

# Holiday Beach Hawk Run supports habitat restoration

Time is running out to register for the Hawk Run at Holiday Beach Conservation Area. The Essex Region Conservation Authority will partner with Walkers and Runners Around the County of Essex to host this five-kilometre walk or run on Sunday, August 20 at 9 a.m. Funds raised will be used to support habitat restoration and improve visitor facilities at the park.

Registration is \$15 per person. WRACE members are entitled to a \$2 discount.

"This event is a great opportunity to encourage people to visit Holiday Beach Conservation Area," says Kevin Money, coordinator of conservation areas. "In addition to promoting healthy and active living, this event is a way to showcase one of the region's premier parks."

Registration forms are available at [www.erca.org](http://www.erca.org) or by calling ERCA at 776-5209 ext. 346.

# Bike race returns to Amherstburg

The Town of Tour of Historical Amherstburg and the Amherstburg Bike Race on Caboto Velo Club have announced the return of the A committee of bike rid-

ing professionals and local business leaders are organizing this Provincial Criterium Championship race, which is expected to attract over 400 cyclists from across Ontario and the United States in a competitive race that will challenge its riders and entertain visitors and guests.

The race has been brought back to Amherstburg to further promote competition, sportsmanship, bicycle safety and recreation.

In addition, the merchants and major service clubs in Amherstburg will be participating in various activities in order to offer a full "family oriented day" for this event. All of the scheduled activities and children's program will be free of charge.

Highlights include a visit from Dora the Explorer's cousin Diego from the popular children's show. "Go Diego Go!" and Windsor's own Clarol the Clown.

To find out more, contact the Windsor-Essex Sport Tourism Alliance at 519-253-3616, ext. 233.



CHAMPS – In the Ladies Rec 'E' Division, the Essex Legion team defeated Barb'z Dolls 8-5, in the 13th Annual Harrow Peach Slo-Pitch Tournament held in Harrow Aug. 11-13.

**D & J**  
**CONSTRUCTION**

*Specializing In*  
**Seamless Eavestrouging,**  
Siding, Soffit, Fascia, Decks,  
and all your building needs

Dave Myers: 519-919-1277  
John Spitse: 519-796-3238

**Skate Essex**  
*"Learn to Skate"*  
**REGISTRATION**  
2006-2007

*\*Reduced Costs\**

**Sign Up at**  
**Essex Arena**

**Saturday, August 19**  
11:00am-1:00pm

**Saturday, August 26**  
1:00pm-3:00pm

*Please bring 3 cheques*



SERVE IT UP – Josh Schiefer launches the ball into the air as Arianne Dupuis looks on during the Life Saving Society's annual fundraiser at Billy Boston's Billiard and Beverage Company Aug. 12. Essex life-guarders and their supporters took on members of the Tecumseh Pool for the matches. Each player donated a minimum of \$5 toward the society's drowning prevention campaign. Donations to the campaign can be made at the Essex Recreation Complex. To date, staff at the Essex Recreation Complex have raised \$350.

**PARKS AND RECREATION**  
**Adult Coed**  
**Recreation Volleyball**

Ages 18 years & up, Recreational Co-ed league for those seeking an active, social evening of volleyball. This league offers a fun recreational opportunity - stay fit while you enjoy playing volleyball with friends! Teams of 6 or more players, minimum 3 male/3 female. First 9 teams ONLY will be accepted to play on three courts. League is self-officiated. Registration begins August 7th.

Season: October to May (minimum 25 wks)  
Participation: Ages 18 & up  
Day/Time: Thursday 6:30p to 9:30p  
Fee: \$425.00/team

More Information & League Rules Available at Essex  
Recreation Complex 519-776-8992

## ESSEX AUTOMOTIVE SALES • SERVICE • LEASING

**ESSEX**

Pontiac Buick GMC AUTO SALES  
*We Give a Little More... And Take a Little Less.*

548 West Cty. Rd. 34  
Box 440  
Essex, Ontario  
**519-776-7354**

[www.essexautosales.com](http://www.essexautosales.com)

390 Talbot St. N.  
Essex, Ontario. N8M 2Y1

**SALES & LEASING**

PHONE:  
**776-6447**

**Dave Hitchcock**  
*ESSEX*

**DAVE HITCHCOCK CHEVROLET LTD.**

224 TALBOT ST. N., ESSEX, ON N8M 2C8

**PHONE:**  
**776-4222**

GENUINE CHEVROLET

JOE MALYK'S  
*Countryside*

**CHRYSLER - DODGE LTD.**

458 TALBOT RD. N.  
ESSEX, ONTARIO  
776-5287  
OPEN DAILY 9-8:30