotation. This idea can also be carried out in the Washers, scarfs and other toilet accesbries of the bed chambers.

there should be at least three sheets every bed with one extra for every beds. Children's beds should be sont bountifully supplied. Pillow slips and be changed frequently, especiin waim weither.

half dozen towels for each room be provided, and this will not be Small towels are preferable Asy stay clean fully as long as largones and are easier to launder. The thish towels for the bath, however, to not be too large. As these twwels belong they are good belp out when the supply runs low. bed sized roller towels should be in the kitchen. These will be very convenient and if a clean s put up every morning it will hard to tell how many are needsupply the family.

allowed to and napkins should never ing about nothing. allowed to get very badly soiled. Acthe cloth ruit, etc., are overturned up- ture. Alas cloth. The stains should be atand before the article

SUCCESS IN MAKING JELLY. My legst echoed the half-aroused text of seeing his crippled way.

My legst echoed the half-aroused not bring him to London, if it were sleeper, rubbing his eyes: those legs well enough explained to Londoners sleeper, rubbing had boots onl

A convenient jelly bag is made by taking two thicknesses of cheese cloth GREAT BRITAIN IS READY TO FIGHT a yard square, folding diagonally, forming a triangular bag and sewing it on the sewing machine to make it The Queen will Sign no Declaration of

It is not necessary to cook berries and them three or four weeks, and wash currants to extract the juice. They them three or lour whether the lat- should be looked over and washed if ric in the New York Times, that, while Berlin, for example, that the Kaiser inthem separately.

The s the night before they are to be mash them with a wooden implement, grown to be a considerably wiser and next winter, a bill automatically inwashed, with plenty of clear water to then place the jar in a kettle of boil- more valuable person in his position, washed, with plenty of color of soft water and heat them thoroughly, been queering the foreign interests of soft water. but do not allow them to remain long been queering the foreign interests of soft water. but do not allow them to remain long been queering the foreign interests of sides a large immediate augmentation

To obtain the juice of plums, quinces, his bison-like shoulders all the blame in a smaller minority than ever would them through this, using plenty of crab apple and grapes it is necessary for the weak and calamitous retreats be futile upon any other hypothesis than to cook them. They should be prepar- which the British are ceaselessly makpor yellow soap contains rosin, which ed and washed and cooked in a porce- ing before Russia in the far east, and the period white clothes yellow. Put the lain-lined kettle with only enough water takes it with a sneering assumption derman press, nothing in the world thirds white clothed with good hot ter to cook them, keeping the kettle of indifference, but it is well enough would be more popular in Germany closely covered. Cook until tender, known in high politics that it is the but no longer, as long cooking renders the jelly dark. Remove from the fire when tender, wash them while hot, the best results. When they are done turn them into a jelly bag and allow take them out into a tub, add enough the juice to drain into an earthenware water to make them cool enough to dish. A finer grade of jelly is obtained by straining the juice through a white flannel bag.

The fruit should not be squeezed the other just blue enough to make while draining. Some juice will be tive friendship for England. Unhapleft in the fruit, but it is better to pily there the mutuality ends. The squeeze this in a separate dish and use in making marmalade.

It is easier and safer to measure the to the point of frenzy, but they are juice and sugar than to weigh them. entirely powerless to control the Have three measures, one holding one- mighty expansive movement of the at Manila it will be because the Gerons, 35; corned beef, a half can, 70; half of a pint, another holding a pint Slavonic glacier eastward. Here, how-man Naval Office does not get on well one-half can of fish, 60; sweet potato use it. This is done by putting use the same measures. The general three tablespoonfuls of starch into a rule is to use a pint of sugar to a pint measures for resistance to this movesugar to every pint of juice.

Boil the juice in a porcelain-lined kettle and do not cook more than two quarts at a time. Use the best grade of sugar. Measure it and put in a slowly for eight or ten minutes, and then add the hot sugar as soon as it dissolves, remove the scum, if any, and

started with the starch. Roll up Roll the jelly molds in hot water and fill them while hot. When the jelly has cooled a little, do not allow it to make a great and welcome change in get cold, cover the top of the jelly with writing paper cut to fit the glass and restretched smoothly, and securely Paste two or three layers of writing over the unbroken chronicle of events sprinkle thickly with powdered sugar. paper over the tops of the molds. Do in China-Russian insolence, Russian not use the tin covers unless rats and

mice are liable to trouble the jelly. If the jelly lacks firmness when cold, be kept in a cool, dry dark place.

When you have trouble taking the jelly out of the mold, place the mold cold fact, Russia is nothing but the in hot water for a few minutes and the embodiment of a giant bluff. She jelly will come out easily.

# PIPE FACE CHARACTERISTICS.

white rag in hot water, and rub the The Peculiar Effects of Smoking on the Faces of Old Men.

has a perceptible effect upon the face. The pressure of the lips to hold the pipe in position increases their and Siberian coasts. curvature round the stem, and the muscles become more rigid here than in other parts. Thus the lips at a t is a very good idea to have a lib- certain point becomes stronger, and al supply of household linen. Enough the pipe is unconsciously held in the to give to history an even more ter- erwise do so. The entries in all de-

same habitual position. After long continuation of the habit small circular wrinkles form parallel with the curvature of the lips around the stem. These are crossed by finer There is economy in this plan also, lines, caused by the pressure of the lips to retain the stem in position.

In the case of old men who have smoked a pipe for years the effect Mapkins and towels hastily upon the lips is very marked, not only altering the form of the lips, but of one entire side of the face, causing the wrinkles that are the effect of age to deepen, and, instead of following the natural course of facial wrinkles, to change their course so as to radiate from the part of the mouth where the

pipe is habitually carried. Furthermore, one or both lips often protrude, just like the lips of people who have sucked their thumbs when children. The effects of pipe smoking upon the teeth are considerable. At the point where the smoker usually holds the stem between his teeth the latter becomes much worn.

# A NEW POSTAL REGULATION.

As the colonel viciously tore up the bulk of his mail and threw it into the waste-basket he remarked: There is one commonplace interdict that I would like to see inscribed on

the walls of our postoffices. What is that? inquired his friend. Post no bills! was the reply.

## EXCUSING HIM.

I must confess, said Willie Washing-Well, said Miss Cayenne, benighly, sation he is now preparing, the fact Well, said Miss Cayelled. Ac- Well, said Miss Cayelled. Ac- self-preservation is the first law of na-

# NOT HIS LEGS.

A Russian peasant having gone to the Holy Sepulchre and William now is to be placed under the under the placed under the plac These can be write table oilcloth boots, fell asleep by the roadside on his ing some of the corollaries of that ques-These can be wiped off after way home, and was stripped of his ting some of the corollaries of that question will aid wi meal and will aid materially in cherished boots by a light-fingered tion before he starts on that gorgeous the table lines clear that an informal visit way home, and will aid materially in cherished boots by a light-fingered linen clean. Always tramp: but his sleep remained unthe table linen clean. Always tramp: but his sleep remained untrack, shout- to England will be arranged for him. him lying half across the track, shout- to England will be arranged for him. him lying half across the track, shouted to him to take his legs out of the

No one need be surprised if he turns saying nice things to somebody who have to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for the local to England will be alreaded for him to take his legs out of the local to England will be alreaded for him to take his local to England will be alreaded for him to take his local to England will be alreade

Grapes which are not quite ripe sleeper, rubbing his eyes.

sleeper, rubbing his eyes.

sleeper, rubbing his eyes.

sleeper, rubbing his eyes.

enough for eating make a fine flav- TIRED OF RUSSIAN LIES.

HER OLD ENEMY.

War Against Nicholas-Russia an Easy Mark for British Warships.

It is to be said, writes Harold Fredpuss the clothes through the wringer enough to boil, then put into the jelly her people. In the cruelest possible of the artillery and the infantry. fashion Lord Salisbury gets heaped on Queen who deserves this blame.

long as she lives she will never sign a declaration of war against Nicholas, who is the husband of her best beloved jelly allow a rounded half pint of then it is described as Lord Salisbury's which we may have cause to complain.

#### BRITAIN'S HOLD ON RUSSIA.

Hope, however, is a deep rooted plant done. Without being much more detest by dripping a little in a bowl of finite, they are this week a good deal more confident. Even if nothing was something like self-confidence would

lies, Russian aggressions, and the steady withering under them of all place it in the sun a day or two and it British influence and enterprise, that will harden in the cups. Jelly should it has begun to prey on Englishmen like a nervous disease. As a matter of could no more hit England, if blows were reached, than could the moon; whereas in a fortnight the British fleets in the Baltic and the Mediterran- lands. ean could cork up her only shipping worth talking of, as Cervera was cork-The constant habit of smoking pipes | ed up in Santiago; and on the Pacific, with or without Japan's help, make hay of everything on the Manchurian

ANGLO-GERMAN FRIENDSHIP.

things. But it is precisely here that I will include many from Great Britain. imagine the surprise is to come. The France and the United States, whilst strations of friendship between Eng- will be represented. land and Germany, the significance of which nobody in Europe will be able to ignore or misapprehend, unless it be the remarkable people who cable to America those grotesque yarns about the Philippines. Not only is a great British fleet going to Kiel as a special feature at the German naval man- it runs in the blood. I hear that his was the respectful reply. The boy got oeuvres; but the Kaiser, on his return father and mother before him were the rise. from Jerusalem, is to stay ten days married. in Egypt, and go up the Nile to Railhead to have a look at the British garrison there.

KAISER'S VISIT TO EGYPT meantime, at Jerusalem, the Kaiser ble Campbell, Notary, Quebec. ton, that I often waste time worry- will have disclosed, as one of the important items of the theological senthat he possesses England's cordial assent to his pretensions, whatever they Allingham may not be rich, but are. Incidentally, it is worth remem- heart is in the right place. bering that the Crimean war arose out A Russian peasant having gone to the of the question of the custody of the Welly Sepulchre and William now is My legst echoed the half-aroused text of seeing his crippled uncle does wasn't a man. well enough explained to Londoners of such facts as these.

beforehand that he was coming as an active friend, he would get as many HAVANA'S AWFUL PLIGHT. cheers as he would have had hoots and groans two years ago.

GERMANY CAN ATTEND TO FRANCE.

At all events, what England will look to him to do is to keep France off her back while she talks to Russia in the gate. I think that England has satis-

that the European sky is expected to than a strong understanding with England, and a thousand times more so, She has sworn repeatedly that as of a future Anglo-American entity now that the vague, majestic outlines dawns on the German vision. To belong to that combination on anything like tolerable terms the Germans would granddaughter. They at Balmoral they are an educated as well as a pruwade through fire and blood because made reciprocal pledges to her of ac- dent people, who see clearly to whom

the twentieth century is to belong. To people of observation this has been prices: so obvious for months that the credence Czar and his wife may love England given in America to silly and ignorant inventions about German designs on ever, the Queen can control England's with the German Foreign Office, and is toes, 15. bumptiously anxious to assert itself of juice. In making apple and quince ment. And that is what she does, and fibly disavow any naval foolishness of

#### LIGHT FROM LUMP SUGAR.

The curious discovery has recently pan and set in the oven with the door in the British breast. I mentioned last been made that light may be procured open, to heat, stirring it occasionally week the mysterious assurances whis- from common sugar. All you have to pered about in the parliamentary lob- do is to get a few pounds of lump sug- belonged to her and its flesh was all bies that something was going to be ar and put it in the open sunlight for she could get to eat. some hours. On taking it into a dinary photographs.

#### FEMALE PRESCRIPTIONISTS.

Fifty London ladies are learning how tend a college in Westbourne Park, insurgents. wehre they mix drugs and decipher the mysterious script upon which physi- cificos were also assassinated, among cans pride themselves. Some day, them a woman and two children. These tion of the Society of Apothecaries, mand of Commandent Gregono Izar, they will be dispensers. At five Lon- chief of the district. The insurgents don hospitals and dispensaries women remained at Vila plantation unmolestare employed in compounding and bot- ed, taking care of their wounded. The tling up the medicines for patients, as Spanish loss is unknown. The money well as at several hospitals in the Mid- market quotations in Havana are as

# CANADA'S GREAT EXPOSITION.

tion this year, which is to be held from | them. the 29th August to the 10th September. The harvest throughout the Dominion is good, and with the return There could be no real encounter, of better times and the unusually low save in mid-Asia; and if Russia at- fares now being given by the railways, tempted to break through the moun- many will be induced to visit this great tain barriers there, it would be only exhibition who perhaps would not othrible sacrificial page than her own partments will be great, and the atmemory of Napoleon's retreat from tractions offered will be of a character Moscow. Every Englishman with a to draw. Among the many will be sword knows this; practically every realistic representations of the prehas come to the plotroonery and dis- ago, or Havana, firing and explosion of honourable shuffling suffices to lift up shells, explosion of sub-marine mines and blowing up of vessels on the lake When there is a possibility of Eng- in front of the exhibition grounds, exfand's turning on Russia and marking hibitions by Maxim and Gatling a line bravely in front at which she machine guns, etc., all of a specially will fight, one remembers immediately interesting nature at the present time. that France is Russia's ally, and that | The programme of attractions promises hostile France in the English Chan- to far excel that of last year, which nel would gravely alter the balance of is saying a good deal. The exhibits next two months are to witness demon- almost every section of the Dominion

# IN THE BLOOD.

Mrs. Gossiper-So young Mr. Benedict has taken a wife. Dear me, and only the Germans quarrelling with us over 24. What could have induced him to and I thought I was well paid. What

take such a course? Mn . Gossiper-My dear, I fancy weren't as valuable a boy as I am."

I suffered for days from a very severe attack of rheumatism, and tried various remedies; several lotions, elec-Bear in mind that no other European tricity, etc., with little, if any relief; sovereign has been to Egypt since the but after applying "Quickcure," as through, and they are supplied with bombardment of Alexandria. It could directed, the pain was much relieved, thoroughly good and reliable machines. not in etiquette be done, unless it were and in a few hours had disappeared al- Each man must be able to take his specially intended as a recognition of together. I can therefore conscient-England's right of occupation. In the lously recommend this remedy. W. No-

## MEAN OLD MAN.

No, father, the fair girl said, Mr. Humph! retorted the crusty old doc- manner, it being the intention of the

## SURELY NOT.

If I were only a man, she said, we could-

Possibly we could, he said, but the chances are we wouldn't. If you No one need be surprised if he turns saying nice things to somebody who Mrs. Highup—I gave exactly up at Cowes, and if a plausible pre- wasn't a man.

MORE DETAILS OF THE SUFFERING IN THE CAPITAL

Food Sold at Three Times the Prices Fixed by the Government-The Insurgents Allow No Fresh Vegetables to Reach the City-\$5 Gold Pieces Quoted at \$66.30.

Recent issues of the Havana newspapers show plainly the truth of the reports concerning the starving concreasing the army in its proportion to dition of the city. The editorial from La Diario de la Marina, declared that 50 per cent. of Havana's working people were starving to death. A glance at the price list in the same newspaper gives convincing proof that one of the official organs of the Spanish Government in Cuba is not lying.

The prices given in the market report are those fixed by the Government, which has been attempting by law to place food within the reach of all. But as the Diario frankly confesses, the edicts have been futile. The food is in the hands of speculators. When the official decree, for instance, puts the price on corn meal at twenty-two cents a pound in gold that figure must be. doubled or trebled to buy the commodity. Following are the Government

Rice, 15 cents a pound; flour, 10; corn meal, 22; potatoes, 15; lard, 30;

Before the blockade sweet potatoes sold at 20 cents for twenty-five pounds. The insurgents are active in Havana province and prevent the planting of any crops. They allow no fresh vegetables to reach the city.

Another incident giving an idea of Havana's terrible plight is an account in the same newspaper of the arrest of a negro woman who was found cook-

The same newspaper reports that the dark room it will begin to glow, faint- insurgents, on July 9, attacked the ly at first, but afterward with quite a Vila plantation, near Capiro, Santa bright light. So strong is this lumin. Clara province, where the Spaniards really going to be done the return to ous glow that photographs have actu- had a strong garrison, The Spaniards ally been taken by the light. These made a brave resistance, but were comsugar-light photographs are quite dis- pelled to retreat as the Cubans were tinct, even if not quite so clear as or- in large numbers. The fight lasted three hours and twenty minutes. A guerrilla force came to the aid of the Spaniards and they captured several pacificos and killed Fernando Pena and Gerardo Garcia because they could not to "make up" prescriptions. They at- give any information in regard to the

At La Armonca plantation several pawhen they have passed the examina- Spanish forces were under the comfollows: A \$5 gold piece, \$9.20 silver

and \$66.30 paper money. The Government will order all retail merchants to provide their customers Many new and interesting features with tickets so that only those in the will be offered at the Toronto Exhibi- neighbourhood can buy supplies from

# AND HE GOT IT.

How a Bright Boy Managed to Have His

Salary Increased. There is a true story of an office boy who asked for an increase of his salary, and got it. He is employed in one of Lipton's shops in Glasgow. He was Englishman without a sword feels it sent Cuban-American War, the block- getting eight shillings a week, and he in his bones. The bare hint that an end ade, bombardment and battles of Santi- thought he ought to have more. So he asked his superintendent and the superintendent referred him to the manager, and the manager leaned back in his chair, and said: "You must see Mr. Lipton himself. He regulates all rises in salary." After a week of disappointments, the boy succeeded in gaining admittance to Mr. Lipton's office. With shaky voice he asked for a rise in salary. "How long have you worked here?" asked the millionaire. "Four years." "And how much are you getting?" "Eight shillings a week." "How old are you?" "Fifteen" years old." "Why," returned Mr. Lipton, "when I was your age I was working for four-and-sixpence a week, do you think of that?" "Perhaps you

## SOLDIER CYCLISTS.

In Germany soldier cyclists have a special course of cycling drill to go cycle to pieces and put it together again, in the shortest possible time, and receives the most minute instruction in repairing it, etc., so that in case of accident he is able himself to put everything in order again. During the summer the German military cyclist is drilled in the most thorough branch of the service especially efficient as scouts.

# . A BARGAIN IN HIGH LIFE.

Mr. Highup-You said that thing for it; but then I paid the modiste \$26 Sometimes it is worth while to think more for her promise to tell everybody that it cost a hundred.