September 18 <u>FLORA GORGE</u>

Organizer: George Haeh, 416-962-2951 home 968-0989 bus.

book August 23 to September 3.

A short but highly scenic paddle down the Gorge with usually easy white-water. If the weather is good, we might run it twice. Lunch at the Cafe Flore or other tourist trap after the trip. Level: Intermediate. Note that you had better be a good intermediate if the river is flowing at 1200 cfs, like it was last year. Limit 6 canoes.

September 18-19 BURLEY-HARVEY RECREATIONAL ZONE.

Organizer: Glenn Spence 416-355-3506 book September 1-11

This trip offers 35km of canoeing through lakes, along creeks, with the unforgettable experiences of liftoyers of beaver dams, and portages. There is no whitewater. Participants must be prepared for single trip portaging. Level: novice Limit: 4 canoes.

September 19. MOORE FALLS LOOP

Organizer: Rob Butler 416-487-2282 book between September 7th and 15th.

The trip will follow the gull, Moore, Black, Sheldon, Cooney, Victoria and Lutterworth Lakes loop near Minden. The water is flat, the portages are down, and up, and are all less than 1.5km in length. Fall colours will be at their best. Suitable for novices or better, in good physical condition. Limit 4 canoes.

# WILDERNESS CANOE ASSOCIATION FALL MEETING

October 2-3

The fall meeting, organized by Glenn (Moose) Spence, will be held at Koshlong Outdoor Centre (Haliburton Hockey Haven) again.
Members are reminded not to forget their canoes and/or hiking gear for the entire day of various outings to be held on the Sunday. Please refer to the flyer in this issue of the newsletter for a list of the outings.

# equipment

# CANOE CHECK LIST

Glenn Spence

Needs depend upon the length and time of your trip.
Remember, the portages! Only take what is necessary.
Carefully waterproof everything that would be damaged if they got wet. Never let your sleeping bag get wet! Do not take duplicate equipment when one of an item would be enough, e.g. cance repair kit.

## Essentials:

two sets of clothing (wet and dry) sweater, jacket one bowl one spoon one fork one thermal cup flashlight (spare bulb and batteries) compass belt knife small towel matches (on person and in pack) garbage bags (carry spares) small plastic bags first aid kit and book duct tape canoe repair kit provisions (well planned menus, re-pack foods) "Gerry" tubes Maps (laminated or in case) whistle (orienteering type) insect repellant sleeping bag closed cell mattress tent toiletries (bio-gradable soap, toothbrush and paste, body cream, so. pads, tissues, toilet paper) pots, oven mitt, flipper, "curcly kate" rain suit spare pair of footwear juice container packs spare shoe laces

large rubber bands

sunglasses bathing suit small candles camera and film SAW axe (not hatchet) sharpening stone binoculars gloves elastic band for eyeglasses trowel (to dig sanitary pit) spray cover plastic buckets (for food) knee pads reflector oven flares head net

### Desirable

stove (one burner) emergency fishing line tent fly sewing kits (for packs, clothes)

### Miscellaneous

car ownership driver's license insurance (car, ONIP, Blue Cross) money, charge cards(?), etc.

### Canoe Accessories

bailer (attached to thwart) painters (15' lakes; 50' wilderness rivers) three paddles (minimum) elastics lifejackets

