

Setter grabs silver at Ontario Summer Games

Sixteen-year-old Janelle Balkwill returned from the 19th Ontario Summer Games Aug. 12 sporting a silver medal in girls' volleyball.

The Woodslee native was one of eight girls chosen from 125 contenders during try-outs in London, Ont. and moved on to compete for the Region 3A team, an area stretching from Windsor to Niagara Falls.

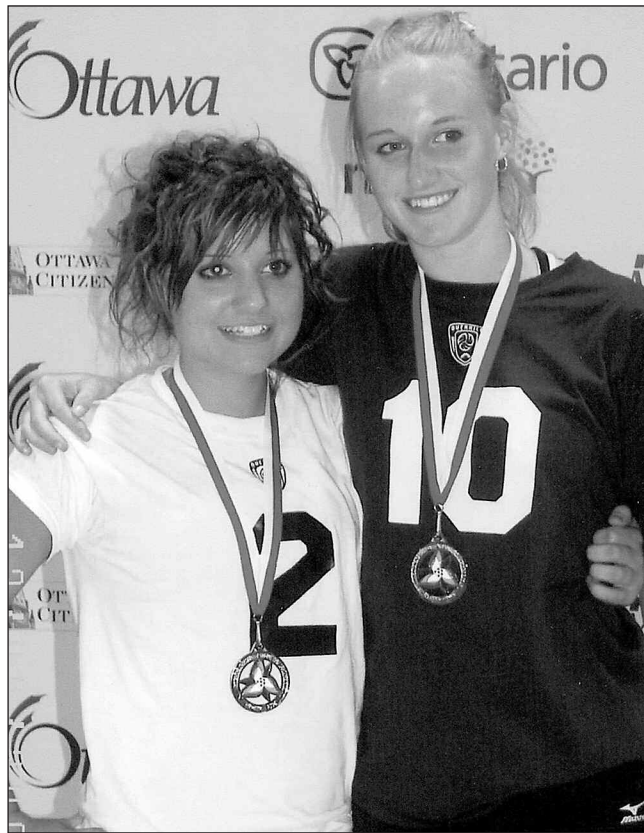
The team then traveled to Ottawa, where more than 3,000 of the province's top athletes under 16 participated in 20 events at different venues across the city.

Premier Dalton McGuinty officially opened the Games at Lynx Stadium on Aug. 9.

The girls bunked in the athlete's village at Carleton University and were transported daily to the University of Ottawa to participate in the games.

After four days of training, which included six hours of daily practice and classroom instruction on health and diet tips, the Region 3A girls began tournament play.

Balkwill and her teammates soon faced off against



Monica Roch of Windsor and Janelle Balkwill of Woodslee display their silver medals from the 19th Ontario Summer Games. The two 16-year-old members of the South County Volleyball Club were selected from 125 girls to play on the Region 3A team.

the unbeaten Toronto Region, the defending champions of the 2005 Regional Games.

Region 3A came out on top with two consecutive

wins, and advanced to the gold medal match against a team from the Durham Region.

Although Durham won both games, 27-25 and 25-

Pee Wee Interlock Baseball

The Essex Legion Pee Wee Interlocks finished off their season with a bang on August 11 and 12. Our bats and pitching came together and, as a team, we were able to capture the silver at our tournament on the weekend. A special thank you goes to our assistant coaches, Bob Quick and Len McClounie, to the parents for their support and, of course, the Essex Legion for their sponsorship. A special thanks to the players for remembering that it is about teamwork and not about personal goals. We did it as a team and thank you for a great summer of baseball.

21, Balkwill said the tournament was a "one chance in a lifetime experience," and being able to play alongside her friend, Monica Roch, was "especially sweet."

Balkwill, a left-handed setter, has played locally with the South County Volleyball Club for the past five years.

She said this will be her last year participating in the Ontario Summer Games, but she will return to play with the South County team in September.

Tecumseh Terry Fox Run kicks off

The Tecumseh Terry Fox Run Organizing Committee is adding a new feature to this year's run - a Corporate Team Challenge.

"A team is an unlimited number of participants from a place of business, a community organization or a group of friends, family or colleagues who want to participate in the run together," says Jan Wright, committee chair. "Teams often choose to hold fundraising events in advance to support their efforts."

On run day, team members are encouraged to attend the Tecumseh run

site or any of the other 237 sites across Ontario, to promote the feeling of team unity and shared effort. There is no minimum pledge amount.

Team captains can register online at www.terryfoxrun.org. You can also get more information from Jan or Steve at 735-3649 or the Terry Fox Foundation - Janice Elcombe 1-888-836-9786.

The Tecumseh Terry Fox Run will be held on Sunday, September 17, 2006 at Green Acres Park in Tecumseh. Participants can walk, run or wheel a 2k, 5k or 10k route.



Putting for Charity - Golfers line up on the green during the 16th annual Community Living Essex County Golf Classic July 26 at Fox Glen Golf Club in McGregor. More than 100 participants showed up to play the course, raising a record total of \$16,500 for Community Living Essex County. The organization supports people with intellectual disabilities.



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REGISTRATION DATES

Sat. Aug. 19 11 am-1 pm
Sat. Aug. 26 1 pm - 3 pm

STARTING SEPTEMBER 20TH
Wednesdays, 6 - 7 pm

2006-2007 MINOR HOCKEY TRAVEL TRYOUTS

Novice	Saturday, August 26 Sunday, August 27	2-3 p.m. 2-3 p.m.
Atom A	Saturday, August 26 Sunday, August 27	3-4 p.m. 3-4 p.m.
Pee Wee A	Saturday, August 26 Sunday, August 27	4-5:30 p.m. 4-5:30 p.m.
Bantam A	Saturday, August 26 Sunday, August 27	5:30-7 p.m. 5:30-7 p.m.
Midget Minor	Saturday, August 26 Sunday, August 27	7-8:30 p.m. 7-8:30 p.m.
Midget Major	Saturday, August 26 Sunday, August 27	8:30-10 p.m. 8:30-10 p.m.

All players who wish to play travel must first tryout for the A team and if released from this team can then try out for the AE team.