

ESSEX

Christian Reformed

You are invited to attend our worship services at 10 a.m. with Pastor Fred Heslinga as we plan to celebrate the Lord's Supper during this service. Nursery is provided. Make plans to attend our evening worship service at 6 p.m.

GEMS and Cadets begin again Monday at 7 p.m. for girls and boys ages 9-13.

Coffee Break Bible Study program meet on Tuesdays at 9:30 a.m.

For more information call 776-5071.

Woodslee. If you are responsible for a report for the meeting booklet, you must have it into the church office no later than Sun. Jan. 7 so that the booklet can be compiled and printed for the Official Board meeting on the Jan. 23.

Words from Tom Allison on the Piano Dedication at Woodslee "I would like to donate this new piano to the members of the Woodslee congregation in Loving Memory of a wonderful lady who passed this way and who now dwells in the life hereafter, in the person of Dorothy Kathleen Allison. A truly wonderful lady to all who knew her. Dorothy and I shared 50+ years of togetherness and fond memories."

Sunday Service time is 11:15 a.m at Woodslee.

Our Secretary will return to the office on Thurs. Jan. 4.

Child care for infants and toddlers may be available during the worship service. Please check with one of the ushers. Sunday school takes place during the worship service. The children remain with their parents for the beginning of the service and then leave after the Children's Time is finished.

Ladies Bible Study, Mondays, at 7:00 p.m. in the Round Room. Everyone is welcome.

Choir Practice, Thursdays at 7:00 p.m. New members are welcome and needed. The practices are approximately an hour in length.

GESTO

Communion Sun. Jan. 7 at 9 a.m. with Rev. Lilian.

Tai Chi at Bethel-Maidstone on Jan. 9 at 10 a.m. Join in fellowship and light exercise.

Chapel service at Country Village on Jan. 9 at 10:30 a.m. and Iler Lodge at 2 p.m.

Dave Chandler, special guest speaker, Jan. 14.

Community Social time at Bethel-Maidstone on Mon. Jan. 15 from 1-3 p.m. Everyone is welcome to join and socialize.

Bible Study will be returning on Tues. Jan. 16 at

Gesto and Wed. Jan. 17 at Bethel-Maidstone, both from 7-8:15 p.m.

The Greater Windsor Concert Band will be taking the Gesto service on Jan. 21 at 9 a.m.

Gesto Elders meetings Jan. 21 at 7 p.m.

Prayer for Christian Unity will be held at Bethel-Maidstone Jan. 24 at 7 p.m.

COZY CORNERS

Bethel-Maidstone United

The congregation extends its deepest sympathies to Rev. Lilian Patey on the death of her brother John.

Communion will be held Jan. 7.

The nursing home service at Iler Lodge will be on Tues. Jan. 9 at 2 p.m.

Tai Chi at Bethel-Maidstone Jan. 9 at 10 a.m. Everyone is welcome.

Dave Chandler will be the special guest speaker Jan. 14 at 10:30 a.m. Soup and sandwiches will be served following the service.

Community Social Time at Bethel-Maidstone will begin on Jan. 15 from 1 to 3 p.m. Everyone is welcome to come out to play cards, games, socialize and have fun.

Bible Study resumes on Wed. Jan. 17 at B-M from 7:00-8:15 p.m.

Prayer for Christian Unity will be at B-M on Jan. 24 at 7 pm.

The Annual Meeting will be held Jan. 28 after the service and following the soup and sandwich luncheon. Anyone who is required to submit a report, please do so - so it can be typed.

The Greater Windsor Concert Band will be taking the Gesto service on Jan. 21 at 9 a.m.

Get well wishes to Marcy MacKenzie, Gary Coomber, Rich Kosan, and all others who are not well.

Have a Happy, Healthy and Prosperous New Year!

BROOKER

Wishing you all a Happy, Healthy and Prosperous New Year. May we all be thankful for the many blessings that we have in this great country of ours.

Keenagers will meet on Tues. Jan. 9 at 11:45 a.m. weather permitting. Have you become a Keenager? If you are 50 yrs. or older "you have". We meet every second Tuesday of the month at Brooker Baptist Church for a potluck dinner followed by a happy hour. Plan to come and bring a friend. I'm sure you would enjoy yourself.

Elwyn and Margaret Robinson returned home in time for Christmas after spending several weeks in Florida.

Music Committee meeting on Thurs. Jan. 4 at 8:30 p.m.

Chrysty Newman, Zander and Emerson of Milton spent a few days with their grandparents, Marsh and Ruth last week.

Elford W.I.

Elford W.I. will meet on Thurs. Jan. 11 for lunch at 12 noon at Rosie's with meeting to follow at Heritage Village.

Motto - A friend is a gift you give yourself.

Roll Call - Tell a joke. Program - Craft All ladies are welcome.

For your local Weather Forecast log on to...
<http://essexfreepress.reinvented.net>
 The ESSEX FREE PRESS

ESSEX & DISTRICT CHURCHES

Come and Worship With Us!

Bethel Christian Church
 119 Talbot St. E., Cottam • 839-4632
 Sunday: 10:30 am

Bethel-Maidstone United Church
 Talbot Rd., Maidstone • 723-2284
 Sunday: 10:30 am

Brooker Baptist Church
 269 Belle River Rd., R.R. #1, Cottam
 839-4953
 Sunday: 10:00 am

Church of The Living Word
 1697 South Middle Rd., Woodslee
 723-2535 • Sunday: 10:30 am

Church of The Redeemer
 15545 County Road 8
 (formerly Colchester North)
 Sunday: 9:30 am

Cottam Baptist Church
 161 Talbot St., Cottam • 839-4789
 Sunday: 11:00 am & 6:30 pm

Cottam United Church
 137 Talbot St. W., Cty. Rd. 34,
 Cottam • 839-4266
 Sunday: 10:15 am

Essex Baptist Church
 71 Maidstone Ave. E., Essex
 776-8563 - Sunday School 9:45
 Sunday: 11:00 am & 6:00 pm

Essex Christian Reformed Church
 276 Talbot St. S., Essex • 776-5071
 Sunday: 10:00 am & 6:00 pm

Essex Gospel Tabernacle
 335 Talbot St. S., Essex • 776-4667
 Sunday: 10:30 am & 6:30 pm

Essex United Church
 53 Talbot St. S., Essex • 776-5121
 Sunday: 10:30 am

Gesto United Church
 Gesto Rd., Cty. Rd. 12 • 990-8870
 or Office: 723-2284 • Sunday: 9:00 am

Grace Baptist Church of Essex
 120 Talbot Street North • 776-6222
 Sunday: 11:00 am

Holy Name of Jesus R. C. Church
 146 Talbot St. S., Essex • 776-8483
 Saturday: 5:00 pm
 Sunday: 8:30 & 11:00 am

Rock of Help Christian Centre
 43 Fox Street, Essex • 776-4158
 Sunday: 10:00 am & 6:00 pm

St. Clair Baptist Church
 11th. Conc. & Baseline, Maidstone
 735-4717 • Sunday: 10-11am. & 6pm;
 Tuesday: 6p.m.

St. Clement Church
 9567 County Road 11, McGregor
 726-5127 • Sat.: 5:00 pm & Sun.: 10:00 am

St. John's R. C. Church
 1688 County Rd. 46, Woodslee
 723-4458
 Sat.: 5:00 pm; Sun.: 11:00 am

St. Mary's R. C. Church
 Cty. Rd. 34, Maidstone • 737-6869
 Sat.: 7:00 pm; Sun.: 9:00 am

St. Paul's Anglican Church
 92 St. Paul St., Essex • 776-7711
 Sunday: 8:00 am & 11:10 am

St. Stephen's Anglican Church
 5280 Howard Ave., Oldcastle
 Sunday: 8:15 am & 11:00 am

The Salvation Army Essex Citadel
 26 Talbot St. S., Essex • 776-4628
 Sunday: 11:00 am & 6:30 pm

Trinity Anglican Church
 247 Talbot St. W., Cottam
 776-7711 • Sunday: 9:30 am

Unitarian Universalist Church of Olinda
 2953 Olinda Sideroad, Ruthven
 326-4352 • Sunday: 10:30 am

Woodslee Prayer Community Church
 2548 Cty. Rd. 27, Woodslee
 975-1082
 Sunday: 8:00 am & 11:00 am

Woodslee United Church
 2616 Belle River Rd., Woodslee
 975-2252

Woodslee Friendship Club

The Woodslee Friendship Club wishes everyone a Happy and Healthy New Year. January will be a busy month for the Friendship Club. On Jan. 8 we will be discussing the amount of the 2007 membership dues. This will start at 12:45 p.m. followed by cards at 1 p.m. Everyone is invited to attend the monthly potluck supper on Fri. Jan. 12 at 5:30 p.m. The amount of the dues will be finalized by then and can be paid that night if you wish. On Tues. Jan. 15 at 12:30 there will be the election of the Executive Committee with President, Vice President, Treasurer and Secretary to be elected. All members are urged to attend. Regular card party to follow.

Woodslee United

We hope all of you were blessed with family and friends during the Christmas celebrations. Happy New Year!

The annual meeting date is set for Sun. Feb. 4 at



William "Bill" Gay

- PRINT • TELEVISION
- RADIO • INTERNET
- PROMOTIONS

MEDIA MARKETING ASSOCIATES

INDUSTRIAL, COMMERCIAL, m.media@cogeco.ca
 NON-PROFITS 519-322-0856



ESSEX COMMUNITY SERVICES

Helping, Sharing And Caring For The Community
 35 Victoria Avenue, Unit #7, Essex, Ontario
 Phone: (519) 776-4231 • Email: ecs@essexcs.on.ca

HAPPY NEW YEAR - Essex Community Services would like to wish everyone a very Happy New Year, and we look forward to seeing and helping you in the year to come!

YMCA NEWS - Winter Programs are now available. This time around they will be offering Basketball, Indoor Soccer, Karate, Babysitting, Home Alone and Safe, Fun N Games, Stir it Up Kids Cooking Class, Adult Badminton, Adult First Aid/CPR, and Adult Yoga. Classes start the week of Jan 8/07 and run until the week of Mar 5/07. All these classes are being offered right here in Essex. If you are interested please call the YMCA at 519-776-7305.

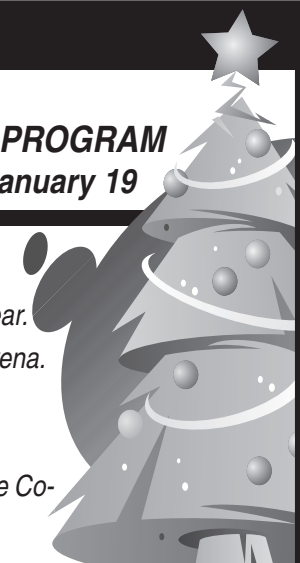
Taken from the Food & Fitness Advisor:

Exercise may slow brain aging: A recent review of 40 years' worth of studies on the effects of physical activity on the brain finds exercise may slow the effects of aging on the brain and help people maintain cognitive abilities well into older age. Ramping up the level of exercise to fitness training may improve some mental processes even more than moderate activity. Studies involving men and women over age 65 showed those who exercised for at least 15-30 minutes, three times a week, were less likely to develop Alzheimer's disease-even if they were genetically predisposed to it, according to the research from the University of Illinois at Urbana-Champaign.



NOTICE

TOWN OF ESSEX CHRISTMAS TREE RECYCLING PROGRAM
 Drop Off Dates: December 26 - January 19



Ward 1

There will be no curbside pick up for Christmas Trees this year. Please drop them off at the designated area at the Essex Arena.

Ward 2

Ward 2 residents may drop off their live Christmas Trees at the Co-An Park Parking Lot, 11071 Concession 11, McGregor.