

EARLY MORNING - Gail Vickars

27-28 August

ALGONQUIN PARK

Howard Sayles Organizer:

416-921-5321

Book before 17 August.

An easy-paced trip in Algonquin Park, suitable for paddlers who are just starting to discover the joys of canoe tripping. I am prepared to be flexible on the exact route so that participants can express their own preferences. Limit four canoes.

27-28 August

SOUTHERN GEORGIAN BAY

Organizers: Trudy and Howard Sagermann 416-438-6090

Book between 7 and 21 August.

This route takes us through a variety of Georgian Bay scenery from the Thirty Thousand Islands to placid inland lakes. Suitable for flatwater paddlers capable of paddling 25 km per day with the possibilty of headwinds and including two or three portages. Limit five canoes.

27-28 August

MINDEN WILD WATER PRESERVE

Sandy Miller Organizers:

416-323-3603 417-762-8571

Roger Harris

Book before 19 August.

The Gull River at the MWWP offers tight, technical rapids. The less experienced can practise in the lower rapids while the more experienced paddlers can work the rapids from the falls to the outflow at the end. Otterslide Chute will give surfers the chance to test their skills. Car camping is available at the preserve. Limit six canoes.

3-5 September

OTTAWA RIVER

Organizer: Dale Miner

416-730-8187

Book before 23 August. The Ottawa River is known for its big rapids and offers exciting and challenging runs for experienced paddlers. Flotation and spray covers are recommended. Limit six canoes.

SOUTH GEORGIAN BAY LAKES

Organizer: Jim Greenacre

416-759-9956

Book before 26 August.

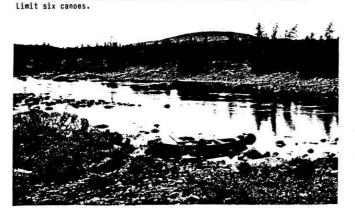
A leisurely, bug-free trip through the beautiful lakes southwest of Parry Sound. Suitable for canoeists capable of paddling 16-18 km per day with a few short portages. Limit four canoes.

11 September

ELORA GORGE

Organizer: Dave Sharp Book between 21 Aug. and 4 Sep. 519-621-5599

A leisurely day trip through the scenic Elora Gorge, water levels permitting. Suitable for novices with some whitewater experience who would like the opportunity to improve their skills palying in the rapids.



17-18 September

ALGONOUIN PARK

Organizer: John Winters Book before 9 September.

705-382-2293

On Saturday we will paddle down the Tim River to Rosebary Lake and return on Sunday. We will be travelling through a very attractive part of the park. Suitable for beginning canoe trippers and experienced paddlers who are looking for a leisurely trip. Participants can camp Friday night in my lower forty to allow for an early start Saturday morning. Limit four canoes.

18 Sentember

MISSISSAGUA RIVER

Organizer: Bill Ness

416-321-3005

Book before 11 September. This trip will follow the Mississagua River from its source in Mississagua Lake south to Buckhorn Lake. The autumn colors and the river's scenic chutes and falls should make this a memorable outing. Bring your camera. Limit six canoes.

1-2 October

ISLAND LAKE EXPLORATION

Organizer: John Winters Book before 23 September.

705-382-2293

Another trip exploring the region north of Lake Wawashkesh. On this trip I want to explore the area to the northwest of Island Lake. Suitable for canoe trippers who relish the thought of bushwhacking portages. Limit three canoes.



## DON'T LET MISHAP

IF YOU EXPERIENCE AN ACCIDENT OR HEALTH PROBLEM ON YOUR NEXT OUTING -ARE YOU PREPARED?

in the outdoors, help is not a phone call away. The hospital is not around the corner. You, and everyone over age 16 who participates in your outdoor activities should know First Aid.

Outdoor First Aid will help you avoid many of the risks associated with outdoor recreation and prepare you to deal with emergency situations you might encounter away from home.

A pamphlet providing course descriptions and prices is available on request from the Ontario Recreational Canoeing Association (416) 495-4180.

## 1000 STIMMED SCHEDLILE

1700 SUMMER SCHEDULL	
BASIC (8 Hours)	Sat., May 28, June 25, July 23 9:00am - 6:00pm Tues./Wed., June 7/8, July 19/20 6:30pm - 10:30pm
INTERMEDIATE (16 Hours)	Sat./Sun. May 28/29, July 23/24 9:00am - 6:00pm
HYPOTHERMIA (4 Hours)	Sat. June 4 9:00am - 1:00pm Wed. June 8 6:30pm - 10:30pm
HEART SAVER/CPR	Sat. June 4 2:00pm - 6:00pm Wed. July 27 6:30pm - 10:30pm



