### ESSEX NEWS

## Harrow lumber company focus of Ontario Securities Commission hearing

#### By ANDY COMBER

Results from a hearing between Sulja Bros. Building Supply Ltd., which owns a Harrow-based lumberyard, and the Ontario Securities Commission (OSC), slated for Jan. 8 in Toronto, should be known this week.

The OSC announced a number of securities charges in a statement of allegations against Sulja. Bros. Building Supplies Ltd., on Dec. 29, 2006, as well as a Nevada-incorporated company of the same name - referred to as "Sulja Nevada" by the OSC. Notice of the hearing was also made on that day.

"The hearing is open to the public," said Carolyn Shaw-Rimmington, manager of public affairs with the OSC. The hearing will decide whether to extend a temporary order that put a stop to the trading of Sulja Nevada securities in Ontario.

Shaw-Rimmington noted that the OSC temporary order does not halt the U.S. trading of Sulja Nevada common shares, which are listed on the Pink Sheets electronic and trading system for over-the-counter securities.

The OSC's temporary

order also states that OSC staff are conducting an investigation into the trading of the securities of Sulja Nevada.

Also named in the OSC temporary order and statement of allegations are Kore International Management Inc., Peter Vucicevich, a former CEO of Sulja Bros., and Andrew DeVries, an American resident in Texas.

According to the notice from OSC secretary John Stevenson, which was made public on the commission's website, the OSC alleges, "Sulja Nevada, Vucicevich and DeVries may have participated in trades of common shares of Sulja Nevada resulting in a misleading appearance of trading activity and an artificial price level for the shares, contrary to Ontario securities law."

The OSC further alleges that "Vucicevich set up trading accounts at two Canadian discount brokers using employees of Kore and/or members of the Sulja family as nominees," from or about Sept. 2004 to Aug. 2005.

Between August 2006 and November 2006, the OSC alleges that Vucicevich and DeVries directed the sale of Sulja Bros. stock through the nominee trading accounts,

with instructions of "when to trade, at what price to trade, and how many shares to trade at a given price."

The OSC alleges that the proceeds of the trading in securities of Sulja Bros. from the nominee accounts raised about \$7.8 million (US).

Last week, neither Vucicevich nor Sulja Bros. CEO Steve Sulja could be reached for comment on the OSC allegations. However, Sulja Bros. acknowledged the hearing with the OSC in a company news release, Jan. 3.

"We feel strongly that our shareholders both in Ontario and elsewhere be entitled to clarity and transparency on this matter," stated an unnamed Sulja Bros. spokesperson.

According to the Sulja Bros. release, shareholders were assured that the company would "cooperate fully with the commission to clear up any misunderstandings or oversights and bring this to a quick and favourable close."

The OSC said their mandate is to provide protection to investors from unfair, improper or fraudulent practices, and to foster fair and efficient capital markets and confidence in their integrity.

### Letters to the Editor

#### Re: Name change to be paid for by Essex taxpayers

Let's see ... Alice Street needs a new surface. Laird Avenue from Talbot Street to Alice needs a new surface. Main stoplight by CIBC Bank needs to be reworked to allow better traffic flow. Stop light at Royal Bank needs left turn lanes. Arena – an accident waiting to happen. We need more than a name change.

All rates are going up – hydro, gas, water, sewage. Just what we need – more taxes!

We need Wilber Brett as our public relations man. He has the proven experience and he makes more sense that the present council. I agreed with Wilber (Commentary, Dec. 27, 2006, page 5), not council (Name change issue resurfaces, Dec. 27, 2006, page 1).

Cecil Lambier Essex Re: Power developers test Essex's wind resources (Nov. 22, 2006)

In the frenzy to provide the world with zero emission electricity production, governments around the world are starting to recognize that their headlong rush to wind power generation has been a huge mistake.

Due to its inefficiency (not one wind turbine project has lived up to the output claims made by the corporations who own them), grid fluctuation because of unreliability and exorbitant costs (contracts guarantee the corporations a profit by paying them 2-3 times the current cost per kw hour produced), new wind projects have been cancelled or put on hold in many countries recently. So why is the Ontario government still handing over billions (yes billions - \$2.5 billion to date - \$30 billion more in future commitments) of tax dollars to private wind power corporations? Not one country in the

world has been able to shut down a fossil fuel or nuclear power station because of wind power displacement. Before Essex County's landscape is covered with 315-foot high structures (towers plus that produce rotors) absolutely no electricity on those hot, muggy, windless summer days when we really need it, we should ask ourselves - who really benefits?

With no viable way to store large amounts of guaranteed electricity, profits from our tax dollars going to wind corporations and no commitment to dismantle their towers when present technology becomes obsolete in 5-10 years, or less, we will be left literally blowing in the wind by wind corporations, their lobbyists and our provincial government.

We must find green sources of energy, but let's think before blindly buying into what may become the biggest corporate fraud of the new century. Bill Anderson

Amherstburg

# Heads up for healthier brains!

The brain is arguably the most important organ in our body, playing a role in every action and in every thought. But what do we really know about maintaining a healthy brain?

According to the Alzheimer Society, it is never too soon, or too late to improve your brain health and make changes that might also help reduce your risk of developing Alzheimer's disease.

While currently there is nothing to indicate you can prevent Alzheimer's disease, a growing number of studies are showing their are things you can do to help reduce your risk.

"You can't do anything about aging, and you can't do anything about your genes, but practically everything else you can do something about," says Dr. Jack Diamond, scientific director for the Alzheimer Society of Canada.

The Society, who will be launching a nationwide campaign "Heads Up for Healthier Brains!" during Alzheimer Awareness Month in January, recommends the following actions people can take to help maintain or improve their brain health:

• Challenge your brain -Keep the brain active every day. For example, play games, or maintain a hobby. Research has found that keeping the brain active seems to increase its vitality and may build its reserves of brain cells and connections.

• Be socially active -Staying connected socially helps you stay connected mentally. The more engaged you are the better. This can include taking a class, staying active in the work force or becoming a volunteer.

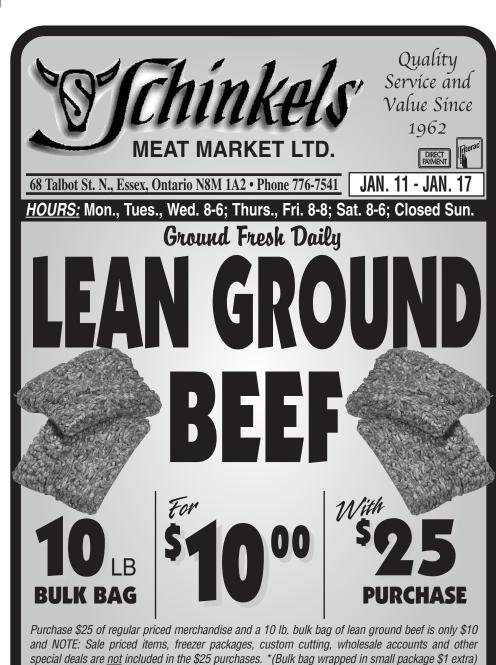
• Choose a healthy lifestyle - A healthy lifestyle is as important to brain health as it is to the heart and the rest of the body. Diabetes, hypertension, high cholesterol and obesity are all risk factors for Alzheimer's disease. It is important to make healthy food choices, reduce stress, be active and avoid smoking and excessive alcohol consumption.

• Protect your head -Brain injuries, including repeated concussions, can be linked to the later development of Alzheimer's disease. Wear an approved helmet when participating in sports, wear a seatbelt and protect against concussions.

The Alzheimer Society works nationwide to improve the quality of life for Canadians affected by Alzheimer's disease, and to advance the search for a cure.

A free public presentation 'Heads Up for Healthier Brains" will be offered from 2:30-3:30 p.m. on Wednesday, Jan. 17, 2007 at the Leamington Half Century Club, 160 Talbot St. E., Leamington.

On Thursday, Jan. 18, 2007 from 10 a.m. - 12:00 noon, a free presentation "Boost Your Memory" is offered at the Canadian Mental Health Association, 1400 Windsor Ave., Windsor.



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